

# Prematurity Awareness

EACH NOVEMBER WE HONOR

## NICU Professionals

### Who Care for Preterm Infants and their Families

Caring for premature infants isn't like caring for other babies; premature infants aren't tiny newborns.

Neonatology is a highly specialized field. Providing specialized care for preemies requires extraordinary expertise and teamwork.

NICU professionals exemplify the best in interdisciplinary care and collaboration.



## Did You Know?

### Providers Need Support Too

Caring for fragile babies doesn't just require specialized clinical skills, it demands extraordinary kindness, compassion, and caring. This means that NICU staff are vulnerable to burnout, compassion fatigue, and secondary traumatic stress syndrome.

Staff need to know that resources are available that can improve communication, promote mental health, and support professional development. When we invest in the health and wellness of NICU professionals we demonstrate our appreciation for the work they do.

### Who Cares for Families in the NICU:

- neonatologists
- nurse practitioners
- nutritionists
- neonatal therapists
- respiratory therapists
- nurses
- perinatologists
- parent advocates
- psychologists
- social workers
- pharmacists
- IBCLCs - breast feeding consultants

### NICU Staff Education

Learn more about our innovative online course, *Caring for Babies and Families: Providing Psychosocial Support in the NICU* by visiting [support4nicuparents.org](http://support4nicuparents.org)

Celebrate World Prematurity Day  
November 17<sup>th</sup>