

PROFESSIONAL DEVELOPMENT UPDATES

REMEMBER

- **Please send me your accomplishments for the December 2018 Professional Development Update**
- **We are now seeking personal, as well as professional updates – See personal updates in this Kudos.**

LEADERSHIP WORKSHOPS

The next leadership consultation will be on Wednesday February 6 from 9:00am – 10:30am at EP12.

FACULTY DEVELOPMENT SEMINARS

We have scheduled all of the 2019 seminars so that people can save the dates. These all will be held at EP12.

- January 16, 2019, 9:00-10:30am - Unconscious Bias Training
- April 3, 2019, 9:00-10:30am - Crafting a Professional Identity
- September 18, 2019, 9:00-10:30am - Erotic Transference and Countertransference
- December 5, 2019, 9:00-10:30am - Harmful Supervision

WRITING GROUPS: UPCOMING

None reported

SPOTLIGHT: Andrea Crowell, MD

Andrea Crowell, MD, is an Assistant Professor in Psychiatry and Behavioral Sciences, where she works in the Adult Outpatient Clinic, Treatment Resistant Depression Clinic and Resident Psychopharmacology Clinic supervising for the OTP program. She also conducts research projects and sees patients in the DBS for Depression Program, as well as teaches an education grant-funded course for residents and medical students on managing patients who are agitated.

Andrea is an advanced candidate at the Emory University Psychoanalytic Institute on the psychoanalytic psychotherapy track, while serving on EUPI's curriculum and executive committees. In terms of her job, she most enjoys the flexibility to apply biological and psychodynamic frameworks for integrated care, and being able to teach residents to do the same.

After residency, Andrea did a research fellowship funded in part by the Lilly Research Fellowship Award. She also received an ABPN Innovation in Education Award for her interactive use of actors as standardized patients to teach trainees techniques for managing agitation. Most recently, she has been working on a project using machine learning to analyze video features from patient interviews with funding from the Emory Neuromodulation and Technology Center (ENTICE).

Andrea's future plans include the continued study of treatment resistant depression and recovery from depression, including analyzing non-verbal gestures and features extracted from video and audio analysis.

In her spare time Andrea enjoys reading, movies and yoga.

WELCOME NEW FACULTY

Jeffrey Jaeger, PhD, is an Assistant Professor in Psychiatry and Behavioral Sciences. Jeffrey received his PhD in Clinical Psychology from the University of Washington, with an emphasis in treating anxiety disorders and complex clinical presentations. He completed a predoctoral internship at the University of California–San Diego/San Diego Veterans Affairs Healthcare System and a postdoctoral fellowship at the Durham VA Medical Center. Jeffrey has previously worked as Associate Director and Senior Staff Psychologist of the Kansas City Center for Anxiety, and as a Clinical Assistant Professor at the University of Iowa Hospitals and Clinics. He has particular interest and expertise in individual and group treatments for Posttraumatic Stress Disorder (PTSD), and treatment of complex clinical presentations with Dialectical Behavior Therapy (DBT). Jeffrey will be seeing adults with anxiety, mood and personality disorders in the Adult Outpatient Psychiatry Clinic.

Laura Jane Miller, MD, is an Assistant Professor in Psychiatry and Behavioral Sciences. Laura trained at Emory for undergraduate, medical school and fellowship for child and adolescent psychiatry. She left only briefly to fast track in adult psychiatry at the Cambridge Health Alliance, where she developed her interest in trauma and therapy, which first found its roots at the Nia project while in medical school. Just as she was leaving Boston for Emory, she learned of the field of infant parent mental health that promises to help heal intergenerational trauma. Upon wrapping up her training in child, Laura felt she still had much she wanted to learn about the first early years of development. Emory offered to support her pursuit of knowledge by attending the UMASS Boston Infant Parent Mental Health Fellowship Program that brings in luminary speakers from the world round. Laura is also taking time each week to help create a clinic focused on ages 0-5.

Alainia Morgan-James, MD, FAPA, recently joined the Emory University School of Medicine as an Assistant Professor in the Department of Psychiatry and Behavioral Sciences. She graduated from SUNY Upstate Medical University College of Medicine in Syracuse, NY. She completed her general psychiatry residency at the University of Maryland/Sheppard Pratt Residency Program. While there she served as chief resident for the Consultation-Liaison and Psychiatric Emergency Services. She then went on to complete a Consultation-Liaison Fellowship at Georgetown University Hospital/National Institute of Mental Health/Washington Hospital Center. After completion of her fellowship, she returned to University of Maryland Medical Center as faculty in the Consultation-Liaison division working as the lead psychiatrist for various solid organ transplant teams. In October 2018 she began working at Grady Memorial Hospital in Psychiatric Emergency Services.

Carly Yasinski, PhD, is an Assistant Professor in the Department of Psychiatry and Behavioral Sciences and a clinical psychologist with the Emory Healthcare Veterans Program and Emory Adult Psychiatry. Dr. Yasinski earned her PhD from the University of Delaware and completed her clinical internship at the Medical College of Georgia and Charlie Norwood VA Medical Center consortium in Augusta, Georgia. She completed her postdoctoral fellowship with the Emory Healthcare Veterans Program. Dr. Yasinski's clinical interests are in cognitive-behavioral and mindfulness-based approaches to treating PTSD, depression, and anxiety disorders. Her research interests focus on better understanding the process of change during psychotherapy for PTSD and depression, and investigating ways to enhance treatment response for difficult-to-treat patients with these disorders.

THANK YOU TO FACULTY WHO ARE LEAVING

None reported

DIVERSITY CORNER

Diwali – Sanjay Shah, PhD, Adjunct Assistant Professor – Diwali is a major South Asian holiday; it is the Festival of Lights celebrating the deity, Rama, and his conquering of evil. Diwali is also known as Deepawali, getting its name from the rows (awali) of lamps (deepa) lit for Lord Rama when he returned to his people after his victory. It is actually an interfaith holiday as it is celebrated by Hindus, Jains, and Sikhs. People celebrate across the world by lighting candles, watching fireworks, attending cultural shows, and remembering their blessings with loved ones. South Asian associations may organize Diwali melas in their communities. Student run organizations in many universities also organize various events celebrating Diwali on campus. These celebrations have been a major part of my cultural development. More significantly, in my opinion, Diwali is a time to reflect on core values shared by many South Asians including giving and forgiving, unity and tolerance, and discipline and progress. The lights of Diwali that welcomed Lord Rama can also be symbolic of inner peace, illumination, and hope.

WELLNESS CORNER

None reported

FACULTY KUDOS

Major Leadership Appointments, Activities and Achievements

None reported

Education

Vasiliki Michopoulos presented an Anxiety and Depression Association of America-sponsored webinar titled "First Impressions: How to Develop a Professional CV for Each Stage of your Career."

Monika Stojek recently taught a seminar on PTSD Diagnosis and Treatment at SWPS University of Social Sciences and Humanities in Warsaw Poland.

Research

The overarching goal of the Emory SCORE is to advance the quality of women's health research by leveraging the rich, collaborative and interdisciplinary research environment at Emory University to grow NIH and other extramurally funded research in women's health, focusing on infectious disease, and normalize the inclusion of gender/sex as a variable in social and biomedical research.

Here is the text from the abstract we submitted for our specific research project: Sex hormones are influential in setting the tone of immune responses and estradiol exhibits a particularly strong influence that varies across the life cycle in women. Although largely anti-inflammatory and protective, estradiol can have divergent effects and the influence and availability of estradiol changes with aging, most notably with the menopause transition. Furthermore, exposure to stressors can impact the functions of sex hormones. Women living with HIV (WLH) may be more vulnerable to the effects of stress and trauma exposure on the interactions of stress hormones and sex hormones on inflammatory pathways due to the constant systemic challenge of living with HIV. The proposed studies will further our understanding of the biology of aging, and specifically the prognosis of WLH, and characterize the link between immunosenescence and endocrinesenescence. The planned research will define estrogen deficiency at both the systemic and receptor level and evaluate the extent to which global variation in these parameters predicts pro-inflammatory pathways in WLH. We will conduct clinical interviews to assess trauma exposure and trauma-related hyperarousal to examine how these factors interact with HIV to exacerbate estrogen deficiency and inflammation. Furthermore, we will characterize the influence of trauma exposure and estrogen receptor function on inflammation at molecular level in WLH. Overall, the data generated from this proposal will provide critical information about the influence of estradiol signaling in the inflammation in WLH. Because trauma exposure and its related adverse mental health outcomes (i.e. posttraumatic stress disorder; PTSD) are poorly controlled in WLH, and PTSD has dangerous implications for HIV pathogenesis and transmission, it is of critical importance to identify the effects of trauma and PTSD comorbid with HIV in order to titrate the most effective treatment approaches for this complex comorbidity.

Ahmed AT, Frye MA, Rush AJ, Biernacka J, Craighead WE, McDonald WM, Bobo WV, Riva Posse P, Tye SJ, Mayberg H, Flagin DH, Skime MK, Jenkins GD, Wang L, Krishnan RR, Weinshilboum R, Kaddurah-Daouk R, Dunlop B. (2018). Mapping depression rating scale phenotypes onto research domain criteria (RDoC) to inform biological research in mood disorders. *Journal of Affective Disorders* 238:1-7. DOI: 10.1016/j.jad.2018.05.005}

Boazak M, Peterson MJ, Smith WR, Hudson Z, Schwartz AC. "You aren't going to cut on me!" Urgent medical decisions for patients with schizophrenia: How we decided." *Psychosomatics* 2018; 59:506-511.

Dunlop B, Polychroniou PE, Rakofsky J, Nemeroff CB, Craighead WE, Mayberg H. (2018). Suicidal ideation and other persisting symptoms after CBT or antidepressant medication treatment for major depressive disorder. *Psychological Medicine*. 1-10. 10.1017/S0033291718002568.

Ernst C, Fischel S, Schwartz AC. "Developing supervisory skills through self-assessment for the Consultation Liaison psychiatrist." Academy of Consultation-Liaison Psychiatry Annual Meeting, Orlando, FL (workshop).

Goldsmith DR, Haroon E, Miller AH, Addington J, Bearden C, Cadenhead K, Cannon T, Cornblatt B, Mathalon D, McGlashan T, Seidman L, Tsuang M, Woods SW, Walker EF, Perkins DO. Association of baseline inflammatory markers and the development of negative symptoms in individuals at clinical high risk for psychosis. *Brain Behavior and Immunity* 2018 (accepted).

Kelley M, Dunlop B, Nemeroff CB, Lori A, Carrillo-Roa T, Binder EB, Kutner M, Rivera VA, Craighead WE, Mayberg H. (2018). Response rate profiles for major depressive disorder: Characterizing early response and longitudinal nonresponse. *Depression and Anxiety*. 35. 10.1002/da.22832.

Kennedy J, Dunlop B, Craighead LW, Nemeroff CB, Mayberg H, Craighead WE. (2018). Follow-up of monotherapy remitters in the PReDICT study: Maintenance treatment outcomes and clinical predictors recurrence. *Journal of Consulting and Clinical Psychology*. 86(2): 189-199. DOI: 10.1037/ccp0000279.

Michopoulos V, Maples-Keller J, Roger EI, Beaudoin FL, Sumner JA, Rothbaum BO, Hudak L, Gillespie CF, Kronish IM, McLean SA, & Ressler KJ. (2018). Nausea in the peri-traumatic period is associated with prospective risk for PTSD symptom development. *Neuropsychopharmacology*. 10.1038/s41386-018-0276-5.

Morrier, MJ, Hynes, S, & Rice, CE. Training future BCBA's to provide applied behavior analysis (ABA) in natural environments. Presented at the annual meeting of the Division for Early Childhood, Orlando, FL, 2018 (poster presentation)

Polychroniou PE, Mayberg H, Craighead WE, Rakofsky J, Rivera VA, Haroon E, Dunlop B. (2018). Temporal Profiles and Dose-Responsiveness of Side Effects with Escitalopram and Duloxetine in Treatment-Naïve Depressed Adults. *Behavioral Sciences*. 8. 64. 10.3390/bs8070064.

Schwartz AC, Cotes RO, Kim J, Ward MC, Manning K. "Bite-Sized Teaching: Engaging the Modern Learner in Psychiatry." Accepted to *Academic Psychiatry*, 2018.

Schwartz AC, Heinrich T, Peterson M, Thertus K. "Promoting resident scholarly activity in Consultation-Liaison Psychiatry: Strategies for incorporation into daily professional life." Academy of Consultation-Liaison Psychiatry Annual Meeting, Orlando, FL (chair, workshop).

Schwartz AC*, Smith A, Thylur D, Singleton J. "Assessing psychosis in a prelingually deaf man: Diagnostic challenges and pitfalls." Academy of Consultation-Liaison Psychiatry Annual Meeting, Orlando, FL (poster).

Schwartz AC*, Ward M. "Bite Sized Teaching: Residency Training in Liaison Work for the Millennial Generation." Academy of Consultation-Liaison Psychiatry Annual Meeting, Orlando, FL (poster).

Smith A*, Schwartz AC. "Self-inflicted penetrating trauma with temporal lobe injury: Differentiating genuine memory impairment from feigned deficits." Academy of Consultation-Liaison Psychiatry Annual Meeting, Orlando, FL (poster).

Somers K, Schwartz AC, Worley L: "Maximizing mentorship relationships throughout our careers: Managing work-balance in the C-L setting." Academy of Consultation-Liaison Psychiatry Annual Meeting, Orlando, FL (symposium).

Stern T, Schwartz AC, Funk M, Rosenstein D, Gross A. "Rounds in the general hospitals: Revealing the depth and breadth of our field via turning clinical care into publishable manuscripts." Academy of Consultation-Liaison Psychiatry Annual Meeting, Orlando, FL (chair, workshop).

Stojek M, McSweeney L, & Rauch SAM. (2018). Neuroscience Informed Prolonged Exposure Practice: Increasing Efficiency and Efficacy Through Mechanisms. *Frontiers in Behavioral Neuroscience*. 12. 281. 10.3389/fnbeh.2018.00281.

Syed S, Beurel E, Loewenstein DA, Lowell JA, Craighead WE, Dunlop B, Mayberg H, Dhabhar F, Dietrich WD, Keane RW, De Rivero Vaccari JP, Nemeroff CB. (2018). Defective Inflammatory Pathways in Never-Treated Depressed Patients Are Associated with Poor Treatment Response. *Neuron*. 99. 10.1016/j.neuron.2018.08.001.

Honors, Awards, Rankings

Michelle Casimir was featured in the APA Division 31's monthly newsletter (page 6), [Focusing on 31](#).

Andrea Crowell has been selected to participate in the 2019 Emory School of Medicine Junior Faculty Development Course.

David Goldsmith was selected as a recipient of one of the 2019 Society of Biological Psychiatry Domestic Travel Fellowship Awards to its 2019 annual meeting.

Dorian Lamis joined the American College of Surgeons' Injury Prevention and Control Committee.

Ann Schwartz was selected as a member of the Board of Directors for the Academy of Consultation-Liaison Psychiatry (ACLP).

Quality and Safety Initiatives and Capital Campaign Initiatives

None reported

Community Benefit Programs and Activities

Kelly Coffman was asked to be on Skyland Trail's Professional Advisory Board for a three-year term beginning in 2019.

Telsie Davis did a full day of ethics workshops for the Athens Area Psychological Association covering the topics "Sustaining Ethical Practice: Identifying and Protecting Against Unconscious Bias in the Therapy Room" and "Do No More Harm: Common Ethical Considerations in Trauma Treatment."

Charles Gillespie was an invited panelist at the Women Veterans, Traumatic Stress and Post-Military Health: Building Partnerships for Innovation Summit sponsored by the VA and National Center for PTSD to discuss "The Impact of PTSD on Physical Health in Women Veterans, and was also an invited panelist to the NHLBI-sponsored Cardiovascular Consequences of Post-Traumatic Stress Disorder where he discuss clinical and population science.

Michael Morrier was invited to participate on a panel for City of Stonecrest KIDZ Health Festival to speak on children with autism spectrum disorder.

Facilities

None reported

Emory in the Media

Seth Norrholm (1) – GPB Radio/npr: [A Psychiatrist's Advice: How to Cope When Your Candidate Loses](#).

Barbara Rothbaum (1) – USA Today: [Don't Blame PTSD for Thousand Oaks Shooting, Experts Say](#).

Kelsey Sprang (1) – Atlanta Journal Constitution: [Veterans Day: The Unseen Wounds are Often as Painful as the Ones Seen](#).

Other Accomplishments

Julie Kable hosted visiting scholar Dr. Mansfield Mela from the Department of Psychiatry in the College of Medicine at the University of Saskatchewan, who was at Emory to discuss the psychiatric care of individuals with FASD.

ADJUNCT FACULTY

Dinah Ayna presented and mediated a plenary session on "Psychosocial and Mental Health Needs of Children in Regions of Turmoil" at the ACCESS 8th Arab Health Summit in Washington, DC. The session discussed outcomes and lessons learned from mental health programs implemented in The Gaza Strip and the Palestinian refugee

camps in Lebanon. She also presented "Healing through Feeling: Building a Cushion of Support around Palestinian Children" and moderated a session on the "Impact of Social Policies and Interventions on Family Mental Health" at the NISCVT 12th Annual Conference on Mental Health at Saint Joseph University, Beirut, Lebanon. The conference was co-organized by the Mental Health Programme of the Lebanese Ministry of Public Health and sponsored by the Norwegian Aid Committee.

Ginny Chan's dissertation study was featured as an [APA Journals Article Spotlight](#).

Beverly Stoute attended the American Academy of Child and Adolescent Psychiatry annual meeting where she received the Rieger Psychodynamic Psychotherapy Honors Award Presentation for her paper Racial Socialization and Thwarted Mentalization: Reflections of a psychoanalyst on the lived experience of James Baldwin's America. Her paper also received an award at the Atlanta Psychoanalytic Society's November 3 meeting.

Beverly Stoute attended Black Psychoanalysts Speak III: Beyond Borders and Boundaries where she was a panel moderator and group facilitator for Balint Live Lab Case Presentation.

TRAINEE KUDOS

Moskowitz L, Ku B, Shadianloo S, Fornari V. Psychopharmacology in the treatment of eating disorders. *Adolesc Med State Art Rev*. 2018;29(2):384-403.

Hassan Naqvi participated in a panel discussion on Mental Health and the Muslim Community. The community event focused on mental health challenges within the Muslim community and how to battle them.

Tan, A., Goodspeed, K., & Bordes Edgar, V. (2018). Pitt-Hopkins syndrome: a unique case study. *Journal of the International Neuropsychological Society*, 24(9), 995-1002. CE Offered by INS.

STAFF KUDOS

None reported

PERSONAL UPDATES

Rob and Maren Cotes welcomed Owen Samuel (6 lbs 6 oz) and Esme Caroline Cotes (5 lbs 5 oz) into the world on 11/6/18.

Brian Dias and his wife Nina Banerjee welcomed their second child, Reva Alejandra Dias.

Kandi Felmet and her long-term partner, Mark Schmidt, were recently engaged.