

Abigail (Abby) Powers Lott, PhD, ABPP

Introduction:

I am an Associate Professor in the Department of Psychiatry & Behavioral Sciences. I am also a Co-Director of the Grady Trauma Project, an interdisciplinary and translational clinical research program focused on identifying underlying mechanisms of risk and resilience following trauma exposure in the development of adverse health outcomes across the lifespan and generations. I also conduct clinical trials research with transdiagnostic interventions to address the trauma-related conditions in multiply marginalized communities and works in the adult outpatient clinic.

Area(s) of expertise:

My areas of expertise relate to trauma and PTSD research, grant writing, clinical supervision, clinical trials and community engaged research, as well as working with communities marginalized by race, income, and gender

Relevant personal details:

I am married with two elementary school children and am always happy to discuss my experience with navigating work and family life.

Approach to mentoring and availability:

I approach each mentor-mentee relationship with thoughtfulness and humility and how we structure the relationship is based on the goals of the mentee. I can support mentees in areas of research, clinical practice, supervision, or professional development or a combination of those.