

Curriculum and Resource Guide

There are many teaching materials, curricula, and resources for transition planning for students with autism spectrum disorder (ASD) and other related disabilities. In an effort to condense the abundance of information, we have selected some of the most useful curricula and resources available to professionals, educators, students, and families to be included in the Transition Curricula and Resource Guide.

We hope that this guide will be useful in helping teachers and administrators implement effective and intentional transition programming for students. These curricula and resources fit within the mission of the Emory Autism Center's Individualized Transition To Adulthood Plan's to develop a person-centered model of transition that prepares transition-age youth with ASD to access and benefit from a comprehensive range of services and supports needed in adulthood paying particular attention to skill development in the areas of social skills, executive functioning, self-awareness, and daily living skills.

Our guide is divided into two sections, Curricula and Resources. Items are further categorized by area of focus, although many cover more than one area:

Comprehensive- addresses two or more transition domains.

Academic- prepares students for post-secondary educational experiences (e.g., college)

Social- emphasizes social, communication and behavior skills.

Vocational - helps students build employability skills to find and maintain employment.

Independent living- focuses on daily living skills including finding housing, transportation, doing laundry, cooking, and other autonomous living skills.

Curriculum

Comprehensive Curricula

Abilis L.I.F.E Curriculum	https://www.abilis.us/	<ul style="list-style-type: none">• A curriculum/transition program for young adults with autism (18-25) years old that teaches them both specific skills and general success skills, related to independence, social relatedness and emotion regulation.• Designed by Autism Speaks, many activities, many autism specific teaching strategies, very comprehensive, step by step resource for teachers.• Specifically created for lower support need individuals who are able to work in small groups for 15 or more minutes and are able to communicate needs, interests, and preferences.
*Links Curriculum (STAR Autism Support)	http://starautismsupport.com/curriculum/links-curriculum	<ul style="list-style-type: none">• Evidence-based, web-based curriculum to teach upper elementary-postsecondary students with autism to be independent across school, community, and vocational routines.
*ACE ABA Autism Education Software Package	http://www.acenec.org/about-the-ace/	<ul style="list-style-type: none">• Comprehensive curriculum, lessons utilize ABA- based teaching methods, covers basic to complex skills.• Lessons written and vetted by experts in ABA, allows classrooms to provide consistency and individuation• Easy to record and monitor data.
Council for Exception Children: Life Centered Education	https://www.cec.sped.org/Publications/LCE-Transition-Curriculum	<ul style="list-style-type: none">• Fully online transition program• Complete framework of objectives, lesson plans, fact sheets and work sheets that cover daily living skills, self-determination, interpersonal skills, and employment skills.

Comprehensive Curricula

Standards-Based Life-Skills Curriculum (OCALI)	https://www.ocali.org/up_doc/Standards-Based-Life-Skills-Curriculum.pdf	<ul style="list-style-type: none"> • A K-12 curriculum designed to individualize students' educational programs and work toward a set of common academic standards for students with disabilities. • Provides both social/ academic skills and vocational transition curricula. • Provides a variety of suggestions for instructional strategies, materials/resources, and assessment tools. • Flexible- can be adapted to meet student's needs • Geared to academics, only the vocational curricula standards are transition specific
Unique Learning System: Transition Band	https://www.n2y.com/unique-learning-system/	<ul style="list-style-type: none"> • Provides differentiated lesson materials and detailed lesson plans. • Administrators can access all data and customize reports.
Digitability: For Teachers	http://digitability.com/how-it-works-teachers/	<ul style="list-style-type: none"> • Curriculum is researched based and uses evidence- based practices. • Easy to navigate platform for teacher professional development. • Generates data.

Independent Living Curricula

Champions Transition Program	https://www.learninforlife.org/programs/special-ed/	<ul style="list-style-type: none"> • Provides students with intellectual disabilities help in developing social/personal, life, and self-concept skills • Includes lesson plans that covers a wide variety of transition skills. • Geared to ages 16-21
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FDIC Smart Money for Young People	https://www.fdic.gov/resources/consumers/money-smart/teach-money-smart/money-smart-for-young-people/index.html	<ul style="list-style-type: none"> • The Money Smart for Young Adults curriculum helps youth age 12-20 learn the basics of handling their money and finances
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Vocational Curricula

Attainment Company's Pre-employment Transition Solution	https://www.attainmentcompany.com/pre-employment-transition-solution-pre-ets	<ul style="list-style-type: none"> • Each lesson includes instructor's script, objectives, Independent practice, and resources for collaboration. • Each lesson is organized into levels to meet learner's needs. • Lessons are connected to extra materials across the Attainment Company products.
Project Discovery	https://educationassociates.com/curriculum-samples/	<ul style="list-style-type: none"> • A life skill transition curriculum that provides student marketable job and life skills. • Guides students to build skills to live alone, study, and build social relationships. • Starts with students' transition goals and creates an individualized path.

Resources

Comprehensive Resources

Zarrow Center for Learning Enrichment (University of Oklahoma)	http://www.ou.edu/education/centers-and-partnerships/zarrow.html	<ul style="list-style-type: none"> • A large number of resources including assessments, presentations, and links. • Provides printed materials for teachers. • Provides a timeline of transition activities. • Provides a self-determination curriculum.
Transition Tennessee	https://transitiontn.org/	<ul style="list-style-type: none"> • Organized into different sections for educators, providers, and students • Each section includes video based lessons, ideas, and resources,
*The Center on Secondary Education for Students with Autism Spectrum Disorders	http://csesa.fpg.unc.edu/node/456	<ul style="list-style-type: none"> • Provides research based professional development, assessment, planning, implementation, and outcome support. • Resources can be used by students, parents, teachers, providers and community members. • Topics covered: academics; social competence; independent living; transitions and family issues. • Includes evidence-based practices.
*VCU Autism Center for Excellence	https://vcuautismcenter.org/resources/adolescence.cfm	<ul style="list-style-type: none"> • Provides webcasts, seminars, guides and fact sheets for transition services. • Offers assessment tools, transition toolkits, postsecondary education opportunity guides, autism specific guides to transition and vocational rehabilitation. • Provides resources which incorporate personal experiences and speaks about topics that are usually ignored such as sexuality. • Covers all transition domains. • Composed for parents, students, and professionals.

Comprehensive Resources

<p>*HMEA Autism Resource Central: Transition to Adult Resources</p>	<p>http://www.autismresourcecentral.org/resources/transition-to-adult-resources/</p>	<ul style="list-style-type: none"> Resources for transitioning to adult life for individuals with ASD including: executive functioning skills; housing; assistive technology; links to scholarships.
<p>*Special Learning, Inc: Autism education for parents, teachers, and therapists</p>	<p>https://store.special-learning.com/products/category-51</p>	<ul style="list-style-type: none"> A list of transition resources for educators, organized by different transition topics. Lists products by topic and written by experts and professionals.
<p>*Transition Planning for Individuals with Autism</p>	<p>https://home.edweb.net/webinar/autism20171214/</p>	<ul style="list-style-type: none"> A webinar presented by transition coordinators (with masters) to help viewers plan transition for individuals with ASD. Viewers can also receive a CE certificate. Able to view archived recording of the previous video, "Navigating the Transition into Adult Services."
<p>*Transition Toolkit (Autism Speaks)</p>	<p>https://www.autismspeaks.org/family-services/toolkits/transition-toolkit</p>	<ul style="list-style-type: none"> A toolkit for families to plan for adulthood for an individual with ASD. The toolkit is broken down into sections with resources specific to each section, and forms and timelines.
<p>*Autism Spectrum Disorders and the Transition to Adulthood</p>	<p>https://www.doe.virginia.gov/special_ed/disabilities/autism/technical_asst_documents/autism_transition.pdf</p>	<ul style="list-style-type: none"> Published by the Virginia Department of Education, Office of Special Education and Student Services that address transition for youth with autism. Addresses both middle and high school students. Includes all facets of transition from daily living skills to education to employment to social security and benefits.

Comprehensive Resources

<p>*Columbia Regional Program ASD transition toolkit</p>	<p>https://www.crporeg.org/site/Default.aspx?PageID=175</p>	<ul style="list-style-type: none"> • Provides educators and other members of the transition team with practical information and easy access to resources to prepare youth with ASD for a successful transition from school to adulthood. • Free online tools for assessment, planning, and instruction on transition. • Developers of the toolkit are specialists in ASD. • Entire website has supports for families.
<p>*National Gateway to Self-Determination</p>	<p>http://ngsd.org/everyone/national-programs-and-initiatives/education-and-transition-links</p>	<ul style="list-style-type: none"> • Online training modules with resources for people with ASD, their families and community professionals.
<p>Transition Planning (NMU)</p>	<p>https://ytp.uoregon.edu/sites/ytp2.uoregon.edu/files/Research%20and%20Practical%20Considerations%20for%20Rehabilitation%20Transition%20Collaboration.pdf</p>	<ul style="list-style-type: none"> • A literature review addressing the transition process by describing effective transition practices in four areas: the IEP process, self-determination, collaboration, and community-based learning. • Strategies for interagency collaboration in high school, including assessing barriers to collaboration. • Outlines methods for data analysis.
<p>Transition Coalition</p>	<p>https://transitioncoalition.org/online-training-modules/</p>	<ul style="list-style-type: none"> • A free research based online training program for transition planning. The main areas are transition, professional development, and materials and resources for implementation. • Topics covered: Best practices; vocational training for students with disabilities; moving beyond cultural differences; strategies to promote school completion in students with disabilities; peer-reviewed transition assessments.

Comprehensive Resources

<p>Age-Appropriate Transition Assessments and Activities Guide</p>	<p>https://www.witig.org/wstidata/resources/transition-assessment-resources_1448046810.pdf</p>	<ul style="list-style-type: none"> • Provides an overview of transition assessments, goals, and definitions. It also provides resources to assessments, education training and college readiness and postsecondary education.
<p>NPR Inc Educator's Choice for Classroom and Professional Development Resources</p>	<p>https://www.nprinc.com/categories/special-education/transition-from-high-school.html</p>	<ul style="list-style-type: none"> • A list of books specifically dealing with transition that is helpful for educators. • Lists products by topic experts and professionals.
<p>Georgia Department of Education- Transition</p>	<p>https://www.gadoe.org/Curriculum-Instruction-and-Assessment/Special-Education-Services/Pages/Transition-.aspx</p>	<ul style="list-style-type: none"> • Resources for Best Practices, Self-Determination, and Compliance. • One- page guides on different topics. • Archived webinars covering a range of transition related topics.
<p>Scans Skills Assessment</p>	<p>https://blink.ucsd.edu/HR/training/career/CC/assess.html</p>	<ul style="list-style-type: none"> • An assessment tool that measures reading, writing, speaking and listening, creativity, decision making, problem solving, honesty, personal responsibility, time and money management, organization, computer skills, and social and business systems. • Free, and can be used by anyone in any state. • Assessment tool only. • Does not include independent living. • Does not have a total score category to assess readiness.

Comprehensive Resources

<p>Evidence-based practices for students with severe disabilities</p>	<p>https://cedar.education.ufl.edu/wp-content/uploads/2014/09/IC-3_FINAL_03-03-15.pdf</p>	<ul style="list-style-type: none"> • Evidence and research -based resource on methodology, ways to support, and ways to teach individuals with severe developmental disabilities. • Explains various methods for teaching. • Covers teaching academics, daily living skills, job and community skills, self-determination skills, and social and communication skills.
<p>National Technical Assistance Center on Transition (NTACT)</p>	<p>https://www.transitionta.org</p>	<ul style="list-style-type: none"> • Assists State Education Agencies, Local Education Agencies, State VR agencies, and VR service providers in implementing evidence-based and promising practices ensuring students with disabilities, including those with significant disabilities, graduate prepared for success in postsecondary education and employment. • Consists of evidence-based practices, including transition planning resources for educators and parents/students. • Provides data collection tools and assessments. • Offers lesson plans and technical assistance.

Independent Living Resources

<p>Georgia Department of Education Life Skills</p>	<p>https://www.gadoe.org/Curriculum-Instruction-and-Assessment/Special-Education-Services/Documents/Transition/2020-21/Life%20Skills.pdf</p>	<ul style="list-style-type: none"> • Resources and lessons plans covering Financial Literacy, Financial Planning, Life Skills, Building Independence, Digital Citizenship, Goal Setting, Travel, Driver’s Education.
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Life Skills Resources

NetSmartz	https://www.missingkids.org/netsmartz/videos#middleandhighschool	<ul style="list-style-type: none"> • Differentiated video series about internet safety • Pre-made power point presentations about topics related to internet safety with presenter notes
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Vocational Resources

*Transition to Adulthood for Teens and Adults on the Autism Spectrum	https://www.cyberdriveillinois.com/departments/library/libraries/pdfs/carley-autism-transition.pdf	<ul style="list-style-type: none"> • Presentation by Michael John Carley with slides covering vocational transition, job skills, communication, etc. • PowerPoint format (slides) makes it easy to present. • Comprehensive presentation looking at all sides of the issue of getting a job as an individual with ASD. • Written/given by man with Asperger's- inside perspective.
Transcend career and workforce development	https://www.transcendn.org/	<ul style="list-style-type: none"> • Provides job counseling, case management, job development and placement services. • Frequent Webinar Series related to transition topics.
Planning My Way to Work: A transition guide for students with disabilities leaving high school	http://ocdd.org/downloads/TransitionManual515v32FORWEB.pdf	<ul style="list-style-type: none"> • A resource for helping high school students plan to work after leaving high school. • Provides information on rights and services, as well as complex adult service systems. • Geared towards student, rather than educator.
*Supporting Individuals with ASD: Quality Employment Practices	https://www.communityinclusion.org/article.php?article_id=266&type=topic&id=3	<ul style="list-style-type: none"> • A research paper that describes how best to help an individual with ASD find and keep a job suitable for their interests and skills. • Provides real life examples.

Vocational Resources

Vocational Information Center	http://www.khake.com/page51.html	<ul style="list-style-type: none"> • This center links people to career and technical online sources quickly and efficiently. • Has resources for educators as well as students and people searching for jobs. • Includes resources for skill building and general search options.
One Net Resource Center	https://www.onetcenter.org/guides.html#testsandotherassessmentshelping	<ul style="list-style-type: none"> • Provides comprehensive occupational descriptions and data. It also provides guides for workforce development, and has resources for human resource professionals, students, researchers, and many more. • The Testing and Assessment Guide gives professionals a tool to assess instruments that promote talent development. • Targets all groups: professionals, students, researchers, and higher management. • Tools identify skill gaps and education needs. • Website helps people apply for appropriate job openings and assess career readiness.
Preparing students with disabilities for school-to-work transition and postschool life	https://my.vanderbilt.edu/specialeducationinduction/files/2011/09/Transition-Planning1.pdf	<ul style="list-style-type: none"> • An article describing the components of a comprehensive vocational assessment and vocational skills to learn. • Touches on transdisciplinary assessment. • Does not provide materials or assessments or checklists the reader can use.

Academic Resources

A transition guide to postsecondary education and employment for students and youth with disabilities	https://sites.ed.gov/idea/files/postsecondary-transition-guide-august-2020.pdf	<ul style="list-style-type: none"> • A transition guide posted by the Department of Education outlining the legislative measures and resources for transition. • Provides legislative background for current practices on transition. • Good comprehensive list of resources from diverse aspects of planning.
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Academic Resources

Iris Star Legacy Training Modules	https://iris.peabody.vanderbilt.edu/module/tran/	<ul style="list-style-type: none"> • The Facilitating Transition for Students with Disabilities from high school to Post School Settings module provides information for counselors and other education professionals to assist high school students with disabilities in the transition from the school environment to a post-school setting. • Good guide that walks educators through transition planning.
Transition Resource Guide for Students with Disabilities	https://www.transitionresourceguide.ca/	<ul style="list-style-type: none"> • Vocational transition resources for students with disabilities before college or university.

Health Care Transition Resources

For Youth and Families (FloridaHATS)	http://www.floridahats.org/for-youth-families/	<ul style="list-style-type: none"> • Many resources for youth, families, health providers, and educators on healthcare transition.
Georgia Department of Public Health	https://dph.georgia.gov/childrens-health/transitioning-youth-adult-care/transition-resources	<ul style="list-style-type: none"> • Many resources for youth, families, health providers, and educators on healthcare transition. • Transition to Adult Health Care family and youth workbooks, available in both English and Spanish are available for download.

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