

## **Rachel Hershenberg, PhD, ABPP**

### **Introduction:**

I am an Associate Professor in the Department of Psychiatry and Behavioral Sciences. A clinical psychologist, I am the Director of Psychotherapy, Treatment Resistant Depression Program

I specialize in Treatment Resistant Depression (TRD) and work in this collaborative TRD team at Emory. I also see patients in geriatric psychiatry in the Fuqua Center for Late Life Depression.

### **Areas of expertise:**

I collect data from routine clinical care, focusing on conditions with high external validity. I specialize in the research and treatment of depression, including adults, older adults, and refractory patients with chronic and recurrent depression. I am involved as Co-I on multiple projects and can speak to multi-disciplinary collaborations. I regularly work with Emory Department of Psychology undergraduate and graduate students for clinical and research practica. I am actively involved in national leadership, particularly within APA Division 12 (Society of Clinical Psychology), and secondarily with Society for the Exploration of Psychotherapy Integration.

### **Relevant personal details:**

I am a working mom, living in a city without larger family support. I am happy to mentor on larger professional development as well as balancing work with parenting (and other aspects of life).

### **Approach to mentoring and availability:**

I enjoy doing phone meetings, and I'd even encourage taking a walk while we talk on the phone! Happy to discuss how you're feeling alongside what projects you're working on, in addition to general questions of professional identity and development. I bring to my mentorship what I bring to my clinical space – a time for validation, support, and curiosity.