

Jeffrey Rakofsky, MD

Introduction:

I am a Professor in the Department of Psychiatry and Behavioral Sciences (effective 9/1/2024). I am also the Director of Medical Student Education and the Psychiatry Clerkship Director within the Department. My time is divided between clinical care in the Emory Adult Psychiatry Clinic, resident and medical student education, and assisting in clinical research studies within the Emory Mood and Anxiety Disorders Program.

Areas of expertise:

My area of clinical expertise is the psychopharmacologic treatment of bipolar depression. I also have an interest in medical student and resident education and am actively involved (Executive Council Member and President-elect) in the Association of Directors in Medical Student Education in Psychiatry organization known as ADMSEP. This is a national level organization of psychiatry medical student teaching faculty that provides best-practices in medical student teaching, educational research support, mentorship, and networking opportunities.

Relevant personal details:

Music, film, and theatre have always been an important part of my life. I'm a musician and I'm married to a professional stage actor. My family is very important to me and I now have plenty of experience with the ups and downs of the IVF/surrogacy process and the challenge of balancing an academic career with my role as an older first-time parent. I have one young child with another one hopefully on the way soon. Exercise and fitness are also interests of mine.

Approach to mentoring and availability:

My approach is to provide a listening ear and lend the perspective of someone who has been at Emory in some form or fashion since 2001. I'm fine with short or long-term engagement and I'm happy to provide clinical, professional, or educational research mentorship.