

“...Every week the research team meets for one hour of supervision. The team consists of Dr. Kaslow – Chief Psychologist and Principal Investigator of the Nia Project, the Project Coordinator, postdocs, interns, and graduate and undergraduate students. During those meetings, I had the opportunity to watch Dr. Kaslow interview two families, observe and critique a dissertation proposal, participate in discussions about research articles, learn about the stages of the research process, and gather first-hand experience of how team members can support one another among a stressful work environment.

I love going to supervision because I know I’m going to learn something new and exciting every week! Everyone on the team is available to help – I can ask any question and feel confident that someone will answer it without making me feel dumb or insecure. Before and after supervision meetings, I’ve had time to ask questions of postdocs, interns, and graduate students about their work and professional experiences. They are always eager to provide supportive feedback and advice for how to effectively navigate a clinical and research career in Psychology. Every week, I leave with new information that I can apply once I begin graduate school and in my life afterward.

My experience as a practicum student at the Nia Project was exceptional beyond words. My time spent there allowed me to increase my self-confidence and I am grateful to have been part of such a wonderful team of students and professionals. I established connections and friendships with people whom I admire in the field of psychology. My biggest thanks goes to Dr. Kaslow and Larisa. Dr. Kaslow inspires me because she is caring, hands-on, and smart. During supervision meetings, she is thought-provoking and makes me think critically. Larisa has a discerning spirit and knows what each practicum student needs to succeed; she strives to make herself available whenever needed. Being a part of the Nia Project research team has made me think and feel like a scientist.”

-LaTasha Porter, Georgia State University