
OBJECTIVE. Multimodality imaging plays an important role in the structural and functional characterization of neurodegenerative conditions. This article illustrates the basic concepts of anatomic, metabolic, and amyloid imaging and describes the application of a multimodality approach in the evaluation of patients with the more common neurodegenerative dementia processes. Proper utilization of clinically available imaging techniques allows greater insight into these common disease processes.

CONCLUSION. Recognizing the strength of combined anatomic, metabolic, and amyloid imaging can allow a more complete and confident assessment of patients with common degenerative dementias. This added knowledge can improve clinical care, allow initiation of appropriate therapies and counseling, and improve prognostication.

Dementia refers to a loss of cognitive function that disrupts the activities of daily living. It affects 7–8% of individuals older than 65 years old and 30% of individuals older than 80 years old [1]. Alzheimer disease (AD) is the most common dementia, accounting for 50–80% of cases, whereas dementia with Lewy bodies (DLB) and frontotemporal dementia (FTD) are less common subtypes [2]. The diagnosis requires exclusion of short-term cognitive dysfunction (delirium), psychiatric conditions, and treatable nonneurodegenerative intracranial conditions. Accurate diagnosis of the dementia subtype is particularly important because therapy and prognosis vary significantly with each entity.

Historically, dementia imaging focused on ruling out treatable nonneurodegenerative causes, such as mass lesions, infarcts, subdural hematomas, or normal-pressure hydrocephalus. However, in the past decade, dementia imaging has transitioned to a role of ruling in early neurodegenerative processes. Hence, the American Academy of Neurology [3] and ACR Appropriateness Criteria [4] recommend anatomic neuroimaging for patients with clinical findings concerning for dementia and suggest 18F-FDG PET/CT for problem-solving purposes to identify specific patterns of neurodegenerative disease [3, 4].

In patients with dementia, anatomic imaging with conventional MRI is frequently unrevealing because structural findings, such as atrophy, typically lag behind clinical symptoms. However, modern MRI techniques reveal structural abnormalities and signal intensity alterations at increasingly earlier stages of disease. Metabolic imaging with FDG PET/CT allows identification of cellular dysfunction and death often before anatomic changes are visible on MRI. Quantitative analyses of both metabolic and anatomic data are critical because these analyses allow earlier and more accurate diagnoses of cellular dysfunction and atrophy, respectively. Quantitative analyses may also identify patterns of change specific to different neurodegenerative processes. Molecular imaging with amyloid-binding PET can identify patients at risk for developing dementia, mark very early stages of the disease process, and help differentiate dementia due to amyloid-related processes from other non-amyloid neurodegenerative processes.

The purpose of this article is to build on readers’ knowledge of the classic anatomic appearances of common neurodegenerative processes by highlighting complementary metabolic and amyloid imaging techniques (Table 1) and discussing basic clinical correlation. A multimodality approach in the evaluation of neurocognitive conditions promises earlier characterization and a better ability to prognosticate, tailor treatment, and appropriately select patients for clinical trials, counseling, and disease-modifying therapies.
MRI and, to a lesser degree, CT can be useful in excluding nonneurodegenerative causes of dementia and are often ordered before molecular imaging. Both modalities have been approved by the U.S. Food and Drug Administration (FDA) and Centers for Medicare & Medicaid Services (CMS) for the evaluation of dementia and can show characteristic patterns of volume loss in late-stage neurodegenerative processes. However, MRI is preferable to CT because of its greater sensitivity [1]. Classic MRI sequences for dementia evaluation include sagittal and axial T1-weighted, axial T2-weighted, axial T2-weighted FLAIR (Fig. 1A), axial DWI, and susceptibility T2*-weighted gradient-echo sequences and 3D volume acquisitions. Additional sequences including coronal FLAIR and gadolinium-enhanced sequences may be considered on an individual basis. This imaging protocol targets evaluation for surgically treatable lesions, the extent of vascular disease, and patterns of cortical atrophy with an emphasis on the hippocampi, precuneus, temporal and frontal lobes, midbrain, and pons [5]. Quantitative analysis including manual and semiautomated volumetry has been used specifically in the setting of entorhinal and hippocampal atrophy in AD. Advanced techniques including diffusion-tensor imaging, functional imaging, spectroscopy, and arterial spin labeling may also provide valuable complementary information. Based on the recommendations from the American Academy of Neurology [3] and ACR Appropriateness Criteria [4], these techniques are currently recommended as research tools [6] and should be used alongside additional neurodegenerative process biomarkers discussed later in this article.

**Metabolic Imaging**

FDG PET/CT detects neurodegenerative processes earlier than anatomic imaging and relies on recognition of the classic patterns of hypometabolism to identify and differentiate among these processes. The brain is an obligate glucose user, and therefore neuronal activity is directly correlated to glucose metabolism. FDG, a glucose analog, can be used to measure regional glucose consumption in the brain because it becomes trapped in cells

### Imaging Techniques

#### Anatomic Imaging

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### TABLE 1: Typical Imaging Patterns of Common Neurodegenerative Dementias

<table>
<thead>
<tr>
<th>Entity</th>
<th>MRI</th>
<th>18F-FDG PET</th>
<th>Amyloid PET</th>
</tr>
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<tbody>
<tr>
<td>Alzheimer disease</td>
<td>Initially normal with progression of hippocampal, amygdala, and temporoparietal volume loss in advanced disease</td>
<td>Posterior cingulate, parietal, and medial temporal hypometabolism with extension into frontal lobes in advanced disease</td>
<td>Positive (preceding symptoms)</td>
</tr>
<tr>
<td>Vascular dementia</td>
<td>Leukoaraiosis, Lacunar infarcts, Encephalomalacia, Subcortical microhemorrhages or superficial lobar macrohemorrhages suggest CAA</td>
<td>Focal hypometabolism corresponding to disease on MRI</td>
<td>Negative, May be positive in CAA</td>
</tr>
<tr>
<td>Dementia with Lewy bodies</td>
<td>Initially normal with progression to diffuse atrophy in advanced disease</td>
<td>Generalized FDG hypometabolism with involvement of visual cortex, “Cingulate island” sign</td>
<td>Positive in two-thirds of patients and normal in one-third of patients</td>
</tr>
<tr>
<td>Behavioral FTD</td>
<td>Initially normal with progression of frontal and anterior temporal volume loss later in disease process</td>
<td>Frontal and anterior temporal lobe hypometabolism with involvement of basal ganglia later in disease process</td>
<td>Negative</td>
</tr>
<tr>
<td>Semantic (PPA-S)</td>
<td>Initially normal with anterior temporal lobe and hippocampal atrophy later in disease process</td>
<td>Left anterior temporal lobe hypometabolism, especially superior, middle, and inferior temporal gyri, and uncus</td>
<td>Typically negative</td>
</tr>
<tr>
<td>Agrammatic or nonfluent (PPA-G)</td>
<td>Initially normal with perisylvian cortex, inferior frontal gyrus, and superior temporal gyrus atrophy later in disease process</td>
<td>Left middle and inferior frontal lobe (Broca’s area) and precentral gyri hypometabolism</td>
<td>Typically negative</td>
</tr>
<tr>
<td>Logopenic (PPA-L)</td>
<td>Initially normal with posterior perisylvian and parietal atrophy later in disease process</td>
<td>Left posterior temporal and parietal hypometabolism, especially middle and inferior frontal and superior temporal gyri</td>
<td>Negative or positive suggesting the potential for 2 subtypes (Alzheimer disease- and FTD-related)</td>
</tr>
</tbody>
</table>

**Note**: CAA = cerebral amyloid angiopathy, FTD = frontotemporal dementia, PPA = primary progressive aphasia.
after irreversible phosphorylation. Thus, regions of neuronal dysfunction correspond to decreased glucose metabolism [7, 8]. However, evaluating levels of glucose metabolism in the brain can be subjective, similar to assessing parenchymal atrophy on MRI (Fig. 1B). This makes quantitation vital in the interpretation of brain FDG PET/CT. Quantification software increases both the sensitivity and specificity of the examination. The software currently used at our institution samples the FDG PET dataset at thousands of cortical locations to create a 3D stereotactic surface projection (SSP) (Fig. 1C). An age-matched Z-score can be generated for each cortical region by comparing with a normative database on a voxel-by-voxel basis. These Z-score data can then be displayed on 3D SSP brain surface maps (Fig. 1D) for visual inspection [9]. However, there are multiple acceptable quantitative programs both with and without SSP displays.

To date, the FDA has approved FDG PET/CT only for the differentiation of AD from FTD. Even though neurodegenerative processes other than AD and FTD can be diagnosed with the help of FDG PET/CT, as described later in this article, the use of FDG PET/CT for these purposes is currently considered off-label.

**Amyloid Imaging**

There has been a strong push for the development of molecular imaging agents to aid in the early and accurate diagnosis of neurodegenerative processes. The presence of β-amyloid plaque deposits in the cerebral cortex seen at autopsy in patients with AD prompted the development of experimental radiotracers, such as Pittsburgh Compound B (PIB). Carbon 11–labeled PIB has a short half-life of approximately 20 minutes that requires production from an onsite cyclotron and rapid imaging. Because of this short half-life, longer-lived radioisotopes that can be shipped were developed. For example, 18F-florbetapir, 18F-flutemetamol, and 18F-florbetaben are three agents now approved by the FDA for identification of β-amyloid deposition in the cerebral cortex [10–12]. With the successful development of amyloid imaging agents, it is now clear that amyloid deposition occurs long before the clinical appearance of mild cognitive impairment (MCI) or dementia, perhaps by 15 or more years [13, 14]. However, CMS has not approved these imaging agents for clinical use to date, and therefore they are not widely reimbursed. The current appropriate use criteria from the Amyloid Imaging Task Force [15], a joint effort of the Alzheimer’s Association and the Society of Nuclear Medicine and Molecular Imaging, state that amyloid PET should be considered only if there is significant diagnostic uncertainty after comprehensive evaluation and if the results are anticipated to increase diagnostic certainty and to alter management [16].

Amyloid imaging is currently interpreted in a binary fashion as either positive or negative for the presence of β-amyloid in the brain. It is unclear whether additional diagnostic information will be gleaned from identifying specific patterns of amyloid deposition. Currently approved amyloid imaging agents bind nonspecifically to normal white matter but show low background activity in normal gray matter. Therefore, in healthy patients, greater uptake is seen in the white matter than in the gray matter, resulting in a well-delineated gray matter–white matter interface (Fig. 1E). In abnormal patients, amyloid is deposited in cortical gray matter so that there is a subjective loss of this normal gray matter–white matter delineation. Fortunately, amyloid imaging findings in patients with MCI or AD due to amyloid are not subtle. Because the cerebellar gray matter rarely accumulates amyloid, it can be used as an internal control.

A quantitative analysis can be performed using the ratio of the standardized uptake values (SUVs) of the cerebral cortex to the cerebellar cortex. For example, when using florbetapir, an SUV ratio of cerebral cortex to cerebellar cortex of more than 1.1–1.2 is considered positive for amyloid deposition [17]. However, normal SUV ratio ranges appear to vary significantly from one amyloid agent to another [18–20]. As opposed to FDG PET/CT of the brain, for which quantitative assessment is essential, there has been better correlation of visual assessment than quantitative assessment in the interpretation of amyloid PET [21, 22]. Interestingly, regions of amyloid deposition may be different than areas of focal atrophy or hypometabolism revealed on MRI and FDG PET/CT [23, 24].

The results of amyloid PET have significant clinical implications. Patients with positive amyloid studies have a higher risk of conversion to dementia than patients with negative studies. Furthermore, a negative amyloid PET study nearly negates the potential of underlying AD, with a negative predictive value of 100% in some studies [25].

**Common Neurodegenerative Processes**

**Alzheimer Disease**

AD represents the underlying cause of approximately 50–80% of all cases of dementia. The incidence of AD doubles every 5 years after the age of 60 years old [26]. Clinically, this disease progresses with decline in episodic memory with or without language or visual difficulties. The prodromal stage of MCI has been defined as cognitive decline greater than expected for age but not interfering with activities of daily living [27]. Progression to AD has been reported in approximately 10–15% of patients with MCI annually [14, 28].

**Anatomic Imaging**—It is difficult to differentiate MCI and AD from cortical atrophy related to normal aging using MRI [27] (Fig. 2A). Typical structural changes seen in AD occur late in the disease process and include disproportionate hippocampal, amygdala, and temporoparietal volume loss with sparing of the primary sensorimotor cortex (Fig. 3A). Volumetric software for quantifying hippocampal volumes can be helpful. Visible change within a 12- to 18-month time period on serial imaging has been reported to increase the sensitivity for the diagnosis of AD [29]. Additional studies indicate that visual rating of medial temporal lobe atrophy on MRI in the coronal plane shows fair-to-good intraobserver reliability [30]. Typically this atrophy is bilateral and symmetric and occurs at a more rapid rate than atrophy occurring from normal aging. To complicate MRI interpretation, atypical findings of AD may include little or no hippocampal atrophy and focal asymmetrical cortical atrophy. Specifically, precuneus atrophy may be seen in early-onset AD in the relative absence of hippocampal atrophy [31].

**Metabolic Imaging**—At the earliest stages, hypometabolism may be limited to the posterior cingulate cortex and precuneus. With disease progression, characteristic temporoparietal hypometabolism develops even before structural changes (Figs. 3B–3D). With advanced AD, there is broadly distributed cortical hypometabolism that frequently extends into the frontal lobes. The typical AD pattern of hypometabolism spares the sensory, motor, visual, and cerebellar cortices; basal ganglia; and thalamus [7, 32]. Most frequently, this pattern is bilateral; however, asymmetry is common and can be severe [33]. FDG PET/CT has excellent performance in the diagnosis of AD; large-scale studies have reported a sensitivity of 93–97% and specificity of 86% of
PET for the diagnosis of AD [34]. Patients with MCI can show a spectrum of findings, with hypometabolism ranging from a well-established AD to only mild abnormality (Figs. 2B–2D). FDG PET/CT can provide important prognostic information in this patient population because more severe baseline hypometabolism and progressive hypometabolism in MCI patients are associated with a higher rate of progression to AD and associated functional decline [33, 35].

Amyloid imaging—Amyloid PET is positive in patients with AD and may show cortical uptake in the frontal, cingulate, precuneus, parietal, and lateral temporal cortices [36] (Figs. 2E and 3E). Correlation with the pattern of hypometabolism seen on FDG PET/CT is helpful in differentiating AD from DLB because DLB is often amyloid-negative [37, 38]. Rarely, severe atrophy can mislead the interpreter into assuming that there is low gray matter activity, resulting in a false-negative interpretation [25]. Care should be taken to evaluate anatomic imaging alongside the amyloid PET data.

Vascular Dementia

Underlying vascular disease is reported as a contributing factor in up to 45% of all patients with dementia [39]. Clinically, vascular dementia may present with sudden onset of dysfunction or stepwise deterioration in patients with risk factors for stroke, systemic vascular disease, or a history of stroke. Because white matter disease increases with age, there remains uncertainty about the severity of disease needed to diagnose vascular dementia. Some sources suggest that approximately 25% of white matter needs to be affected; however, this imaging pattern alone does not imply clinical findings of dementia. Vascular dementia is most commonly sporadic because of underlying pathologic conditions such as atherosclerosis or cerebral amyloid angiopathy (CAA). More rarely, vascular dementia may be heritable, such as in cerebral autosomal-dominant arteriopathy with subcortical infarcts and leukoencephalopathy (CADASIL) [1, 39]. Complicating matters is the fact that the coexistence of vascular dementia and AD is common given the shared risk factors in an aging population [1, 40].

Anatomic imaging—Large-vessel disease may result in a typical cerebral vascular distribution of cortical or subcortical infarcts. However, small-vessel disease is more common, resulting in focal or confluent regions of subcortical and periventricular increased signal intensity on T2-weighted FLAIR imaging, sparing of the subcortical U fibers, and small lacunar infarcts [23] (Fig. 4A). Posteriorly distributed white matter disease with macro- or microhemorrhages manifested as areas of signal loss on T2*-weighted imaging can be seen in CAA. Neuroimaging criteria have been devised for assessing cerebrovascular disease and dementia, but to date these criteria are nonspecific in distinguishing between poststroke patients and dementia patients [41]. However, in the setting of clinical dementia, the anatomic distribution of vascular disease often correlates with patient symptoms [2].

Molecular imaging—FDG PET/CT is increasingly ordered in the evaluation of patients with clinical findings suggestive of vascular dementia. However, FDG PET/CT can be helpful when an additional diagnosis of AD is being considered [42]. FDG PET/CT hypometabolism tends to be focal and severe, correlating with regions of white matter disease and postinfarct encephalomalacia on MRI [43, 44] (Figs. 4B–4D). Correlating decreased FDG uptake with areas of signal abnormality on MRI is critical in patients with vascular dementia because interpretation of metabolic imaging alone could easily lead to a misdiagnosis.

Amyloid imaging—Amyloid PET is typically negative in patients with pure vascular dementia. However, amyloid deposition can be seen in patients with CAA, and some studies indicate that the sites of amyloid deposition correspond to future locations of hemorrhage [45]. Future research may prove integral in identifying patients at risk for CAA-related hemorrhage and patients who may benefit from anti–amyloid deposition immunotherapies [46].

Frontotemporal Dementia

Estimated to contribute to less than 10% of all dementia cases, FTD is the third most common type of dementia and the most common type of dementia in patients younger than 60 years old [44]. Clinical symptoms include behavioral issues, affective symptoms, and language disorders. FTD subtypes include behavioral FTD and language-predominant cognitive decline FTD, the latter of which is referred to as primary progressive aphasia (PPA). PPA is further classified into semantic, agrammatic or nonfluent, and logopenic PPA variants [47, 48]. Compared with AD, FTD usually has an earlier onset and more rapid progression. FTD likely represents several different types of neurodegenerative processes, and the patterns of imaging findings can be strikingly different. Early differentiation of FTD from AD is clinically important because symptoms caused by FTD do not respond to traditional therapies approved for AD, such as donepezil; in fact, donepezil may even decrease the quality of life in patients with FTD. Partly because of this therapeutic difference, FDG PET/CT has been approved by the FDA and CMS for the evaluation of dementia if the differential diagnostic consideration is AD versus FTD.

Anatomic imaging—The structural findings in patients with behavioral FTD include symmetric or asymmetric frontal or temporal lobe atrophy with relative sparing of the parietal and occipital lobes [49]. Atrophy can be severe with so-called “knife blade gyri,” but this is a late finding in the behavioral FTD process (Fig. 5A). The following characteristic patterns of atrophy have been described for the language-predominant cognitive decline FTD (PPA) subtypes: left anterior temporal lobe and hippocampal atrophy in semantic PPA; left perisylvian cortex, inferior frontal gyrus (Broca area), and superior temporal gyrus atrophy in agrammatic or nonfluent PPA; and left posterior perisylvian or parietal atrophy in logopenic PPA [50].

Metabolic imaging—FDG PET/CT shows distinct patterns of hypometabolism in the frontal and anterior temporal lobes in behavioral FTD with later involvement of the parietal lobes [51] (Figs. 5B–5D). Semantic PPA has a pattern of asymmetric (left greater than right) anterior temporal hypometabolism [47] with extension into the frontoparietal cortex later in the disease process [52]. Agrammatic or nonfluent PPA typically shows hypometabolism specifically involving the middle and inferior aspect of the left frontal lobe and precentral gyrus. With logopenic PPA, PET commonly reveals left lateral temporoparietal lobe and left middle parietal lobe hypometabolism [53, 54].

Amyloid imaging—Amyloid PET findings are negative in patients with behavioral FTD, which is particularly helpful in differentiating these patients from those with early-onset AD [55]. This difference is especially helpful in the diagnosis of language-predominant cognitive decline FTD given the significant overlap in clinical findings with AD.

Dementia With Lewy Bodies

DLB is increasingly recognized as a cause of dementia in patients older than 60 years old and now possibly represents 1 in every 25 de-
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Acknowledgments
We thank Sonia Watson and Andrea Moran for their assistance with the preparation and editing of our manuscript.

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(Figures start on next page)
Multimodality Imaging of Neurodegenerative Processes

Fig. 1—83-year-old woman with normal cognition.

A, Axial T2-weighted FLAIR images at varying intracranial levels (left image, middle left image, middle right image) and coronal T1-weighted image at hippocampal level (right image) show cortical atrophy and white matter disease typical for patient’s age. No anatomic abnormalities.

B, FDG PET images show normal findings including intense activity in cortical gray matter, basal ganglia, and brainstem.

C, Three-dimensional stereotactic surface projection maps (SSPs) show normal metabolism. SSPs depict normal metabolism as yellow and orange, with gradient of metabolism reduction to severe hypometabolism indicated by the colors blue and black.

D, Z-score maps show normal metabolism. Z-score maps depict normal metabolism (≤ 1 SD below mean) as blue or black, with gradient of metabolism reduction to severe hypometabolism (≥ 7 SD below mean) indicated by orange and red. Of note, color scale is opposite of that utilized on SSP maps.

E, Amyloid PET images show nonspecific white matter activity and uptake in cortical gray matter similar to cerebellar gray matter representing negative study.
Fig. 2—78-year-old woman with mild cognitive impairment.

**A**, Axial T2-weighted FLAIR images at varying intracranial levels (left image, middle left image, middle right image), and coronal T1-weighted volumetric acquisition image (right image) show mild diffuse cerebral and cerebellar atrophy and normal hippocampi for age.

**B–D**, FDG PET images (B), 3D stereotactic surface projection maps (C), and Z-score maps (D) show mild temporoparietal lobe hypometabolism, right worse than left, and mildly diminished activity in posterior cingulate gyrus (arrows, D); these findings are suggestive of early Alzheimer disease.

**E**, Amyloid PET images reveal abnormal diffuse activity in gray matter (arrows) similar to white matter.
Fig. 3—56-year-old woman with Alzheimer disease.
A, Axial T2-weighted FLAIR images at varying intracranial levels (left image, middle left image, middle right image) and coronal T1-weighted image at hippocampal level (right image) show generalized cerebral volume loss that is most notable in perisylvian regions and commensurate volume loss of both hippocampal formations (arrows).
B, FDG PET images show marked right and moderate left temporoparietal hypometabolism. Prominent right frontal lobe hypometabolism is also noted. There is motor and visual cortex sparing.
C and D, Three-dimensional stereotactic surface projection maps (C) and Z-score maps (D) show significant temporoparietal lobe hypometabolism, right greater than left (> 6 SD) and bilateral posterior cingulate gyri hypometabolism (arrows, D).
E, Amyloid PET images reveal intense activity in gray matter (arrows) similar to activity in white matter indicating positive study.
Fig. 4—84-year-old woman with multiinfarct dementia.

A, Axial T2-weighted FLAIR images at varying intracranial levels (left image, middle left image, middle right image), and coronal T1-weighted image at hippocampal level (right image) show moderate periventricular leukoaraiosis and generalized cerebral atrophy, most marked in both temporal lobes and insula. Right parafalcine occipital lobe encephalomalacia (arrows) is also present.

B, FDG PET images reveal focal hypometabolism in area of old right posterior cerebral artery (PCA) infarct-encephalomalacia on MRI (arrow).

C and D, Three-dimensional stereotactic surface projection maps (C) and Z-score maps (D) not only confirm hypometabolism in right PCA territory but also show multiple discrete foci of hypometabolism throughout cortex in areas of focal gyral atrophy (arrows). This case illustrates potential pitfall of using FDG PET/CT without anatomic imaging correlation.
**Fig. 5**—59-year-old man with behavioral frontotemporal dementia.

**A,** Axial T2-weighted FLAIR images at varying intracranial levels (*left image, middle left image, middle right image*), and sagittal T1-weighted (*right image*) show moderate diffuse parenchymal volume loss for age and superimposed focal atrophy of the frontal and anterior temporal lobes (*arrow*).

**B,** FDG PET images show moderate to markedly decreased activity in both frontotemporal lobes and mildly decreased parietal lobe metabolism. Mildly decreased basal ganglia activity. There is motor cortex preservation.

**C** and **D,** Three-dimensional stereotactic surface projection maps (**C**) and Z-score maps (**D**) depict large areas of bilateral frontotemporal hypometabolism (3–4 SD) (*arrows, D*).
Fig. 6—63-year-old man with dementia with Lewy bodies (DLB).
A, Axial T2-weighted FLAIR images at varying intracranial levels (left image, middle left image, middle right image) and coronal T1-weighted image at hippocampal level (right image) show mild diffuse cerebral atrophy including the hippocampi.
B, FDG PET images show parietal, occipital, posterior temporal, and frontal lobe hypometabolism with motor strip preservation.
C and D, Three-dimensional stereotactic surface projection maps (C) and Z-score maps (D) show significant parieto-occipital hypometabolism including visual cortex (3–4 SD) (arrows, D).
E, Amyloid PET images reveal abnormal diffuse activity in gray matter similar to white matter indicating positive study (arrows).