

## **PSYA- 1400 Workshop on Teaching Psychoanalysis Deborah Cabaniss, M.D.**

### **Workshop Description:**

Unless you had a career as a teacher prior to becoming a mental health professional, chances are that you haven't had much training in how to teach. Take heart - that's true of most analysts. The good news is that there is a whole world of information out there about how to teach, and that learning some basic skills can improve the way you teach, plan curricula, and evaluate your learners. This workshop will teach you how to use learning objectives and backwards design to plan interactive teaching activities designed to help your students get the most out of their psychoanalytic and psychotherapy education.

### **Learning Objectives:**

After participating in this workshop, learners will...

1. Be able to write learning objectives that capture what they want their students to learn;
2. Be able to use backwards design to plan interactive teaching activities
3. Have some familiarity with interactive ways to teach psychoanalytic and psychotherapeutic concepts.

Who can attend the workshop?

This workshop is open to Emory University Psychoanalytic Institute Faculty, Advanced Candidates (5+ years), Members of the EUPI Curriculum Committee, and by special invitation, instructors of psychoanalysis, psychoanalytic psychotherapy, and psychoanalytic theory within the Emory University Department of Psychiatry and Behavioral Sciences.

### **About Deborah Cabaniss, M.D.**

As the Associate Director of Residency

Training and Director of Psychotherapy Training in the Department of Psychiatry, Dr. Cabaniss teaches and supervises residents, coordinates the curriculum in the residency, and teaches psychodynamics to medical students. She is also the Director of the Virginia Apgar Academy of Medical Educators at the Columbia University College of Physicians and Surgeons, and is a Training and Supervising analyst at the Columbia University Center for Training and Research.

Dr. Cabaniss' research interests primarily involve psychoanalytic and psychiatric education and she has authored many articles on this topic. She has been the recipient of many teaching awards, including a 2014 Presidential Teaching Award for Outstanding Teaching from Columbia University. She is a two time Teichner Scholar of the American Academy of Psychoanalysis and Dynamic Psychiatry, and is the lead author of "Psychodynamic Psychotherapy: A Clinical Manual" and "Psychodynamic Formulation" which have become core reading in psychiatry residencies across the country and Canada and which are being translated into Mandarin, Korean, and Farsi. With Lloyd Sederer, she teaches a department-wide seminar on writing for the lay public. She has a private practice in Manhattan, focusing on psychotherapy and psychoanalysis.