

## PSYA- 520 Attachment & Psychoanalysis

Spring 2020

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### **Class 1:**

Introduction to Attachment Theory

Bowlby

Bowlby's break with Klein

Reading:

Bretherton, Inge (1992) The Origins of Attachment Theory: John Bowlby and Mary Ainsworth

[http://www.psychology.sunysb.edu/attachment/online/inge\\_origins.pdf](http://www.psychology.sunysb.edu/attachment/online/inge_origins.pdf)

Optional Reading: Karen, R. (1998). *Becoming Attached*. New York: Oxford University Press  
Chapters 1-2

### **Class 2:**

Introduction to Attachment Theory

30 minute movie: *A two year old goes to hospital*

Continued discussion on the development of attachment theory

Optional Reading: Karen book chapters 6-7

### **Class 3:**

Studying Attachment in Children and Adults

Ainsworth: Ganda Project, Baltimore Project, Strange Situation

Main: Adult attachment interview

Attachment Style and Psychotherapy

Reading: Bretherton 13-22, 27-33

Weinberger and Levy p9-15

Adult Attachment Interview

### **Class 4:**

Attachment and Mentalization

Fonagy's contributions

Reading:

[https://discovery.ucl.ac.uk/id/eprint/1468808/1/Fonagy\\_Reconciling%20Psychoanalytic.pdf](https://discovery.ucl.ac.uk/id/eprint/1468808/1/Fonagy_Reconciling%20Psychoanalytic.pdf)

**Class 5:**

Attachment in Relation to Psychoanalytic Theories

Reconciling psychoanalytic theories with attachment theory

Continued discussion of Fonagy's work

Reading:

[https://discovery.ucl.ac.uk/id/eprint/1468808/1/Fonagy\\_Reconciling%20Psychoanalytic.pdf](https://discovery.ucl.ac.uk/id/eprint/1468808/1/Fonagy_Reconciling%20Psychoanalytic.pdf)

**Class 6:**

Integration of theory with practice

Class provides material from 1-2 cases (total, not per candidate) and discusses from point of view of attachment as well as other psychoanalytic perspectives (object relations, self, etc)