

PROFESSIONAL DEVELOPMENT UPDATES

REMEMBER

- **Please send me your accomplishments for the May 2018 Professional Development Update**
- **We are now seeking personal, as well as professional updates – See personal updates in this Kudos.**

LEADERSHIP WORKSHOPS

The next Leadership Consultation will be Wednesday June 20th from 9:00-10:30 am and will be held at EP12 in the 1st floor training room. All faculty are welcome to attend, even if they have not participated before.

FACULTY DEVELOPMENT SEMINARS

The next Faculty Development Seminar will be on May 2, 2018 from 9:00-10:30am, EP12 1st floor training room. We will have a group discussion about people's perspectives on the Goldwater Rule in the current political climate.

WRITING GROUPS: UPCOMING

The Writing Group offers a structured and supportive environment for people at all stages of the writing process from conceptualization of a writing project through the submission and revision process. Group members offer each other input and resources about potential writing outlets, possible collaborators or mentors for their writing efforts, and even ideas about what to cover. Participating in this group, which meets approximately every six weeks, helps hold people accountable for making progress on various writing projects and overcoming barriers to productivity (e.g., anxiety, time, perfectionism, procrastination, combination of all of the above).

The next writing group at EP12 will be held Wednesday May 2 from 8:00-9:00am in Room 263.

The VA hosts a writing group through VANTS to allow for maximum participation. The group meets the third Thursday of each quarter, with the next meeting occurring on June 21. If you would like to participate remotely, the conference call number is 1-800-767-1750 and the access code is 12330.

SPOTLIGHT: Robert (Bobby) Elliott, MD

Bobby Elliott, MD, is an Assistant Professor with Psychiatry and Behavioral Sciences, as well as Director of Psychiatry Services at the Emory University Student Health Services. If you're unfamiliar with Student Health, it collaborates with Emory Counseling and Psychological Services to support the mental health needs of all Emory undergraduate, graduate and professional students. In this role, he participates on executive and core committees at student health services, while facilitating the Emory Mental Health Coordinating Committee. Bobby also serves as the rotation coordinator for the student health psychiatry resident rotation, which typically includes two PGY3

residents for a 12-month period. He practices outpatient psychiatry and psychotherapy at the Tufts House in the Emory Clinic, and supervises residents in OTP. He teaches resident seminars in psychodynamic psychotherapy and personality disorders, as well as teaching candidate seminars in the Emory University Psychoanalytic Institute on psychoanalytic theory and technique, where he serves as a faculty analyst.

Outside of Emory, Bobby serves on the Executive Committee as Membership Chair of the Atlanta Psychoanalytic Society where his job is to recruit interested Society members. He also serves as the Society's Immediate Past President. He is also currently participating on a task force with the Institute regarding faculty development.

Bobby enjoys working with Emory's Student Health Services. He notes that it can be very gratifying to work with Emory students, as they are often talented and motivated individuals who make tremendous efforts to make important contributions. There are several excellent supports available to help students, including psychotherapy, primary care, nutritional counseling, substance use counseling, case management, academic supports, disability services and others, which enables Bobby to participate as part of a truly comprehensive treatment team. Emory values its diverse student community and understands the need to provide timely access to care for all students, and he finds it enjoyable to work with wonderful colleagues in a mutually supportive environment.

Bobby's career has included some diverse interests. One highlight was the opportunity to begin psychoanalytic training during his psychiatry residency and completing training several years later. He represented the Emory candidates in training at national meetings of the American Psychoanalytic Association and hosted analytic candidates when the national meeting was held in Atlanta. His interest in promoting accessible psychoanalytic training and treatment has led to serving on the Executive Committee of the Atlanta Psychoanalytic Society for more than ten years. As president of the Society, he was able to lead a successful effort to revise the bylaws regarding membership to be more equitable and inclusive of various disciplines and trainees. While working at Grady in the outpatient mental health clinic and psychiatric emergency service, Robert started a grief group and enjoyed being part of a team providing much-needed services to a diverse community of patients. He came to student health when one of his former mentors, David Moore, accepted another position out of state. At student health he started as a staff psychiatrist and was later appointed associate director, and then director of psychiatry services as the staff and available services grew over time. In this role, he has used his experiences at Grady to emphasize a community model of care, while working to improve collaborative efforts to provide student supports including clinical and nonclinical areas of Emory, the implementation of a Student Intervention Services Team providing urgent case management 24/7. Bobby has presented at regional student health meetings regarding the innovative ways social workers are utilized to help Emory students. With the other attendings at student health psychiatry, he has designed and instituted a comprehensive curriculum for psychiatry residents to provide student-centered mental health care with emphasis on multicultural and developmental considerations of university students, while collecting student survey

data over the last several years indicating significant improvement in satisfaction with care since program implementation.

Most of Bobby's time away from work revolves around spending time with his wife Erin and four young, energetic children, Gigi (5), Alice (4) Pearl (2) and newborn Lucy. Robert has interests in piano, photography, and Japanese animation, but more of his time is now related to toddler birthday parties and grocery shopping. He enjoys travelling and last summer visited Rome and Athens.

In terms of future plans, Bobby would like to continue improving and expanding mental health services available to Emory students, while sharing the university's approach with other schools. He also hopes to continue strengthening psychoanalytic education and practice in the Atlanta area.

WELCOME TO NEW FACULTY

None noted

THANK YOU TO FACULTY WHO ARE LEAVING

None noted

DIVERSITY CORNER

Each month, members of the department's Diversity and Inclusion Subcommittee highlight relevant diversity celebrations:

Autism Awareness Month – Kelsey Bohlke, LPC, CRC, Counselor Emory Autism Center - Each year during the month of April, individuals and organizations across the globe celebrate Autism Awareness Month with events to educate local communities and raise public awareness about autism. Almost 50 years have passed since the Autism Society held the first National Autism Awareness month in April of 1970. Since then, autism has become the fastest growing developmental disability in the world, with the diagnosis rate of children with autism increasing from 1 in every 2000 children in the 1970's and 1980's to 1 in every 68 children today. More recently, April 2nd has been named World Autism Awareness Day, which helps to kick off events for the whole month. Some events taking place locally this year include the Autism Speaks Walk on April 29th and the Light it Up Blue campaign on April 2nd and throughout the month of April. The Emory Autism Center recently hosted an Autism Awareness Event on April 18th at the Brain Health Center to discuss the representation of autism in the media.

Regina Koepp is in the process of developing an Atlanta VA Mental Health Service Line (MHSL) Diversity Education Committee with the goal of providing an education series to all MHSL staff on various multicultural topics related to clinical care and Veterans; opportunities to enhance the cultural climate and ethical actions of VA MHSL staff through personal and professional self-awareness experiences/projects that encourage increased understanding of how diversity influences the beliefs, practices and interactions among staff, providers and Veterans; and collaborating with various ATL VA diversity committees to enhance cohesion and systemic growth that promote multiculturalism. There have been three committee meetings to date. Regina and

Telsie Davis have presented two three-hour workshops to multidisciplinary staff entitled “Deepening a Practice of Cultural Humility.”

WELLNESS CORNER

Here are the monthly tips from the department’s Wellness Committee:

Great recipe for a healthy side dish:

- <https://www.emoryhealthcare.org/recipes/side-dishes/index.html#glazed>

Emory helps you eat fresh and local:

- <http://fsap.emory.edu/workplace-resources/wellnessmatters/eat-local.html>

The IDP Wellness Team is up and running with its next meeting scheduled for 5/9 at 2:00 pm. For more information, please contact Chanda Graves at ccgrave@emory.edu.

FACULTY KUDOS

Major Leadership Appointments, Activities and Achievements

Marianne Celano is the author of a new book, *Children with Emotional and Behavioral Disorders: Systemic Practice*, published by Momentum Press.

Starting July 1, Nadine Kaslow will take on a new leadership role at Grady, directing what will be an umbrella program for the NIA Project and Grady Trauma Project. The goal over the next year for Dr. Kaslow and leaders of the two projects is to develop an integrated program of research, training and clinical activities.

Education

Rachel Ammirati gave an invite talk on Cognitive-Behavioral Therapy at the Emory University Palliative Care Conference and an invited talk on HIV and Trauma at the Grady Trauma Project. She also was invited to serve on the Marcus Autism Center Psychology Continuing Education Committee, which will now become the Emory School of Medicine Psychology Continuing Education Committee.

Regina Koepp presented a three-hour CEU workshop to VA Psychologists on Multicultural Clinical Supervision.

Amit Shanane (former Emory faculty member), Eugene Farber, Chanda Graves and Rachel Ammirati had a symposium titled “How HIV Service Models can Inform Psychologist Roles in Integrated Care Settings” accepted for the 2018 American Psychological Association Convention.

Sheila Rauch will present a National Center for PTSD webinar lecture titled Brief Prolonged Exposure for PTSD on Wednesday, May 16 at 2:00 pm.

Research

Ammirati, R.J., Haver, D.B., & Ward, M.C. (in press). Cognitive behavioral therapy. In R.M. McCarron, G.L. Xiong, S.K. Rivelli, P. Summergard. & P.R. Muskin (Eds.), Primary care psychiatry, 2nd Edition.

Godfrey JR, Perez-Diaz M, Pincus M, Kovacs-Balint Z, Feczko E, Earl E, Miranda-Dominguez O, Fair D, Sanchez MM, Wilson ME, Michopoulos V (2018). Diet matters: Glucocorticoid-related neuroadaptations associated with calorie intake in female rhesus monkeys. *Psychoneuroendocrinology* 91: 169-178. DOI: 10.1016/j.psyneuen.2018.03.008

Jennifer Stevens received funding in the amount of \$30,000 for the next year to fund research on the “Pilot investigation of neuroendocrine risk management for post-traumatic stress disorder in women” with the goal of measuring menstrual cycle hormones across the cycle in trauma-exposed women, and investigate the hypothesis that low estradiol levels contribute to PTSD symptoms and neuroimaging-based biomarkers of PTSD risk.

Mavigner M, Raper J, Kovacs-Balint Z, Gumber S, O’Neal JT, Bhaumik SK, Zhang X, Habib J, Mattingly C, McDonald CE, Avanzato V, Burke MW, Magnani DM, Bailey VK, Watkins DI, Vanderford TH, Fair D, Earl E, Feczko E, Styner M, Jean SM, Cohen JK, Silvestri G, Johnson RP, O’Connor DH, Wrammert J, Suthar MS, Sanchez MM, Alvarado MC, Chahroudi A (2018). Postnatal Zika virus infection causes persistent abnormalities in brain structure, function, and behavior in infant macaques. *Science (Translational Medicine)* 10(435):eaao6975. DOI:10.1126/scitranslmed.aao6975.

Watkins, L.E. & Laws, H.B. (2018). A dyadic analysis of PTSD and psychological partner aggression among US Iraq and Afghanistan veterans: The impact of gender and dual veteran couple status. *Journal of Interpersonal Violence*. Advance online publications. DOI: 0.1177/0886260518760016

Watkins, L.E., Sippel, L.M., Pietrzak, R.H., Hoff, R., & Harpaz-Rotem, I. (2018) Clinically significant change in posttraumatic stress disorder symptoms is associated with lower levels of aggression after residential treatment discharge. *Journal of Traumatic Stress*, 31, 265-272. DOI: 10.1002/jts.22275

Honors, Awards, Rankings

Peter Ash was the Yochelson Visiting Scholar at Yale University. This position is an endowed lectureship on the Yale forensic psychiatry service and is offered to one forensic psychiatrist each year. The lectureship included three grand rounds presentations on different topics at three different locations, a discussant at three case conferences, teaching a seminar to trainees on forensic topics and various other activities.

Robert Cotes was accepted into the Woodruff Health Educators Academy Fellowship in Educational Scholarship.

Chanda Graves was accepted into the Woodruff Health Educators Academy Fellowship in Educational Scholarship.

Rachel Hershenberg was accepted into and participated in the Career Development Leadership Program at the Anxiety and Depression Association of American annual conference.

Jennifer Holton was accepted to the Association of American Medical Colleges' Early Career Women Faculty Leadership Development Seminar.

Nadine Kaslow received the 2018 Distinguished Member Award from Psi Chi, the International Honor Society in Psychology. Other recipients of this honor include George Albee, Albert Bandura, Jerome Bruner, Florence Denmark, Alice Eagly, Diane Halpern, Elizabeth Loftus, Neal Miller, B.F. Skinner, Joseph Wolpe and Philip Zimbardo. As the recipient of this honor, she delivered the plenary address for the Rocky Mountain Psychological Association on "Uniting Psychology for the Future."

Andrew Miller was the 2018 recipient of the Albert E. Levy Scientific Research Award, senior faculty division.

Loren Post was accepted to the Association of American Medical Colleges' Early Career Women Faculty Leadership Development Seminar.

Jennifer Stevens and Aliza WIngo tied for second in the BHC Research Day junior faculty poster presentation. Jennifer's poster focused on Traumatic stress does not exert lesion-like effects on hippocampal function in children. Aliza's poster covered the subject of microRNAs associated with cognitive decline independent of neuropathologies.

Zhexing Wen won a \$1500 travel award at BHC Research Day in the junior faculty division for his poster on Kinase network dysregulation in schizophrenia: Implications for new treatment strategies.

Quality and Safety Initiatives and Capital Campaign Initiatives

None reported

Community Benefit Programs and Activities

Nadine Kaslow served as a discussant at Atlantic Station Stadium 18 IMAX for the movie Suicide: The Ripple Effect.

Nori Lim gave a discussion at the Trinity School Diversity Awareness Presentation titled "A Discussion with Parents about Children's Anxiety, Bullying and Racial Socialization." He also was the invited presenter at Henderson Middle School Parent-Teacher Meeting and gave a talk titled "Coping with Stress, Anxiety and Depression."

Rachel Waford was elected to the Board of Directors of Community Friendship, Inc.

Facilities

None reported

Emory in the Media

If you have been quoted or featured in a news article by a media outlet, please email Douglas Blair (douglas.s.blair@emory.edu) with a link to the story so it can be added to the Psychiatry and Behavioral Sciences website.

Neuroscientist Gregory Berns was interviewed by The Guardian for its article [Studying Dogs is Way More Enjoyable than Studying Humans](#).

Gregory Berns is cited in Psychology Today as part of the article [How Dogs View the World: Brain Scans Tell Us What They See](#).

Karen Drexler was quoted in the Atlanta Magazine article [At the Nation's Largest Opioid Conference, Georgian's Call for New Ways to Battle the Epidemic](#).

Nadine Kaslow is quoted in Centennial's "The Science of Personality" issue's feature story titled "The Creativity Code."

Nadine Kaslow is quoted in the Daily O's article titled [Twitter's Suicide Prevention Policy is Flawed and Dangerous](#).

The Atlantic featured an article on Helen Mayberg's work with deep brain stimulation for depression titled [Why a "Lifesaving Depression Treatment Didn't Pass Clinical Trials, but Could Still be a Groundbreaking Therapy](#).

Catherine Rice was quoted in an article from Spectrum News titled [New Report Shows Slight Uptick in Autism Prevalence](#).

Mar Sanchez and Brian Dias were interviewed by Ruby Wax for a scientific audio documentary on the effects of stress on the brain, which is part of the series: "[Ruby Wax's No Brainer](#)" for Amazon's audio company "Audible."

Other Accomplishments

Two posters from Charles Gillespie's GTP Stress and Diabetes Study were presented at the Anxiety and Depression Association of America meeting.

Rickey Gillispie (Biology of Bipolar Disorder), Jeff Rakofsky (Somatic Treatments for Bipolar Disorder), Dorian Lamis (Psychosocial Treatments for Bipolar Disorder), Boadie Dunlop (Biology of Depression), Ed Craighead (Psychosocial Treatments for Depression), Yilang Tang (Somatic Treatments for Opioid Use Disorder), Christoff

Leroux (Psychosocial Treatments for Opioid Use Disorder) and Rob Cotes (Somatic Treatment for Psychotic Disorders) presented at the 2018 DBDDD Winter Colloquium in Peachtree City, Georgia, April 12-13.

Regina Koepp is now certified in Integrative Behavioral Couples Therapy, as well as trained in Emotion Focused Couples Therapy.

TRAINEE KUDOS

Sierra Carter was awarded a Visiting Postdoctoral Fellowship with the Research Education Institute for Diverse Schools at the Yale School of Public Health's Center for Interdisciplinary Research on AIDS.

Courtney L. Crooks, PhD, has been accepted into the Atlanta Kiwanis Club, and will be participating as the next phase of professional development as a major civic engagement activity.

Oliver Glass: (1) received the 2017 Recognition Award and Colloquium Award from the American Psychiatric Association; (2) gave a Training Director Workshop lecture on the importance of having International Medical Graduates in the field of geriatric psychiatry, AAGP 2018, in Honolulu, Hawaii.; (3) for 2017-18, was elected Membership Committee Co-Chair for the American Association for Geriatric Psychiatry, as well as Associate Editor and Social Media Editor for the American Journal of Geriatric Psychiatry; (4) was named the Senior Deputy Editor of the American Journal of Psychiatry Residents' Journal for 2017-18; and (5) received the American Association for Geriatric Psychiatry's 2018 Member-In-Training Research Award in honor of scholarly contributions to the field of geriatric psychiatry.

Glass, O.M. (2018). Step by step, One by one. *American Journal of Geriatric Psychiatry*, 26, 505. DOI: 10.1016/j.jagp.2017.12.005

Glass, M., Muzyka, B.C., Hermida, A.P., Glass, O.M., & Zalewska, A. (2018). Clozapine induced parotitis in the elderly—A cause for Sialorrhea, *American Journal of Geriatric Psychiatry*, 26, S77–S78. DOI: 10.1016/j.jagp.2018.01.095

Hermida, A.P., Schwartz, A., & Glass, O.M. (2018). Exciting updates for treating older age patients in the consultation-liaison setting. *The American Journal of Geriatric Psychiatry*, 26, S77. DOI: 10.1016/j.jagp.2018.01.094

Neeti Mehta finished second in the graduate/medical student division of the BHC Research Day poster presentation with his poster covering Inflammation is associated with decreased amygdala to ventromedial prefrontal functional connectivity in association with symptoms of anxiety in patients with depression.

Metzger, I., Salami, T., Carter, S., Halliday-Boykins, C. A., Anderson R. E., Jernigan, M. M., & Ritchwood, T. (in press). African American emerging adults' experiences with

racial discrimination and drinking habits: The moderating roles of perceived distress. *Cultural Diversity and Ethnic Minority Psychology*.

Sanne van Rooj finished second in the BHC Research Day poster presentation for postdocs/residents/fellows with his poster on post-trauma resilience and future PTSD related to hippocampal activation during contextual fear conditioning and extinction.

STAFF KUDOS

Sterling Winter finished second in the non-faculty staff division of the BHC Research Day poster presentation. Sterling's poster detailed neural hyporesponsiveness to positive affective stimuli predicts future PTSD symptoms.

PERSONAL UPDATES

Keith Wood's first grandchild was recently born, a grandson named Edwin Wood Jackson.