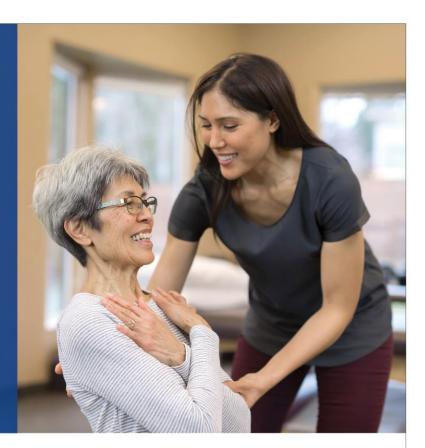
Recovery & Reconditioning

Across the United States, thousands of people have been impacted by the coronavirus (COVID-19) pandemic. Many individuals are also compromised by a variety of acute and chronic conditions, such as emphysema, after effects of the flu and cardiovascular disease. As you or your loved ones recover from COVID-19 or other debilitating illnesses and conditions, you may be left with varying levels of deconditioning and weakness.



We understand this is a scary and challenging time. Our compassionate team of clinical experts can help you continue to heal through our Recovery & Reconditioning Program.

Emory Rehabilitation Outpatient Center's comprehensive Recovery & Reconditioning Program will help with:

- · Balance and stability
- · Cardiac issues
- Consequences of clotting disorders, including stroke and amputation
- · Cognitive or memory impairments
- Decreased endurance and limited breathing capability
- Dizziness or vertigo
- · Functional mobility and activities of daily living issues
- · General fatigue
- Musculoskeletal pain or soreness
- · Range of motion limitations
- Weakness

Why is therapy important?

Our **Recovery & Reconditioning Program** was developed in partnership with leading physicians, including physiatrists and infectious disease specialists. It focuses on identifying key areas of weakness in patients. Our licensed therapists will develop a plan of care that will be tailored to your specific needs and goals.

Throughout care, we will monitor your vital signs and symptoms to ensure your safety. We will also work closely together to increase your tolerance to activity so you can get back to feeling normal and the things that you enjoy.

Depending on your condition, physical ability and comfort level, we are able to treat you in our centers or virtually via telerehab. In-person appointments at our center will follow clinical guidelines to ensure safety while progressing toward your goals. We also follow CDC, state and local guidelines specific to hand hygiene, disinfecting and wearing masks. Telerehab sessions are delivered one-on-one in real-time and are HIPAA compliant.

Our goal is to help you feel better physically while making sure you're comfortable and an active partner throughout your treatment. Experience the power of physical therapy with us today.

Emory Rehabilitation Outpatient Center Centralized Scheduling Ph:770-982-4525 Fax:770-982-4506 Melanie.Harris@emoryhealthcare.org

