Location: Tufts House Large Conference Room

We look forward to meeting with you all very soon! This course will introduce you to some of the most important theoretical concepts, authors, and technical considerations associated with ego psychology. We hope you will gain an understanding of why these developments are crucial to both the history of psychoanalysis and current clinical practice. Readings are designated “review,” “read,” or “of further interest.” “Read” is to designate readings we would like you to read for the first time. “Review” is to indicate readings we know have been assigned in the past, but that we would like you to review again. “Of further interest” designates readings we do not expect you to read. These will not be discussed in class but may be mentioned. You may wish to have these references for later reading.

Tuesday, February 25, 2020 (6:30pm-7:45pm)  
Session One – Introduction: How Ego Psychology Emerged

• The Ego and the Id-Structural Model
• Normality, A General Psychology, and Psychopathology
• Secrets, Traumas vs. Deformation of Ego Functions


Review: Freud, S. Ego and Id (1923)

Tuesday, March 3, 2020  
Session Two – Psychic Structure

• Psychic structure
• Contributions of Heinz Hartmann
• Adaptation
• Conflict Free Sphere of the Ego
• Dual Instinct Theory

• Neutralization
• Sublimation
• Autonomy Concepts
• Reality Principle


Tuesday, March 10, 2020
Session Three – Wishes, Needs, Drives: Dual Instinct Theory and Motivational Systems


Tuesday, March 17, 2020
Session Four: Defense

• Contributions of Anna Freud
• Resistance and Defense
• Mechanism vs. Process
• Neutrality and Resistance
• The Analytic Attitude, an affirmative perspective


Tuesday, March 24, 2020
Session Five: Ego Functions an Introduction

• Multiple Function
• Synthetic Function
• Reality Testing
• Psychic Reality
• Perception
• Internalization

Read: Waelder, R. (1936). The Principle of Multiple Functions. PQ 5: 45-62


Of further interest:


Tuesday, March 31, 2020
Session Six: Defense Analysis – Intro to the Work of Paul Gray
- Observing intrapsychic activity and close process attention
- “Developmental Lag” in Psychoanalytic Technique Analysis
- Fascination with the Id
- Authoritative Technical Stance
- External Reality and the Past as defense
- Countertransference and Resistance


Tuesday, April 7, 2020 – NO CLASS (Spring Break)

Tuesday, April 14, 2020
Session Seven: The Analysis of Character
- Ego Syntonicity and technique
- Normality and Pathology
- The Analytic Attitude


Tuesday, April 21, 2020
Session Eight: Structural Change
- Psychoanalytic Process
- Structural Change
- Autonomy

Review: EUPI Graduation Criteria pp 4-6 on Phases of Treatment
