

Introduction to Psychoanalysis:

Comparative Theories of Clinical Psychoanalysis

Taught by Drs. Noëlle McAfee and Stefanie Speanburg

Most, but not all, sessions:

The Theories: 6:00-7:10 / Break 7:10-7:20 / The Clinical Encounters: 7:20-8:30

This seminar will introduce students and candidates to basic concepts in Freudian theory, the various schools of thought and techniques that have proliferated in the 100-plus years since, including ego psychology, object relations theory, contemporary relational theory, Lacanian psychoanalysis, psychoanalytic feminism, and clinical technique associated with each school of thought. For most sessions, we will devote the first 90 minutes of each class to the close reading and interrogation of psychoanalytic theory. The last 75 minutes of each class will be an opportunity to observe the ways in which clinical material demonstrates the theories discussed. Most sessions will feature guest speakers, about half of whom are practicing analysts and the other half being scholars of the various psychoanalytic schools. Some are both. The goals of the seminar are (1) to introduce students to basic psychoanalytic concepts, (2) to familiarize them with the plurality of approaches that have been developed and employed since Freud, (3) to help them peer into the clinic of each of the various approaches, and (4) to help students find and develop their own psychoanalytic point of view. While this is a required course for the certificate in the Psychoanalytic Studies Program and for first-year candidates in the Emory University Psychoanalytic Institute, all PhD students in the Laney Graduate School, including those not pursuing the certificate, are welcome.

Required:

Stephen A. Mitchell and Margaret J. Black, *Freud and Beyond: A History of Modern Psychoanalytic Thought*, updated with a new introduction (New York: Basic Books, 2016).

Other required readings available on Canvas, Basecamp, or via the PEP archive, a database available through the Emory libraries. For the first meeting, students should read part one of Freud's *Introductory Lectures on Psychoanalysis* (all three parts are in volumes XV and XVI of the Standard Edition). You can find the entirety of the Standard Edition of Freud's work in the PEP database of the Emory Libraries.

Recommended:

Anthony Elliott, *Psychoanalytic Theory: An Introduction*, Third Edition (New York: Palgrave Macmillan, 2015).

CONFIDENTIALITY AGREEMENT: This course is unique in that it brings psychoanalytic scholars and clinicians together to discuss clinical theory and practice. With its uniqueness, there is great privilege. When each of us step into the clinic, we are obliged to follow the ethical codes embraced by psychoanalysts. We expect that all information discussed in this class remains confidential. This means that you do not share course content with colleagues outside of this

class; it likewise means that you may not discuss what was shared in class with one another outside the frame of the seminar room. If you recognize yourself, your own treatment provider, or people that you know in any of the clinical material we review, you have an ethical mandate to recuse yourself from discussion. Please see the American Psychoanalytic Code of Ethics.

Date & Topic	Readings	First Session	Second Session
<p>Week 1 1/28 Freud I</p>	<p>Freud, S. (1916). Introductory Lectures on Psycho-Analysis. The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume XV (1915-1916): Introductory Lectures on Psycho-analysis (Parts I and II), 1-240. For this session just read Part I Parapraxes, pp. 13-79.</p> <p>Mitchell and Black, Ch. 1</p> <p>Recommended:</p> <p>Elliott, ix-</p> <p>Freud, S. (1912). The Dynamics of Transference. The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume XII (1911-1913): The Case of Schreber, Papers on Technique and Other Works, 97-108</p>	<p>Noëlle McAfee & Stefanie Speanburg</p>	<p>Noëlle McAfee & Stefanie Speanburg</p>
<p>Week 2 2/4 Freud II</p>	<p>Freud, S. (1914). Remembering, Repeating and Working-Through (Further Recommendations on the Technique of Psycho-Analysis II). The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume XII (1911-1913): The Case of Schreber, Papers on Technique and Other Works, 145-156</p> <p>Freud, S. (1926). Inhibitions, Symptoms and Anxiety. The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume XX (1925-1926): An</p>	<p>Noëlle McAfee</p>	<p>Stefanie Speanburg</p>

	Autobiographical Study, Inhibitions, Symptoms and Anxiety, The Question of Lay Analysis and Other Works, 75-176		
2/11 Freud III	<p>Freud, S. (1914). On Narcissism. The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume XIV (1914-1916): On the History of the Psycho-Analytic Movement, Papers on Metapsychology and Other Works, 67-102</p> <p>Freud, S. (1917). Mourning and Melancholia. The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume XIV (1914-1916): On the History of the Psycho-Analytic Movement, Papers on Metapsychology and Other Works, 237-258</p>	Noëlle McAfee & Stefanie Speanburg	Noëlle McAfee & Stefanie Speanburg
Week 3 2/18 Freud IV (Dreams)	<p>Introductory Lecture on Dreams Freud, S. (1916). Introductory Lectures on Psycho-Analysis. The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume XV (1915-1916): Introductory Lectures on Psycho-analysis (Parts I and II), 1-240. For this session just read Part II Dreams, pp. 81-227..</p>	Noëlle McAfee & Stefanie Speanburg	Kendle Jenkins
Week 4 2/25 Ego Psychology	<p><i>Mitchell, S.A. and Black, M.J. Freud and Beyond. New York: Basic Books. 2016 edition. Chapter 2: Ego Psychology, pp. 23-60.</i></p> <p><i>Sessions 3 and 4 from the "Case of Annie" Transcripts uploaded to Basecamp</i></p>	Steven Levy (confirmed)	Stefanie Speanburg
Week 5 3/4 Klein	<p><u>First Session Required</u> Mitchell Chapter 4 Melanie Klein and Contemporary Kleinians</p> <p><i>Highly recommended</i> For a deeper dive, this lecture will be informed by the following foundational papers: (1935). "Manic Depressive States"</p>	Amy Allen & Stefanie Speanburg	Stefanie Speanburg

	<p>(1946). “Notes on Schizoid Mechanisms”</p> <p>Second Session</p> <p>Mitchell and Black, Chpter. 4 , <i>The Analytic Situation</i></p> <p>Roth, P. (2001). Mapping the Landscape: Levels of Transference Interpretation, IJP, 82(3): 533-543.</p>		
<p>Week 6 3/11 British Object Relations</p>	<p>First Session Mitchell and Black, ch. 2</p> <p>D.W. Winnicott, “Transitional Objects and Transitional Phenomena” and “The Use of an Object and Relating through Identifications”</p> <p>Second Session Eng, D. & Han, A. (2006) Desegregating Love: Transnational Adoption, Racial Reparation, and Racial Transitional Objects. Studies in Gender and Sexuality, 7 (2), 141-172.</p>	<p>Joel Whitebook</p>	<p>Stefanie Speanburg</p>
<p>Week 7 3/18 Contem- porary Relational Theory and Self- Psychology</p>	<p>First Session Contemporary Relational Theory history and main concepts, readings-See Basecamp</p> <p>Second Session Self Psychology readings- See Basecamp</p>	<p>John Paddock</p>	<p>John Paddock</p>
<p>Week 8 3/25 Lacan</p>	<p>See Basecamp</p>	<p>Shoshana Felman Calvin Thomas</p>	<p>Jamieson Webster</p>
<p>Week 9 4/1 Latin American Psycho- analysis</p>	<p>First Session Argentina’s Psychanalytic Culture readings TBD</p> <p>Second Session Psychoanalysis In The Barrio readings TBD</p>	<p>Xochitl Marsilli- Vargas</p>	<p>Patricia Gherovici</p>

<p>Week 10 4/8 Transgenerational Transmission of Trauma and Social Change</p>	<p>Nicolas Abraham, “Notes on the Phantom: A Complement to Freud’s Metapsychology,” in <i>The Shell and the Kernel</i></p> <p>C. Fred Alford, “Haunted Dialogues: When Histories Collide” in <i>Transgenerational Trauma and the Other</i>, eds. S. Grand and J. Salberg, Routledge 2017.</p> <p>Volkan, V.D. (2019), “Large-Group Identity: Who Are We Now?,” <i>The American Journal of Psychoanalysis</i>, 2019, 79, (139–155)</p>	<p>NM</p>	<p>Vamik Volkan</p>
<p>Week 11 4/15 Race</p>	<p>See Basecamp</p>	<p>Calvin Warren</p>	<p>Beverly Stoute</p>
<p>Week 12 4/29 Gender & Trans</p>	<p>First Session</p> <p>Gherovici, P. (2017). “Sexual Difference: From Symptom to Sinthome” in N. Giffney & E. Watson (eds.) <i>Clinical Encounters in Sexuality: Psychoanalytic Practice and Queer Theory</i>.</p> <p>Hansbury, G. (2017). Unthinkable Anxieties: Reading Transphobic Countertransferences in a Century of Psychoanalytic Writing. <i>TSQ</i>, 4(3-4), 384-404.</p> <p>Saketopoulo, A. (2020) Thinking psychoanalytically, thinking better: reflections on transgender. <i>IJP</i>,</p>	<p>Stefanie Speanburg</p>	<p>Sarah Cook, M.D., Emory School of Medicine Department of Psychiatry, Grady Hospital</p>
<p>Week 13 4/22 Neuroscience & Depression</p>	<p>Mark Solms, “Depression: A Neuropsychanalytic Perspective,” <i>International Forum of Psychoanalysis</i>. 2012; 21: 207-213</p> <p>Heather A. Berlin, Christof Koch, “Defense Mechanisms: Neuroscience Meets Psychoanalysis” - <i>Scientific American</i> , April 1, 2009</p>	<p>Andrea Crowell</p>	<p>Andrea Crowell</p>

Week 14 4/29	Reflecting on multiple perspectives in psychoanalysis	Open class discussion	
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Seminar Requirement:

PSP students and EUPI candidates are expected to attend every meeting fully prepared. If it is necessary for a student to miss a meeting, then that student should submit a 3-page synopsis and reflection on the readings within a week of the missed meeting.

The final project is a written reflection on how—and to what end—PSP students and EUPI candidates anticipate using the material from the seminar to structure the psychoanalytic aspect of their studies and possibly also their future work. This should include a generous reflection on the various schools of thought and the connections to one’s own intellectual and/or clinical work. The recommended length for PSP students is 12-17 double spaced pages; for EUPI candidates, it is 6-8 double spaced pages. It is due by 4/30 at 11 p.m.