REMEMBER
Please send me your accomplishments and personal updates for the July 2022 Kudos

SAVE THE DATES

FACULTY DEVELOPMENT SEMINARS
Upcoming faculty development seminars, which will be held from 9:00-10:30a, Zoom link:

- Wednesday July 13, 2022 – Applying for a Clinical Distinction – This seminar will describe the various clinical distinctions, the benefits of and timeline for applying for these distinctions, and the process of applying for clinical distinctions. The panelists will include Andrew Furman, who chairs the departmental and serves on the SOM clinical distinctions committee, other members of the department committee, and both psychiatrists and psychologists on the faculty who have received a clinical distinction designation.
- Wednesday October 12, 2022 – Crucial Conversations Part 2 – This seminar will focus on navigating crucial conversations with supervisors and senior leaders.

WRITING GROUPS: UPCOMING
The Writing Group is the 1st Wednesday of every month from 8:00-9:00am. The next meeting is Wednesday July 6, 2022 and will be on Zoom.

SPOTLIGHTS
FACULTY SPOTLIGHT: Beth Hammons, PhD
Beth Hammons is an assistant professor with Psychiatry and Behavioral Sciences. She provides clinical supervision and instruction for the Emory University Addiction Psychiatry Fellowship program. Beth co-leads the Substance Use Peer Mentoring group and serves as an Ambassador for new faculty working at the VA. She also serves on the Faculty Development Committee and the Women Faculty Subcommittee.

Beth is a staff psychologist with the Substance Abuse Treatment Program at the Atlanta VA. She provides post-discharge engagement services for “high-risk” Veterans receiving inpatient services for problems associated with substance misuse. She also provides group and individual therapy for Veterans diagnosed with substance use disorders.

Beth has enjoyed working with the Veteran population for the past 13 years. She finds her work with Veterans to be both personally and professionally meaningful. She is inspired by the Veterans’ resilience and is honored and humbled to serve our Nation’s heroes.
The highlight of Beth’s career was moving back to Atlanta in 2014. As a fifth generation “local,” it was exciting to have the opportunity to do the work that she loves in her hometown.

Beth hopes to continue to participate in the ongoing development of evidence-based interventions for Veterans experiencing problematic substance use. She plans to be a “lifer” with the VA healthcare system and hopes to continue to serve Veterans in a meaningful way.

Outside of work, Beth is a proud mother. Her daughter is the best part of her day and life. She enjoys traveling, yoga, and trying new cuisines. Beth leads a support group for parents raising neurodiverse children and serves on the board of a local non-profit that focuses on neurodiversity.

**ADJUNCT FACULTY SPOTLIGHT: Sheril Kalarithara, MD**

Sheril Kalarithara grew up in New York City, and went to medical school in Buffalo. After completing her psychiatry residency at Emory, she became faculty at Morehouse School of Medicine, working at Grady outpatient clinic and the VA Women's Center of Excellence, where she works closely w/ OB to provide maternal mental health care to female veterans. Sheril has been Associate Program Director for the psychiatry residency at Morehouse for the last three years, with a special focus on educating trainees to provide psychodynamic psychotherapy to marginalized populations.

Sheril’s involvement as an adjunct faculty member in the Emory Department of Psychiatry and Behavioral Sciences includes moonlighting in PES, back-up supervision of Emory residents at Park Place, involvement with the Emory University Psychoanalytic Institute and collaboration with the Emory Psychiatry research track. What she enjoys most about her role as an adjunct faculty member is friendships and collaborations with Emory colleagues.

A surprising fact about Sheril is she cannot ride a bicycle.

**TRAINEE SPOTLIGHT: Ceci Hinojosa, PhD**

Currently, Ceci Hinojosa is completing her first year as a post-doctoral research fellow with the Grady Trauma Project (GTP), working under the guidance of Dr. Jennifer Stevens. In this role, she is helping lead a group of graduate students and research assistants in data collection on a study designed to better understand the role the gonadal hormone estradiol has on the development of posttraumatic stress disorder (PTSD) in women. Concurrently, she is developing her independent research program focusing on better understanding the temporal development of PTSD and substance use disorder. These disorders are highly comorbid and difficult to treat. Additionally, she is interested in studying the neural correlates of these comorbid disorders in vulnerable populations, including women and minoritized individuals.

Outside of Emory, Ceci continues to serve on the Diversity, Equity and Inclusion Committee at Tufts University, where she completed her graduate studies. Additionally,
she serves as the director of communications for the ADAA PTSD SIG and on the ADAA Professional Education Committee.

Since high school, Ceci knew she wanted to work with men and women who have PTSD. Back then, she envisioned working with military personnel as a clinical psychologist in the Air Force. However, her path changed, and in college, she was introduced to the world of neuroscience and subsequently grew a passion for conducting neuroscience research to understand the biological basis of PTSD. What Ceci loves most about working at GTP is she gets to work side-by-side with colleagues just as passionate as she is about PTSD research. She is challenged every day to be the best scientist she can be, and thankful for the opportunity.

Ceci’s primary achievement in life was to earn her PhD. At first, she was determined to receive her PhD because it would accomplish her lifelong goal of working with those with PTSD, but she has learned earning her PhD as a first-generation college graduate and Latina was much bigger than just the goal she created for herself. Ceci is proud and saddened to say she is amongst a very small percentage of Latinas (~6%) in the US who have received a PhD. Being in such a privileged position has allowed her the opportunity to break barriers that exist for my minoritized group, and thankful to be given opportunities or serve in positions where she can close the gap of educational attainment, whether it be serving on diversity committees, or empowering girls who look like her to follow their dreams as she did.

Ceci’s ultimate goal is to acquire a tenure track position at a research-intensive university with a student population that reflects the diversity of the United States and conducting research to improve the lives of those struggling with comorbid PTSD and substance use.

Outside the workplace, Ceci enjoys baking, weightlifting, playing video games and trying to start a new hobby of learning how to read hieroglyphics, as she is a big ancient Egypt buff.

**DISC UPDATES**

**Juneteenth – Erica Marshall-Lee, PhD, Assistant Professor** – Juneteenth National Independence Day a federal holiday and the oldest nationally United States celebrated commemoration of the emancipation of enslaved African Americans and an observance of African American freedom, highlighting education and achievement. It is a time for celebrating African American culture, reflection and rejoicing, planning for the future, and self-improvement. Also known as Black Independence Day, its origins are Galveston, Texas, June 19th, 1865. On this day, Union Gen. Gordon Granger and his soldiers informed enslaved people in Galveston of their freedom more than two and a half years after President Abraham Lincoln signed the Emancipation Proclamation on Jan. 1, 1863.

He stated, "The people of Texas are informed that, in accordance with a proclamation from the Executive of the United States, all slaves are free. This involves an absolute
equality of personal rights and rights of property, between former masters and slaves and the connection heretofore existing between them, becomes that between employer and hired labor. The Freedmen are advised to remain at their present homes and work for wages. They are informed that they will not be allowed to collect at military posts; and they will not be supported in idleness either there or elsewhere."

Juneteenth is significant in that, while July 4th, 1776 marks America’s Independence Day, sadly this was not true for enslaved African descended people. For these individuals, complete emancipation did not occur until 89 years later. Today, Juneteenth is celebrated in the United States and globally highlighting the strength and resilience of African descended individuals and communities. Celebrations include parades, barbeques, and the presentation of community and individual building opportunities for education, reflection, and inspiration.

Juneteenth is one of my favorite holidays as my grandmother was honored as Grand Marshal of the Juneteenth parade in my hometown of Oxford, MS. She was presented with a community service award as well as a special custom-made Grand Marshal top hat. Since she was in her 90s, many of the activities were held around her home so that she could participate without overexerting herself. My grandmother was and is an inspiration whose accomplishments led the way for promoting the resilience, need, and empowerment of the Black community in Oxford, regionally, and nationally.

LGBTQ+ Pride Month – Scot Seitz, PhD, Postdoctoral Resident – LGBTQ+ Pride Month is celebrated every June, in part to recognize the historical impact of LGBTQ+ people and to celebrate LGBTQ+ identities. Although October is officially designated as “LGBTQ History Month,” Pride Month is celebrated in June to honor the legacy of the Stonewall Uprising in June 1969. The Stonewall Uprising was a pivotal moment in the LGBTQ+ rights movement when LGBTQ+ people protested after police raided a popular LGBTQ+ bar in New York City called the Stonewall Inn. Pride Month activities include LGBTQ+-focused educational and recreational events, including parties, workshops, and concerts. Many cities also host an annual Pride Parade in June. Although Atlanta’s Pride Parade takes place in October around National Coming Out Day, Atlanta still celebrates LGBTQ+ Pride Month in June. Some noteworthy events include the Atlanta Pride Run & Walk and the “Southern Fried Queer Pride” Festival.

World Refugee Day – Betsy Gard, PhD, Adjunct Professor – It is estimated there are over 30 million refugees in the world, and half of these are under the age of 18. A refugee has been defined by the United Nation High Court on Refugees-UNHCR- as “an individual who has fled their country as a result of a well-founded fear of persecution because of race, religion, nationality, membership in a social group or political group.” An asylum seeker is someone who is seeking asylum but has not yet had to opportunity to have their refugee status validated. Currently, the top 3 countries with the highest number of refugees who have been forced to flee their countries are Syria, Ukraine, and Afghanistan.
On June 20, 2022, the World Refugee Day honors the tenacity, courage, and contributions refugees have and will continue to make as they struggle with having to flee their homes, cities, and villages to try to survive and find safety. There is an increasing need for countries and individuals to step forward to help refugees find new homes and be able to resettle.

To increase awareness, and join supporters around the world, the UNHCR has created a digital platform. An excellent tool kit created by UNHCR in 2021 helps identify what each of us can do to help support refugees in our communities and in the world.

WOMEN FACULTY SUBCOMMITTEE

Wisdom from Women
The Women Faculty Subcommittee’s tips for ensuring equity at Emory.

TIP #3: Counter-stereotypes can help overcome implicit bias
Increased exposure to images and information that contradict stereotypes can help us “unlearn” assumptions that underlie implicit bias. One study found exposure to women working in counter-stereotypical occupation roles reduced gender stereotyping in the short term (Finnegan, Oakhill, & Garnham, 2015). Another found exposure to positive examples of Black men reduced racial bias by 50% that remained for 24 hours (Dasgupta & Greenwald, 2001).

“We cannot succeed when half of us are held back.” Malala Yousafzai
“No one is free while other are oppressed.” Unknown

WELLNESS RESOURCES

The Department’s Wellness Committee Summer Field Trip will take place on Sunday, June 26 at 3:00 pm with a visit to the Civil Rights Museum.

Challenges with Healthy Emory are ongoing - the Sharecare app is the platform and incentive dollars are available!

Operation Eat Right encourages you to improve your nutrition and boost your well-being using Healthy Emory Connect!

Resources from Healthy Emory and a link below to the ACPH.

- Benefits
- Rewards
- Career
- Learning
- Wellness
- Work Life
- Employee Assistance
- Employee Assistance – Physician Wellbeing Conference
Healthy Emory resources including the Sharecare platform for Move More, Refresh from Stress and more! Open to University and Healthcare Employees

Healthy Emory Connect | Emory University | Atlanta GA

Wellbeing and mental health support for Emory University Employees Faculty Staff Assistance Program and for Emory Healthcare Employees username EHC (800 327 2251)

Graduate Medical Education Well-being Resident Well Being | Emory School of Medicine

International Conference on Physician Health (alternates years with American Conference) International Conference on Physician Health™ | American Medical Association (ama-assn.org)

Dr. Lorna Breen Heroes Foundation | Dedicated to Protecting the Well-Being of Physicians and Health Care Professionals (drlornabreen.org)

Office of Well- Being established for Woodruff Health Sciences Emory’s Woodruff Health Sciences Center establishes Office of Well-Being | Emory University | Atlanta GA

FACULTY KUDOS

Major Leadership Appointments, Activities and Achievements

Patrick Amar has been honored with the Distinguished Physician distinction through the School of Medicine.

Robert (Rob) Cotes has been honored with the Distinguished Physician distinction through the School of Medicine.

Charles (Rickey) Gillespie has been honored with the Senior Physician distinction through the School of Medicine.

William McDonald has been appointed chair of the Department of Psychiatry and Behavioral Sciences.

Ann Schwartz was appointed to the department’s Vice Chair for Education.

Education


Research


Honors, Awards, Rankings
Faculty Awards from the 2022 Trainee Graduations:
- General Psychiatry Teaching Awards:
  - PGY-1 Teaching Award – David Thylur
  - PGY-2 Teaching Award – Jesse Fredeen
  - PGY-3 Teaching Award – Jeffery Rakofsky
  - PGY-4 Teaching Award – Sarah Debrey
  - Excellence in Mentorship and Service Award – Sarah Debrey
- Clinical Faculty Supervisor Award – Robert Elliott
- Medical Student Faculty Teaching Award – Viorica Pencea
- Miles Crowder Excellence in Teaching Award – Jennifer Wootten
- Child & Adolescent Psychiatry Excellence in Teaching Award – Milena Armani
- Child & Adolescent Psychiatry Supervisor Appreciation Award – Jennifer Holton
- Addiction Psychiatry Teacher of the Year (for Clinical) – Woojin Kowalk
- Addiction Psychiatry Teacher of the Year (for Didactic) – Karen Drexler
- Children’s Healthcare of Atlanta Excellence in Teaching Award (Psychology) – Elyssa Gerst
- Dr. Anthony Y Stringer Award for Excellence in Neuropsychology Teaching – Anastacia Nichols
- Dr. Carl L Webb Award for Excellence in Teaching at Grady Health System (Psychology) – Eugene (Gene) W. Farber
Robert Cotes was selected as a recipient of one of the 2022 NAMI Exemplary Psychiatrist Awards.

Toby Goldsmith was named in Atlanta Magazine as a Top Doctor – Psychiatry.

Rachel Hershenberg was named to the Advisory Board for Training in Unified Psychotherapy.

Nadine Kaslow received the Atlanta Magazine’s Women Making an Impact Award.

Erica Lee received Faculty Development Funds to support her attendance and participation at the annual convention of the American Psychological Association.

Nori Lim received Faculty Development Funds to support his attendance and participation at both the 2022 Association of Psychology Postdoctoral and Internship Center conference and the annual convention of the American Psychological Association.

Mike Martin will assume the Presidency of the Association of VA Psychologist Leaders on August 4 at the annual convention of the American Psychological Association.

Vas Michopoulos and Jennifer Stevens received a grant for 1R01MH128244-01 Neuroendocrine Mechanisms Underlying Perimenopausal Risk for Trauma-Related Hyperarousal in Black Women.

Alainia Morgan-James was named in Atlanta Magazine as a Top Doctor – Psychiatry.

Jeffrey Rakofsky and Tamara Wright attended the 2022 Association of Directors in Medical Student Education in Psychiatry annual conference in Austin, Texas where he was publicly recognized for organizing this year's conference and completing his service as the 2021-2022 program chair. At the conference, he gave a lecture titled, "Educational Research: Statistics and Methodology Simplified" to the ADMSEP Scholars program and was a panelist for a workshop titled, "Storytelling: Tips for Writing Your Study." In addition, he was named in Atlanta Magazine as a Top Doctor – Psychiatry.

**Presentations**

Mike Martin presented twice at the recent VA Psychology Leadership Conference. The Association of VA Psychologist Leaders Executive Committee presented on their Midwinter Meeting in Washington DC and he was part of a presentation called “Family Matters: Supporting Families During this Time and Finding Work-Life Balance.”

**Media**
Boadie Dunlop (1) NPR – When Traditional Antidepressants Fail, Some Depressed Patients Seek Relief with Ketamine.

Negar Fani (1) The American Prospect – Therapy by and for Black Women.

Toby Goldsmith (1) Fruitful & Multiplying – Psych Meds and Fertility Treatments…Are they Safe?


Andrew Miller (1) New York Times – This Nerve Influences Nearly Every Internal Organ. Can it Improve Our Mental State, Too?


Rebecca Woo (1) WMAZ – ‘A Sad Day for the Autonomy of Women’: Georgia Critics Comment on Supreme Court Abortion Ruling

**ADJUNCT KUDOS**

Carrie Poline was named in Atlanta Magazine as a Top Doctor – Child and Adolescent Psychiatry.

Sarah Vinson was appointed Interim Chair of Morehouse School of Medicine’s Department of Psychiatry. She also was named in Atlanta Magazine as a Top Doctor – Child and Adolescent Psychiatry.

**TRAINEE KUDOS**

Trainee Awards from the 2022 Resident Graduation:

- PRITE Award – Cody Overmyer
- Resident Recognition Awards – Joel Eisenberg, Jennifer Grant, Paulina Kaiser and Aniket Malhotra
- Wellborn Fellowship Scholars – John Deppe - Global Health and Paul Kim - Research
- Medical Student Resident Teaching Award – Elizabeth Chang, Abigail Clark and Tyler Vanderhoof
- Resident Research Award – Benson Ku
- Elisabeth McCord – John Renner Award, American Academy of Addiction Psychiatry 2021

Future Plans for the 2022 General Psychiatry Residency Graduates:

- Andrew Ebner – Child and Adolescent Psychiatry Fellowship, Emory University School of Medicine; Atlanta, GA
• Karen Giles – Private Practice; Atlanta, GA
• Jennifer Grant – Assistant Professor, Emory University School of Medicine and Attending Psychiatrist, Grady Memorial Hospital Psychiatric Emergency Services; Atlanta, GA
• Sehar Jessani – Child and Adolescent Psychiatry Fellowship, Children’s Hospital of Philadelphia; Philadelphia, PA
• Karen Korsah – Child and Adolescent Psychiatry Fellowship, Morehouse School of Medicine; Atlanta, GA
• Benson Ku – Assistant Professor, Emory University School of Medicine and Attending Psychiatrist, Grady Memorial Hospital, 10 Park Place; Atlanta, GA
• Aniket Malhotra – Addiction Psychiatry Fellowship, Emory University School of Medicine; Atlanta, GA
• Christopher Mora – Outpatient solo private practice; Atlanta, GA
• Cody Overmyer – General outpatient psychiatry, Munson Healthcare; Traverse City, MI
• Erica Rymarczyk – Outpatient private practice: Indianapolis, IN
• Charlotte Van Hale – Assistant Professor, Emory University School of Medicine and Attending Psychiatrist, Emory Midtown Hospital; Atlanta, GA
• Chenhang “Sylvia” Zou – Outpatient, Psychotherapy, Tele-Psychiatry, Private Practice; Atlanta, GA

Future Plans for the 2022 Internal Medicine-Psychiatry Residency Graduates:
• Kate Measom – Outpatient/Inpatient Internal Medicine & Psychiatry, Gallup Indian Medical Center, Indian Health Services, Gallup, New Mexico
• Nathan Skoller – Consultation-Liaison Psychiatry and Hospital Medicine, Atlanta VA Medical Center, Atlanta, GA

Future Plans for the 2022 General, Trauma, and Neuropsychology Track Doctoral Psychology Internship Graduates:
• Jasmine Berry – Medical Psychology Fellowship in Clinical Child/Pediatric Psychology, Mayo Clinic, Rochester, Minnesota
• Lise de Wit – Postdoctoral Residency in Adult Neuropsychology, Department of Rehabilitation Medicine, Emory University School of Medicine
• Courtney Forbes – Psychology Postdoctoral Fellowship, Anxiety and Depression Research Center, Department of Psychology, University of California, Los Angeles
• Shoshana Krohner – Psychology Postdoctoral Fellowship, Trauma and Affective Psychophysiology Lab, Department of Psychology, The New School for Social Research
• Daphne Liu – Clinical/Research Psychology Postdoctoral Fellowship, Stony Brook University Consortium
• Sydney Park – Postdoctoral Fellowship in Pediatric Clinical Neuropsychology, Medical College of Wisconsin
Anny Reyes – Neuropsychology Postdoctoral Fellowship, Department of Radiation Medicine and Applied Sciences, University of California, San Diego School of Medicine
Molly Winston - Postdoctoral Fellowship in Pediatric Neuropsychology, Department of Neuropsychology, Children's Healthcare of Atlanta and Emory University School of Medicine

Future Plans for the 2022 Geriatric Psychiatry Fellowship Graduates:
- Sochima Ochije – Outpatient staff telepsychiatry, Talkiatry & Adjunct Faculty, Department of Geriatric psychiatry, Emory University, Atlanta GA
- Ashley Subler – Inpatient and outpatient practice, Assistant professor of geriatric psychiatry, The Ohio State University Wexner Medical Center; Columbus, Ohio

Future Plans for the 2022 Child and Adolescent Psychiatry Fellowship Graduates
- Brittany Friend – TBD
- Binh Ngorlon, – Lotus Stream Psychiatry (telepsychiatry private practice serving youth throughout GA)
- Bianca Waters – Albany Area Primary Healthcare (a multi-specialty federally qualified health center in Albany, GA)

Future Plans for the 2022 Addiction Psychiatry Fellowship Graduates:
- Mahfuza Akhtar – Inpatient psychiatrist attending, Hartford Healthcare in Connecticut
- Cody Browning – Private Practice and DeKalb CSB
- Elisabeth McCord – Assistant professor, Emory University School of Medicine

Future Plans for the 2022 Forensic Psychiatry Fellows
- Faryal Mallick – Private practice and inpatient attending, Tampa, Florida
- Matthew Edwards – Assistant Professor, Stanford University
- Patrick Robbins – Private practice, Atlanta/Decatur

Future Plans for the 2022 Health Service Psychology Postdoctoral Residents
- Carla Ammons - Assistant Professor/ Pediatric Neuropsychologist, Aflac Cancer & Blood Disorders Center, Children’s Healthcare of Atlanta and Emory University School of Medicine, Department of Pediatrics
- Caché Archer – Psychologist, Atlanta Children’s Center for Developmental and Behavioral Health
- Haley Marie Bednarz - Second Year Neuropsychology Fellowship, Children’s Healthcare of Atlanta
- Grace E. Binion - Assistant Professor of Clinical Psychology, Furman University
- Delilah D. Elizey – Staff Psychologist, Endocrinology, Children’s Healthcare of Atlanta
- Laura K. Ellison - Forensic Psychologist
- Jonathan Keith Brantley Ferguson - Assistant Professor Marcus Autism Center Emory University School of Medicine Department of Pediatrics
• Katherine A. Fox - Forensic Psychologist
• Stephanie L. Freitag - Clinical Psychologist, Westchester Child and Adult Psychological Services
• Amanda Kazee – Psychologist, Unumb Center for Neurodevelopment
• Emma C. Lathan-Powell - Second Year Health Service Psychology Postdoctoral Resident, Emory University, Grady Trauma Project
• Laura Marie – TBD
• Meara X. H. McMahon - Assistant Professor, Marcus Autism Center Feeding Program, Emory University School of Medicine Department of Pediatrics
• Shanteria Owens – Staff Psychologist, Atlanta VA Medical Center and Assistant Professor, Kennesaw State University
• Jessica M. Petri - Clinical Psychologist, Private Practice
• Emily Kate Rubio - Assistant Professor, Marcus Autism Center Feeding Program, Emory University School of Medicine Department of Pediatrics
• Scot R. Seitz - Psychologist in Private Practice, Lumen Guidance & Consultation, LLC
• Erin M. Van Seeters - Integrated Pediatric Psychologist, Hematology/Oncology, Children's Hospital of Colorado, University of Colorado, Colorado Springs
• Shujing Zhang - Second Year Health Service Psychology Postdoctoral Resident, Emory University School of Medicine Nia Project

Future Plans for the 2022 Emory Healthcare Veterans Program Postdoctoral Fellows:
• K. Maria Nylocks – Assistant Professor, Emory University School of Medicine and Clinical Psychologist, Emory Healthcare Veterans Program
• Drew Teer – Clinical Psychologist, Home Base, Massachusetts General Hospital and Instructor in Psychology, Harvard Medical School, Boston, MA
• Anna Wise – Assistant Professor, Emory University School of Medicine and Clinical Psychologist, Emory Healthcare Veterans Program


Scot Seitz received the Richard Morrell Community Service Award.
Anny Reyes received the Dr. Keith A Wood Diversity, Equity, and Inclusion Award in Psychology.