

EMORY UNIVERSITY PSYCHOANALYTIC INSTITUTE

PSYA- 340 Multiple Perspectives on Clinical Case Material

Fourth Year and Advanced Candidates

Instructor: Cheryl L. Eschbach, MD, PhD

As we listen to our patients, how should we understand what they are telling us, and how should we make use of our understanding to choose particular analytic interventions? At the Emory University Psychoanalytic Institute, we lay the foundation for the development of both understanding and technique by studying many approaches to psychoanalysis, including Freud's own as it evolved over time; the body of literature that came to be known as Ego Psychology; Melanie Klein's work; the work of subsequent Object Relations theorists; the literature in the schools of Self Psychology and Relational Psychology; and French theories, including those of Lacan and LaPlanche. This endeavor, however, requires more than comparative analysis of theory. It involves acquiring a clinically based appreciation for what different approaches may have to offer as we listen to our patients and work to develop an analytic process with them.

To this end, in this course you will hear, and have the opportunity to respond to, clinical case material that is discussed by three psychoanalysts: Abbot Bronstein, Ph.D., Susan Chance, Ph.D., and Salley Jessee, M.D. Dr. Bronstein, who has published on Klein and worked with Betty Joseph, Donald Meltzer, Elizabeth Spillius, and numerous contemporary British Kleinians, regularly leads discussion groups on Klein at meetings of the American Psychoanalytic Association. Dr. Chance is a member of the International Association of Relational Psychotherapy and Psychoanalysis and has found the work of Steven Mitchell, Hans Leowald, Michael Balint, Thomas Ogden, Heinz Kohut, and Otto Kernberg to be especially helpful in her development as a psychoanalyst. Dr. Jessee, a Training and Supervising Analyst at EUPI, has been shaped by many influences including the Freuds and in particular defense analysis, Roy Schafer, Otto Kernberg, the London Kleinians, and Anton Kris.

A senior EUPI candidate, has agreed to present clinical material. We anticipate covering approximately two analytic sessions per seminar, for a total of six sessions from the analysis. This material must be treated, as usual, with extreme confidentiality.

This class is a clinical course, a primary goal of which is to understand how each of our discussants understands the clinical material and how each makes use of his or her understanding to choose particular analytic interventions. As you listen to and discuss their comments, bear in mind that although each of these three analysts has been particularly influenced in his or her analytic development by a distinctive tradition or traditions—Dr. Bronstein by the Kleinian school; Dr. Chance by the relational approach; and Dr. Jessee by an eclectic mix that includes the ego psychology perspective—it will be most helpful to listen not for “Kleinian” or “Relational” or “Ego Psychology” interventions but instead to listen open-

mindedly to the ways in which each of these psychoanalysts seeks to formulate the case and to understand and make sense of what is happening in the clinical material at any given point in time.

Readings:

The course readings are all posted on Basecamp in the Fourth Year Multiple Perspectives project.

For Dr. Bronstein's seminars the following optional articles are recommended:

1. Betty Joseph (1985). Transference: The Total Situation. *Int. J. Psycho-Anal.*, 66: 447-454.
2. Betty Joseph (2013). Here and Now: My Perspective. *Int. J. Psycho-Anal.*, 94:1-5.
3. Edna O'Shaughnessy (2013). When is Here? When is Now? *Int. J. Psycho-Anal.*, 94:7-16.

For Dr. Chance's seminars, for fourth year and advanced candidates, the following optional book chapters are recommended:

1. Adrienne Harris (2012), "You Must Remember This." In L. Aron, A. Harris, eds., *Relational Psychoanalysis, Vol 5: Evolution of Process*, Routledge, pp. 353-379.
2. Donnel B. Stern (2012), *Partners in Thought: A Clinical Process Theory of Narrative*. In L. Aron, A. Harris, eds., *Relational Psychoanalysis, Vol 5: Evolution of Process*, Routledge, pp. 381-406.
3. Theodore Jacobs (2005), *On Misreading and Misleading Patients: Some Reflections on Communications, Miscommunications, and Countertransference Enactments*. In S. Mitchell, L. Aron, A. Harris, eds., *Relational Psychoanalysis, Vol 2: Innovation and Expansion*, Analytic Press, pp. 175-201.

For Dr. Jessee's seminars the following optional articles are recommended:

1. Inderbitzin, L.B., and S.T. Levy, (1998). Repetition Compulsion Revisited: Implications for Technique. *Psychoanal Q.*, 67:32-53.
2. Roughton, R.E. (1993). Useful Aspects of Acting Out: Repetition, Enactment, and Actualization. *J. Amer. Psychoanal. Assn.*, 44:443-472