REMEMBER
Please send me your accomplishments and personal updates for the October 2022 Kudos

SAVE THE DATES

FACULTY DEVELOPMENT SEMINARS
Upcoming faculty development seminars, which will be held from 9:00-10:30a, Zoom link:
- Wednesday October 19, 2022 – Crucial Conversations Part 2 – This seminar will focus on navigating crucial conversations with supervisors and senior leaders. NOTE DATE CHANGE
- Wednesday December 7, 2022 – Giving Trainees Effective Feedback

WRITING GROUPS: UPCOMING
The Writing Group is the 1st Wednesday of every month from 8:00-9:00am. The next meeting is Wednesday, October 5, 2022 and will be on Zoom.

SPOTLIGHTS
FACULTY SPOTLIGHT: Brandon Kitay, MD
Brandon Kitay is an Assistant Professor involved in teaching, research and clinical care in the Adult Outpatient Program and Interventional Psychiatry Service ("neuromodulation service"). He is also the Director of Behavioral Health Integration for Emory Healthcare with the mission of expanding access to mental health resources that are both timely and at the appropriate level of care. In this role, he has developed several targeted initiatives including:

1. Implementing the Collaborative Care Model (CoCM) to drive patient-centered, primary care-based mental health treatment. Since 2021 we have expanded to four Primary Care Clinics (Emory Midtown Primary Care, St. Joseph's Primary Care, Rockbridge Primary Care and Dunwoody Family Medicine) having treated over 700 patients, many of whom have never formally engaged in mental health services, and concurrently participated in a clinical trial testing this model as a vehicle for providing management of opioid use disorder (OUD) in the primary care setting (CHAMP Trial),
2. Piloting a "Psychiatry e-Consult" program to formalize "curbside consultation" via EMR driven communication with Primary Care providers around psychopharmacological management questions for patients under their care;
3. Developing a pilot for the use of a fully integrated, mHealth platform for the delivery of digital mental health resources and assist in step-wise management of patients identified with mental health concerns in primary care.

These approaches will hopefully start filling gaps in the Emory mental healthcare continuum and facilitate scaling of limited direct patient care resources.
Brandon remains active as an ECT, ketamine/esketamine practitioner and involved in clinical trials involving these treatments and novel therapeutics. He is a site-PI for the CBT-ENDURE study investigating the benefits of CBT versus treatment as usual in combination with esketamine for patients with major depressive disorder and suicidal ideation. He is also the Director of the Longitudinal Mood and Anxiety Disorders Curriculum for the Psychiatry Residency Program and serves on several committees including the Opioid Stewardship Council, Departmental Faculty Development Committee and the Woodruff Health Sciences Center Office of Well-Being (EmWell) Clinical Care Committee (Physicians Workgroup).

Outside of Emory, Brandon has served on several scientific advisory boards for pharmaceutical companies involving translating and implementing novel therapeutics for mood disorders in clinical practice and incorporating emerging technologies in clinical trial design and patient care. He has also served on various committees for professional groups such as the American Society of Ketamine Providers (ASKP3) and recently the National Network of Depression Centers (NNDC).

Brandon enjoys tackling hard problems and his work involves doing so at the level of individual patients through systems of care. He finds developing complex treatment plans and scalable, population-based solutions to be incredibly satisfying as they benefit most from the combination of analytical and creative thinking.

As a resident, research fellow and junior faculty, Brandon had the opportunity to contribute to a new first-in-class drug, esketamine, receiving FDA approval and within one year turn around and prescribe that drug to patients in clinical practice. While his contribution was small relative to the Herculean effort of bringing this drug to market, he was able to experience the rare success of bench-to-bedside medicine along with a paradigm shift in our field's understanding of depressive disorders. This initial excitement was tempered by the sobering challenges associated with delivering new, innovative therapies to patients in need and providing an excellent standard of care along the natural course to specialty referral. In thinking about these challenges, Brandon was introduced to "integrated care" and again afforded a unique opportunity to start a Collaborative Care program. This pivot from translational to health services/implementation work led to a growing interest in healthcare administration and program development; an interest that would ultimately draw him to Emory. Emory entrusting him with a directorship supported by excellent mentorship has been one of the most important professional developments of his career thus far. Since joining the faculty, he has grown immensely as a physician-scientist, educator and healthcare administrator.

In the future, Brandon would like to continue to grow as a leader in the field and hopes to impact issues related to patient access. In the near term, this involves expanding some of the aforementioned programs and develop models of delivery like a "virtual Collaborative Care Model" where a care team need not be co-located at a treatment location. In the long term, he would like to develop a statewide coalition and lobby the
state legislature to support integrated care programs, for example, by extending Medicaid coverage for programs like Collaborative Care that would benefit rural mental health access in addition to our patients here at Emory. Perhaps most importantly, he wants to continue having fun in academic medicine and inspire the next generation of psychiatrists!

Outside of the workplace, Brandon is still settling into Atlanta and enjoys exploring all the city has to offer. Living along the Belt Line, he loves hopping on his bike and finding new neighborhoods and trying different restaurants. He attends as many concerts/festivals as possible, and Atlanta does not seem to have a shortage of either. He is a science fiction/fantasy enthusiast, so keeping up with his favorite television series and attending Dragon Con has also been important facets of his life outside of work. Brandon would be remiss if he did not mention much of his life also revolves around his supportive partner and their two terriers, Bowie and Buddy.

**ADJUNCT FACULTY SPOTLIGHT: Tiffany Gartrell, MD**

Tiffany Gartrell completed her medical school training at Morehouse School of Medicine. She then went on to complete both her General Psychiatry Residency and Forensic Psychiatry Fellowship at Tulane University School of Medicine. After training, Tiffany began working as a Forensic Psychiatrist at Georgia Regional Hospital Atlanta (GRHA). In addition to working as a medical staff member at GRHA, she is currently the new president of the medical staff. At GRHA she supervises the Emory Forensic Psychiatry Fellows every week while they perform competency evaluations, criminal responsibility evaluations and courtroom testimony. Tiffany also supervises medical students and residents on their Forensic Rotation from Morehouse School of Medicine.

The one thing Tiffany enjoys most about being an adjunct faculty member is the opportunity to work with up-and-coming Psychiatrists, and hopefully have a meaningful impact on how they practice medicine. By working with the trainees, it also forces her to be a better Psychiatrist. People may be surprised that in her free time she enjoys painting.

**STAFF SPOTLIGHT: Dayna Holbel**

Dayna Holbel is currently an Educational Consultant with the Education and Transition team at the Emory Autism Center, focusing on supporting transition age (14-26) young people with ASD and their families. This involves direct support through one-on-one Goal Planning Meetings, resource sharing, referrals to agencies and providers and client education. Additionally, she is responsible for the Individualized Transition to Adulthood Project, funded by the Department of Public Health to improve post-secondary outcomes for students with ASD. Through this work, she works closely with teammates to complete comprehensive transition assessments, teacher trainings, technical assistance, parent education and partnerships with community service agencies.

What Dayna most enjoys about work is transition planning has been a focus of her career since nearly the beginning. She loves helping students, teachers and families
think outside the box to create student-focused meaningful transition plans resulting in an interdependent, meaningful life that includes work, community and purpose.

Dayna has had many roles in her career, from paraprofessional to teacher, to transition specialist, to reading tutor, to roles on various boards and community agencies and finally as an educational consultant with the Emory Autism Center. In each, she has learned the importance of listening, learning and helping.

Dayna is married to her husband Jim and together they are parenting their two college-age children through the last stages of adolescence. They love to travel, attend musical concerts and entertain family and friends at home. She also enjoys hiking, jewelry making and pretty much any sort of creative activity.

Professionally, Dayna looks to help her team expand the reach and scope of their project. She especially sees their work being critical for improving transition planning in school districts throughout the state and would like to expand their professional development work. She sees the Education and Transition team becoming a go-to resource for students, parents, educators and community members.

**TRAINEE SPOTLIGHT: Michael Hsu, MD**

Michael Hsu is an Emory addiction psychiatry fellow and currently rotating at the Atlanta VA where he treats patients at the Substance Abuse Treatment Program (SATP) Evaluation, Stabilization and Placement (ESP) clinic and addiction consult service and seeing patients in individual psychotherapy. He also rotates one afternoon a week at the Emory Adolescent Substance Use Treatment (EAST) clinic where he sees adolescents and young adults with substance use disorders.

Outside of Emory, Michael is an APA / SAMHSA Substance Abuse Minority Fellow and was awarded grant funding to study factors contributing to disparities in substance use treatment access and how to address them. He is also the trainee lead of the Cannabis Performance in Practice (PIP) curriculum team for the American Academy of Addiction Psychiatry (AAAP).

Previously, he was the chief resident of outpatient psychiatry at Brigham and Women's Hospital/Harvard Medical School and was on the Residency Leadership Committee where he assisted with outpatient residency clinic operations, facilitated didactics and worked closely with program leadership to enhance education and wellness. He also works with a non-profit providing peer-support coaching to individuals with mental illness and co-morbid internet and gaming addiction.

Michael enjoys getting to know his patients and working with some of the brightest and most driven colleagues at Emory. He is always struck by his patients' resilience and resourcefulness despite having to overcome unprecedented challenges. Just as devastating as it is to see how their lives and the lives of their loved ones are impacted by substance use and mental illness, it is also incredibly rewarding to walk with them in their recovery and help them achieve their goals.
One highlight of Michael’s residency was co-leading a partnership across community health leaders, church leaders and volunteers to address homelessness and substance use disorders in South Boston through relationship-building and connecting individuals to existing resources. His experiences working with that partnership shaped the way he views and works with individuals experiencing homelessness and addiction and inspired him to enter the field of addiction psychiatry. Michael also worked on a quality improvement project at Brigham and Women's Hospital where he helped identify and address racial-ethnic disparities in accessing outpatient addiction services through provider and community-based educational initiatives. Another career highlight was joining the addiction psychiatry fellowship at Emory. As someone who has not worked in a VA before, it has been a unique opportunity working with veterans, many of whom have co-morbid PTSD and substance use disorders. Looking to the future, Michael hopes to work in an academic setting where he gets to treat patients with dual diagnoses, teach and continue his research on health equity in addiction treatment, digital psychiatry and cannabis.

Outside of work, Michael enjoys exploring Atlanta with his wife, playing with their two-year-old dog Momo, trying out new recipes in the kitchen, reading and playing tennis.

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**WELCOME NEW FACULTY**

**Kara S. Brendle, PhD** – Adult Outpatient Services, The Emory Clinic – (Clinical Psychology, Georgia State University, 2011) is a clinical psychologist and Assistant Professor in the Department of Psychiatry and Behavioral Sciences at Emory University School of Medicine. She also serves as the Site Director for the Emory Child and Adolescent Psychiatry Fellowship, since 2012. Prior to starting her new role at Emory Clinic, she was at the VA Medical Center Outpatient Mental Health Clinic as a psychologist and lead of the Mood Disorders/Depression Treatment team for 10 years. During her tenure at the VA, Dr. Brendle was the founder and leader of the Atlanta VA Family/Couples Services Committee which aimed to enhance family/couple services across VA and connect providers who have training and/or interest in couples/family work. She also co-created and led the Family/Couples Intervention team, which sought to provide consultation and family/couples services to Veterans and their families. As a part of the Psychology training program at the Atlanta VAMC, Dr. Brendle provided psychotherapy supervision for psychology interns and post-doctoral fellows. She has extensive training in Acceptance and Commitment Therapy (ACT), Cognitive Behavioral Therapy (CBT), couples therapy (Integrative Behavioral Couples Therapy), child (Parent-Child Interaction Therapy, Trauma-Focused CBT) and systemic family therapy. Dr. Brendle’s clinical and professional areas of specialization and interest include parenting/family systems; resilience mechanisms in response to complex trauma; program design and quality improvement of treatment delivery; and supervision/training.

**Jessica A. Cooper, PhD** – Jessica A. Cooper completed her PhD in psychology at the University of Texas at Austin in 2017, followed by postdoctoral training at Emory University in the Department of Psychology. She primarily studies the neurobiology of motivation, decision making and response to reward using fMRI and computational modeling. She will be working in the Department of Psychiatry and Behavioral Sciences
on a K01-funded study examining elevated inflammation and altered glutamate function as transdiagnostic mediators of stress-induced anhedonia. She lives in Decatur with her wife, Kate, and their twin sons, Casey and Austin.

**DISC UPDATES**

**Navaratri – Sobha Fritz, PhD, Assistant Professor** – This festival celebrates the strength and many forms of Hindu Goddesses. It spans 9 nights and 10 days. Ratri means night. The highlight of the festival celebrates the triumph of good over evil where the Goddess Durga defeats an evil force. This victory symbolizes restoring balance and positive energy. Pujas (prayers) are done each day to various deities. Some devotees fast while others choose to share food with family and friends.

**International Day of Peace – Erica Marshall-Lee, PhD, Associate Professor** – In 1981, the United Nations established The International Day of Peace and 20 years later voted the day to be one of cease fire and non-violence around the world. The day is to be commemorated through peace related public awareness and education. This year’s theme is to build peace by ending racism acknowledging that peace entails more than laying down arms, it also necessitates establishing societies in which all citizens are considered equal regardless of race and able to thrive. It involves creating a world in which people are treated equally, regardless of their race.

**Rosh Hashanah – Nick Thompson, MD, PGY-3** – Rosh Hashanah is the first of the Jewish High Holy Days which occur in early autumn. Historically, its origin marks the beginning of the economic year in agricultural societies, with the start of the cycle of sowing, growth and harvest. There are many Rosh Hashanah customs. For example, the sounding the shofar (a cleaned-out ram's horn) is a symbolic "wake up call" for Jews to reflect on their lives and actions over the past year, and intentions for the upcoming year. Tashlikh on Rosh Hashanah also involves prayers recited and rituals performed near flowing water in which one's sins are symbolically cast into the water. My (and many people's) favorite food is apples dipped in honey, which symbolizes a sweet new year. Round challah bread is also often served and symbolizes the cycle of the year. Shanah Tovah (happy new year), everyone!

**WOMEN FACULTY SUBCOMMITTEE**

None reported

**WELLNESS RESOURCES**

Winship Cancer Institute is hosting the Winship 5K on Saturday, October 1. Walk, jog, run the Winship 5K October 1st! An ideal way to practice wellness, exercise for a cause! Register as an individual, search for a familiar team or join the wellness movement with Team EmWell!

Healthy Emory is bringing back the Eat Smart, Move More, Weigh Less program in September.
Challenges with Healthy Emory are ongoing - the Sharecare app is the platform and incentive dollars are available!

**Operation Eat Right** encourages you to improve your nutrition and boost your well-being using Healthy Emory Connect!

Resources from Healthy Emory and a link below to the ACPH.

- **Benefits**
- **Rewards**
- **Career**
- **Learning**
- **Wellness**
- **Work Life**
- **Employee Assistance**
- **Employee Assistance – Physician Wellbeing Conference**

Healthy Emory resources including the Sharecare platform for Move More, Refresh from Stress and more! Open to University and Healthcare Employees

[Healthy Emory Connect | Emory University | Atlanta GA](#)

Wellbeing and mental health support for Emory University Employees [Faculty Staff Assistance Program](#) and for [Emory Healthcare Employees](#) username EHC (800 327 2251)

Graduate Medical Education Well-being [Resident Well Being | Emory School of Medicine](#)

International Conference on Physician Health (alternates years with American Conference) [International Conference on Physician Health™ | American Medical Association](#)

[Dr. Lorna Breen Heroes Foundation | Dedicated to Protecting the Well-Being of Physicians and Health Care Professionals](#)

Office of Well-Being established for Woodruff Health Sciences [Emory’s Woodruff Health Sciences Center establishes Office of Well-Being | Emory University | Atlanta GA](#)

**FACULTY KUDOS**

**Major Leadership Appointments, Activities and Achievements**

Anjan Bhattacharyya will be the Chief of Clinical Services for the Department of Psychiatry and Behavioral Sciences starting Oct 1.

**Research**


Palanci J, Marshall - Lee E, Celano M, Hassan S, Wood K. (September 2022). The Cultural Formulation in Practice: Perspectives and Insights. (Oral). Emory University School of Medicine, Department of Psychiatry and Behavioral Sciences, Atlanta, Georgia


**Education**

Ann Schwartz was invited to join Weill-Cornell - Qatar as a Visiting Professor for a virtual mini-symposia. As a Visiting Professor, she met with students to provide specialty advising support and mentoring.

David Thylur has been named Site Director at Grady where he will serve as a liaison between residency education leadership, faculty, chief residents and the residents at Grady. He also is working to assess and improve the didactic curriculum at Grady.

**Honors, Awards, Rankings**
Andrea Crowell received the Emory University Psychoanalytic Institute Outstanding Early Career Faculty Award for curriculum committee, recruitment, leadership-advocacy within the Department of Psychiatry, as well as the Hugo Zee, MD, Psychoanalytic Research Award.

Negar Fani and Jennifer Felger received a supplement award to R01AT011267 (PI: Fani), entitled "Inflammation Change Associated with Interoception Change following Vibroacoustically Augmented Breath Focused Mindfulness for Dissociation."

Andrew Furman received the Innovation for Impact Award from the Emory University Psychoanalytic Institute for Residency Education and Psychiatry and the Arts.

Rachel Hershenberg was nominated to be an American Psychological Association Division 12 (Society of Clinical Psychology) Science Liaison, serving as a "Science Partner" for the American Psychological Association's Science Directorate.

Nadine Kaslow received the Beverly J. Stoute, MD, Diversity and Inclusion Award from the Emory University Psychoanalytic Institute.

Steven Levy received the Ralph E. Roughton, MD, Lifetime Service and Achievement Award and the Robert A. Paul, PhD, Scholarship Award from the Emory University Psychoanalytic Institute.

Martha Ward has been appointed as a delegate to the Medical Association of Atlanta, where she will be voting on resolutions regarding reproductive rights and care of incarcerated and other vulnerable persons, among other issues.

**Presentations**
Benson Ku was invited to give a SMI Adviser webinar presentation titled, Zip Code and Mental Health: Where you Live Matters for Individuals with Serious Mental Illnesses.

**Media**
Boadie Dunlop (1) USA Today – *Adderall Shortage in US Spreads to Two More Drug Suppliers, Impacting Consumer Demand*.


Andrew Sherrill (1) Diverse – *VR-Assisted Therapy*.

**ADJUNCT KUDOS**
The following faculty received the Samuel B. Brown, MD, Mentoring Award from the Emory University Psychoanalytic Institute:
- Samuel B. Brown
- Robert T. Elliott

The following faculty received the Innovation for Impact Award from the Emory University Psychoanalytic Institute:
- John Paddock for the Fellowship Program
- Bruce Rudisch for the Fellowship Program
- Lisa Rosof for the Leadership Fellows Program; Executive Coaching Diploma Program, IPA podcast
- Derek O’Brien for the Leadership Fellows Program/Executive Coaching

The following faculty received the Salley S. Jessee, MD Exemplary Service Award from the Emory University Psychoanalytic Institute:
- Lucie Klein Coulton
- Susan Chance
- Carol Levy
- Laura A. Westen

The following faculty received the Lucie Klein Coulton, LCSW Excellence in Psychoanalytic Psychotherapy Supervision Award from the Emory University Psychoanalytic Institute:
- Juliet Buchwalter
- Eleanor W. Lee
- Derek O’Brien

The following faculty received the Steven T. Levy, MD Excellence in Adult Psychoanalysis Supervision Award from the Emory University Psychoanalytic Institute:
- Sybil Ginsburg
- Salley Jessee

The following faculty received the J. Mickey Nardo, MD, Excellence in Teaching Award from the Emory University Psychoanalytic Institute:
- Sybil Ginsburg
- Kendle Jenkins
- Karen Schwartz

The following faculty received the Robert A. Paul, PhD, Scholarship Award from the Emory University Psychoanalytic Institute:
- Robert A. Paul
- Noelle McAfee
- Beverly J. Stoute

The following faculty received the Ethel S. Person MD Award for Women in Psychoanalytic Leadership from the Emory University Psychoanalytic Institute:
- Wendy Jacobson
- Beverly J. Stoute
- M. Jane Yates

The following faculty received the EUPI Unsung Hero Award from the Emory University Psychoanalytic Institute:
- Yudit Jung
- Eleanor Lee

The following faculty received the Gail Anderson, MD, Psychoanalytic Perseverance Award from the Emory University Psychoanalytic Institute:
- Gail Anderson
- Nancy Chase
- Ralph E. Roughton
- Nadia Sawicki
- Nisha Shah

The following faculty received the Ralph E. Roughton, MD, Lifetime Service and Achievement Award from the Emory University Psychoanalytic Institute:
- Ralph Roughton
- Gail Anderson
- Samuel B. Brown
- Sybil Ginsburg
- Wendy Jacobson
- Salley Jessee
- Bobby A Paul
- M. Jane Yates

Cheryl Eschbach received the Wendy Jacobson, MD, Exemplary Chair Award from the Emory University Psychoanalytic Institute.

Geoff Goodman received the Hugo Zee, MD, Psychoanalytic Research Award from the Emory University Psychoanalytic Institute.
Sharon E. Harp received the Emory University Psychoanalytic Institute Outstanding Early Career Faculty Award for Chair of COVID Task Force, teaching, website design and coordination, Psychoanalytic Psychotherapy Supervision, advising, elected faculty representative to the Executive Committee.

Kisha Holden was invited and accepted to join the editorial board for *Health Psychology*.

**Publications**


**Presentations – National Professional Meetings and Forums**


**Presentations – Institutional and Community Workshops**


Douglas Lewis was awarded Division 41’s ECP Practitioner Grant.

Alexandra H. Sawicki received the Emory University Psychoanalytic Institute Outstanding Early Career Faculty Award for Teaching, advising for Core, candidate recruitment.

Mark Stoholski received the Emory University Psychoanalytic Institute Outstanding Early Career Faculty Award for Teaching, serving on the Curriculum Committee and Co-Chair of the Core Progression Committee.

Beverly Stoute received the Beverly J. Stoute, MD, Diversity and Inclusion Award from the Emory University Psychoanalytic Institute. In addition, she will present for the Freud Museum in London on October 9th for Global Mental Health titled Refugees, Primitiveness and Eurocentric Gaze. She is presenting a psychodynamic framework for how the social dynamics of slavery and lynching creates cultural templates for group racial enactments in everyday life including in educational institutions.

TRAINEE KUDOS

None reported

STAFF KUDOS

Ayanna Webb received the 10 Years of Excellence in Administrative Service Emory University Department of Psychiatry award.