

## PROFESSIONAL DEVELOPMENT UPDATES

### **REMEMBER**

- **Please send me your accomplishments for the October 2018 Professional Development Update**
- **We are now seeking personal, as well as professional updates – See personal updates in this Kudos.**

### **LEADERSHIP WORKSHOPS**

The next leadership consultation will be held on Wednesday October 24, 2018 from 9-10:30am.

### **FACULTY DEVELOPMENT SEMINARS**

The next faculty development seminar will be held Wednesday October 3, 2018 from 9:00-10:30am. Nadine Kaslow, Bill McDonald, and Mar Sanchez will talk about best practices in trainee assessment.

### **WRITING GROUPS: UPCOMING**

The next writing group to be held at EP12 will be on Wednesday October 3, 2018 from 8-9am at EP 12 in Room 525.

### **SPOTLIGHT: Sarah Cook, MD**

Sarah Cook is an Assistant Professor with Psychiatry and Behavioral Sciences and the Medical Director for Crisis Intervention Services with her clinical services in the Grady PES and CIS. She is also the lead psychiatrist for the Gender Center at Grady, which provides comprehensive care for trans patients. Sarah supervises the PGY-3s in the Grady Outpatient Program (10 Park Place) for the annual Quality Improvement project, while providing supervision for psychodynamic psychotherapy for residents. She just started the third year of the Emory University Psychoanalytic Institute core curriculum.

Sarah enjoys working with first-year residents in PES because they bring a fresh perspective from their various medical school backgrounds. She feels it is rewarding to see them learn a large volume of information quickly in a high-stress environment. She also enjoys having the upper levels return to supervise – it's rewarding to see how much experience and knowledge they have obtained since working in PES as interns. As the medical director in CIS, Sarah appreciates the challenge of improving patient care on this unit and making sure patients transition quickly to appropriate dispositions. Regular overlap with all of Grady's psychiatric services – outpatient, ACT teams, inpatient units, PES, case management services, as well as outside hospitals – means it's never a dull moment. The Gender Center at Grady has given her a chance to get an outpatient experience for a high-risk and underserved population. She values working in a diverse professional environment, while finding creative ways to provide the highest quality of care in a resource-limited system.

Sarah is on the Young Leadership Council for the Basser Center for BRCA at the University of Pennsylvania School of Medicine. She assists with fundraising activities and volunteers for two organizations that are important to her – [The Foundation for Cancer Care in Tanzania](#) (FCCT) and the [Angel Foundation](#). The FCCT is an organization providing cancer treatment and lodging for Tanzanians at a newly built clinic at Kilimanjaro Christian Medical Centre. FCCT, along with private donors, facilitated starting chemotherapy infusions for patients and plans to start radiotherapy in the near future. The Angel Foundation provides emergency resources for people and families affected by cancer.

Sarah graduated from Stanford University with a degree in Human Biology and a minor in African Studies. She then pursued a post-baccalaureate pre-medical certificate at the University of Southern California before moving to Dublin, Ireland, to attend the Royal College of Surgeons for medical school. Sarah conducted her psychiatry residency at Emory, where she was the Chief Resident at Grady. After graduation she was hired to work in Grady's new PES.

Away from work, Sarah loves spending time with her nephew, Aedan, and nieces, Mary Clare and Sarah. She enjoys watching NFL football and is a dedicated Minnesota Vikings fan. She loves running, swimming, gardening, spending time with family and friends and her two cats Kevin and Nokomis. Sarah loves to travel and visiting new places, as well as familiar spots. Her family is from New Zealand, which is one of her favorite places to visit. She also enjoys art and is looking forward to the Yayoi Kusama exhibit at the High Museum of Art this winter!

Sarah's goals for the future include continuing her work with trans patients and improving emergency psychiatric care, while planning to finish the psychoanalytic core curriculum. Personally, she hopes to travel to New Zealand and Asia (location to be determined) in the next year.

### **WELCOME NEW FACULTY**

**Laura Loucks, PhD**, is an Assistant Professor in the Department of Psychiatry and Behavioral Sciences and a clinical psychologist with Emory Healthcare Veterans Program and Emory Adult Psychiatry. Laura earned her Ph.D. in Clinical Psychology at the University of Georgia. She completed her clinical internship at the Memphis VA Medical Center and her postdoctoral fellowship at Emory University School of Medicine. Her clinical interests include providing evidence-based treatment for individuals and families, with a focus on PTSD and related difficulties. Her research interests focus on the relations among PTSD, family emotion communication processes, and individual (parent, child, partner) and family relationship functioning. Additionally, she is interested in examining predictors and outcomes of PTSD and family interventions.

**Jessica Maples-Keller, PhD**, received her doctorate in clinical psychology from the University of Georgia in 2016. After completing her doctoral internship at the Medical University of South Carolina on the traumatic stress track, she pursued her postdoctoral fellowship with the Emory Healthcare Veterans Program (EHVP) and Grady Trauma

Project (GTP). In September 2017, she started as an assistant professor continuing her work with EHVP, GTP, and the Atlanta Trauma Alliance, and seeing patients within Adult Outpatient Psychiatry. Her program of research focuses on factors and individual differences that confer risk or impact treatment response for PTSD and the use of translational models to understand and improve outcomes within PTSD treatment. Her clinical interest lies in cognitive-behavioral treatment for PTSD and anxiety disorders.

### **THANK YOU TO FACULTY WHO ARE LEAVING**

None reported

### **DIVERSITY CORNER**

**National Hispanic Heritage Month** – (Rob Cotes, MD, Assistant Professor, Grady Health System and Associate Director for Residency Education). National Hispanic Heritage Month reminds me of the journey and career of my primary mentor and inspiration for becoming a physician, my father. He was raised in the town of El Saibo in the Dominican Republic (population 90,000). He grew up under the Trujillo regime in a three-bedroom house with 10 brothers and sisters. His family stressed the importance of education and treating everyone, despite their standing in society, equally. He was the first of his family to become a physician and left the D.R. the day after graduating medical school in 1969. He only knew several words in English at the time. He initially practiced in Man, West Virginia, a coal mining town, as an Emergency Room doctor. He fondly remembers the kindness and generosity that community showed him as a young immigrant. He then completed an OB/GYN residency in Augusta, GA, where I was born. Our family returned to West Virginia, this time to Charleston, where I was raised. For years, he was in solo private practice, on call every night. His incredible work ethic, sense of calm in crisis, and ability to make a friend anywhere inspired both my mother and I to pursue careers in medicine. One of his proudest moments was becoming a U.S. Citizen. Last year, my father retired after a long and successful career. His story, and others, make me extremely proud of my Dominican heritage. Now, we continue many Dominican traditions in our home, mainly centered around food and family. Highlights include a marinated pork roast on Christmas Eve, fried plantains, rice and beans, and locro (a rice casserole served with a variety of meats).

**Suicide Prevention Month** – (Andrea Florez, PhD, Adjunct Assistant Professor) – Suicide is another example of our failure to help our most marginalized individuals. Although losing someone by suicide affects all of us equally, among sexual and gender minority individuals' rates of suicide are more than double, and quadruple in younger population, when compared to heterosexual and non-transgender people. Furthermore, this population is at higher risk of experiencing other psychosocial issues, continues to be underserved in behavioral health settings, and has more difficulties accessing comprehensive medical and mental health care that addresses all of their needs. Given these differences in vulnerability of suicide, the field of suicide prevention underscores the importance of examining the impact of suicide thoughts and suicide behavior from an intersectionality framework. An intersectionality approach to suicide prevention sustains that group membership and individual psychosocial differences (and the

combination of such variables) renders an individual more or less likely to experience suicidality. For example, the interception of being from a sexual and/or gender minority group and from an ethnic minority group increases even more the risk of suicide than belonging to only one of these minority groups. This intersectionality approach to suicide calls for suicide preventive and treatment efforts that recognize differences in layers of privilege versus oppression, individual identity versus group identity, and contextual factors that might increase or intensify an individuals' experience of suicidality. In this suicide prevention month, thus, the invitation is to advocate for improved and inclusive services of identification, referral, and treatment of suicide and behavioral health problems of those who have been most neglected and who are at increase likelihood of experiencing suicidal thoughts and behaviors.

### **WELLNESS CORNER**

Refresh from Stress starts October 1<sup>st</sup>. Registration is open now.

<http://www.fsap.emory.edu/refreshfromstress/>

Interesting group on campus promoting Wellness through meditation

<https://scholarblogs.emory.edu/litswellness/blog/>

There is still time to register for the Winship 5K

<https://winshipcancer.emory.edu/support-winship/winship-5k/index.html?nd=887>

Eight-week CBCT Course (10 CME credits available). Wednesday evenings from 5:15-6:30 pm, January 16 – March 23, 2019 (no class February 20). This is a free course, sponsored by the dean's office. There is not a registration link at this time, but email [zipporah.slaughter@emory.edu](mailto:zipporah.slaughter@emory.edu) to get on the waitlist.

### **FACULTY KUDOS**

#### **Major Leadership Appointments, Activities and Achievements**

Marianne Celano was nominated as President-elect of the American Board of Couple and Family Psychology and will serve as President starting in 2019.

#### **Education**

Ashley Smith presented Ethic Grand Rounds at Grady in conjunction with Kevin Wack, presenting on "Lacking decisional capacity to refuse treatment: The ethical and clinical challenges."

#### **Research**

Goodnight JRM, Ragsdale KA, Rauch SAM and Rothbaum BO. (2019) Psychotherapy for PTSD: An evidence-based guide to a theranostic approach to treatment. *Progress in Neuropsychopharmacology & Biological Psychiatry*, 88, 418-426. DOI: 10.1016/j.pnpbp.2018.05.006

Haroon E, Daguanno AW, Woolwine BJ, Goldsmith DR, Baer WM, Wommack EC, Felger JC, Miller AH. (epub 2018/05/26). Antidepressant treatment resistance is associated with increased inflammatory markers in patients with major depressive disorder. *Psychoneuroendocrinology*, 98, 43-49. DOI: 10.1016/j.psyneuen.2018.05.026. PubMed PMID: 29800779. *Selected as Editor's Choice for "Psychoneuroendocrinology", September 2018.*

Haroon E, Chen X, Li Z, Patel T, Woolwine BJ, Hu XP, Felger JC, Miller AH. Increased inflammation and brain glutamate define a subtype of depression with decreased regional homogeneity, impaired network integrity, and anhedonia. (Epub 2018/09/12). *Translational Psychiatry*, 8, 189. doi: 10.1038/s41398-018-0241-4.

Porter KE, Stein MD, Martis B, Avallone KM, McSweeney LB, Smith ER, Simon NM, Gargan S, Liberzon I, Hoge CW, Rauch SAM. (2018) Postconcussive symptoms (PCS) following combat-related traumatic brain injury (TBI) in Veterans with posttraumatic stress disorder (PTSD): Influence of TBI, PTSD, and depression on symptoms measured by the Neurobehavioral Symptom Inventory (NSI). *Journal of Psychiatric Research*, 8-13. DOI: 10.1016/j.jpsychires.2018.03.004

Wakeford AGP, Morin EL, Bramlett SN, Sanchez MM (in press). Adolescence, stress, and addiction: A review of nonhuman primate models of early life stress and drug abuse. *Neurobiology of Stress*.

Zhang S\*, Liu H, Huang H, Zhao Y, Jiang X, Guo L, Howell BR, Hu X\*, Sanchez MM\*, Liu T\*. (in press). Deep learning models unveiled functional difference between cortical gyri and sulci. *IEEE Transactions on Biomedical Engineering (TBME)*.

[\*: equal first or last author contribution]

### **Honors, Awards, Rankings**

David Goldsmith was selected as a 2018 recipient of the Emory University Dean's Teaching Award.

Chanda Graves was awarded the Distinguished Service Award for 2017-18 by the Psychiatry and Behavioral Sciences Faculty Development Committee.

Julie Kable recently had two grants funded an RO1 and an R21. In the first grant, "*International Collaboration to Develop Scalable Methods for Early Detection of Neurodevelopmental Disorder Due to Prenatal Alcohol Exposure*," she will work with colleagues in San Diego and the Ukraine to evaluate methods for identifying children negatively impacted by prenatal alcohol exposure; it is essential for early interventions to take advantage of the neuroplasticity in young children. Current methods of testing young children for neurodevelopmental impairments are limited in their effectiveness and are costly. Building on an existing Collaborative Initiative on Fetal Alcohol Spectrum Disorders (CIFASD) longitudinal cohort study in Ukraine, this study fills this critical gap by testing three novel, technology-based and scalable methods that can identify impairments in brain functioning in young children and are feasible to implement in

limited-resource settings. The second project, *Cardiovascular Risk in Adult FASD & its Impact on Prefrontal Cortical Functioning*, involves evaluating the cardiovascular risk of prenatal alcohol exposure and the impact of this risk on hemodynamic changes in the prefrontal cortex and the neurobehavioral functioning it supports in a well-characterized prospective cohort of adult individuals who have a history of prenatal alcohol exposure. Julie will collaborate with Claire Coles, who originally recruited the cohort used in the study, and Puja Kiran Mehta, an Emory cardiologist.

Ami Klin was awarded the Ruane Prize: Outstanding Achievement in Child & Adolescent Psychiatric Research by the Brain & Behavior Research Foundation.

Dorian Lamis was awarded the Scientific Contributions Award for a Junior Faculty Member for 2017-18 by the Psychiatry and Behavioral Sciences Faculty Development Committee.

Abigail Lott was honored by the Emory School of Medicine on Researcher Appreciation Day.

Bill McDonald was awarded the Distinguished Mentor Award for Service and Education for 2017-18 by the Psychiatry and Behavioral Sciences Faculty Development Committee.

Vasiliki Michopoulos was honored by the Emory School of Medicine on Researcher Appreciation Day.

Seth Norrholm was honored by the Emory School of Medicine on Researcher Appreciation Day.

Justine Welsh was awarded the Distinguished Clinician Award for 2017-18 by the Psychiatry and Behavioral Sciences Faculty Development Committee.

### **Quality and Safety Initiatives and Capital Campaign Initiatives**

None reported

### **Community Benefit Programs and Activities**

The Emory Autism Center hosted an ADOS-2 Clinical Workshop, September 12-14. The three-day training course focused on assessing autism diagnosis in children 12 months of age through adulthood using the Autism Diagnostic Observation Schedule – second edition.

Heather Greenspan gave a lecture at the SPLIT conference on September 13 titled “Comorbid Substance Abuse in Transplant Psychiatry.

Nadine Kaslow served on a panel discussing teenage anxiety at The Atlanta Women’s Foundation event Women in Healthcare on September 27.

Erica Lee was elected to the Dekalb County School District's Principal Advisory Council. The Council meets with school leadership on a regular basis to help facilitate school improvement.

Abby Lott served as a panelist at the Carter Center for a program entitled the Physiology of Health Equity. She focused on the impact of adverse childhood events on later psychological functioning and effective and culturally informed interventions, as well as the activities within the Atlanta Trauma Alliance associated with the Grady Trauma Project and Nia Project.

### **Facilities**

None reported

### **Emory in the Media**

Emory Healthcare Veterans Program (1) – [Emory gets \\$29 Million Grant from Wounded Warrior Project](#)

Negar Fani: (1) Huffington Post – Indelible in the hippocampus: Christine Blasey Ford explains the science behind her trauma

### **Other Accomplishments**

Dorian Lamis presented at the Alaska Maternal Child Health and Immunization Conference on "Cultural Considerations in Suicide Assessment and Intervention," as well as the American Association for the Surgery of Trauma and Clinical Congress of Acute Care Surgery on "Talking with Patients about Suicide, Firearms and Means Safety."

### **ADJUNCT FACULTY**

Betsy Gard was awarded the Distinguished Adjunct Faculty Member Award for 2017-18 by the Psychiatry and Behavioral Sciences Faculty Development Committee.

Tyler Whitney was featured in an Atlanta Journal Constitution article titled [He's on Autism Spectrum but Manages to Write a Comic Book](#).

### **TRAINEE KUDOS**

Joseph Vison was selected as the first recipient of the Resident Recognition Award for his excellence in leadership, teaching, and clinical care. Nominators commented on his ability to identify issues and his willingness to problem solve in a constructive manner. Joseph also received accolades from medical students who described him as patient, kind, and thoughtful with his patients. They commented that he took time in between each visit to not only reinforce teaching points, but also to discuss reactions of the students to each case. Joseph was awarded a gift certificate to be used for educational materials/activities.

### **STAFF KUDOS**

None reported

**PERSONAL UPDATES**

None reported