"I started my first external practicum at Nia when pursuing a doctoral degree in clinical psychology at Emory University and continued my learning journey with Nia until the completion of my postdoctoral training. Nia has deeply shaped my professional identity, including empowerment of marginalized populations, cultural humility to patient care, experiential learning of evidence-based treatments, and integration of research and practice. On a personal level, Nia has inspired me to forge meaning in face of challenges and has empowered me to find my own voice. I would not have grown this far without the unconditional support and compassionate mentorship that I have received from Nia. Thank you, Nia."

-Huaiyu Zhang, PhD
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