

**An Introduction to Child Analysis for Adult Analysts
Emory University Psychoanalytic Institute
by Beverly Stoute and guest Lee Ascherman, M.D. (9/6, 9/13, 10/4)**

Dates of course:

Fall 2018 (September 6, 13, 20, 27, October 4, 11, 2018)

Course description:

This an introductory course designed to introduce Adult psychoanalytic Candidates and child clinicians to analytic work with children with the aim of highlighting and comparing issues of diagnosis, treatment recommendation, the development of transference, and the technical issues in working with parents with the work of adult analysis. The hope is to introduce candidates to the vibrancy of work with children and to discuss how working with children can inform work with adults in analysis.

Case material will be presented from the analysis of a child who entered treatment at the age of five due to obsessional rituals, mood lability, explosive outbursts, and suicidal threats. The case presentation will highlight the meanings of the symptoms, the clinical material, and review technical aspects of child analysis in order to promote discussion of our psychoanalytic understanding of how child analysis differs from adult analysis, yet can enrich our understanding of reconstruction and of obsessional symptomatology. Questions concerning diagnosis and the indications and contraindications for the use of medications will also be raised in this case. The work with the child's parents proved essential, and will also be discussed, as the presentation concludes with a description of contact with the patient ten years later as she prepared to leave for college.

Course objectives.

1. Describe the key differences in analytic work with children versus adults.
2. Describe how psychoanalytic work with children can inform work with adults.
3. Describe how an understanding of child development can inform our understanding of reconstruction in adult treatment.
4. Describe how transference develops and is worked with in child analysis.
5. Describe the important issues in working with parents.

CLASS 1. September 6, 2018 An Introduction to Child Analysis, Theory

Hoffman, L. (1993) . An Introduction to Child Analysis. *Journal of Clinical Psychoanalysis*. 2(1): 5-25.

Glenn, J. 1976. "General Principles of Child Analysis," *Child Analysis and Therapy*, J. Glenn, ed., 1992, Jason Aronson Inc., 29-64. (Read pp. 29-59)

CLASS 2. September 13, 2018 Evaluation and Diagnosis

Sours, John. "An analytically oriented approach to the Diagnostic Evaluation" in J. Glenn, ed., 1992, Jason Aronson Inc., pp. 597-614.

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Kennedy, H., Moran, G. (1991). Reflections on the Aim of Child Analysis. *PSC*, 46:181-198.

CLASS 3. September 20, 2018 Working With and Understanding Parents

**Fraiberg, S. (1974). The Ghosts in the Nursery

Novick, K.K. and J. Novick (2002). Parent Work in Analysis II – Children, Adolescents and Adults: Recommendation, Beginning, and Middle Phases of Treatment. *J. of Infant, Child & Adolescent Psychotherapy* 1(1): 1-27.

CLASS 4. September 27, 2018 Play

Ablon, S. (2001). Continuities of Tongues: A Developmental Perspective on the Role of Play in Child and Adult Psychoanalytic Process. *J. of Clin. Psychoan.* 10(3-4): 345-365.

Optional:

Haworth, Mary, ed. (1964) *Child Psychotherapy: Practice and Theory*. Basic Books, Inc.: New York. Chapters: 1) The Meaning of Play; 2) Toys and Reasons and 3) Developmental phases of Play. (I will assign which chapter in class).

CLASS 5. October 4, 2018 The Psychoanalytic Process

Abrams, S. (1988) The Psychoanalytic Process in Adults and Children. *PSC* 43: 245-262.

Ritvo, S. (1978) The Psychoanalytic Process in Childhood *PSC* 33:295-305.

Optional

Chused, J. (1988) The transference neurosis in child analysis, *PSC* 43, 51-81.

CLASS 6. October 11, 2018 The Interplay of Child and Adult Analysis

Feigelson, C. (1977). On the Essential Characteristics of Child Analysis, *PSC*, 32: 353-361

Abrams, S. (1999). How Child and Adult Analysis Inform And Misinform One Another. *Annu. Psychoanal.*, 26:3-20

Optional

Chused, J.F. (1990). Chapter 3: How Clinical Work with Children Can Inform the Therapist of Adults. *Child and Adolescent Analysis: Its Significance for Clinical Work with Adults*, 37-54