REMEMBER
Please send me your accomplishments and personal updates for the October 2021 Kudos

SAVE THE DATES

FACULTY DEVELOPMENT SEMINARS
Below is the information on the first faculty development seminar for 2021. We will send out the rest of the information as soon as possible so that people can clear their schedules. All seminars are from 9:00-10:30am and will be virtual this year.

Wednesday November 3, 2021- Running a Lab and Mentoring Advanced Graduate Students with Negar Fani and Mar Sanchez.
https://zoom.us/j/6213030759?pwd=dzB1aWU5TFRVbTZwK2JFd3R6WTh2dz09

WRITING GROUPS: UPCOMING
The Writing Group is the 1st Wednesday of every month from 8:00-9:00am. The next meeting is Wednesday October 6, 2021 and will be on Zoom – https://zoom.us/j/6213030759?pwd=T0hpY056a0N1RFdvWjFlQ3d4UU1vZz09

CE WORKSHOP SCHEDULE
Please save the dates for the following online (Zoom) continuing education workshops hosted by the Psychology Division of the Emory University School of Medicine at Grady Health System. Direct questions to Dr. Rachel Ammirati at rammira@emory.edu

- **October 22, 2021** (9am – 12pm): *How to Confront Technophobia in Current and Future Clinical Work: Learning from the Rapid Transition to Telehealth during the COVID-19 Pandemic*
  Speakers: Andrew Sherrill, Christopher Wiese, Rosa Arriaga, and Saeed Abdullah

- **November 12, 2021** (9am – 12pm): *Treatment Resistant Depression and Posttraumatic Stress Disorder*
  Speakers: Rachel Hershenberg and Carly Yasinski

- **December 3, 2021** (9am – 12pm): *Recovery Oriented Care*
  Speakers: Erica Lee, Keith Wood, and Justin Palanci

SPOTLIGHTS
FACULTY SPOTLIGHT: Raymond (Ray) Young, MD
Ray Young is an Associate Professor of Psychiatry and Behavioral Sciences within Emory’s Department of Psychiatry. Since 2016, he has served as Division Chief of Psychiatric Consultation Liaison Services for Emory Healthcare. In this role he has the responsibilities of providing and developing effective and efficient inpatient and outpatient consultation services for EUH, EUOSH, Emory Midtown, Emory St. Joseph’s Hospital and soon Emory John’s Creek Hospital. He also serves as Program Director of Emory’s Consultation Liaison Psychiatry Fellowship Program. In this role, his primary responsibility has been to establish and develop a leading psychiatry fellowship program, focusing on the specialty of consultation liaison psychiatry. Raymond has been the Program Director since 2008. The Fellowship program has been very successful, recruiting 10 fellows over the last 13 years. In 2020, he was named Chief of Psychiatry for Emory Midtown Hospital. In this role his responsibility is to provide administrative oversight for all psychiatric clinical services at Midtown, which includes both Kaiser and Emory psychiatric clinical services.

Clinically, Ray provides inpatient psychiatric consultation services for Emory University Hospital, Emory Midtown Hospital, Emory St. Joseph Hospital, Emory Orthopedic Spine Hospital and emergently provide inpatient consultation services for Emory John’s Creek during the coronavirus pandemic. He also provides outpatient clinical services within the Organ Transplant Center as a member of the Transplant Behavioral Health team and provides outpatient geriatric psychiatric services as a member of the Geriatric Psychiatry Department.

Outside of Emory, Ray most recently served on the Academy of Consultation Liaison Psychiatry’s (ACLP) Diversity Equity Inclusion (DEI) Presidential Task Force. This task force’s mandate was to address DEI within the ACLP to the broader field consultation liaison psychiatry. The task force developed proposals on how to enhance DEI in ACLP membership, recruitment, leadership and governance structure; to develop proposals on pipeline and mentorship programs for underrepresented minorities; how to further develop cl psychiatry’s scientific contributions to research and other scholarship regarding the role of systemic bias in health outcomes; and proposals on how to incorporate DEI into educational webinars, trainee and membership curriculum and education and faculty development.

Over the last 18 years with the Department of Psychiatry, Raymond has been given the opportunity to experience a diversity of clinical, educational and administrative experiences. These diverse and often challenging experiences have given him the continued opportunity to learn and grow as a clinician, educator, administrator, mentor and ultimately as a person.

Ray has had a number of key highlights in his 18-year career at Emory. First, he has had the opportunity to serve in several leadership positions both in clinical service and education. Some of these key leadership positions both past and present include: (1) Medical Director of Wesley Woods Partial Hospitalization Program, (2) Director of Outpatient Geriatric Psychiatry Clinical Services, (3) Associate Chief of Geriatric Psychiatry, (4) Co-Director of Emory’s Internal Medicine Psychiatry Residency Program,
(5) Director of Psychiatric Consultation Liaison Services at Emory University Hospital. (6) Program Director: Emory’s Consultation Liaison Psychiatry Fellowship Program, (7) Division Chief: Consultation Liaison Psychiatry for Emory Healthcare and (8) Chief of Psychiatry at Emory Midtown Hospital.

Second, Ray has been given opportunities to be recognized by efforts in education, clinical service, and leadership. These include: (1) being recognized in the Department of Psychiatry for his efforts in teaching of our PGY-2 with teaching awards in 2006, 2007, 2013 and 2014, (2) being named a Fellow of the Academy of Psychosomatic Medicine (now known as the Academy of Consultation Liaison Psychiatry) for his contributions to the field of consultation liaison psychiatry (2013), (3) becoming a Fellow of the Woodruff Leadership Academy (2014), (4) being promoted to the rank of Associate Professor of Psychiatry and Behavioral Sciences (2014), and (5) receiving the Hidden Gem Award recognizing his contributions to Emory University School of Medicine (2016).

For the future, Ray’s work goals are to establish a consultation liaison psychiatric service at Emory John’s Creek; to develop proactive cl models at each of the hospitals to enhance the effectiveness of our psychiatric services and to expand use of telemedicine in inpatient consultations to improve flexibility and visibility in providing clinical care. He also hopes to financially strengthen the Consultation Liaison Fellowship Program to increase the number of fellows trained per year. His personal goals are to take more time for himself to really enjoy life by spending quality time with his wife, son, family and friends.

Outside of work, Ray spends most of his downtime with his wife Nikki and four-year-old son Jacob. He enjoys collecting Marvel and DC films both live action and animated. He is an avid collector and listener of music. Ray has been an active member of First Congregational Church in Atlanta, having served as a Deacon from 2014-2020.

**ADJUNCT FACULTY SPOTLIGHT: John Paddock, PhD**

First, John feels both humbled and honored to care for his patients. N.B., he refers to the people he works with as patients for two reasons: the word "client" owes its etymology to the Master-Slave relationship (lawyers have clients, right?); using the word "patient" reminds him to have it (patience), because the work is often complex, challenging and rewarded by hurrying up and standing still.

Second, Kurt Lewin said over 90 years ago, "that nothing is as practical as a good theory," a position John embraces. His approach is grounded in humanistic theory (think: Rogers; and Kohut's Self Psychology) and guided by psychometrically supported interpersonal models (Leary's Interpersonal Circumplex; Benjamin's Structural Analysis of Social Behavior (SASB)), Personal Construct Theory, and Relational Psychoanalysis.

Third, he is a psychologist above all, regardless of the various roles he plays: teacher, adviser, consultant, assessor and psychoanalyst. What this means is that he leads with the notion that clinical work is an art, that cannot *not* be informed by science. Period.
Fourth, John embraces Meehl's assertion that "actuarial prediction beats clinical prediction hands down", and accordingly, he assesses each new patient with objective, actuarially based psychometric methods to quantify problems in living (e.g., MMPI-3; PAI), as well as their strengths and what they need interpersonally to be most effective in living (The Birkman Method). He does this to get a window into their subjective experience and use research databases to know how best to help patients help themselves.

Fifth, and most important, over 40 years of clinical work has led him to focus on what he calls The Prime Directive by helping patients focus on answering the following question: "Why does it make sense that I am having these sets of problems, with these people, in these situations right now in my life, and what can I do to be more effective, satisfied and vitalized in these relationships?"

John came to Atlanta following undergraduate work at Williams College in September 1977 and received his MA (1981) and PhD (1982) in Clinical Psychology from Emory University. He started his career teaching undergraduates at Kennesaw State University, segued into full-time independent practice of diagnostic assessment, psychotherapy and consultation in the late 1980s, and has been on the Adjunct Faculty of the Department of Psychiatry & Behavioral Sciences, as well as the Department of Psychology since then, where he has supervised Clinical Psychology Interns and Post-Docs, Psychiatric Residents and Graduate Students in Clinical Psychology. He is a Past-President of the Georgia Psychological Association and a member of many psychological and psychoanalytic associations. Also, he teaches in the Emory University Psychoanalytic Institute (EUPI) and is the Faculty Representative to the Institute’s Executive Committee.

John is a licensed in five jurisdictions (DC, GA, NM, NY, and TN) and can practice from Georgia in PSYPACT states. In addition to being Board Certified in Clinical Psychology (ABClinP), he is listed on the National Register of Health Service Psychologists and is Certified in Psychoanalysis by the Institute of Contemporary Psychotherapy + Psychoanalysis (ICP+P).

What John most enjoys about his adjunct faculty role is helping professionals early on in their career life cycle appreciate the relevance of basic psychology (learning, memory, development, social psychology, etc.), helping each find their own theoretical perspective and learn to listen to their own "voice" as they adopt a collaborative spirit of inquiry in their work with patients.

Some faculty may remember that years ago, along with some colleagues in the Department of Psychology, John ripped it up as a rambunctious, loud, hell-raising, and eminently danceable band (The Schizophonics) where they played boogie-woogie piano and did he best to honor Keith Richards as a rhythm guitarist. With age, he began collecting photographs of musicians (rock, blues, jazz, classical) and have shrines in both house and his office of these great artists. Also, John will go virtually anywhere –
except during COVID-time – to see the Rolling Stones, even without Charlie Watts providing the roll to the rock. To quote the Glimmer Twins: "It's only rock 'n roll, but I like it, like it, yes I do."

**STAFF SPOTLIGHT: Ayanna Webb**
Ayanna Webb is currently a program coordinator for the Emory University Psychoanalytic Institute (EUPI) and the Emory Addiction Psychiatry Fellowship Program. She also helps with the OCD IOP in the adult clinic

Outside of Emory Ayanna is the “best Auntie in the world,” according to her 11 nieces and nephews. She is a great daughter, an awesome little sister and an excellent friend. She is also a survivor of Breast Cancer and a pandemic survivor.

Ayanna most enjoys working for the department because it has taught her so much about the importance of mental health in our society. She also enjoys helping make sure our providers are trained to give the community the best type of mental health treatment.

Ayanna’s career began as a Patient Coordinator of the Adult Clinic over eight years ago, and quickly advanced to the Patient Coordinator of the Autism Center. During her time at the Autism Center she became the Program Coordinator for the Addiction Psychiatry Fellowship. While working as a Program Coordinator at the Autism Center, she was able to expand her knowledge of the program which afforded her the opportunity to be promoted to Program Coordinator for the Emory Psychoanalytic Institute, which is a much larger program than what she was accustomed to. Ayanna’s current role allows her the opportunity to continue supporting the Addiction Psychiatry Fellowship, as well as the Adult Clinic. Her thirst for learning has motivated her to excel in the Emory School at Work (SAW) program and pass the Emory Medical Terminology Course with flying colors. She was also the first safety captain of the adult clinic at Executive Park.

As a recent breast cancer survivor Ayanna would love to see programs in the department geared toward survivors. She would love to work with someone in bringing things like support groups to the Brain Health Center. She is also looking forward to taking advantage of the Learning Labs recently launched and add to her career portfolio by participating in “Influencing Other to Make Things Happen and Informal Leadership” so she can use her thirst for knowledge, organizational skills and strong work ethic to ensure the EUPI and Addiction Psychiatry becomes the most coveted program in the country.

Outside of work, Ayanna is a taco enthusiast. She also loves to travel, do arts and crafts as well as home DIY projects and cooking.

**TRAINEE SPOTLIGHT: Laurel Snider, PhD**
Laurel Snider is currently a Postdoctoral Fellow at the Emory Autism Center. Within this role, she helps complete transition assessments for young adults with autism spectrum
disorder (ASD) and provide ASD-focused consultation to teachers in Georgia. She also has led the development and implementation of the program evaluation efforts for research on best practices in transition planning for students with ASD. Finally, she provides supervision and mentorship to undergraduate research assistants.

Outside of the Emory Autism Center, Laurel currently co-teaches an undergraduate course at Emory with Dr. Matthew Segall. The course, titled Reflections on Neurodiversity, is housed in the Interdisciplinary Studies department. Over the course of the year, students explore the growing neurodiversity movement and hear from Emory faculty and autistic self-advocates on perspectives of the meaning and implications of neurodiversity. They have an incredible group of students from a variety of majors this year. Additionally, Matt and Laurel were recently awarded an Engaged Learning Grant from the Center for Faculty Development and Excellence to support the partnerships with self-advocates in the broader autistic community. Additionally, she serves as a contributing editor for Emory Postdoctoral Science Writers Magazine.

Outside of Emory, Laurel was recently named Associate Editor of The School Psychologist. She serves as an Editorial Board Member for School Psychology Training and Pedagogy and an ad hoc reviewer for Contemporary School Psychology.

Laurel is grateful for the opportunities that she has to engage in research, program evaluation and scholarship that is applied in nature. Her degree is in school psychology, and it is important to her that the time she spends with numbers and data has direct implications for students, clinicians, and educators. In her current role she has had a unique opportunity to explore what applied research and evaluation can work with – she is so grateful to her team members who have given her feedback about what evaluation procedures are feasible and add value to their work.

Teaching Reflections on Neurodiversity has been a huge highlight so far for Laurel. She also co-taught the class last year, so it has been really rewarding to revisit and adjust it based on student feedback from last fall. She has also completed clinical training at Children’s Hospital Colorado and at the University of Pennsylvania’s Center for Mental Health, both of which were highlights in her career and training.

Laurel’s plans for the future include job hunting this year for a faculty position within a school psychology graduate program.

Away from work, Laurel loves hiking with her dog, exploring good food in Atlanta and cooking.

**FACULTY COMINGS AND GOINGS**

**New Faculty**

**Carissa Balderas** – Dr. Carissa Balderas received her PhD from the University of Georgia, completed her internship at Emory University Counseling and Psychological Services, and completed her postdoctoral fellowship with a focus in health psychology at the Atlanta VA Healthcare System. She then joined the staff as a psychologist in the
Atlanta VA Sleep Medicine Clinic. Dr. Balderas is excited to now be joining the Transplant Behavioral Health Team. She will be conducting presurgical assessments and providing pre- and post-transplant behavioral health care. Dr. Balderas’ research and clinical interest include the management of co-morbid mental health disorders and chronic health conditions and addressing health disparities. She is certified as a Diplomate in Behavioral Sleep Medicine and has experience treating behavioral sleep disorders and working with individuals with chronic pain conditions.

**Samantha Patton** – Dr. Patton is currently a clinical psychologist in Addiction Services, specializing in the treatment of PTSD, substance use disorders, and related problems. Dr. Patton completed her PhD in clinical psychology at the University of Louisville in Louisville, KY where her graduate research focused on emotional and physiological factors that influence symptom trajectory following trauma exposure, particularly in women. She completed her clinical internship at the Southeast Louisiana Veterans Healthcare System in New Orleans, LA, and her postdoctoral fellowship at Emory with the Emory Healthcare Veterans Program. Her research interests include substance use, trauma, emotion regulation, and women’s health.

**Adam Rudolph** – Adam Rudolph earned his Doctor of Medicine at Medical College of Virginia in 2017 and completed his general psychiatry residency training at Emory in 2021. Adam was co-chief resident at Grady in his final year of residency, where he enjoyed working closely with first year psychiatry interns on Grady’s inpatient unit. Adam is joining the faculty as an attending psychiatrist in the Psychiatric Emergency Services at Grady Memorial Hospital. Adam’s interests include psychiatric emergencies, serious mental illness in underserved patient populations, psychotic disorders, and resident/medical student education. In his free time, Adam enjoys sports, music, hiking, and cooking.

**Diversity and Inclusion Subcommittee (DISC)**

**Disability Awareness Month (Toby Goldsmith, MD, Faculty)** - As a second-year medical student, I attended a lecture on the musculoskeletal exam. The physiatrist described different gait abnormalities including foot drop. During the break, I went up to Dr. McAdams and said, “I have foot drop.” He asked why. My reply “I have funny shaped feet” was unacceptable to him. That class initiated a series of appointments and evaluations which led to a diagnosis—Charcot Marie Tooth Disease.

The diagnosis clarified many previously unanswered questions in my life. I now knew the origin of my “Twinkle Toes” nickname and the reason I was still shopping in the children’s shoe department at age 25. No longer did I think of myself as a “klutz” when I dropped something or tripped and fell (again). I had a disability.

Upon hearing my story, many have asked me, had I known of my diagnosis before medical school would I have pursued a career in medicine. I completed my applications for medical school in 1986. I don’t recall ever having met or seen a physician with a
disability. If I am honest with myself, it is likely I would not have pursued this career which has been so fulfilling to me.

In medical school I became mindful that standing was more difficult for me than walking. I kept up with everyone on rounds—until we stopped. Hospital walls supported me, as well as the floors and ceiling. As an intern, a patient asked my senior resident why I always sat down at her bedside. I had not been conscious of this behavior but part of me knew that sitting at the bedside allowed me to listen more closely, and to concentrate on patient, and not on my legs.

Being a medical student and resident with a disability made me work harder. I had to prove to my able-bodied peers that I was as capable, if not more so, than they. Two weeks before clinicals, I had my Achilles tendons lengthened bilaterally. My first rotation was surgery. I showed up to join my team at Erie County Medical Center on crutches; six weeks later, the site director let me know that if I wished to become a surgeon, he would be happy to write one of my letters of recommendation. He was initially disappointed in my career choice; years later, we saw one another again and he took advantage of skills.

I consider it a blessing that I fell in love with psychiatry. I plan to practice as an outpatient psychiatrist until retirement beckons. As I have aged, my disability has progressed. A dozen years ago, I did not use any assistive device to walk. Eventually I began using a walking stick, then a cane. In the spring of 2018, I fell during clinic at EP12, fracturing multiple bones in my left foot. I have since become dependent on forearm crutches. In addition, my hands fall asleep daily, and I have trouble opening bottles and jars. Fatigue puts me at risk of falling. Inpatient psychiatry, while not my passion, is impractical, as my crutches are a potential weapon. Had I been a surgeon, it is likely my career would have ended years ago. As a psychiatrist, it is far from over.

This summer, I was among several physicians featured in Atlanta Magazine regarding COVID-19. I was initially ambivalent, but upon publication was pleased I chose to be photographed with my crutches.

As a physically disabled person, I have faced some limitations- the most significant being an inability to obtain private disability insurance. Years ago, I accepted that I would always work for a large organization with group insurance. I have become more outspoken about my needs- and for the needs of others with similar difficulties. As we focus on DEI, please think about those with Disabilities and give them the opportunity to excel. We all may benefit from their contributions.

WELLNESS RESOURCES
Resources from Healthy Emory and a link below to the ACPH.
- Benefits: https://www.hr.emory.edu/eu/benefits/index.html
- Rewards: https://www.hr.emory.edu/eu/rewards/index.html
- Career: https://www.hr.emory.edu/eu/career/index.html
- Learning: https://www.hr.emory.edu/eu/learning/index.html
- Wellness: https://www.hr.emory.edu/eu/wellness/index.html
• Work Life: https://www.hr.emory.edu/eu/work-life/index.html
• Employee Assistance: https://www.fsap.emory.edu & https://www.physician-wellbeing-conference.org/

FACULTY KUDOS

Major Leadership Appointments, Activities and Achievements
Adriana Hermida has been elected president of the International Psychogeriatric Association.

Rickey Gillespie was named Associate Medical Director for the Grady Trauma Project.

Sanne van Rooij was named Associate Director of Research Outreach for the Grady Trauma Project.

Education
DOI 10.1007/s40596-021-01530-y

Research
R01MH128872 MPIs: Jennifer Felger (contact); Andrew Miller; Albert Anderson 09/10/2021-08/31/2026 The Role of Inflammation in CNS Mechanisms of Anhedonia and Psychomotor Slowing in Depressed PWH as Determined using a Next Generation TNF Antagonist. This project will determine whether TNF plays a role in depression in PWH with high inflammation using XPro1595, a next generation TNF inhibitor that is selective and potentially safer and more effective than older TNF inhibitors. Total Costs: $3,161,405


Hermida AP. Keeping Professionals Current on Their Geriatric Knowledge. FOCUS 2021, 19(3), pp. 269–270


**Honors, Awards, Rankings**  
Department Awards - [https://psychiatry.emory.edu/faculty/development/awards/recipients.html](https://psychiatry.emory.edu/faculty/development/awards/recipients.html)

- Distinguished Scientific Contributions Award: Junior Faculty – Jessica Maples-Keller, PhD
- Distinguished Scientific Contributions Award: Senior Faculty – Jay Weiss, PhD
- Distinguished Service Award: National/International – Adriana Hermida, MD
- Distinguished Service Award: Local/Regional – Jennifer Holton, MD
- Distinguished Clinician Award (Emory Healthcare) – Wendy Baer, MD
- Distinguished Clinician Award (Grady Health System) – Stephanie Winn, MD
- Distinguished Clinician Award (Atlanta VAMC) – Emily Jackson, PhD
- Distinguished Mentor Award: Science – Claire Coles, PhD
- Distinguished Mentor Award: Service and Education – Erica Marshall-Lee, PhD
- Nadine J. Kaslow Excellence in Diversity, Equity and Inclusion Award – Jordan Cattie, PhD
- Distinguished Adjunct Faculty Member Award – Beverly Stoute, MD
- Distinguished Adjunct Faculty Member Community Service Award – Julie Rand Dorney, MD

Congratulations to the following faculty members who were honored on the School of Medicine Researcher Appreciation Day:

- Abigail (Abby) Lott
- Vasiliki Michopoulos
- Sheila Rauch
- Mar Sanchez
- Yilang Tang
- Sanne van Rooij
- Larry Young
Milena Armani received Faculty Development Funds to attend several institutes and extended workshops at the upcoming AACAP meeting. Her workshop entitled Implementing Family Therapy Observed Clinical Exams to Provide Competency-Based Formative Evaluation to Child and Adolescent Psychiatry Trainees has also been accepted.

Joya Hampton-Anderson was accepted as a 2021-23 NIDA-funded HIV/AIDS Substance Abuse and Trauma Training Program Scholar.

Sheila Rauch was invited to serve on the School of Medicine Faculty Committee on Appointments and Promotions (FCAP).

Jennifer Stevens was selected to receive a Woodruff Scholar Early Independence Award.

**Presentations**

Milena Armani along with Jennifer Holton, Marianne Celano and Laura Jane Miller will be presenting a workshop entitled Implementing Family Therapy Observed Clinical Exams (OSCEs) to Provide Competency-Based Formative Evaluation to Child and Adolescent Psychiatry Trainees at the upcoming meeting of the American Academy of Child and Adolescent Psychiatry.

**Emory in the Media**


Barbara Rothbaum (1) NPR – [For Many Who Were Present, the 9/11 Attacks have had a Lasting Mental Health Impact](https://www.npr.org/sections/health-shots/2021/09/11/1046555416/for-many-who-were-present-the-9-11-attacks-have-had-a-lasting-mental-health-impact).

**ADJUNCT KUDOS**


Ray Kotwicki was promoted to the rank of adjunct professor.

Stefanie Speanburg was promoted to the rank of adjunct associate professor.

**TRAINEE KUDOS**

Benson Ku received the American Academy of Child & Adolescent Psychiatry Educational Outreach Program Award.

Katelyn Oliver received funding on the program training grant (T32).
Anny Reyes was appointed as the student representative for the Diversity, Equity and Inclusion Taskforce for the International League Against Epilepsy.

Alyssa Roeckner received confirmation from NIMH that her F31 NRSA will be funded.

Charlotte Van Hale gave two presentations to the PGY-1 class at Grady: (1) first episode psychosis, and (2) negative symptoms of schizophrenia vs. depression.

**STAFF KUDOS**

None reported