

Summer 2023 Program Schedule

Clinical Programs

Clinical groups focus on several therapeutic areas determined by the interests and needs of the members. These areas may include, but are not limited to: social skills, executive functioning, independent living, vocational skills, self-awareness, relationships & dating, and more! **Members are placed within groups based on learning and cognitive profile, age, shared passions, level of therapeutic support needed, personality, and personal goals.** myLIFE groups utilize a variety of campus supports including, but not limited to: fitness center, library, campus garden, business school, cafeteria, and more!

<i>Day/Time/Dates</i>	<i>Program</i>	<i>Location</i>	<i>Ages</i> <i>*approximate</i>	<i>Price</i>
Tuesdays				
11:00am – 3:00pm	High school Group	EAC	15--21	\$2,280/semester <i>*Pre-ETS Programming</i>
6/6 6/13 6/20 6/27 7/11 7/18	Our high school group is a special collaboration with the Georgia Vocational Rehabilitation Agency (GVRA), with a primary focus on enhancing self-advocacy skills. Through rich social engagement and skill-building activities, high schoolers are provided with opportunities to learn important tools around effectively communicating, advocating, and expressing personal interests and desires, as well as practicing the newly acquired strategies with their peers, supervisors, and others across the Emory Community. This self-advocacy journey includes building meaningful friendships, developing community connections, and engaging in community service.			
6:00pm – 7:30pm	liveLIFE	Virtual	26-35	\$400/semester
6/6 6/13 6/20 6/27 7/11 7/18	liveLIFE is a social engagement and skill building group for autistic adults actively seeking work and/or postsecondary opportunities. Members within this group focus on further developing more complex social and communication skills. liveLIFE prioritizes gaining and maintaining the skills required to live a more independent life.			
Wednesdays				
10:00am - 1:00pm	navigateLIFE	EAC	26-35	\$750/semester
6/7 6/14 6/21 6/28 7/12 7/19	navigateLIFE is a social engagement and skill building group that focuses on further developing communication skills while establishing more meaningful friendships and connections. navigateLIFE prioritizes gaining and maintaining the skills required to live a more independent life, including adult living skills, executive functioning, emotion regulation, and more!			
10:00am - 1:00pm	masterLIFE	EAC	18-25	\$750/semester
6/7 6/14 6/21 6/28 7/12 7/19	masterLIFE is a social engagement and skill building group for autistic adults who require direct staff support when learning effective communication skills and independent living skills. Members within this group focus on utilizing their form of communication to express their wants and needs.			
1:30pm – 5:00pm	discoverLIFE	EAC	18-25	\$840/semester
6/7 6/14 6/21 6/28 7/12 7/19	discoverLIFE is a social engagement and skill building group for autistic adults seeking friendship and community. Members within this group focus on developing communication skills to support in building meaningful connections. discoverLIFE prioritizes gaining and maintaining the skills required to live a more independent life, including adult living skills, executive functioning, emotion regulation, vocational skills, and more!			
Thursdays				
11:00am - 6:30pm	exploreLIFE	EAC	18-25	\$1,650/semester
6/8 6/15 6/22 6/29 7/13 7/20	exploreLIFE is a social engagement and skill building group for autistic adults actively seeking work and/or postsecondary opportunities. Members within this group focus on further developing complex social and communication skills that aid in more meaningful friendships and community connections. exploreLIFE prioritizes gaining and maintaining the skills required to live a more independent life.			

Support Groups

<i>Day/Time/Dates</i>	<i>Program</i>	<i>Location</i>	<i>Ages</i> <i>*approximate</i>	<i>Price</i>
Mondays				
5:30pm – 7:00pm	LGBTQIA+	Virtual	18+	\$210/semester
6/5 6/12 6/26 7/10 7/17 7/24	Our LGBTQIA+ social engagement and support group provides a comfortable and safe space to discuss sensitive topics and engage in fun activities relevant to the LGBTQIA+ community.			
Tuesdays				
4:00pm – 6:30pm	Women’s Group	EAC	18+	\$390/semester
6/6 6/13 6/20 6/27 7/11 7/18	Our young women’s social engagement and support group provides a comfortable space to discuss sensitive topics and engage in fun activities relevant to female-identifying adults.			
4:00pm – 5:30pm	Men’s Group	Virtual	18+	\$210/semester
6/6 6/13 6/20 6/27 7/11 7/18	Our young men’s social engagement and support group provides a comfortable space to discuss sensitive topics and engage in fun activities relevant to male-identifying adults.			
Thursdays				
6:30pm – 8:00pm	Professional’s Group	Virtual/EAC	21+	*this group is billed through insurance
6/8 6/15 6/22 6/29 7/13 7/20	This group will alternate between virtual and in-person group meetings. We aim to create a community and network of autistic adults and neurotypical peers who are experiencing similar life stages. Community outings may include visiting restaurants, hiking, dinner and movie, taking a class together, etc. All members are expected to provide their own transportation and cover the cost of activities. The group is appropriate for college seniors and working professionals.			

Recreational Programs

We understand intervention is expensive. To offset the price, we are happy to offer discounted rates to members of our clinical programs. Prices in **black** are for members not enrolled in clinical programs. Prices in **green** are discounted rates for clinical program members.

<i>Day/Time/Dates</i>	<i>Program</i>	<i>Location</i>	<i>Ages</i> <i>*approximate</i>	<i>Price</i>
Mondays				
12:00pm-3:00pm	Hiking	EAC	18+	\$400/\$450 semester
6/5 6/12 6/26 7/10 7/17 7/24	Hiking Club will get out into nature as members enjoy socializing and engaging in mild to moderate levels of exercise that aims to improve both our physical and mental health. This group will encourage social skill building by using various activities in a fun outdoor environment on the Emory Campus. Activities will vary from photographic scavenger hunts to sight-seeing on campus and simply experiencing mindfulness in nature.			
2:00pm-3:00pm	Disney Club	Virtual	18+	\$50/\$60 semester
6/5 6/12 6/26 7/10 7/17 7/24	Disney Club engages in all things Disney prince and princess related! This small group encourages social skill building by using a topic of interest to many! Small group discussion topics, to be determined by the interests and needs of the group members, may include: Disney characters, movies, trivia, etc.			
7:15pm-8:15pm	Book Club	Virtual	18+	\$50/\$60 semester
6/5 6/12 6/26 7/10 7/17 7/24	This virtual Book Club provides a space for the members to choose a book of interest to read throughout the semester. Members will gather to discuss components of their reading, process themes they identified, and share their general thoughts and emotions throughout the reading.			

Members will not be required to read the same book and are encouraged to choose a book of interest.



Recreational Programs (cont.)

<i>Day/Time/Dates</i>				<i>Program</i>	<i>Location</i>	<i>Ages</i> <i>*approximate</i>	<i>Price</i>
Tuesdays							
1:00pm – 3:00pm				Community Engagement Service Projects	EAC	18+	\$300/\$350 semester
6/6	6/13	6/20	6/27	Our community service group will meet weekly in person to develop and enact service projects on Emory's campus and beyond. These projects might include writing letters to seniors, campus cleanup, supporting our local hospitals, volunteering at a foodbank, and other causes or organizations that the members identify.			
7/11	7/18						
6:30pm – 8:00pm				Film Club	EAC	18+	\$45/\$50 semester
6/13	6/27	7/18	Film Club offers a special series of movies showcasing different types of authentic and inauthentic social engagement. This group will view and discuss the movies, what can be learned from it, and the media more broadly to support in navigating the real world. Do note that this group occurs on a bi-weekly basis.				
7:00pm – 8:00pm				Poetry Club	Virtual	18+	\$45/\$50 semester
6/6	6/20	7/11	The virtual Poetry Club is a safe space for poetic expression and experimentation. We will explore how poetry allows one to break rules of communication, process emotions, and share experiences with others. During the first half of each session, the group will chat about poetry (e.g., poems we enjoy, different styles of poetry, the joys/challenges of writing poetry). In the second half, the group will write and share about this experience. The focus is on fun and exploration. All are welcome, regardless of prior experience with poetry. Do note that this group occurs on a bi-weekly basis.				
Wednesdays							
6:00pm – 8:00pm				Roleplaying Games	Virtual	18+	\$75/\$100 semester
6/7	6/14	6/21	6/28	The Roleplaying Games Group provides a fun and creative opportunity for social skill building, roleplaying, and imaginative storytelling. The group will use an RPG system like Dungeons and Dragons; however, experience is not necessary. Group members will create characters and take on new and unique roles, while working together as a team to solve puzzles, complete quests, and explore a fantasy world where adventure waits around every bend. Do note that we will be running two RPG groups on a bi-weekly basis, allowing time for members to develop characters, engage in discord chat, and more.			
7/12	7/19						

Members are placed within myLIFE groups based on learning and cognitive profile, age, shared passions, level of therapeutic support needed, personality, and personal goals. Please refer to the visual below to gain a general idea of how much clinician support is provided within each clinical program.

myLIFE Support Levels

exploreLIFE (18-25)
liveLIFE (26-35)

discoverLIFE (18-25)
navigateLIFE (26-35)

masterLIFE (18-25)
engageLIFE (26-35)

Lower social and skill support need

Higher social and skill support need

***myLIFE's unique matching process groups members together based on a several factors. These may include learning and cognitive profile, shared passions, level of therapeutic support needed, personality, and personal goals. All in-person programs will adhere to Emory University policies with regards to Covid-19.*