

## **Ebrahim Haroon, MD**

### **Introduction:**

I am an Associate Professor in the Department of Psychiatry and Behavioral Sciences at Emory University School of Medicine. I serve as the Associate Director of the Emory Behavioral Immunology Program, leading research efforts at the intersection of behavior and the immune system. My work is primarily based at the Emory Behavioral Immunology Program, where I conduct cutting-edge research in psychoneuroimmunology.

### **Areas of expertise:**

My research has significantly advanced our understanding of the complex interplay between inflammation, brain function, and mood disorders, particularly depression. I have honed my skills in advanced neuroimaging techniques, such as magnetic resonance spectroscopy (MRS), and their application in studying brain metabolism and neurotransmitter function in the context of inflammation. My work has been instrumental in establishing the connection between inflammatory processes, glutamate dysregulation, and depression, thereby opening new avenues for innovative treatment strategies.

### **Relevant personal details:**

Originally from India, I completed my medical training there before pursuing further education and research opportunities in the United States. Throughout my career, I have maintained an extensive publication record and secured significant NIH funding, a testament to the credibility and impact of my work. I am an active member of several professional societies, including the Psychoneuroimmunology Research Society, where I serve on the Board of Directors. I am a Fellow of the American College of Neuropsychopharmacology (ACNP), serving on the Scientific Committee. I have completed a full term as a reviewer for the Adult Psychopathology and Aging Disorders (APDA) study section.

### **Approach to mentoring and availability:**

I am deeply committed to guiding researchers at all career stages, from medical students to junior faculty. My mentorship style is adaptable, tailored to the unique needs of each mentee. I can offer advice on research methodology, grant writing, publication strategies, and career development. I have a wealth of experience in mentoring both U.S. and international researchers, promoting cross-cultural collaborations. But what truly drives me is my passion for nurturing the next wave of psychoneuroimmunology researchers and clinician-scientists with an interest in the biological underpinnings of psychiatric disorders. I hope to inspire and motivate you to make significant contributions to our field.