

Emory University SOM GME Resources

Listing of physical fitness facilities available to Emory residents

As of August, 2017

Please send any updates to this list to Taiwana Mearidy (tmearid@emory.edu)

Emory University Hospital:

- University privileges at WoodPEC (see gym memberships below)

Emory University Hospital Midtown: Hospital gym is closed.

CHOA – Egleston Hospital: Residents have access to hospital gym

Grady Memorial Hospital:

- Residents have free access to the gym but need to complete the form and that process takes a week. Currently, the registration form is/will be on the Gradynet at:
<http://gradynet.gmh.edu/DocumentsAndResources/Documents/Employee%20Wellness%20Center.pdf>

Atlanta VAMC:

- Gym is accessed by using their PIV card. This on the ground floor near the Police offices main VA hospital.

Atlanta Area Gym memberships:

FITNESS FACILITY MEMBERSHIPS FOR EMORY UNIVERSITY FACULTY & STAFF

Emory is committed to providing an environment that promotes healthy living. One great benefit for our faculty and staff is access to on-campus fitness facilities at a discounted price. There are three different facilities available, each with unique features and programs. Amenities for each facility are listed in the chart below. To purchase a membership, contact the facility(ies) directly <http://hr.emory.edu/eu/wellness/fitnessfacilities/facilities.html>

May be paid annually or monthly,
including payroll deduction:

Blomeyer Health Fitness Center

1525 Clifton Road, 5th Floor

Website: www.emory.edu/blomeyer

Phone: 404-727-4600

-\$27 per month for

Student Activity & Academic Center

1946 Starvine Way, Clairmont Campus

Website: <http://www.saac.emory.edu>

Phone: 404-712-2430

-\$24 per month

Woodruff Physical Education Center

26 Eagle Row

Website: www.play.emory.edu

Phone: 404-727-6551

-\$180 annually/ \$18 monthly

Other facilities with Emory discount available at the link below and include:

- LA Fitness (Emory discount \$30 / month with no initiation fee)
- Athletic Club Northeast
- BURN Fitness Studio
- YMCA of Metro Atlanta
- Pink Barre
- Barre3 Druid Hills
- Operation Bootcamp

Emory Fitness Facilities			
Amenities	Blomeyer Health Fitness Center	Student Activity and Academic Center (SAAC)	Woodruff Physical Education Center (WPEC)
Cardio Equipment	✓	✓	✓
Cardio Theatre/TV's	✓	✓	✓
Free Weights	✓	✓	✓
Strength Training Circuit	✓	✓	✓
Group Exercise Classes	✓	✓	✓
Locker Rooms/Showers	✓	✓	✓
Personal Training	✓	✓	✓
Equipment Check Out	✓	✓	✓
WiFi Access	✓	✓	✓
Healthy Snacks for Sale	✓	✓	✓
Free Towel Service	✓		✓
Sauna	✓		✓
Swimming Pool		✓ outdoor	✓ indoor
Track	✓ indoor		✓ indoor & outdoor
Tennis Courts		✓ outdoor	✓ indoor & outdoor
Basketball		✓ indoor & outdoor	✓ indoor
Racquetball Courts			✓
Rock Climbing Wall			✓
Recreation Field		✓	✓
Personal Care Amenities	✓		
Wellness Incentive Programs	✓		
Massage Services	✓		
Family Memberships & Programs		✓	✓
Employees, Spouses, Retirees ONLY (no students)	✓		

<http://hr.emory.edu/eu/wellness/fitnessfacilities/facilities.html>