

EMORY DEPARTMENT OF PSYCHIATRY AND BEHAVIORAL SCIENCES KUDOS
MARCH 2023

REMEMBER

Please send me your accomplishments and personal updates for the April 2023 Kudos

SAVE THE DATES

FACULTY DEVELOPMENT SEMINARS

Upcoming faculty development seminars, which will be held from 9:00-10:30a, [Zoom](#) link:

- Wednesday May 17, 2023 – Powerpoint: From Basics to Innovation

WRITING GROUPS: UPCOMING

The Writing Group is the 1st Wednesday of every month from 8:00-9:00am. These meetings are on [Zoom](#).

SPOTLIGHTS

STAFF SPOTLIGHT: Kyndell Thompson

Kyndell J. Thompson joined Emory's Psychiatry and Behavioral Sciences team in 2022 as Program Coordinator. Within this role, Kyndell supports the department with matters surrounding finance/budget, project management, human resources and data utilization. Kyndell is passionate about his work; therefore, he always approaches his duties and responsibilities from a place of "yes."

Kyndell values the opportunities to build momentous relationships inside and outside of the department. He is also excited about strengthening his skill set on the administrative side of healthcare. His previous work experience includes working as a Patient Service/Care Coordinator within the department of Ambulatory Surgery and Radiation Oncology for Emory Healthcare.

The origin of Kyndell's career progression traces back to his work in pharmaceuticals. Prior to Emory, he worked as project coordinator at Children's Healthcare of Atlanta. He was tasked with planning and carrying out the hospital's implementation of the Covid-19 vaccination. During this time, Kyndell managed the network's three hospital/clinic locations. In addition to working on vaccine implementation, he successfully managed several process improvement initiatives.

Kyndell's career aspiration is to ultimately become an executive leader in a healthcare/public health organization. He holds a Master of Public Health from Georgia State University and is currently completing his Master of Business Administration from the Univd and he looks forward to continued growth within the Emory family.

Kyndell's involvement outside of Emory speaks to his unwavering passion to help others. He is part of Big Brothers of Metro Atlanta; where he serves as a mentor to school-aged youths. He is also an active member of the Phi Beta Sigma Fraternity, Inc.; his affiliation with the fraternity allows him to serve his community in different capacities. Kyndell is also a member of the Georgia Board of Realtors.

TRAINEE SPOTLIGHT: Paulina Kaiser, MD

Paulina Kaiser is currently a fourth-year psychiatry resident and serves as one of the Ambulatory Chief Residents at Emory. She is also a third-year candidate at the Emory University Psychoanalytic Institute, as well as a co-lead for the intern process group.

Paulina enjoys connecting with others in genuine ways, whether it be patients, colleagues or students. Seeing her patients progress in psychotherapy is probably the most rewarding aspect of her work. Paulina plans to open and grow a private practice in Atlanta upon graduating in July, while working part-time at Dekalb Community Service Board. The focus of her practice will be psychodynamically oriented psychopharmacology and psychotherapy. She also plans to be adjunct faculty at Emory with the hopes of supervising trainees in psychotherapy and moonlighting in the PES.

Outside of Emory, Paulina is the music director of an all-women's a cappella group named Octave Atlanta. She also participates in monthly Systems Centered Theory workshops. Away from the workplace, Paulina's interests include training her dog Thor, baking, fashion, board games, nutrition and fitness.

WELLNESS COMMITTEE

Wellness Resources:

Healthy Emory is bringing back the [Eat Smart, Move More, Weigh Less](#) program in September.

Challenges with Healthy Emory are ongoing - the Sharecare app is the platform and incentive dollars are available!

[Operation Eat Right](#) encourages you to improve your nutrition and boost your well-being using Healthy Emory Connect!

Resources from Healthy Emory and a link below to the ACPH.

- [Benefits](#)
- [Rewards](#)
- [Career](#)
- [Learning](#)
- [Wellness](#)
- [Work Life](#)
- [Employee Assistance](#)
- [Employee Assistance – Physician Wellbeing Conference](#)

Healthy Emory resources including the Sharecare platform for Move More, Refresh from Stress and more! Open to University and Healthcare Employees
[Healthy Emory Connect | Emory University | Atlanta GA](#)

Wellbeing and mental health support for Emory University Employees [Faculty Staff Assistance Program](#) and for [Emory Healthcare Employees](#) username EHC (800 327 2251)

Graduate Medical Education Well-being [Resident Well Being | Emory School of Medicine](#)

International Conference on Physician Health (alternates years with American Conference) [International Conference on Physician Health™ | American Medical Association \(ama-assn.org\)](#)

[Dr. Lorna Breen Heroes Foundation | Dedicated to Protecting the Well-Being of Physicians and Health Care Professionals \(drlornabreen.org\)](#)

Office of Well- Being established for Woodruff Health Sciences
[Emory's Woodruff Health Sciences Center establishes Office of Well-Being | Emory University | Atlanta GA](#)

DISC UPDATES

Earth Day – Marianne Celano, PhD, ABPP, Professor – The first Earth Day celebration occurred on March 21, 1970, proposed by John McConnell, a newspaper publisher who had previously suggested the idea at a UNESCO Conference on the Environment. However, the current Earth Day, April 22, is based on a nationwide environmental teach-in proposed by U.S. Senator Gaylord Nelson for 1970. Senator Nelson and his staff grew the event, and on Earth Day 1970 more than 20 million people (at that time, 10% of the U.S. population) demonstrated against the adverse impacts of 150 years of industrial development on the environment and human health. Earth Day 1970 is said to have achieved a rare political consensus among Republicans and Democrats, rich and poor, city dwellers and farmers, business and labor leaders. Demonstrations on Earth Day and related activism led to the creation of the U.S. Environmental Protection Agency and the passage of key environmental laws, including the National Environmental Education Act, the Occupational Safety and Health Act, the Clean Air Act, and the Clean Water Act. Today, Earth Day is widely recognized as the largest secular observance in the world, marked by more than a billion people every year as a day of action to change human behavior and create environmentally sustainable global, national, and local policies. The first Earth Day emerged from and catalyzed public consciousness about air and water pollution, and the loss of wilderness. Fifty-three years later, Earth Day occurs in the context of the climate crisis, with only about a decade left to make the changes needed to avoid the most disastrous effects of a warming planet. And in 2023, climate advocates now recognize that efforts to mitigate global warming will succeed only if they are coupled with policies to ensure climate justice.

FACULTY KUDOS

Major Leadership Appointments, Activities and Achievements

Michelle Casimir was elected to the Committee of State Leaders during the American Psychological Association's (APA) Practice Leadership Conference for a two-year term. This committee focuses on providing feedback about concerns and needs of state psychological associations, while also assisting state association leaders in becoming more involved in APA governance.

David Goldsmith was awarded an R01 from the National Institute of Mental Health titled Targeting Inflammation-Induced Changes in Brain Reward Signaling and Motivational Deficits in Patients with Schizophrenia Using an Anti-Inflammatory Challenge.

Research

Cai H, Chow IHI, Lei SM, Lok, CKI, Su Z, Cheung T, Peshkovskaya A, Tang YL, Jackson T, Ungvari GS, Zhang L, Xiang YT. [Inter-relationships between depressive and anxiety symptoms and suicidality among adolescents: a network perspective](#). J Affective Disorder, 2023, 324 : 480-488.

Cai H, Li ZL, He F, Li SY, Zhao YJ, Zhang WY, Zhang Y, Su Z, Jackson T, Xiang YT, Tang YL. [Suicide ideation and anhedonia among clinically stable adolescents with the recurrent depressive disorder during the COVID-19 pandemic: A network perspective](#). J Affective Disorder, 2022.

Cotes RO, Palanci JM, Broussard B, et al. Feasibility of an Open Dialogue-Inspired Approach for Young Adults with Psychosis in a Public Hospital System. Community Ment Health J (2023).

Geng F, Wang S, Tian Y, Jiang F, Conrad R, Liu T, Liu Y, Mo D, Liu H, Tang YL. Factors associated with utilization of electroconvulsive therapy during psychiatric hospitalization among children and adolescents in China. Journal of ECT, 2023, DOI: 10.1097/YCT.0000000000000898

Ku BS, Walker EF, Druss BG, Murray CR, Compton MT. Residential instability during adolescence predicts earlier age at onset of psychosis: The moderating role of extraversion. Early Interv Psychiatry. 2023 Jan 17. doi: 10.1111/eip.13375. Epub ahead of print. PMID: 36650675.

Mekawi Y, Ishiekwe MN, Jimenez A, Ware M, Carter S, Stenson AF, Jovanovic T, Bradley B, & Powers A. (In press). Intergenerational transmission of depression: Examining the roles of racism and trauma among Black mothers and youth. Journal of the American Academy of Child and Adolescent Psychiatry.

Palitsky R, Kaplan D, Peacock C, Zarrabi AJ, Maples-Keller JL, Grant GH, Dunlop B, Raison CL. (in press). The importance of integration of spiritual, existential, religious, and theological components in psychedelic-assisted therapies. JAMA Psychiatry.

Welsh JW, Sitar SI, Hunter BD, Godley MD, Dennis ML. Substance use severity as a predictor for receiving medication for opioid use disorder among adolescents: An analysis of the 2019 TEDS. *Drug Alcohol Depend.* 2023 Mar 23;246:109850. Epub ahead of print. PMID: 36989708.

Xie XM, Cai H, Li SY, Li ZL, Zhang WY, Zhao YJ, Zhang Y, Ungvari GS, Tang YL, He F, Xiang YT. Cyberbully victimization and its associations with residual depressive symptoms among clinically stable adolescents with psychiatric disorders during the COVID-19 pandemic: a perspective from network analysis. *Frontiers in Psychiatry, Front. Psychol.* 13:1080192. doi: 10.3389/fpsyg.2022.1080192

Honors, Awards, Rankings

The following faculty were featured on National Doctors' Day at Emory: Milena Armani, Anjan Bhattacharyya, Jennifer Casarella, Telsie Davis, Gene Farber, Joya Hampton-Anderson, Erin Jones, Allison, LoPilato, Erica Marshall-Lee, Kandi Schmidt and Marsha Stern. They are a gift to our patients and our department.

Rachel Ammirati obtained her board certification in Behavioral & Cognitive Psychology through the American Board of Professional Psychology.

Monique Hunter has been appointed to serve as co-chair of the American Psychological Association Division 18 Education and Training Committee.

Benson Ku was awarded the 2023 APA Health Services Research Early Career Award.

Jessica Maples-Keller was invited to be on the Anxiety and Depression Association of America editorial board.

Aliza Wingo will be chair of the symposium "Uncovering novel drug targets for psychiatric illnesses by harnessing large-scale genomic and brain omics data" at the 2023 SOBP annual conference. She is also an invited speaker for the symposium, "Analytical and functional genomics in PTSD," as well as an invited plenary speaker for the 2023 World Congress of Psychiatric Genetics, in Montreal, Canada in October 2023.

Presentations

Frew J, Schwartz A, Frank A, Rakocevic D, Ley Thomson M. "Navigating professional identity formation and the hidden curriculum in addiction teaching: Mixed messages and misperceptions." American Association of Directors of Psychiatric Residency Training Annual Meeting, San Diego, CA, 2023 (workshop).

Greenstein S, Ernst C, Schwartz A, Fipps D, Chang A. "Meeting trainees where they are: Consultation Liaison Psychiatry training practices and educational opportunities." American Association of Directors of Psychiatric Residency Training Annual Meeting, San Diego, CA, 2023 (workshop).

Schwartz A, Bentman A, Spitz D. “The disciplinary process – A new way forward.” American Association of Directors of Psychiatric Residency Training Annual Meeting, San Diego, CA, 2023 (workshop).

Media

Jeffrey Rakofski (1) Everyday Health – [7 Vitamins and Supplements that May Be Helpful For Bipolar Disorder](#).

Barbara Rothbaum (1) Healthcare IT News – [Veterans get Virtual Access to No-Cost Therapy](#). (2) 11 Alive – [Triggering Anxiety | Black Adults, Women Among Those Most Affected](#). (3) CNET – [VR Is Revolutionizing Therapy. Why Aren't More People Using It?](#)

ADJUNCT KUDOS

Barbara Lopes Cardozo, MD, MPH holds a Medical Degree from the University of Amsterdam, a master’s degree in Public Health from Tulane University and a specialization in Psychiatry from Louisiana State University. She is also trained as a medical acupuncturist at the University of New England in Boston. Barbara is an Adjunct Assistant Professor at the Hubert Department of Global Health, Rollins School of Public Health, Emory University and the School of Medicine, Department of Psychiatry and Behavioral Sciences at Emory University. For the last 23 years, she has worked as a psychiatric epidemiologist at the Emergency Response and Recovery branch (ERRB) formerly called the International Emergency and Refugee Health Branch (IERHB) of the Centers for Disease Control and Prevention (CDC) in Atlanta, building CDC’s mental health and psychosocial program in humanitarian emergencies from the ground up. She is one of the founding members of Doctors without Borders (MSF) – Holland, winner of the 1999 Nobel Peace Prize. Among the dozens of missions with direct on-the-ground involvement by Dr. Lopes Cardozo during a decade with the organization are the Armenian Earthquake, Armero (Colombia) Volcano disaster, Peru cholera epidemic, Guyana and Brazil, as well as aid to victims of violent conflict in Somalia, Uganda, Haiti, and Nicaragua. While employed at CDC, Barbara has conducted numerous mental health surveys and outcome evaluations of mental health programs in war-affected countries among others in Afghanistan, Kosovo, Cambodia, Thailand, Sri Lanka and Israel. She has also conducted mental health studies among humanitarian aid workers who work in these stressful environments. She has been a pioneer in the field of mental health in emergencies. Barbara has provided psychiatric care to patients at Grady Hospital in Atlanta. From 2014- 2019. Currently she is the preceptor for two psychiatry residents in the Global Health track providing clinical psychiatry services at the Clarkston Community Health Center (CCH) in Clarkston, GA. Barbara is now retiring from the CDC and has a lot of plans for her next phase. She will continue to work at the CCH and support the Emory psychiatry residents. She plans to start an acupuncture practice focusing on patients with mental health issues. She will continue her own Qi Gong and Tai Chi training. Barbara likes to travel and also hopes to spend more time in her hometown Amsterdam and connect with family and friends.

Adriana Flores presented to the Alabama Criminal Defender Lawyers Association's capital seminar on *"How to Recognize Mental Health Issues in Your Client: Is he/she mentally ill or just mean (or both)? And...what then??"*

Kisha Holden was a guest co-editor for the special issue of the American Psychologist centered on health equity titled *How Psychologists Can Help Achieve Equity in Health Care: Advancing Innovative Partnerships and Models of Care Delivery*.

Beverly Stoute chaired and spoke at the first panel on Asian American Racism and violence entitled, "Asian in America: Exclusion, Erasure and the Violence of Being Seen" at the annual meeting of the American Psychoanalytic Association. It was the first program in the history of the association on Asian American racism.

- 2023 Presentations
 - 2023 The Holmes Commission Journey: Towards Racial Equality in American Psychoanalysis: Reflections and Hope
 - Presenters: Dorothy E. Holmes, Chair; Co-Chairs: Anton Hart, Dionne R. Powell and Beverly J. Stoute
 - (2) 2023 Conversations about Psychoanalysis in the Modern Era: Integrating Social Justice and Psychoanalysis in the Clinical Setting.
 - Presentation to the American Psychoanalytic Association Fellows, Annual Meeting, American Psychoanalytic Association, NY, NY
 - (3) 2023 Chair and Presenter, University Forum VII on Racism: The Asian American Experience: Exclusion, Erasure, and the Violence of Being Seen, American Psychoanalytic Association Annual Meeting, New York, NY
- 2023 Publications:
 - Holmes D, Hart A, Powell DR, and Stoute BJ. (2023) The Holmes Commission's Journey Towards Racial Equality in American Psychoanalysis: Reflection and Hope, *The American Psychoanalysis*, Winter/Spring 2023, vol 57 (1): 1, 4-7.
 - Stoute BJ and Slevin M, eds. (2023). [The Trauma of Racism: Lessons from the Therapeutic Encounter](#), London: Routledge
 - Stoute BJ. (2023). "How Our Mind Becomes Racialized: Implications for the Therapeutic Encounter" Chapter 26 In Gabbard's Textbook of Psychotherapeutic Treatments, Second Edition Edited by Holly Crisp, M.D., and Glen O. Gabbard, M.D. Washington, DC: American Psychiatric Association, Publishing, pp. 653-692.

TRAINEE KUDOS

Daeja Hamm was selected to attend the DeWitt Symposium at Morehouse School of Medicine

Natalie Hellman was accepted to the European Pain School.

Margaret To's abstract submission titled: *Clearing the Fog on COVID-Brain Fog* was *accepted* at the American Psychiatric Association 2023 Annual Meeting.

STAFF KUDOS

Veronica Motley curated an exhibit in the Schatten Gallery of Emory University's Robert W. Woodruff Library titled *Composing Images: Celebrating Twenty Years of the Emory Jazz Festival*.