

EMORY DEPARTMENT OF PSYCHIATRY AND BEHAVIORAL SCIENCES KUDOS
MAY 2021

REMEMBER

Please send me your accomplishments and personal updates for the June 2021 Kudos

SAVE THE DATES

FACULTY DEVELOPMENT SEMINARS

Below is the information on the first faculty development seminar for 2021. We will send out the rest of the information as soon as possible so that people can clear their schedules. All seminars are from 9:00-10:30am and will be virtual this year.

- July 21, 2021 – Culturally Inclusive Teaching: Strategies to Help Learners from all Cultural Backgrounds Thrive - <https://zoom.us/j/6213030759?pwd=dzB1aWU5TFRVbTZwK2JFd3R6WTh2dz09>

WRITING GROUPS: UPCOMING

The Writing Group is the 1st Wednesday of every month from 8:00-9:00am. The next meeting is Wednesday June 2, 2021 and will be on Zoom - <https://zoom.us/j/6213030759?pwd=T0hpY056a0N1RFdvWjFIQ3d4UU1vZz09>

CE WORKSHOP SCHEDULE

The next psychology continuing education workshop is scheduled for Friday October 22, 2021. The topic is technophobia. Details will follow.

SPOTLIGHTS

ADJUNCT FACULTY SPOTLIGHT: Wendy Jacobson, MD

Wendy Jacobson is an Adjunct Professor in the Department and a Training and Supervising Analyst in the Emory University Psychoanalytic Institute (EUPI), where she also serves as an Associate Co-Director. She has contributed to the department on a volunteer basis for twenty-seven years in various capacities, for many years as a supervisor in the OPTP as well as EUPI, and more recently shifting her focus to organized psychoanalysis locally and nationally. She also serves on the Adjunct Faculty Appointments and Promotions Committee. She chaired the EUPI Analytic Progression Committee for a decade and was active in efforts to secure the new space for EUPI in EP-6 generously donated by Mrs. Catherine Shropshire Hardman. Lately she has been resurrecting an effort to establish a doctoral degree in psychoanalysis at Emory that would combine academic and clinical preparation for a career as a psychoanalyst. Prominent Emory faculty have volunteered to help through the university-wide Faculty of Psychoanalysis. Wendy hopes the timing is right for such a degree to come to fruition at a university of Emory's caliber and prestige. On the national front, Wendy is Associate

Head of the American Psychoanalytic Association (APsaA) Department of Psychoanalytic Education (DPE) where she works to advance innovative concepts for psychoanalytic education while shoring up support for APsaA institutes across the country and doing nuts and bolts organizational and programming work. She has published pieces with a psychiatric and psychoanalytic bent in *Newsweek* and *HuffPost* and was particularly honored to give a psychoanalytic graduation speech some years ago that captures her [thinking about the field](#). Early in her career she served on the national program committee of the American Psychiatric Association (APA) and is a Distinguished Fellow of the APA. She was an examiner for the American Board of Psychiatry and Neurology (ABPN) when it featured live patient interviews and served as Program Chair and President of the Atlanta Psychoanalytic Society. She worked for several years as a psychiatrist in Emory Student Health when she and her family first relocated from New York to Atlanta. She attended medical school at the Columbia University College of Physicians and Surgeons, did her psychiatry residency at Cornell-Payne Whitney (fondly known as “Pain Whip-Me”), and her psychoanalytic training at the Columbia University Center for Psychoanalytic Training and Research. A native New Yorker, she believes you can take the girl out of New York but not New York out of the girl, while also considering herself a Jewish Southern Belle. Andrew H. Miller, her esteemed husband in the department, and their children, are the center of her universe, along with her [private practice](#). She treasures the patients who have entrusted themselves to her care—and her colleagues and friends near and far who nurture her. She feels fortunate at this rich stage of life, pandemic notwithstanding, to be able to “give back” to her beloved field of psychoanalysis and fortunate to be in a fostering university, institute, and national organization.

STAFF SPOTLIGHT: Natalie McWhorter

Natalie McWhorter is the Administrator for the Department of Psychiatry. She has the pleasure of working with teams across the Emory portfolio, including at Executive Park & Emory Healthcare, Grady, the Emory Autism Center and the Psychoanalytic Institute. She provides the administrative support for various projects and clinical activities for both Emory Healthcare and Emory University. This includes grants and contracts, budget planning and oversight, financial analysis, compensation modeling, data analytics and clinic operations. Most recently, she had the opportunity to support a very exciting initiative involving Emory's partnership with the Hazelden Betty Ford Foundation. Natalie has been part of the BHC team since its infancy, so it gives me much pride to see the growth and many successes. She looks forward to continuing to support strategic goals and objectives to meet the changing demands for new and innovative services.

People are at the core of business, and Natalie enjoys the opportunity to work with such high caliber providers and staff focused on making a difference in the well-being of the patients we have a privilege to serve. Working in healthcare provides variability, where every day brings on a new challenge and an opportunity for me to use her skills to help support the BHC mission. Working for an Academic Medical Center provides interesting challenges, while providing unique professional opportunities.

Natalie joined the Emory team after completing her Masters of Science in Health Administration, and was honored to be selected as one of Emory Healthcare's Administrative Fellows. She loved the Fellowship, it provided the opportunity to catapult her career using the skills and relationships she made during that time to continue my professional pursuits at Emory. Certainly, the relationships with the team and the professional challenges throughout the various roles has made it an exciting and fun place to work

Natalie loves what she does and the people she interacts with on a daily basis. Her immediate goals are to support the many department initiatives, coupled with continuing to pursue the BHC strategic vision.

Outside of work, Natalie is a wife and mom, and her and her husband spend the majority of their time chasing a very active little two-year-old, Mason. She enjoys being active and has done CrossFit for five years. Her and her husband lead a Couples Community Group through Buckhead Church, and have developed some great friends through that avenue. They love the beach, and use any excuse to travel to the 30A area in Florida.

TRAINEE SPOTLIGHT: Karyn Korsah, MD

Karyn Korsah is a psychiatry PGY3 and holds the positions of PGY3 class co-representative, diversity co-chair, social committee member and part of GME's Global Health and Health Equity, Advocacy and Policy tracks. She will be starting as one of the fifteen APA Diversity Leadership Fellows for 2021-2023, and looks forward to collaborating with them and learning ways to advocate for her underserved patients.

There is never a boring day for Karyn! She can truly say she loves her job, despite the challenges - psychiatry is the perfect blend of intersectionality between the medical and psychosocial realms. She enjoys having the freedom to be creative in regard to therapeutic techniques and even psychopharmacological treatment.

Highlights of Karyn's career trajectory to date include being selected to be part of GME's Global Health and the Health Equity, Advocacy and Policy tracks and collaborating with other like-minded individuals in various specialties. She also enjoys contributing toward the development of a virtual consult-liaison rotation module for medical students at the height of the pandemic. It was great to work as a group to facilitate the students' learning during unstable times.

Karyn's plans for the future consists of starting starting as a Morehouse child and adolescent psychiatry fellow in July.

Interests for Karyn outside of the workplace include enjoying cooking, game nights and attending Zoom parties and backyard events with my co-residents.

PROGRAM HIGHLIGHT

The 2010, AMNESTY INTERNATIONAL report “Deadly Delivery: The Maternal Health Care Crisis in the USA” listed Georgia as the state with the highest maternal mortality rate in the nation. Between 2001-2006, Georgia’s pregnancy related maternal mortality rate was 20.2 deaths per 100,000 live births and has been rising ever since. Based on the most recent data from the CDC, Georgia no longer is in the last place. Rather, Georgia is 49th out of the 50 U.S. states in terms of maternal mortality rates (Louisiana is No. 50). Georgia had a maternal death rate of 66.3 per 100,000 live births from 2013 to 2017, far worse than the national average of 29.6 maternal deaths per 100,000 live births.

In reaction to this information, our state legislature charged several groups including the Department of Public Health and the Georgia Obstetric and Gynecological (OBGyn) Society with the task of investigating why women were dying in such large numbers in the year after a pregnancy’s end. Between conception and the first forty-two days after a pregnancy terminates – no matter the reason for the end of the pregnancy- women typically die from illnesses related to the pregnancy such as hemorrhage, embolic events, infection and cardiac related illness.

It is from the deaths occur later in the first postpartum year that PEACE for Moms, Georgia’s new perinatal psychiatry education, access and community engagement program, arose. Later in latter six months, the causes of deaths were overwhelmingly NOT from illness, but rather were due to homicides, suicides, drug overdoses and motor vehicle accidents.

PEACE for Moms (P4M) provides physicians, nurse practitioners, nurse midwives and physician assistants with consultation regarding the diagnosis and treatment of perinatal psychiatric illness. Upon registering with our program, we are available 5 days a week to help them with their patients who may be depressed, anxious, psychotic, coping with addiction or some other psychiatric illness. If needed, we can also provide a one-time evaluation of the patient. With the help of our partners at Healthy Mothers Healthy Babies Coalition of Georgia we can also provide the clinician and patient with referrals to support services throughout Georgia.

As we grow, it is our intention to educate as many clinicians as possible about maternal mental health. We are developing tool kits, based on those made by peers in other states, which will instruct clinicians on the process from screening to symptom remission. For patients, we are developing a variety of instruments to educate them about perinatal mental health issues and what they can do to alleviate symptoms. Jill Mast, RN, and Drs Rebecca Woo and Toby Goldsmith have been virtually traveling the state educating clinicians at grand rounds, trainee’s didactics and professional meetings and will continue to do so.

We are quite proud of our work and have high expectations for what we will be able to do in the future.

FACULTY COMINGS AND GOINGS

WELCOME NEW FACULTY

Danielle Brown will be joining Emory Psychiatry's faculty as an Assistant Professor this May working in the Adult Outpatient Clinic. Familiar to Atlanta, she completed a Bachelor of Arts in Psychology at Emory College. She comes to us after recently finishing her residency at University of Florida in Gainesville, Florida where she served as Chief Resident. Her areas of interest include women's mental health, geriatrics, and medical student/resident education.

FACULTY KUDOS

Major Leadership Appointments, Activities and Achievements

Barbara D'Orio was appointed as Associate Professor Emerita.

Boadie Dunlop has transitioned into Clinic Director of the Adult Outpatient Psychiatry Clinic.

Research

Fonzo GA, Goodkind, MS, Oathes DJ, Zaiko YV, Harvey M, Peng KK, Weiss ME, Thompson, AL, Zack SE, Lindley SE, Arnow BA, Jo B, Rothbaum BO, Etkin A.. Psychiatry Biol Psychiatry. Amygdala and Insula Connectivity Changes Following Psychiatry for Posttraumatic Stress Disorder: A Randomized Clinical Trial.

Han X, Jiang F, Needleman J, Guo M, Chen Y, Zhou H, Liu Y, Yao C, Tang YL. A Sequence Analysis of Hospitalization Patterns in Patient with Major Psychiatric Disorders in China. BMC Psychiatry, 2021, 21:245. <https://doi.org/10.1186/s12888-021-03251-w>

Kaslow NJ, White DT, & Cook SC. (2021). Psychological perspective on the association between critical care resource availability and emotional wellness during the COVID-19 pandemic. *Clinical Infectious Diseases*, 72, e577-579. doi: 10.1093/cid/ciaa1398/5905679

Stubbs KR, Smith CR, Tang Y. Measuring Cotinine for Cigarette Smoking and Smoking Cessation in Psychiatric Patients. *Current Psychiatry*. 2021 May;20(5):14-18,49 | doi:10.12788/cp.0115

Wingo TS, Liu Y, Gerasimov ES, Gockley J, Logsdon BA, Duong DM, Dammer EB, Lori A, Kim PJ, Ressler KJ, Beach TG, Reiman EM, Epstein MP, De Jager PL, Lah JJ, Bennett DA, Seyfried NT, Levey AI, Wingo AP. Human Genetics Brain proteome-wide association study implicates novel proteins in depression pathogenesis.

Honors, Awards, Rankings

This is the inaugural year for the School of Medicine's Clinical Distinctions Program, which recognizes clinical faculty for their outstanding patient-centered contributions. There are three levels of this tiered distinction program: senior physician/psychologist, distinguished physician/psychologist, and master physician/psychologist. We were able

to nominate up to 5% of the faculty for these distinctions and for the first year, we prioritized nominating faculty across these three tiers (which relate to years of service and nature of contributions), across sites (e.g., Grady, Emory Healthcare, VA), and across disciplines. Going forward, we will open upon the process for nominations to include self-nominations and nominations from clinical leaders across the department. Details about our evolving departmental process, which is chaired by Andrew Furman, will be shared at a later time.

We are delighted that thus far the following individuals have received clinical distinctions within our department. We anticipate being able to share additional clinical distinction appointments next month.

- Erin Elliott – Senior Psychologist
- Robert (Bobby) Elliott – Senior Physician
- Toby Goldsmith – Distinguished Physician
- Meghna Patel – Senior Psychologist
- Jeffrey (Jeff) Rakofsky – Distinguished Physician
- Liza Zwiebach – Senior Psychologist

Rachel Hersenberg participated yesterday as a representative of Division 12 in APA's Advocacy Day, APASI 2021 Advocacy Summit: Stand for Science to Advance Psychology.

Julie Kable was funded by the Halle Institute for Global Research along with her collaborator, Dr. Natasha Reid at the University of Queensland, to complete the following study: Web-based GoFAR: Development and Pilot Testing of an Online Intervention Platform.

The Emory University Research Committee has selected Dorian Lamis as the Junior Faculty recipient of the 2021 Albert E. Levy Award for Excellence in Scientific Research.

Andrew Miller was funded by the Halle Institute for Global Research to complete the following study: "Immunometabolic Biomarkers of Treatment Response in Depression."

Sheila Rauch co-authored a book titled Retraining the Brain: Applied Neuroscience in Exposure Therapy for PTSD.

Yilang Tang was featured in the Office of Faculty Academic Advancement, Leadership and Inclusion's [Asian American Pacific Islander Heritage Month celebratory initiative](#) to acknowledge the diversity of our community and promote sharing, awareness and learning.

Presentations

Patricio Riva Posse presented at the Emory Healthcare 2021 Clinical Update Series Behavioral Health Monthly Spring Series on the Psychopharmacology of Treatment-Resistant Depression.

Jennifer Wootten, Justin Palanci and Erica Lee presented at Grady's Medical Ethics Grand Rounds on "Mental Health in Crazy Times: Ethical Topics in Psychiatry."

Emory in the Media

Toby Goldsmith (1) Emory – [Emory Program Supports Georgia Women with Postpartum Mental Health Issues.](#)

ADJUNCT KUDOS

Ayman Fareed has been selected to serve as a co-editor to the American Society of Addiction Medicine placement criteria text book 4th Edition.

Kalpna Persaud's new residency psychiatry program at Northeast Georgia Medical center got ACGME accredited. She also received the Outstanding Service Award from National Indo-American Psychiatric Association for dedicated service and contributions and was interviewed in the morning Martha Zoller radio show regarding the mental health concerns of COVID-19 and accessibility to mental health treatment in the area.

TRAINEE KUDOS

PGY-2 residents Paulina Kaiser and Donna Tsai presented a catatonia lecture to HMS at EUH and will present to IM PGY-1 residents in June.

Haley Mayenkar was accepted into the third class for the Emory School of Medicine Health Equity, Advocacy and Policy (HEAP) track.

Molly McClaren was recognized as an Outstanding Student Member by the Georgia Psychological Association.