

EMORY DEPARTMENT OF PSYCHIATRY AND BEHAVIORAL SCIENCES KUDOS
NOVEMBER 2025

REMEMBER

Please send me your accomplishments, program/team activities, and personal updates for the December 2025 Kudos

SAVE THE DATES

Upcoming Faculty Development Seminar

The next faculty development seminar will be held on

- Wednesday January 28, 2026 from 9:00-10:30am

Upcoming Writing Groups

The Faculty Writing Group is the first Wednesday of every month from 8:00-9:00am. These meetings are on [Zoom](#). This group is for faculty including adjunct faculty.

SPOTLIGHTS

FACULTY SPOTLIGHT: Carly Yasinski, PhD

Carly Yasinski, PhD, ABPP, is an assistant professor and licensed clinical psychologist in the department of psychiatry and behavioral sciences. Her current primary role is in the Adult Outpatient Clinic, OCD and Anxiety Intensive Program and newly-developed Clinic for Anxiety Resilience, Education and Support (CARES). In these clinics she provides direct clinical care, as well as training and supervision of psychiatry and psychology trainees. She specializes in exposure and mindfulness-based cognitive behavioral approaches for depression, anxiety, PTSD and OCD and has a particular interest in targeting transdiagnostic mechanisms of change to support recovery in individuals with complex and often persistent symptoms. Carly is also a co-investigator, therapist, and collaborator on multiple clinical research projects throughout the department, including studies with the Emory Healthcare Veterans Program, investigations of psychedelic-assisted therapy and directing research and program evaluation for the CARES clinic.

Outside of Emory, Carly is a member of the Association for Behavioral and Cognitive Therapy (ABCT) and was recently board certified in Behavioral and Cognitive Psychology through the American Board of Professional Psychology. She has presented at ABCT and in community clinical settings, including for outside clinics and NOCD, on topics related to providing and improving exposure-based therapies for depression, PTSD and OCD. She is an ad hoc reviewer for multiple journals in clinical psychology.

What Carly most enjoys about her work is the opportunity to combine clinical work, research and training to help people get unstuck from entrenched patterns of suffering and experience compassion from others and towards themselves. She deeply values working as part of multiple teams with so many other deeply kind and intelligent psychologists and other professionals who are passionate about helping others.

Carly received her PhD from the University of Delaware under the advisement of Adele Hayes, PhD, where she engaged in research focused on elucidating mechanisms of change in cognitive behavioral treatment for depression and PTSD. She completed her clinical internship at Medical College of Georgia/Charlie Norwood VAMC consortium in Augusta in the Psychology of Women track, where she was trained extensively in the treatment of sexual trauma and full model Dialectical Behavior Therapy (DBT). She completed her post-doctoral Fellowship in the Emory Healthcare Veterans Program with a focus on intensive prolonged exposure on veterans and service members. She joined the department as a faculty member in 2018. Highlights from the past five years of her career include collaborating with Jordan Cattie on building her innovative OCD and Anxiety Intensive and CARES programs and with Jessica Maples-Keller on building her ground-breaking research on MDMA and psilocybin-assisted therapy, as well as building additional services for depression in the department through group offerings and working towards publication of a treatment manual for exposure-based cognitive therapy for depression.

Long term, Carly hopes to continue building opportunities for access and training in evidence-based therapies here at Emory, and work on research investigating and disseminating better treatments for difficult-to-treat disorders. She hopes to continue to work collaboratively across disciplines and to combine research, training and clinical work towards these goals.

Outside of work, Carly spends her time with her husband, John, and two adorable children, Eve (6) and Simon (3). She likes to spend time having good conversations with friends, doing hot yoga, and reading novels.

STAFF SPOTLIGHT: Pam Coltrane

Pam Coltrane currently serves as the Senior Division Director, Human Resources for Woodruff Health Sciences and Interim Human Resources (HR) Administrator for brain health and orthopaedics.

Pam has been employed with the university since 1999 and spent most of her time as the HR Administrator for the department of pediatrics. While serving in that capacity, she had two previous rotations as Interim HR Administrator for brain health and orthopaedics (November 2016 – July 2017 and June 2020 – January 2021). In 2023, she transferred from pediatrics and joined Woodruff Health Sciences.

In Pam's role, she has the opportunity to work with employees from many areas of the university and healthcare. She loves engaging with everyone and seeing how they all contribute to Emory's mission.

While Pam plans to continue working for the immediate future, her and her husband hope to have a small hobby farm one day, so they have begun exploring various locations. She would enjoy having horses again, which is a childhood activity that would be nice to re-engage.

Outside of work, Pam is a stereotypical introvert and loves losing herself in a good mystery or historical fiction book. She also loves gathering with family and friends. Pam and her husband frequently travel to visit loved ones or simply to explore the country. They are also heavily involved in their church and held multiple leadership and teaching roles there.

TRAINEE SPOTLIGHT: Linying Li, MA

Linying Li is a graduate student researcher in the department of psychology and a psychology intern in CAMP within psychiatry and behavioral sciences. Her research focuses on understanding heterogeneity in depression by analyzing language use with AI and computational methods. Within CAMP she provides evidence-based intervention to children, adolescents and young adults, as well as parent training and psychoeducational assessment.

Recent roles for Linying include a practicum student with the Nia Project and the Daily DBT. With the Nia Project she provided culturally responsive psychotherapy to adult clients, co-facilitated support and skill-based therapy groups. While at the Daily DBT she co-facilitated DBT skills groups for middle school, high school and college students. What Linying enjoys the most is the privilege of co-journeying with each client. No two individuals are alike and no two therapeutic relationships are alike. She loves exploring how differences in interpersonal dynamics shape the therapeutic process. And working with people is a humbling experience, in that there is no finish line or perfect technique, it is urging her to show up fully present for each session.

Linying has always had diverse interests, and her career has been trying to integrate them in ways she finds meaningful. She loves languages and likes learning about human cognition and computational methods. In undergrad, she studied psycholinguistics and cognitive science. During Linying's last year of college, she had her first experience using large language models to analyze language in patients with aphasia, and that was when she saw how technology could facilitate clinical decision-making. The year Linying graduated from college coincided with the start of the pandemic; as she heard friends and family share their struggles as well as stories of people they knew, she decided to enter clinical psychology. Since then, she has worked with different populations across various settings – different ages, individuals and groups, brief and long-term therapy – and she is fascinated by how change happens in such different ways, which has informed her current clinical and research interests.

Looking to the future, Linying will continue finding the balance between holding and supporting clients while providing space for their own decision-making and autonomy. She hopes to have opportunities to further train on how therapeutic relationships can reflect, facilitate and impact the process of change, while better understanding her own strengths and needs and how she shows up in the therapy space. Last year at NIA was really an inspiring experience for her, and she would love to find sustainable ways to contribute to communities with limited access to mental health resources.

Outside of work, Linying enjoys spending time with friends and family. She really loves making bread and always tells people her dream is to open a half-clinic, half-bakery. She recognizes it is logistically difficult and might raise ethical issues around multiple relationships, but she has not fully given up on the idea and would welcome suggestions. Linying also enjoys playing music, drawing, crafting and being in nature.

MENTOR SPOTLIGHT: Rachel Hershenberg, PhD *(Written by Michael Dvorscek, PhD, and Amanda Platner, PsyD)*

Rachel's mentorship style is best described as supportive, genuine and authentic. She sets a tone that balances openness with structure. She encourages her mentees to bring forward whatever challenges or goals are most pressing, yet she also remembers past conversations and follows up thoughtfully demonstrating both accountability and care.

What makes Rachel unique is her ability to truly *see* and *hear* the people she mentors. She listens with intention, offers grounded perspective without sugarcoating difficult truths and provides guidance that is both compassionate and practical. Whether she is helping someone navigate a professional stressor or celebrating a milestone, she creates a mentorship space that feels safe, encouraging and deeply invested in the mentee's growth.

Part of the "frame" she sets for mentorship involves honesty, persistence and connection. She models the skills she encourages her mentees to develop including clear communication, self-advocacy, thoughtful decision-making and self-promotion. Her approach is one of partnership: she supports without overstepping and empowers without overwhelming.

Rachel's impact as a mentor is felt in many ways. She is the kind of mentor who does not pretend to have every answer; instead, she models intellectual humility and collaborative problem-solving. More than anything, she seeks out opportunities for her mentees. She makes introductions, shares professional leads, connects her mentees to resources and organizations and encourages creative thinking about how to achieve long-term goals. She brings humor and authenticity to conversations that can often feel stressful, helping to ease anxiety while still tackling difficult issues head-on. Her mentorship reflects someone who genuinely wants others to succeed and who is willing to invest time and energy to make that possible.

A recent example captures the heart of Rachel's mentoring style. When an announcement went out about a talk one of her mentees was giving, Rachel immediately reached out with excitement, letting them know she planned to attend.

It might seem like a small gesture, but it meant a great deal. In busy academic and professional environments, it's easy for people to become consumed with their own responsibilities. Rachel's message was a reminder that she is not just a mentor in name — she is actively in her mentee's corner, cheering them on and celebrating their accomplishments.

Moments like this show how deeply she understands the “small things” are often the things that matter most. Her steady encouragement makes people feel valued, supported and capable.

One of Rachel’s most memorable pieces of advice is: *hang in there*. She encourages her mentees to stay persistent through difficult moments, remain connected with colleagues and support systems and trust the process even when progress feels slow.

She also urges her trainees to be bold, whether that means reaching out to potential collaborators, nominating themselves for opportunities or taking steps that feel slightly outside their comfort zone. Her guidance has helped her mentees not only achieve concrete career goals but also grow more confident and resilient.

Rachel’s mentorship has been invaluable, and her influence continues to inspire others to pay forward the same generosity, authenticity and thoughtful guidance that she embodies so naturally.

NEW FACULTY

Amanda Broyles, PhD – Amanda Broyles is a psychologist who specializes in the treatment of PTSD, women's health, mindfulness and implementing whole health approaches. She received her doctorate from the University of Houston Counseling Psychology program. She completed her internship at the James A. Haley VA (Tampa, FL) and postdoctoral fellowship at the C.W. Bill Young VA (Bay Pines, FL). Following her training years, Amanda worked for a few years at the Michael E. DeBakey VAMC (Houston, TX) in the General Mental Health clinic. At MEDVAMC she worked as a Whole Health Integration Champion, training supervisor and was a member of the Health Promotion/Disease Prevention committee. She also briefly worked part time doing psychodiagnostic assessments in a private practice group. She has recently become a mother to an almost 4-month-old baby boy. Amanda enjoys spending time with her family, doing yoga, crocheting and listening to audiobooks for her book club. She is looking forward to starting her next chapter at Emory Healthcare Veterans Program!

Danielle Currin, PhD – Danielle Currin received her PhD in psychology from the University of California, Los Angeles following a doctoral internship with Emory University School of Medicine, where she provided inpatient, outpatient and integrated behavioral health care for adults and youth with serious mental illness (SMI). She continued her training as a postdoctoral resident at Emory based at Grady Behavioral Health Outpatient Center, where she provided individual and group therapy for adults with SMI, as well as supervision for more junior trainees. Danielle is joining Emory faculty in the Department of Psychiatry and Behavioral Sciences as an inpatient psychologist at Emory Decatur Hospital, where she will be developing and providing group psychotherapy services to adults with SMI on a psychiatric inpatient unit. Aside

from a passion for working with individuals with SMI, she is also interested in improving mental healthcare accessibility and training.

Weibo Niu, PhD – Weibo Niu is a new Assistant Professor in our department. He earned his PhD in Biology from Shanghai Jiao Tong University, China. He joined our department at Emory in February 2020 as a postdoctoral fellow and completed his training in 2024. Since January 2025, he has been serving as an Instructor. Over the past six years, his research has focused on using human induced pluripotent stem cell (iPSC) models to investigate the cellular and molecular mechanisms underlying neuropsychiatric disorders, including Tuberous Sclerosis Complex (TSC) and 22q11.2 Deletion Syndrome (22q11DS).

Scientific contributions: During his postdoctoral training and subsequent appointment as an Instructor in our department, Weibo not only honed his skills in cell biology, molecular biology, and bioinformatics analysis of multi-omics datasets, but also expanded his knowledge and technical base with the use of human iPSC models in TSC and 22q11DS studies. On the one hand, Weibo employed 3-dimensional cortical organoids derived from iPSCs from TSC patients harboring *TSC2* variants, alongside organoids from age- and sex-matched healthy individuals as controls. This study demonstrates that *TSC2* pathogenic variants disrupt the neurodevelopmental trajectories through perturbations of gene regulatory networks during early cortical development, leading to mitochondrial dysfunction, aberrant neurofilament formation, impaired synaptic formation, and compromised neuronal network activity. On the other hand, Weibo generated human microglia from iPSCs from a TSC patient cohort. Through extensive multi-omic and cellular analysis of TSC microglia, including transcriptomics, proteomics/phosphoproteomics, and lipidomics, his research unveiled the molecular and cellular abnormalities in TSC microglia affecting neuronal development and function, and highlighted the mTOR-LPL pathway as a novel potential therapeutic target for the neuropathology of TSC. Additionally, Weibo used iPSC-derived cortical neurons and organoids, he identified molecular and cellular abnormalities in 22q11DS neurons and demonstrates their significant correlations with psychosis-related clinical and psychophysiological phenotypes. These findings provided important mechanistic insights into how the 22q11.2 deletion confers risk for neuropsychiatric disorders, particularly schizophrenia, and highlighted dysregulated microRNAs as potential therapeutic targets.

Scholar accomplishments: Weibo actively participated in writing reviews, articles, and grant applications. In fact, Weibo has published a first-author review on the topic of modeling TSC with human induced pluripotent stem cells (iPSCs) (Niu and Wen, *World J Pediatr.* 2024). He has also contributed to four research articles published recently (Kang et al., *Nature Neuroscience* 2021; Landry et al., *J Neurosci Methods.* 2023; Filan et al., *Sci Rep.* 2024; Charles et al., *Adv. Mater. Technol.*, 2024). He currently has a first- and co-corresponding author manuscript under revision at *Nature Communications* (under revision, bioRxiv, PMID: 39416123, 2024), which elucidates the developmental trajectory of TSC using human iPSC-derived 3D brain organoids. He has another first- and co-corresponding author manuscript under revision at *Nature Communications*

(under revision, 2025), which explores the impact of causal *TSC2* variants on human microglia and their contribution to the neurological symptoms of TSC. Additionally, he has a first-author manuscript in preparation for submission to *Molecular Psychiatry* (2025), which investigates the cellular and molecular mechanisms underlying the 22q11.2 deletion and their contributions to the psychotic symptoms of 22q11DS. Importantly, he received the TSC Alliance Research Grant Award to further investigate the pathological roles of microglia in TSC (Start Date: December 1, 2024; End Date: November 30, 2026). Recently, Weibo was awarded the 2025 BBRF (Brain & Behavior Research Foundation) Young Investigator Grant (NARSAD Young Investigator Grant) for his project on leveraging human iPSC-derived brain organoids and advanced computational tools to uncover therapeutic targets for 22q11DS (Start Date: January 2026; End Date: January 2028).

Weibo also presented his progress on the TSC project at the 2023 ISSCR Annual Meeting held in Boston. He was awarded the 2023 TSC International Research Conference Travel Award by the TSC Alliance and published his abstract titled “Modeling Tuberous Sclerosis Complex with 3-D Human Cortical Organoids.” Weibo presented his progress on the TSC project at the 2024 Society for Neuroscience Annual Meeting, titled “Pathogenic *TSC2* Variants Disrupt Gene Networks Linking to Neuron-Astrocyte Crosstalk, Synaptic Transmission, and Mitochondrial Integrity,” held in Chicago. In 2025, Weibo was awarded with the ISSCR Travel and Merit Award by the International Society for Stem Cell Research for his abstract “mTOR-LPL-Driven Dysregulation of Lipid Metabolism in Human Microglia of Tuberous Sclerosis Complex Leads to Aberrant Neuronal Development and Hyperexcitability.” He also gave two oral presentations at the 2025 TSC International Research Conference in Bethesda: “Multi-omics Reveals mTOR-LPL-Driven Dysregulated Lipid Metabolism in Human Microglia of Tuberous Sclerosis Complex” and “Longitudinal Multi-omics Reveals Pathogenic *TSC2* Variants Disrupt Developmental Trajectories of Human Cortical Organoids Derived from Tuberous Sclerosis Complex.” He also presented new findings at the 2025 Society for Neuroscience Annual Meeting in San Diego, in an oral presentation titled “mTOR-LPL-Driven Dysregulation of Lipid Metabolism in Human Microglia of Tuberous Sclerosis Complex.” Through these invited talks and competitive awards, Weibo has demonstrated excellent presentation and communication skills.

Teaching experiences: One of the most enriching aspects of Weibo’s training has been the opportunity to work with and help train new postdocs and rotating Ph.D. students. He also mentored undergraduate students, Xiangru Li (Biology Honors Program, Emory University, 2022–2024), who received the Highest Honors in Biology from Emory University). These experiences demonstrate that Weibo possesses strong teaching and mentoring skills, making him well-equipped to guide and support the next generation of scientists.

Vishal Patel, DO – Vishal Patel has taken an assistant professor role with the department at Grady as of November 2025 and joining the Consult-Liaison Psychiatry team as an attending where to help in the management of psychiatric illness in the medically complex patient. Vishal’s roots are in Gujarat, India. He was born in Northeast

Pennsylvania, and raised in Central Florida. He studied applied physiology and kinesiology at the University of Florida, obtained his medical degree at Nova Southeastern University in South Florida, completed residency at West Virginia University and completed consult-liaison psychiatry fellowship at Oregon Health and Science University in Portland. Vishal has a passion for immersing himself in different cultures and the role sports play in individual and community development. His clinical areas of interest/expertise include psychosomatic medicine, sports psychiatry, psychodynamic therapy and psychiatry, neuromodulation (ECT, TMS, ketamine), psychedelic-assisted therapy and resident education. He is looking forward to working with you all!

Amanda Tamman, PhD, MSc – Amanda Tamman is an assistant professor in the department of psychiatry and behavioral sciences. She completed a bachelor's degree in psychology at University College London and did a joint MSc program at University College London and Yale Child Study Center in Developmental Neuroscience and Psychopathology that drew on multiple perspectives in psychiatry with an emphasis on neuroscience. Amanda completed her PhD in Clinical Psychology at St. John's University in Queens, NY, and her internship and post-doctoral training at Baylor College of Medicine.

Amanda's research has two aims. She aspires to improve understanding the neural 'imprints' left by stress and trauma to best target treatment of psychiatric disorders. Second, she aims to use this knowledge to develop and test novel treatments that combine pharmacological and psychotherapy approaches for PTSD and co-morbid conditions and their mechanisms. This includes endeavors to examine the effect of psychedelic agents on genetic markers of aging and inflammation, and the effects of psychedelic agents on relational factors such as interpersonal skills in work funded by the American Foundation of Suicide Prevention and AIM Youth Mental Health.

Amanda is also a practicing clinician specializing in exposure-based approaches and Acceptance and Commitment Therapy. She is passionate about treating Veterans with PTSD using evidence-based approaches.

DISC – GETTING TO KNOW YOU

Neha Khorana, PhD, ABPP, Adjunct Assistant Professor – My identities and lived experiences have always shaped the way I move through the world and the way I show up as a clinician, educator and advocate. Having lived in three countries and holding citizenship in two, I grew up navigating cultural differences, adapting to new environments and learning to see the world from multiple vantage points. These experiences naturally drew me toward Diversity, Equity and Inclusion (DEI) work long before I had the language for it.

One of the cultural anchors in my life has always been Diwali. My childhood memories are filled with large celebrations filled with food, light and community. As an adult and a mother, I feel an even stronger responsibility to pass these traditions down. I host Diwali-themed playdates for my children and their friends to help them learn about our

heritage in a way that is playful, joyful, and meaningful. This intergenerational connection to culture is deeply important to me.

At the same time, my lived experiences have also exposed me to bias and microaggressions. Recently, I was mistaken for my child's nanny. Although I corrected the assumption in the moment, the interaction stayed with me. It led me to reflect deeply on how race, gender and social assumptions shape the way I am perceived. It also reinforced for me why DEI work is not optional — it is essential to the health, dignity and belonging of people who continue to face these daily slights.

My clinical work is also informed by my commitment to cultural humility and responsiveness. For example, a Jewish client in an interracial/intercultural relationship recently shared that she was watching a romantic comedy series about a couple celebrating Purim. Not being familiar with the holiday, I took the opportunity to learn about its meaning and significance in her life. The conversation that followed deepened my understanding of her identity and highlighted the historical and ongoing challenges faced by the Jewish community. Moments like these underscore the importance of approaching each client with curiosity, humility and respect.

As a cis-gender South Asian woman who strongly identifies with my Indian heritage, Canadian upbringing and life in the United States, I hold an intersectional identity that shapes my worldview. These experiences have taught me not to rely on a “one size fits all” approach when working with clients. Instead, I seek to see people in their full complexity, just as I hope others see me. This mindset guides how I conceptualize cases, how I form therapeutic relationships, and how I tailor interventions to meet clients' individual needs.

My commitment to DEI extends beyond clinical work. I intentionally pursue roles and join groups that promote awareness, expand representation and create inclusive environments. Being part of these efforts allows me to amplify voices that have historically been marginalized and engage in meaningful dialogue that bridges differences. Through this work, I have found a strong sense of purpose.

Navigating life through the lens of diversity has helped me cultivate resilience. It has given me deep empathy for the unseen struggles others carry and a profound understanding of the importance of belonging. These insights keep me grounded and motivate my continued dedication to fostering equity and inclusion in all professional settings.

My intersecting identities, personal experiences and professional commitments all inform the values I bring to my work: curiosity, cultural humility and steadfast dedication to creating spaces where everyone feels seen, respected and understood.

Helen Hunter, PsyD, Adjunct Assistant Professor – My ethnic background is half Filipino and half white (Irish, German and Scottish). My mom grew up in the Philippines and immigrated to the US at age 28. I have a fraternal twin sister and three older half-

siblings, all of whom were born in the Philippines. We were raised in a multigenerational household where our maternal grandmother, great-aunt and occasionally a distant aunt stayed with us for extended periods, traveling back and forth between the US and the Philippines. Because of this, my twin and I always had a relative caring for us rather than attending daycare.

I lived in the Bay Area of California until I was 11, when we moved to Birmingham, AL, where my dad grew up. In California, we were surrounded by my mom's extended family and spent every holiday and birthday with a large group of cousins. Since the Philippines is a predominantly Catholic country, we also grew up attending monthly rosary gatherings at our aunt's house — events that brought the whole family together for prayer and a potluck meal.

Most of my cousins around my age (Millennials) were born in the US, while our older cousins (Generation X) — including my older siblings — were all born in the Philippines. At family gatherings, it was always entertaining to hear their stories about growing up there. Their experiences were so different from ours as US born millennials, and comparing those perspectives always made our family get-togethers feel lively and meaningful.

When it comes to my clinical approach, hearing my mom, siblings and older cousins share their experiences of growing up in the Philippines has significantly shaped my worldview and taught me to naturally consider a client's cultural background when providing psychotherapy. Additionally, my twin and I were the only cousins of mixed ethnicity, which further deepened my awareness of how multiple ethnic identities influence a person's worldview and lived experience. These influences continue to guide me in creating space for meaningful conversations about cultural identity in my therapeutic work.

FACULTY KUDOS

Major Leadership Appointments, Activities and Achievements

Nori Lim will be promoted to the rank of Associate Professor effective September 1, 2026.

Rebecca Schneider was selected to serve on the APA's new Collaborative of Jewish Psychologists.

Matt Segall will be promoted to the rank of Associate Professor effective September 1, 2026.

Research

Chen L, Li W, Wang S, Gu M, Jiang F, Liu H, Tang YL. [Factors Associated with Smoking Cessation in Chinese Psychiatric Professionals: A Cross-sectional Survey](#). Tobacco Induced Diseases, 2024, 22(June):106.

Ernst C, Schwartz AC, Glass C, Camp M. "Next-Gen Learning in CL psychiatry: Leveraging AI, simulation, and peer-led education." Academy of Consultation-Liaison Psychiatry Annual Meeting, San Antonio, TX, 2025 (workshop).

Garrison-Desany HM, Hinojosa CA, Tubbs JD, Meyers JL, Linnstaedt SD, House SL, Beaudoin FL, An X, Stevens JS, Neylan TC, Clifford GD, Germine LT, Rauch SL, Haran JP, Storrow AB, Musey PI Jr, Hendry PL, Sheikh S, Jones CW, Punches BE, Pascual JL, Seamon MJ, Harris E, Pearson C, Peak DA, Merchant RC, Domeier RM, O'Neil BJ, Sergot P, Sanchez LD, Bruce SE, Harte SE, McLean SA, Ressler KJ, Koenen KC, Denckla CA. Post-traumatic stress and genetic interactions affect tobacco and alcohol use after trauma: findings from a multi-ancestry cohort. *Transl Psychiatry*. 2025 Oct 24;15(1):434. doi: 10.1038/s41398-025-03593-z. PMID: 41136357; PMCID: PMC12552440.

Gu M, Wang S, Zhang S, Gu J, Shi Y, Li W, Chen L, Liang Y, Yang Y, Zhang L, Li M, Jiang F, Liu H, Tang YL. The interplay among burnout, and symptoms of depression, anxiety, and stress in Chinese clinical therapists. *Scientific Reports*, 2024, 14, 25461, doi:10.1038/s41598-024-75550-7

Jiang L, McCord E, Liu H, Liu Y, Jiang F, Tang YL. Prevalence of work hour alcohol use and associated factors among psychiatrists in China. *Alcohol and Alcoholism*, 2024, agae058

Powers A, Lipschutz R, McAfee E, Abrams C, O'Banion D, Michopoulos V, Brennan P, and Stevens J. (2025). Maternal PTSD symptoms and sensitivity during caregiving in early postpartum: Moderating role of resting and reactive RSA in a trauma-exposed sample. *Psychological Medicine*, 55, e339. DOI: 10.1017/S0033291725102432

Hsu J, Kashyap S, Hurd C, McCormack L, Herrmann Z, Schwartz AC, Jackson J, DeMoss D. [Treatment of cannabinoid hyperemesis syndrome: A systematic review and treatment algorithm for consultation-liaison psychiatrists](#). *General Hospital Psychiatry*. 2025 Oct 17.

Belinda McIntosh coauthored ["No Real Choices: How Medicare Advantage Fails Seniors of Color."](#)

Schwartz AC. "Elevating the everyday: Turning clinical activity into scholarship." ACLP Developing Scholarship and Research Colloquium. Academy of Consultation-Liaison Psychiatry Annual Meeting, San Antonio, TX, 2025.

Sherrill AM, Mattioli DO, Schneider RL, Bell KM, Kee S, Wiese CW, Abdullah S, Ellis DM. Generative Artificial Intelligence for Exposure Therapy: Guidelines for Clinicians and Patients. *J Cogn Psychother*. 2025 Nov 12;JCP-2025-0036.R1. doi: 10.1891/JCP-2025-0036. Epub ahead of print. PMID: 41224513.

Tang YL, Wang XY, Hao W. Recent Decline in Chinese Alcohol Production and Consumption: Potential Contributing Factors and the Role of Globally Recommended Measures. *Addiction*, 2025, DOI: 10.1111/add.70007

Zhou H, Jiang F, Liu H, Wu Y, Tang YL. [Dose-dependent association between physical activity and mental health, and mitigation effects on risk behaviors: findings in a representative national sample of adults in China](#). *IScience*, 2025.

Honors, Awards, Rankings

Brandon Kitay and psychiatry resident Kinnari Ruikar have been selected for a travel award to attend the 2026 American Psychiatric Association Collaborative Care Model Residency Training Conference based on their proposal to further embed collaborative care education within the adult psychiatry and family medicine residency curriculums.

Belinda McIntosh was awarded the "Quentin Young Health Activist Award" at the annual meeting of Physicians for a National Health Program.

Andrew Miller was named to [Clarivate's Highly Cited Researchers list](#) for 2025, joining the ranks of the world's most productive and influential scholars.

Sheila Rauch's training program Processing Emotion in Primary Care received a National VA award from the Office of Rural Health.

Yilang Tang is serving as a co-guest editor for a [Special Collection on Burnout and Sleep Disturbances in Scientific Reports](#), which is currently open for submissions.

Media

Belinda McIntosh (1) Episcopal Diocese of Atlanta | [On Eve of SNAP Crisis, St. Paul's Reopens Food Pantry with Emmaus House Help](#).

Andrew Miller (1) Knowridge | [This Common Drug Could Help People with Depression Feel Motivated Again](#).

Sheila Rauch (1) Impact in Progress | [Reducing the Impact of Trauma with Sheila Rauch](#). (2) Fox 5 Atlanta | [PTSD Treatment for Veterans](#).

Barbara Rothbaum (1) Nautilus | [How to Face Your Fears](#). (2) WXIA | [The Take – Veterans Awareness Month](#). (3) NBC Palm Springs – [Veterans Turn to Psychedelic Therapy for PTSD Relief Amid Ongoing Mental Health Crisis](#). (4) CBS News Chicago – [Veterans Turn to Psychedelic Therapy for PTSD Relief Amid Ongoing Mental Health Crisis](#).

Michael Treadway (1) Fox 5 Atlanta | [Anhedonia: Symptoms and Causes](#). (2) Knowridge | [This Common Drug Could Help People with Depression Feel Motivated Again](#).

Presentations

Dorian Lamis presented "Suicide Risk Assessment and Intervention: International Perspectives on Safety-Oriented Practice" at Goldsmiths University in London.

Belinda McIntosh (1) presented a plenary session at the PNHP annual meeting entitled "No Real Choices: How Medicare Advantage Fails Seniors of Color" (2) presented at a briefing on "No Real Choices: How Medicare Advantage Fails Seniors of Color" to the Congressional Medicare for All Caucus.

Palanci J, (November 12, 2025). No One Gets Sick Alone: The Case for Family-Inclusive Psychiatry, Maimonides Medical Center Dept of Psychiatry Grand Rounds (virtual presentation)

Rebecca Schneider presented at The Temple on "How anxious is too anxious: When to be concerned and what to do about it."

TRAINEE KUDOS

Bosshardt Z, Ortega Perez MV, Casarella J, Buresh M, Tang YL. Dosing and Safety of Methadone Initiation in the Setting of Fentanyl: A Systematic Review, Journal of Addiction Medicine, accepted

Fakhri A, Ritvo A, Casarella J, Tang YL. Opioid Use Disorder and Concurrent Benzodiazepine Use: Clinical Risks and Management Strategies. Journal of Addictive Diseases, 2025, DOI:10.1080/10550887.2025.2593244

STAFF KUDOS

Jaye Watson received the American College of Neuropsychopharmacology's Media Award for her contributions through Your Fantastic Mind for the education of the public about mental illness and substance abuse research and the positive impact of research on treatment.