

## **Introduction to Practice Development 2**

The purpose of this course will be to develop a dialogue about psychoanalytic practice. As the course leader, I will introduce a variety of topics that I have viewed to be important in the development of my own psychoanalytic practice. I will provide directed readings that are relevant to these topics, and I will also share case material that illustrates the ways that these issues emerge in the clinical situation. We will discuss four or five explicit topics, around which the syllabus will be structured.

In addition to these explicit topics, more implicit topics will be layered into the discussion. Examples of these implicit topics include the questions of how does one remain “psychoanalytic fresh” (by psychoanalytically fresh I mean engaged with new ideas and with the psychoanalytic literature) and how does one think psychoanalytically in the context of a suboptimal frame. I will attempt to be relatively self-disclosing about my own clinical practice in the service of providing an example of one psychoanalyst at work.

### **October 31, 2019 - The Body in Psychoanalytic Work**

The focus of this class will be on the body in psychoanalysis. In this class we will explore how aspects of the psychoanalytic situation and the transference are embodied. The reading for this class will come from a book published by Jon Sletvold, a Training and Supervising Analyst at the Norwegian Character Analytic Institute (An IPA affiliated psychoanalytic institute). I became acquainted with Dr. Stevold’s work by hearing an interview about his work and his writing on the Podcast “New Books in Psychoanalysis.” In addition to doing the reading, you may also listen to this podcast (podcast optional).

#### Reading

Chapter 7 “Embodied Intersubjectivity” from **The Embodied Analyst** by Jon Sletvold, pages 84-99.

### **November 7, 2019 - the Mind of the Analyst in Psychoanalytic work**

In this class we will continue to focus on clinical material, including the issue of how the psychoanalytic process impacts the mind of the psychoanalyst, and how the psychoanalyst’s awareness of their own mind can further and deepen psychoanalytic process.

#### Reading

Dana Birsted-Breen, “Bi-Ocularity The Functioning Mind of the Psychoanalyst,” *IJP* Volume 97 2016 Issue 1 Pages 25-40.

## **November 14, 2019 - Money in the Psychoanalytic Situation**

The focus of this discussion will be on money in the psychoanalytic situation. We will discuss the various meanings of money in the psychoanalytic situation including how these meanings may be played out in the transference.

Reading

Dimen, M. "Money, Love, and Hate." *Psychoanalytic Dialogues* 1994, 4(10) 69-100

## **November 21, 2019 - Meeting Patients Where They are Rather than Shoving Transference Interpretations Down Their Throat**

Hopefully the working title for this class is self explanatory.

Reading

Phillips, S. Creating a Selfish Bitch. *Between Narcissism and Object Relations*. JAPA December 2018 66(6) pp. 1125 - 1139.