

EMORY DEPARTMENT OF PSYCHIATRY AND BEHAVIORAL SCIENCES KUDOS
October 2019

REMEMBER

Please send me your accomplishments and personal updates for the November 2019 Kudos

SAVE THE DATES

LEADERSHIP CONSULTATIONS

The next leadership consultation will be held Wednesday, March 18 from 9:00 – 10:00 in EP12. These peer consultations are valuable to any faculty member in a leadership role or aspiring to such roles.

FACULTY DEVELOPMENT SEMINARS

The final Faculty Development Seminar for 2019 will be held on Wednesday December 4, 2019, 9:00-10:30am at EP12 in the 1st floor training room, Room 2. It will focus on “How to seek and engage in consultation (beyond supervision) as a faculty member”. The panelists will be Peter Ash, Toby Goldsmith, and Marsha Stern.

Beginning in 2020, we will hold one Faculty Development Seminar each year at Grady. The next seminar will be held on Wednesday March 4, 2020 at the Grady Faculty Office Building in Room 101.

WRITING GROUPS: UPCOMING

The Writing Group is the 1st Wednesday of every month from 8:00-9:00am at EP12 in Room 554. However, the next Writing Group is November 6 at EP12 in Room 357 (instead of 554).

The Writing Group, spearheaded by Erica Lee, has created a blog entitled Overcoming Academic Writers Block - <https://www.overcomingacademicwritersblock.org/>. See our latest blog post by Julie Pace titled [Branching Out into Academic Writing: A Clinician's Perspective](#).

SPOTLIGHTS

FACULTY SPOTLIGHT: Sarah Dunn, PhD

Sarah E. Dunn, PhD, ABPP has been involved with the department consistently since 2003. While a clinical psychology PhD student at Georgia State University, she did multiple practicum placements at Grady – Nia Project, Grady Trauma Project and the BRIEF Study. She completed her doctoral internship and postdoctoral residency training in the department, based at Grady. Her postdoctoral residency was in the Emergency Department (ED), prior to there being a psychiatric emergency service (PES) down in the ED, as well as on 13A and Nia. As an intern and a postdoctoral resident, she took the forensic seminar. After completing her training, Sarah spent one year as a staff psychologist at Georgia Regional Hospital and then one year at Georgia Tech and

during that time, she secured an adjunct appointment in the department. Then she returned to the faculty as an Instructor and more recently as an Assistant Professor. For the past seven years, she has served as the Clinical and Education Director for the Nia Project. More recently, she became the Director of the Psychological Testing Service at Park Place (referrals are welcome!) and the faculty psychologist supervisor for the Consultation Liaison (CL) Service at Grady. She also completes child consults on the CL Service at Grady. She serves on the Executive Committee for the Atlanta Trauma Alliance and is a member of Atlanta Behavioral Health Advocates.

Outside the department, Sarah consults on forensics cases often related to her work on the Nia Project. Many of the cases relate to interpersonal violence (childhood maltreatment, intimate partner violence) and suicide, as well as in-depth psychological assessment. Nationally, she serves as a mentor for psychologists seeking board certification in clinical psychology through the American Board of Professional Psychology (ABPP) and serves on board certification examination committees.

What Sarah enjoys the most about her work is the variety. She values being part of interdisciplinary teams, such as the Nia Project and CL Service. She finds supervising psychology practicum students, interns and postdoctoral residents on assessment, consultation and therapy to be gratifying. She is passionate about working with marginalized populations with co-occurring psychiatric and medical problems, so Grady is an excellent fit for her. While she can get anxious about things in life, in the event of a crisis or trauma, she finds herself calm and focused on the patient, student or team who is struggling. Finally, Sarah appreciates bringing her artistic side into the workplace. For example, she created logos for the Nia Project, Diversity and Inclusion Subcommittee, Atlanta Behavioral Health Advocates and the Atlanta Trauma Alliance. As another example, creating and supervising the Coping through Art Group for the Nia Project offers her the chance to integrate her creative and psychotherapeutic sides and fortunately, this group has become popular and there is a demand to start another one.

When Sarah thinks about the highlights of her career, a few things come to mind. The first is on her own initiative and in collaboration with Emergency Medicine faculty, she served as the first psychiatry presence in the Grady ED while as an intern and postdoctoral resident, working alone in the former 'Red Obs.' This laid the groundwork for the relocation and expansion of the PES from the 13th floor to ED. The second is becoming board-certified early in her career; doing so increased her confidence and has been an asset in her forensics work. The third was to be honored in 2018 as an educator - Emory School of Medicine Educator Appreciation Day Recognition.

Outside the workplace, travel is one of Sarah's top priorities. Born and raised in England (in Beverly, far away from London) to a British father and Australian mother and then deciding to come to America on her own at age 19, travel has always been in her blood. She loves shows on Broadway and the West End, and Kinky Boots, Come from Away, Waitress and anything with Bette Middler top her list. Closer to Atlanta, her favorite activities are going to the spa, spending time with my friends and horseback riding.

Sarah's goals are to continue to grow the Nia Project and other psychology activities at Grady and expand her forensics consulting. She would like to find additional, meaningful professional activities that pique her interest and pursue those alongside her current roles and responsibilities. Further, she really enjoys teaching and would welcome opportunities to return to the classroom to teach.

TRAINEE SPOTLIGHT: Carolina Medeiros Da Frota Ribeiro, MD

Carolina Medeiros is a fourth-year resident in the Department of Psychiatry and Behavioral Sciences. In her final year of training, she serves as one of the Grady Psychiatry Chief Residents and works in the Integrated Behavioral Health Clinic at Grady Hospital. At Emory, she serves on the Diversity and Inclusion Subcommittee and Education Chair for the residency program.

Growing up in a large city in Brazil, Carolina witnessed deep social inequalities that contributed to her interest in working with a disenfranchised population such as individuals with mental illness. Her experience immigrating to the United States during a unique political climate strengthened her interest in working with systems significantly benefitting underserved and vulnerable populations, such as Grady. Additionally, she greatly enjoys supervising, teaching and supporting first-year residents during one of the most challenging phases of their training.

Carolina has a wide range of interests in psychiatry. Her clinical and research interests have included mood disorders in the HIV population, treatment-resistant depression, novel treatments such as ketamine, inflammatory hypotheses of depression and cultural psychiatry. She participated in the Residency Research Track during her third year and worked in the Mood and Anxiety Disorders Program at Emory.

In the future, Carolina wishes to serve in hospital systems focusing on maximizing the access patients with serious mental illness have to current evidence-based resources and treatment modalities. She is also passionate about developing resident education and mentoring trainees towards personal growth and developing gratifying careers.

Outside of work, Carolina enjoys trying new restaurants with friends, going to Barre classes, reading and planning her Halloween costumes every year. She also enjoys visiting her family in Brazil and relaxing on the beaches of her hometown.

FACULTY COMINGS AND GOINGS

WELCOME NEW FACULTY

None reported

THANK YOU TO FACULTY WHO ARE LEAVING

Seth Norrholm, PhD – Seth Norrholm left Emory to join the faculty of the Department of Psychiatry and Behavioral Neurosciences at Wayne State University School of Medicine in Detroit, as a lead investigator in the Integrative Biosciences Center (iBio), and as the Scientific Director of the newly created Neuroscience Center for Anxiety,

Stress and Trauma (NeuroCAST). Seth was with the Department at Emory for 15 years as a postdoctoral fellow, junior faculty member, and finally as an Associate Professor of Psychiatry and Behavioral Sciences. As an example of his outstanding contributions to the field of translational neuroscience, Seth developed a novel fear extinction paradigm that can be used in patients with Posttraumatic Stress Disorder (PTSD) as a biomarker of the underlying neurobiological deficits. This paradigm has had a major impact on PTSD research; more than 30 national and international sites are now use it in their clinical studies. In addition, he was recently recognized as a World Expert in PTSD as part of an expansive, evidence-based review for 2019 PTSD Awareness Day.

Seth received prestigious funding for his work at Emory, including awards from the Brain and Behavior Foundation (formerly NARSAD), Emory University Research Committee (URC), Department of Defense (DoD), NATO and VA Merit Award Program.

To become “fully translational,” Seth began the process to re-specialize his PhD in Neuroscience to include Clinical Psychology. Having completed the requisite coursework and practica in the Department of Psychology at Emory, Seth will now pursue internship and licensure in the state of Michigan. With his background in experimental research and his current clinical work with traumatized combat veterans and civilians, he is well poised to use these scientific innovations to improve patients’ lives in the Detroit metropolitan area.

He will miss the spirit of collaboration and collegiality at Emory and looks forward to remaining in touch with his Emory family at future conferences and meetings.

FACULTY DEVELOPMENT COMMITTEE UPDATES

Ambassador Program - To welcome new faculty members and empower them to thrive in the Department of Psychiatry and Behavioral Sciences and the Emory School of Medicine, we have just created the Ambassador Program. By pairing more experienced faculty with new faculty based at the same site and/or with similar interests, we aim to begin immediately the process of promoting each individual’s personal and professional development and wellbeing. Dr. Nadine Kaslow will introduce new faculty to their Ambassadors via email. Existing faculty interested in serving as an Ambassador can contact Dr. Rachel Ammirati at rammira@emory.edu. For more information, please see our new [Ambassador Program webpage](#).

DIVERSITY CORNER

National Disability Employment Awareness (NDEAM) Month: Held each October, (NDEAM) is a national campaign that raises awareness about disability employment issues and celebrates the many and varied contributions of America's workers with disabilities. The theme for 2019 is "The Right Talent, Right Now."

Spotlight: Article in Spring 2015 issue of Emory Magazine, “InVisible: Illuminating Disability, Inside the Classroom and Out” by Paige Parvin 96G highlights academic and campus experiences of Emory faculty and students with disabilities:

https://www.emory.edu/EMORY_MAGAZINE/issues/2015/spring/features/disability-studies/index.html#.Xa5zmBqTCbY. **Excerpt:** If you are fortunate enough to receive an

email from Rosemarie Garland-Thomson, Emory professor of English and Women's, Gender, and Sexuality Studies, you will no doubt note this caveat beneath her signature: *"Because this message was composed using dictation rather than keyboarding, it probably contains distinctive mistakes. Dictation never misspells, but it frequently uses the wrong words and misspells names. Thank you in advance for reading creatively, considering the larger context when my words are confusing or hilarious, and tolerating missing salutations and random capitalizations."*

LGBT History Month: After the Office of LGBT Life sent out a campus-wide survey about LGBTQ issues, the Out@Emory campaign was born. On the website, you will find names, titles and cultural identity of Emory staff, faculty, students, and alum who identify along a spectrum of sexual and gender identities. If interested in being Out@Emory, you can submit your information via the website below. If you identify as an ally, you may participate in the Emory Safe Space program and be listed on the Safe Space Ally list: <http://www.lgbt.emory.edu/resources/campus/who.html>

October 14: National Indigenous Peoples Day, an alternative celebration to Columbus Day: a growing movement to end the celebration of the Italian explorer in favor of honoring Indigenous communities and their resiliency in the face of violence and colonization by European explorers like Christopher Columbus. For Native Americans, Columbus Day has long been hurtful. It conjures the violent history of 500 years of colonial oppression at the hands of European explorers. At least 10 states now celebrate some version of Indigenous Peoples' Day on the second Monday in October. *The shift isn't happening without some pushback. For many Italian Americans, Columbus Day is their day to celebrate Italian heritage and the contributions of Italian Americans to the United States. It was adopted at a time when Italians were vilified and faced religious and ethnic discrimination.* **Excerpts taken from NPR:** story: <https://www.npr.org/2019/10/14/769083847/columbus-day-or-indigenous-peoples-day>

Rosh Hashanah and Yom Kippur: Rosh Hashanah and Yom Kippur bookend a ten-day period in the Jewish calendar known as the Days of Awe or the Ten Days of Repentance, a time when Jews are instructed to consider their relationships with others and strive for repentance. Rosh Hashanah (literally "head of the year" in Hebrew) is referred to as the Jewish New Year, when tradition teaches that God will inscribe those who go through the process of repentance, prayer, and good deeds into the "Book of Life." Though themes of life and death predominate the liturgy of the prayer service in synagogue on Rosh Hashanah, the holiday is considered a festive one filled with meals with family and friends and symbols that include the shofar, or ram's horn, that is blown throughout the holiday as a "call to repentance." Traditionally, apples and honey are eaten to celebrate a "sweet new year." Yom Kippur is referred to as the Day of Atonement and is often considered the holiest day of the Jewish calendar. Jews are instructed to fast throughout the holiday. Whereas the focus of Rosh Hashanah is to consider one's relationship with others and mend those relationships, the themes of Yom Kippur traditionally center around one's relationship with God and the sins that one has committed before God throughout the year. Liturgy teaches that whereas one is

inscribed in the Book of Life on Rosh Hashanah, that decision is sealed on Yom Kippur, reflecting the seriousness and meditative nature of this time of the Jewish year, while also celebrating the power of repentance to usher in a new year.

RACIAL, ETHNIC AND CULTURAL MINORITY CORNER

The Racial, Ethnic and Cultural Minority Faculty Subcommittee is sponsoring the following event:

Psychiatry and Poetry: An Evening with Jericho Brown, MFA, PhD, Poet, Associate Professor, and Director of the Emory Creative Writing Program
Author of the National Book Award for Poetry nominee The Tradition (2019)

With Andrew C. Furman, MD and Negar Fani, PhD and DeJuan White, MD
November 12, 2019 at 7pm
Emory Brain Health Center, 12 Executive Park Drive
Open to the public

WELLNESS CORNER

Financial Wellness:

- Healthy understanding of personal finances
- Financial freedom to make choices
- Responsible and safe ways to manage money
- Empowered decisions and realistic goal setting

Resources via Emory partnered with Work Place Options:

- <https://www.hr.emory.edu/eu//work-life/financial-programs/index.html>

Local or Online Resources:

Budgeting Tools:

- <https://www.mint.com/>
- <https://www.youneedabudget.com/>

Other Financial Recourses:

- <https://napkinfinance.com/>

Urban League of Greater Atlanta:

- <http://ulgatl.org/programs/financial-literacy-wealth-creation/>

FACULTY KUDOS

Major Leadership Appointments, Activities and Achievements

Nadine Kaslow's vice chair title expanded. She was named Vice Chair for Faculty Development, Diversity, Equity and Inclusion for the Department of Psychiatry and Behavioral Sciences.

Monica Ward has accepted the role of Director of the Inpatient Unit at Grady Memorial Hospital.

Education

Adriana Hermida is participating in the inaugural Emory EMPACT mentoring program, which is a tiered mentoring program where M1, M2, M3 and M4 and faculty members paired together in mentoring groups.

Erica Lee will be attending the Grant Writing Workshop – Preparing NIH R-Series Awards.

Research

Crowell AL, Speanburg SL, Denison LN, Mayberg HS & Kaslow NJ. (2019). Do relational and self-definitional traits influence deep brain stimulation device preference? *Psychoanalytic Psychology*, 36, 313-320. DOI: 10.1037/pap0000249.

Joseph Cubells and Erica Duncan have been awarded an R01 entitled, “Psychosis-related Physiological and Neuronal Phenotypes in 22q11 Deletion Syndrome,” which will support a five-year project investigating the acoustic startle response and other physiological measures in adolescents and young adults with 22q11DS, and at the same time will be preparing induced pluripotent stem cell-derived neurons from these patients for studies of synaptic physiology in culture.

de Leon J, Rajkumar AP, Kaithi AR, Schoretsanitis G, Kane JM, Wang C, Tang YL, Lin SK, Hong KS, Farooq S, Ng CH, Ruan CJ, Andrade C. (2019). Do Asian patients require only half of the clozapine dose prescribed for Caucasians? A critical overview. *Indian Journal of Psychological Medicine*. DOI: 10.4103/IJPSYM.IJPSYM_379_19

Huang F, Tang YL, Zhao M, Wang Y, Pan M, Wang Y, Qian Q. (2019). Cognitive-behavioral therapy for adult ADHD: A randomized clinical trial in China. *Journal of Attention Disorders*, 23, 1035-1046.

Miller BJ & Goldsmith DR. (2019, accepted for publication). Inflammatory biomarkers in schizophrenia: Implications for heterogeneity and Neurobiology. *Biomarkers in Neuropsychiatry*.

Nassif WM. (2019). Assessing decisional capacity in patients with substance use disorders. *Current Psychiatry*, 18, 35-40.

Ruan C-J, Wang C-Y, Tang YL, Lin S-K, Lee S-T, Hong KS, Rajkumar AP, Jacob KS, De Leon J (2019). Exploring the prevalence of clozapine phenotypic poor metabolizers in 4 Asian samples: they ranged between 2 and 13%. *Journal of Clinical Psychopharmacology*, 39.

Sanz J, Maurizio PL, Snyder-Mackler N, Simons ND, Voyles T, Kohn J, Michopoulos, V, Wilson M, Tung J, Barreiro LB. (2019). Social history and exposure to pathogen signals modulate social status effects on gene regulation in rhesus macaques. 1DOI: 0.1101/552356.

Wootten, J, & Kaslow, NJ. (2020). Consultation in leadership. In C.A. Falender and E.P. Shafranske (Eds). *Consultation in psychology: A competency-based approach* (pp. 169-186). Washington DC: American Psychological Association.

Zhou H, Jiang F, Rakofsky J, Hu L, Liu T, Wu S, Liu H, Liu Y, Tang YL (September 30, 2019, epub ahead of print). Job satisfaction and associated factors among psychiatric nurses in tertiary psychiatric hospitals: Results from a nationwide cross-sectional study. *Journal of Advanced Nursing*. DOI: 10.1111/jan.14202

Honors, Awards, Rankings

Telsie Davis received a FY2020 VA Spark Innovation Award to develop a pilot clinic at the Atlanta VAMC for the fully-integrated treatment of PTSD and severe substance abuse disorders. The project is titled "Operation Follow the Need."

Adriana Hermida was named a "Gold Provider" by Emory Healthcare for achieving 100% top box results for FY19.

The following individuals were recognized at the School of Medicine Recognitions Celebration:

- Sheila Rauch – promotion to professor
- Joyce Cohen – promotion to associate professor
- Robert Cotes – promotion to associate professor
- Jennifer Felger – promotion to associate professor
- Ebrahim Haroon – promotion to associate professor
- Jeff Rakofsky – promotion to associate professor
- Martha Ward – promotion to associate professor
- Douglas Bremner – Millipub Club inductee
- Keith Wood – Hidden Gem
- Jordan Cattie – President, OCD Georgia
- Marianne Celano – President, American Board of Couple and Family Psychology
- Andrew Miller – Anna Monika Prize, Anna Monika Foundation
- Grayson Norquist – Distinguished Service Award, American Psychiatric Association
- Justine Welsh – Appointed, Georgia Department of Behavioral Health and Developmental Disabilities

Presentations

Claire D. Coles was the invited speaker at the James C. Harris, MD, Developmental Neuropsychiatry Forum, at the American Academy of Child and Adolescent Psychiatry, Annual Meeting, where she presented on "FASD and Mental Health: What 40+ years of Research and Clinical Experience Mean for Child Psychiatry." She also presented at a symposium entitled "Fetal Alcohol Spectrum Disorders: Research Advance in Assessment, Diagnosis and Treatment."

Negar Fani conducted a workshop as part of a series for the Atlanta PD on Friday the 27th, entitled "Social and Emotional Health in the Police Force."

Nadine Kaslow conducted a workshop on Suicide Assessment, Intervention, and Prevention at Vietnam National University.

Kalpana Prasad presented on the subject of Indian Subcontinent Perspectives at the Georgia Psychiatric Physicians Association's 2019 Cultural Competency Continuing Education Meeting.

Catherine Rice was an invited speaker at the Emory Student Alumni Board, speaking to current students about her experiences at Emory as an undergraduate student until now as a faculty member.

Justine Welsh presented the following talks: an invited panelist at the Center on Addictions/Partnership for Drug Free Kids Addiction Expert Summit, presented "An Update on the Treatment of Substance Use Disorders in Adolescents" at the University of Wisconsin 7th Annual Update and Advances in Psychiatry, presented Buprenorphine Waiver Training" at the AACAP 66th Annual Meeting, presented "Confidentiality and Integration of the Family System in Treatment" at the AACAP 66th Annual Meeting and presented "The Adolescent Community Reinforcement Approach" at Georgia State University.

Quality and Safety Initiatives and Capital Campaign Initiatives

None reported

Community Benefit Programs and Activities

The Department of Psychiatry and Behavioral Sciences was involved in a collaboration with the Alliance Theater at its Hertz Theater venue. In October Alliance produced a play called Small Mouth Sounds, which is about a silent retreat. Peter Ash and Abby Lott met with the cast, the team from Your Fantastic Mind filmed Abby's consultation as part of an upcoming episode on stress, and Abby, Negar Fani and Jordan Cattie did talkbacks after the play on certain dates. Monika Stojek took part in a Day of Wellness at the Woodruff Arts Center, meeting with people about mindfulness and meditation. The people at the Alliance (Hertz Theater) were appreciative of this collaboration.

Facilities

None reported

Emory in the Media

Andrea Crowell (1) The New York Times – [Brain Stimulation Shows Promise in Treating Severe Depression](#). (2) Medical News Today – [Deep Brain Stimulation can be Effective for Severe Depression](#). (3) Psychology Today – [Can a Bit of Electricity Improve Your Brain?](#).

Nadine Kaslow (1) Minot Daily News – [Stamping Out the Stigma of Mental Illness](#). (2) NPR – [CDC Finds Rising Suicide Rates for Young People](#).

Michael Morrier (1) CNN – [Can Marijuana Help Treat Autism Symptoms? A New Study Aims to Find Out.](#)

Barbara Rothbaum (1) Men’s Health – [HIIT Therapy is the Fastest Way to Take Down Anxiety.](#)

Other Accomplishments

None reported

ADJUNCT FACULTY KUDOS

None reported

TRAINEE KUDOS

Benson Ku gave an oral presentation at the IPS Conference. The title of his presentation was “Climate Psychiatry: What Every Psychiatrist Should Know – Implication of Environmental Policy on Mental Health.”

Kate Measom was selected to present her case vignette at the Association of Medicine and Psychiatry National Meeting. She was also awarded second place for “outstanding presentation in the clinical case vignette competition.”

Joseph Vinson, Ariel Majidi and Maura George had a chapter titled Cultural Humility in Trauma-Informed Care published in [Trauma-Informed Healthcare Approaches: A Guide for Primary Care.](#)

STAFF KUDOS

Natalie McWhorter has accepted the position as Division Administrator for Psychiatry and Behavioral Sciences. Natalie has been with the Brain Health Center since January 2015 – first working as Manager of Business Operations within the healthcare practice and then as the Director of Finance over SOM and EHC financial, budgeting, and business operations for all four Departments and the Sleep Center. Prior to her work with Brain Health, she was a Finance Fellow with Emory Healthcare.

Tonya Tedrick’s last day with the Brain Health Center was Friday, October 18. Tonya has faithfully served as the Senior Marketing Manager for the last four years and has been a great partner on a number of very important initiatives. Most notably, Tonya helped establish the Emory Veteran’s Program by supporting the marketing and mission for Emory and more nationally with the Warrior Care Network. She also oversaw the development and execution of many marketing plans that positioned the Emory Brain Health Center very well in the market. With Tonya’s departure, Melissa Forster-Green will be stepping into the Brain Health Center role. Melissa has been with the marketing department for more than 10 years and has a wealth of experience with Emory.

PERSONAL UPDATES

None reported

