

***Analyst Self-Care and Colleague Assistance in Our “Impossible Profession”
Workshop III***

Sunday, September 22, 8:00-10:45 a.m.

Ethical Dilemmas in Psychoanalytic Institutes

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The Boston Psychoanalytic Society and Institute, like many other psychoanalytic institutes, has suffered a traumatic history in terms of sexual transgressions by analysts. In the wake of these incidents, members struggled to talk openly about these events. Over the past several years, the Institute has developed a specific approach to attempt to address the culture of silence that exists around questions of ethics and professional conduct, from the egregious to the commonplace. This method involves the use of elaborated, experience-near fictional vignettes, which present complex, nuanced dilemmas. They are designed to address the particular structure of analytic institutes and the dilemmas endemic to small communities in which psychoanalysts practice. In this workshop, the group will discuss two of these vignettes and also examine the process and implications of discussing ethical dilemmas with colleagues.

Learning Gap: Despite the fact that ethical dilemmas are a ubiquitous part of analytic practice, analysts rarely discuss how to think through and navigate such situations. Since silence tends to foster shame, and shame in turn fosters silence, this workshop is an attempt to ameliorate both.

Learning Objectives:

1. At the end of this workshop, participants will be able to describe potential ethical dilemmas inherent in treating members of a psychoanalytic institute.
2. Participants will be able to articulate competing ethical and clinical values that arise when members of a psychoanalytic institute have multiple overlapping roles, including personal relationships.
3. Participants will be able to apply these concepts to their own clinical, supervisory, educational, and collegial relationships.

Up to 2.5 CE/CEU/CE credits may be claimed for this workshop, including Ethics credits for clinical social workers and clinical psychologists.