

Center for Holistic Student Success

The Center for Holistic Student Success (CHSS) at Emory School of Medicine strives to:

1. improve access to mental health resources,
2. improve access to academic support resources, and
3. promote trust and sense of belonging within the School of Medicine.

Our mission is to improve students' energy preservation through structures, systems, and supports that enhance student learning and development.

Our vision is to create an environment that optimizes the balance of health science students' mind, body, and spirit at Emory School of Medicine.

The goal of the CHSS is to promote student's self-guided learning and ability to navigate life with:

1. optimal coping mechanisms,
2. agency in accessing support, and
3. experience in refining one's professional excellence.

The holistic triad of CHSS is the mind, body, and spirit of the SOM student.

Mind: Academic and Mental Health Resources

- 1:1 academic coaching
- Learning strategy support
- Accommodations
- Tutoring
- Access to mental health resources inside and outside of Emory
- USMLE Step 1 and 2 preparation resources
- Student success workshops

Body: Physical Environment and Wellness Initiatives

- Well-being activities complete with yoga, meditation, community-building, and holistic wellness initiatives
- Encourage check-ups, preventative medicine, etc.
- Access to healthy eating and promotion of options on campus
- Continuous improvement of the physical space in the SOM
- Provide oversight of student mistreatment reporting and action taken

Spirit: Spiritual and Human Connection

- Grounding you in your "why"
- Focus on sense of trust and sense of belonging among students, faculty, and staff
- Emory connections to chaplains, religious and/or spiritual services, and access to interest groups focused on spiritual growth and development

- Building synergy across the School of Medicine to optimize student success through relationship building, mission alignment, and community building

Center for Holistic Student Success Information

School of Medicine, Suite 305

[Christen Hairston, PhD, MEd](#)

Associate Dean for Student Success

[404-712-0428](#) office

- Accommodations
- Study strategies
- Student well-being
- Holistic student success matters
- Academic resources (i.e., UWorld, NBME practice exams, recommendations for coursework and board prep)
- USMLE Step 1 and 2 preparation
- Tutoring program
- Access to mental health resources
- Programming focused on SOM student trust and sense of belonging
- Student mistreatment
- General questions, concerns, or suggestions
- Career in higher education, educational policy, community engaged scholarship, access and success for underserved students and admissions / institutional research. Research interests focus on student success, Step 1 preparation, international higher education, and access/success for underserved students

[Gordon Churchward, PhD](#)

Assistant Dean for Medical Education and Student Affairs

[404-712-9943](#) office

- Academic advising and support

[Rana Van Voorhis, MS](#)

Learning Specialist

[Emily Generally, MSM](#)

Senior Program Coordinator for Student Success

[404-712-0448](#)

- CHSS Operations
- Tutor Matching
- Tutor Logistic Management
- Student Event Coordination
- Careers in Medicine
- CHSS Budget and Finance
- Accommodation Record Keeping
- Notary Public, State of Georgia

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