

Category	Resource Type	Author	Title / URL
Autism Identity	Book	Trevor Pacelli	1. HIGHLY RECOMMENDED Six-Word Lessons on Growing Up Autistic: 100 Lessons to Understand How Autistic People See Life
Autism Identity	Book	Jerry Newport	<i>Your Life is Not a Label</i>
Autism Identity	Book	Liane Holliday Willey	Safety Skills for Asperger Women: How to Save a Perfectly Good Female Life
Autism Identity	Digital App / Website	Asperger's Experts	aspergerexperts.com
Autism Identity	Digital App / Website	Not Helpful Things To Say	https://rosieweldon.com/nothelpful/
Autism Identity	Digital App / Website	Top Autism Blogs	https://blog.stageslearning.com/blog/top-10-blogs-by-people-with-autism
Autism Identity	Digital App / Website	Autistic Self-Advocacy Network (ASAN)	https://autisticadvocacy.org/
Autism Identity	Digital App / Website	Autistic Women and Nonbinary Network (AWN)	https://awnnetwork.org/
Crisis Resources	Digital App / Website	Lisa Morgan Crisis Consulting	https://www.autismcrisissupport.com/resources
Descriptions of Autism	Book	Trevor Pacelli	HIGHLY RECOMMENDED Six-Word Lessons on Growing Up Autistic: 100 Lessons to Understand How Autistic People See Life
Descriptions of Autism	Book	Hartman / Brangan	<i>Sexuality and Relationship Education for Children and Adolescents with Autism Spectrum Disorders: A Professional's Guide to Understanding, Preventing ... and Responding to Inappropriate Behaviours</i>
Descriptions of Autism	Book	Chantal Sicile-Kira	Autism Spectrum Disorder (revised): The Complete Guide to Understanding Autism
Descriptions of Autism	Digital App / Website	Spectrum News Research Summaries	https://www.spectrumnews.org/
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Family and Marriage	Book	Rosie Weldon	An Asperger Marriage
Family and Marriage	Book	Liane Holliday Willey	Safety Skills for Asperger Women: How to Save a Perfectly Good Female Life
Family and Marriage	Book	Rosie Weldon	An Asperger Marriage
Family and Marriage	Book	Liane Holliday Willey	Asperger Syndrome in the Family: Redefining Normal
Family and Marriage	Book	Maxine Aston	The Other Half of Asperger Syndrome: A Guide to Living in an Intimate Relationship with a Partner who has Asperger Syndrome
Family and Marriage	Book	Gisela and Christopher Slater-Walker	<i>An Asperger Marriage</i>
Mindfulness	Book	Eline Snel	Breath Through This
Mindfulness	Book	Eline Snel	HIGHLY RECOMMENDED Sitting Still Like a Frog
Mindfulness	Digital App / Website	Sesame Street	<i>Breathe, Think, Do Mindfulness App</i>
Mindfulness	Digital App / Website	New York Times	https://www.nytimes.com/guides/well/mindfulness-for-children
Self Care and Safety	Book	Mary Wrobel	<i>Taking Care of Myself: A Hygiene, Puberty, and Personal Curriculum</i>
Self Care and Safety	Digital App / Website	YO Disabled Proud: Online Safety Tips	http://yodisabledproud.org/resources/safety-online.php
Self Care and Safety	Digital App / Website	Respectability: Sexual Health and Safety	https://www.respectability.org/resources/sexual-education-resources/
Self Care and Safety	Digital App / Website	Big Red Safety Box	http://nationalautismassociation.org/big-red-safety-box/
Self Care and Safety	Digital App / Website	Autism Speaks: Safety Tips	https://www.autismspeaks.org/family-services/tool-kits/100-day-kit/safety-tips
Tools for School and Work	Book	Richard Guare, Peg Dawson, and Colin Guare	<i>Smart but Scattered Teens: The "Executive Skills" Program for Helping Teens Reach Their Potential</i>

Tools for School and Work	Book	Lara Honos-Webb	<i>The ADHD Workbook for Teens: Activities to Help You Gain Motivation and Confidence</i>
Tools for School and Work	Book	Jed Baker	The Social Skills Picture Book for High School and Beyond
Tools for School and Work	Book	Alan Kazdin	The Kazdin Method for Parenting the Defiant Child
Tools for School and Work	Book	Carol Gray	The New Social Story Book
Tools for School and Work	Book	Carol Gray	Comic Book Conversations
Tools for School and Work	Book	Adele Faber and Elaine Mazlish	How to Talk so Kids Will Listen and Listen So Kids Will Talk
Tools for School and Work	Book	Rogers, Dawson, Vismara	An Early Start for Your Child with Autism
Tools for School and Work	Digital App / Website	Carol Gray's Social Stories Website	https://carolgraysocialstories.com/