

# **EMORY UNIVERSITY PSYCHOANALYTIC INSTITUTE**

**Fall Semester 2020**

**Object Relations II: The British Middle School**

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**October 29th, November 5th, 12th, 19th, Dec 3rd**

**Thursdays 6:30–7:45**

## **COURSE SYLLABUS**

### **COURSE DESCRIPTION:**

We will be discussing influential members of the British Middle School, specifically D.W Winnicott, W.R.D Fairbairn, Harry Guntrip, and Michael Balint. We will use primary sources that integrate theory with clinical application. At times, I will provide disguised clinical material when it illustrates a concept we are discussing. I will also include relevant autobiographical information about the theorists when possible. Importantly, each of these theorists expand on, or correct an aspect of Freudian/Classical psychoanalytic thinking and each writer focuses on a particular clinical problem observed in the consulting room.

For each class, I will begin with a short lecture highlighting points I feel are especially useful in theory and in practice. In addition, at each class meeting a candidate will present key concepts from an assigned reading for that evening to the group. We will then open the class for discussion of all assigned readings for that evening. For the last half of the second class of each theorist, a volunteer will be asked to bring in case material that seems applicable. If no one has material to present, I can share case material and/or we can more informally share thoughts and perspectives based on clinical or personal observations. Finally, I will make adjustments to the syllabus if it seems like it might be helpful.

Class attendance and participation is expected. If you anticipate missing a class please let me know ahead of time. You are responsible for arranging for another student to summarize your reading for that class if you are unable to attend. Please keep videos on during class. Since we will be discussing case material at times, please make sure you are wearing head phones and/or are in a private location.

***Thursday, October 29th, 2020***

**1). An Introduction to the British Object Relations School**

**2). D.W. Winnicott & The False Self**

- 1). Winnicott, D. W. (1960). The theory of the Parent-Infant Relationship. *International Journal of Psychoanalysis*, 41: 585-595.
- 2). Winnicott, D. W. (1953). Transitional Objects and Transitional Phenomena, *International Journal of Psychoanalysis*, 34: 89-97

***Thursday, November 5th, 2020***

**D.W. Winnicott & The False Self, Part II**

- 1). Winnicott, D. W. (1958). The capacity to be alone. *International Journal of Psychoanalysis.*, 39: 416-420. (Stiles Alexander)
- 2). Winnicott, D. W. (1974). Fear of Breakdown. *International Journal of Psychoanalysis*, 1: 103-107. (Hasani Baharanyi)

3). Winnicott, D. W. (1949) Hate in the Countertransference. International Journal of Psychoanalysis., 30:69-74. (Courtney Crooks)

*Thursday, November 12th, 2020*

**1). W.R.D. Fairbairn's Neglected or Abused Child & The Object Seeking Libido**

**2) Harry Guntrip's Schizoid Personality**

1). Guntrip, H. (1952). The Schizoid Personality and the External World. (pp 17-48) In Schizoid Phenomena, Object Relations and the Self. Routledge: New York (Dee Desnoyers & Rachel Maree)

2). Guntrip, H. (1961) The Schizoid Problem: Regression and the struggle to preserve an ego. In Schizoid Phenomena, Object Relations and the Self. Routledge: NY, Pp 49-86.  
(Brita Reed & Stiles Alexander)

3). Guntrip, H. (1968). The regressed ego, the loss of the self, and the Inability to love. In Schizoid Phenomena, Object Relations and the Self. Routledge: NY, pp 87-114.  
(Hasani Baharanyi & Courtney Crooks)

*Thursday, November 19, 2020*

**Harry Guntrip's Schizoid Personality, Part II**

- 1). Guntrip, H. (1975). My experience of Analysis with Fairbairn and Winnicott How complete a result does psychoanalytic therapy provide? *International Journal of Psychoanalysis*, 2, 145-156. (Dee Desnoyers)
- 2). Guntrip, H. (1962). The Schizoid compromise and psychotherapy stalemate, In *Schizoid Phenomena, Object Relations and the Self*. Routledge: Ny, pp 288-309. (Rachel Maree)

*Thursday, December 3, 2020*

**Michael Balint & The Problem and Promise of Regression in Psychoanalytic Work: The Basic Fault**

- 1). Balint, M. (1968). The two levels of Analytic Work, Chapter 3 in *The basic fault*. Pp 11-17. Bruner/Mazel: New York. (Britta Reed)
- 2). Balint, M. (1968). The area of the basic fault, Chapter 4 in *The basic fault*. Pp 18-23. Bruner/Mazel: New York. (Stiles Alexander)
- 3). Balint, M. (1968). Symptomatology and diagnosis, Chapter 20 in *The basic fault*. Pp 11-17. Bruner/Mazel: New York. (Hasani Baharanyi)

*Thursday, December 10, 2020*

**Michael Balint & The Basic Fault, Part Two**

- 1). Balint, M. (1968). Gratifications and object relationships, Chapter 21 in *The basic fault*. Pp 127-132 Bruner/Mazel: New York (Courtney Crooks)

- 2). Balint, M. (1968). The various forms of therapeutic regression, Chapter 22 in *The basic fault*. Pp 138-148. Bruner/Mazel: New York. (Dee Desnoyers)
- 3). Balint, M. (1968). The disagreement between Freud and Ferenczi, Chapter 23 in *The basic fault*. Pp 149 -158. Bruner/Mazel: New York. (Rachel Maree)

**Additional Primary Sources for lectures and recommended readings:**

Abram, J. & Hinshelwood, R.D (2018). *The clinical paradigms of Melanie Klein and Donald Winnicott.*, Routledge: New York.

Balint, M (1968). *The Basic Fault: Therapeutic Aspects of Regression*. Northwestern University Press: Chicago.

Greenberg, J & Mitchell, S (1983). *Object Relations in Psychoanalytic Thinking*. Harvard University Press: Cambridge, MA

Guntrip, H. (1968). *Schizoid Phenomena, object relations and the self*. Routledge: NY

Little, M (1993). *Transference neurosis and transference psychosis*, Jason Aronson: Northvale, NJ

Little, M. (1990). *Psychotic anxieties and containment: A person record of an analysis with Winnicott*. Jason Aronson: Northvale, NJ

Mitchell, S. & Black, M (1995). *Freud and beyond*. Basic Books: NY

Rodman, R. (2003) *Winnicott: Life and Work*. Karnac: Cambridge, MA

Winnicott, D.W. (1992) *Through Pediatrics to Psycho-analysis: Collected Papers*. Routledge: NY

Winnicott, D.W. (1986). *Holding and Interpretation: Fragment of an analysis*. Hogarth Press: London.

