

“To say that my time on the Grady Nia Project was anything but transformational would be an understatement. The men and women of Nia exemplified true resiliency when faced with adversity and oppression and Nia taught me about service, advocacy, and social justice. I learned that we – as psychologists – have a limitless ability to effect change in our communities when true compassion motivates us and we harness the power we hold.

Because of Nia, my appreciation for the role of a psychologist is not simply confined to that of a service provider; rather, we are advocates for those without a voice, compelling forces able to incite change when change is long overdue, and compassionate guides that move with our patients through the trenches in their journeys to finding meaning and purpose.”

**-Brittany Remmert, PsyD
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