OVERVIEW

This class is intended to provide candidates with a deeper understanding of Freud’s term primary process and how to view and work with dreams, day dreams, Freudian slips, intrusive thoughts, hallucinations, and symptoms in terms of manifest and latent content. It will explore Freud’s original ideas, the divergent ideas of Carl Jung, and the development of contemporary dream theory after Freud. We will explore the application of classic analytic technique as well as other styles of working with dreams that can be applied in a psychotherapy treatment.

In addition to the readings, this class requires keeping a dream journal and writing a reflection paper.

Learning Objectives: Candidates will learn several approaches to understanding dreams and primary process material, and develop skills for applying this understanding clinically through reading, writing and class exercises.

READINGS

Class 1


Class 2


Class 3


“The Importance of Dreams” pp 20-31

“The Analysis of Dreams” pp 55-58

“The Archetype in Dream Symbolism” pp 67-82

Class 4


Class 5

Reflection Paper Due - Students will write a 2-3 page paper discussing one personal dream, client dream, or dream taken from literature. The paper is expected to demonstrate an understanding of the main perspectives on dreams that were discussed in class and in the readings. The paper must include an exploration of possible transference implications. The paper also must convey the students personal attitudes towards interpreting dreams. Papers will be read in class.

OPTIONAL READING:


