

Emory University Psychoanalytic Institute
Year 4 – Curriculum 2019 – 2020
READING LIST

PSYA- 230 Winnicott

Course Instructor: Alexandra Sawicki, MD

Email: asawick@emory.edu

Office: 404-923-3040

The seminar will examine the life and writings of Dr. Donald Woods Winnicott and his clinical contributions to the fields of medicine, pediatrics, psychology and psychoanalysis. Biographical information about Winnicott's life, both personal and professional, will be included as we read and discuss his most important papers. The course and readings will follow the chronological path of Winnicott's life to help participants grasp how and why he came to the ideas that he did about human beings - especially infants and children - and those who care for them. He lived and worked in England through WWI and WWII, a time when there were major developments in the political and social world, the field of medicine, and in psychoanalysis. This course will connect his work and the development of his ideas with the wider context in which he lived and worked. When helpful we will compare his ideas with those of his predecessors and contemporaries – especially Sigmund Freud, Melanie Klein, and Anna Freud. As we read many of Winnicott's landmark papers we will have the opportunity to consider which of Winnicott's ideas and theoretical contributions are of greatest use in our personal lives and clinical work. We can also think critically about what may not be of use or not be understood. The seminar will provide an opportunity to discuss Winnicott's theories, life, and context with the hope that we may recognize approaches and techniques that are meaningful and useful to our own lives and academic, psychotherapeutic, and psychoanalytic work.

Materials: Please bring something to write with and something to write on.

A note about dates in the syllabus:

This syllabus shows two dates with regard to Winnicott's writings. The first date denotes the historical date of writing. I like to know this and provide it to you so that you can know the progression of his thinking and the order in which he took up various topics. The second date (in parentheses) indicates the publication date of that piece of writing.

Session 1 - Tuesday January 21st, 2020 6:30p - 7:45p Introduction

1. 1945 Winnicott, D.W. (1945). Primitive Emotional Development. *Int. J. Psycho-Anal.*, 26:137-143

Session 2 - Tuesday January 28th, 2020 6:30p - 7:45p

1. 1943 Winnicott, D. W. (1943). Letter to the *Lancet*: Prefrontal Leucotomy. *Lancet* 10 April 1943, 241 (6241), 475.
2. 1947 Winnicott, D.W. (1949). Hate in the Counter-Transference. *Int. J. Psycho-Anal.*, 30:69-74

Session 3 - Tuesday February 4th, 2020 6:30p - 7:45p

1. 1951 Winnicott, D.W. (1953). Transitional Objects and Transitional Phenomena—A Study of the First Not-Me Possession. *Int. J. Psycho- Anal.*, 34:89-97

No Class – ApsaA in NYC Tuesday February 11th 2020

Session 4 - Tuesday February 18th, 2020 6:30p - 7:45p

1. 1956 Primary Maternal Preoccupation. In: *Through Paediatrics to Psycho-Analysis* (1958) London: Tavistock, 1958 (300-305).
2. 1957 Winnicott, D.W. (1958). The Capacity to be Alone. *Int. J. Psycho-Anal.*, 39:416-420

Session 5 - Tuesday February 25th, 2020 6:30p - 7:45p

1. 1960 Winnicott, D.W. (1960). The Theory of the Parent-Infant Relationship. *International Journal of Psycho-Analysis*, 1960, 41:585-595
2. 1963 Winnicott, D.W. (1974). Fear of Breakdown. *Int. Rev. Psycho-Anal.*, 1:103-107

Session 6 - Tuesday March 3rd, 2020 6:30p - 7:45p

1. 1968 Winnicott, D.W. (1969). The Use of an Object. *Int. J. Psycho-Anal.*, 50:711-716.
2. 1967 Winnicott D.W. (1968) Playing: Its Theoretical Status in the Clinical Situation. *Int. J. Psycho-Anal.*, 49:591-599

A note about Winnicott's archives and where his original written work can be found:

All readings for this course will be provided on Basecamp.

Many of Winnicott's original, personal papers and letters reside at Cornell University School of Medicine in New York, donated by his widow Clare Winnicott after his death in 1971. Many of his professional papers are now housed at the Wellcome Library (a library of medical history) in London. In both places, access is restricted to some items, including all of his patient records. Access to both sets of papers is granted at special request by The Winnicott Trust.

The Collected Works of D.W. Winnicott was completed in 2016, facilitated by the Winnicott Trust and published by Oxford University Press. It comprises twelve volumes that include previously published texts, new texts, and a selection of letters, presented in chronological order (following either the date of delivery, writing, or first publication). *The Collected Works of D.W. Winnicott* is available in digital form through the Emory Library (Go to <http://health.library.emory.edu> > DiscoverE> Search "Winnicott Collected Works"). Many of the papers we will be reading are available in his *Collected Works* and also on PEP Web. In this syllabus I have specified which version of certain papers I would like us to read. I will provide the texts to be used on Basecamp unless otherwise specified.