

EMORY DEPARTMENT OF PSYCHIATRY AND BEHAVIORAL SCIENCES KUDOS
AUGUST 2021

REMEMBER

Please send me your accomplishments and personal updates for the September 2021 Kudos

SAVE THE DATES

FACULTY DEVELOPMENT SEMINARS

Below is the information on the first faculty development seminar for 2021. We will send out the rest of the information as soon as possible so that people can clear their schedules. All seminars are from 9:00-10:30am and will be virtual this year.

WRITING GROUPS: UPCOMING

The Writing Group is the 1st Wednesday of every month from 8:00-9:00am and is on Zoom - <https://zoom.us/j/6213030759?pwd=T0hpY056a0N1RFdvWjFIQ3d4UU1vZz09>

CE WORKSHOP SCHEDULE

Friday October 22, 2021 9:00am-12:00pm – Technophobia with Andrew Sherrill
Friday November 12, 2021 9:00-12:00pm – Treatment Resistant Depression with Rachel Hershenberg and Carly Yasinski
Contact Rachel Ammirati for more information, rammira@emory.edu

SPOTLIGHTS

FACULTY SPOTLIGHT: Sanne van Rooij, PhD

Sanne van Rooij is an Assistant Professor in the Department since 2019, and an investigator of the Grady Trauma Project. Furthermore, she is the Principal Investigator on a NIMH K01 investigating the effects of TMS on PTSD biomarkers, and a NARSAD award studying amygdala ablation in epilepsy patients. She is the co-chair of the Diversity in Research curriculum committee for the Emory Brain Health Center, and also a committee member of the Diversity and Inclusion subcommittee and Psychiatry website committee.

Outside of Emory, Sanne is a co-investigator on two collaborative multisite grants, and a member of the travel award committee for the Society of Biological Psychiatry.

Sanne loves the collaborative research environment at Emory, which she believes to be rather unique. She especially enjoys developing new research ideas and solving research puzzles with brilliant mentors, colleagues and trainees. The main reason Sanne moved to Emory is the Grady Trauma Project, a large-scale study investigating stress and trauma exposure in a highly trauma exposed urban population of Black Americans in Atlanta. She is very passionate about the work we do, and has truly loved working within this group both scientifically and personally. In addition to aiming to conduct high quality research and publishing their work in scientific journals and present

at (inter)national conferences, they strive to enhance their scientific outreach and share their findings with the general audience, which has been enormously rewarding.

The first highlight in Sanne's career trajectory is coming to Emory for her postdoctoral fellowship in 2015, which has provided countless opportunities scientifically and has been the best career decision of her life. A second career highlight was receiving the five-year NIMH K01 award, which has allowed me to start building her research lab and receive additional mentored training in neuromodulation and clinical research.

Sanne's goal is to further build her Stress & Neuromodulation Lab (SNL), and develop a program to individualize neuromodulation treatment for trauma-related disorders. She really enjoys working across disciplines and collaborating with researchers and clinicians within the Emory Brain Health center and outside.

After moving to Atlanta from the Netherlands in 2015 with her husband, they have loved exploring Atlanta and the South. They now have a three-year-old daughter Julie Elise (Jules) and a one-year-old son Harris who keep them plenty busy and provide a lot of entertainment in the weekends (or in pandemic times, sometimes during the week too). They still like to travel with them the best they can!

ADJUNCT FACULTY SPOTLIGHT: Matthew Norman, MD

With a goal of becoming a forensic psychiatrist, Matthew Norman received his undergraduate degree in psychology from the University of Virginia and completed medical school at Mercer University School of Medicine. He completed psychiatric residency and forensic psychiatric fellowship training at Emory University School of Medicine. After training, he co-founded Psychiatric Associates of Atlanta. In his clinical practice, Matthew treats a wide variety of mental health issues utilizing both psychopharmacology and psychotherapy. In his forensic practice, he has been qualified as an expert witness over 200 times in state and federal jurisdictions, including numerous insanity trials and capital cases. Matthew has continued teaching as an Adjunct Associate Professor at Emory University School of Medicine in the Department of Psychiatry and Behavioral Sciences. He was honored to be appointed to the Georgia Composite Medical Board in 2019 by the governor, and was elected Vice Chair of the medical board in 2021.

Since finishing Forensic Psychiatry Fellowship in 2002, Matthew has been an adjunct faculty member. He is primarily involved as a supervisor to a resident learning psychotherapy in OPTP and holding a didactic seminar with the forensic psychiatry fellows. Additionally, he has presented on the topic of Physician Impairment as part of FSAP's time during Emory's Housestaff Orientation each June/July for about twenty years. And, he is invited by adjunct law professor, Annie Deets, to teach Criminal Responsibility as part of her law school class Mental Health Issues in the Criminal Justice System.

What Matthew truly enjoys about his role as an adjunct faculty member is feeling a continuing connection to the department and the ongoing collegiality.

Most people would be surprised to know that Matthew chops his own firewood (mostly with an ax). “Chop your own wood, and it will warm you twice” – Henry Ford. Matthew’s family lives in an older house with three wood-burning fireplaces. He has been known to burn up to four cords of firewood in a winter.

STAFF SPOTLIGHT: Yulonda Christie

As Education Manager for the Brain Health Center, Yulonda’s goal is to support and enhance student, resident, fellow and faculty learning opportunities. One of her main responsibilities is to “research and operationalize innovative approaches to medical education” through collaborative activities.

The very first job she ever had was at the Huron Road Hospital in Cleveland, Ohio. Her mother, a long-time nurse there, recommended that she volunteer. From that first volunteer experience to all the positions she has had since, medical education has been her path of choice. As a Health Educator working with a clinical pipeline program for elementary students to working as the BHC Education Manager, she has worked along a continuum to engage, train, or support our healthcare providers. This is what she enjoys.

In terms of her career highlights, she noted, in any academic environment, publishing and presenting at conferences is a highlight. She has had the opportunity to present at the 2019 ACGME and the 2019 Family Medicine annual Program Directors Conference. Both presentations focused on Professional Development for Program Coordinators, specifically highlighting their changing role and the tools needed to be successful (professionally and personally).

Outside of Emory, her very new current role and responsibility is being “Grannie” to her first grandson. He is only a few months ago and is as wonderful as can be. Also outside of the workplace, she is interested in home improvement and fanfiction.

Yulonda’s goals are to be the best Grannie she can be. She also wants to continue to assist in moving forward the educational goals of the programs she works with. At some point, she really wants to take a long family vacation when it is safe to do so.

TRAINEE SPOTLIGHT: Chenhang Zou, MD

Sylvia Zou is a fourth-year general psychiatry resident as well as the co-chief resident of Emory Outpatient Psychotherapy and Psychopharmacology Training Program (OPTP). She is also a member of the psychotherapy track as well as a candidate in the core program at Emory University Psychoanalytic Institute.

The most rewarding part of her job is getting to know each patient and their stories, as well as having the privilege to take part in a patient’s mental health journey. As OPTP co-chief, Sylvia coordinates scheduling and educational events, while also serves as the liaison between faculty, staff, and residents in both psychopharmacology and outpatient psychotherapy clinics. The best part of her role as co-chief is teaching and mentorship,

as she enjoys supporting and empowering co-residents through rigorous training, as well as promoting wellness within the field of medicine.

Some key highlights of Sylvia's career include: While studying for a BA in public health at the University of Pennsylvania, Sylvia found interest in understanding health and healthcare as part of a complex social system. After finishing college, Sylvia started medical school at the University of Alabama School of Medicine. Though initially contemplated going into internal medicine, Sylvia learned that her passion truly lies in psychiatry, where she would be able to work within a multidisciplinary team, be involved in the care of patients with complex presentations, and explore how social and economic factors impact the mental health of our community. She also enjoys the longitudinal therapeutic relationships with patients, especially through psychotherapy. Sylvia entered the psychotherapy track after her second year in residency, in order to gain more opportunity to work with psychotherapy patients and think about the cases deeply with her faculty supervisors. She also sought to further her education and training with Emory's Psychoanalytic Institute, to understand the mind from a different perspective and become a more well-rounded clinician.

Outside of work, Sylvia enjoys spending time with her co-residents, her family, her cat named Cat, and her boyfriend Eric, who is a radiology resident at UAB. She also loves discovering new places to eat and new bubble tea shops around Atlanta. Sylvia plans to practice in an outpatient private practice setting after graduation, hoping to provide a combination of medication management and psychotherapy.

FACULTY COMINGS AND GOINGS

New Faculty

Patrice Mann – Dr. Patrice Mann, MD, MPH, joins us after completing adult psychiatry residency at Cambridge Health Alliance, affiliated with Harvard Medical School. She graduated from Harvard College with a BA, concentrating in Psychology on the Cognitive and Social Neuroscience track. She then went on to Emory University School of Medicine for a combined MD/MPH degree. During that time, she worked as a health communications intern at the Center for Disease Control (CDC), and completed a public health practicum with Emory University Office of Health Promotion. Her primary career interests include mood disorders, mindfulness, medical education and wellness and health promotion. She will be joining us as a full-time staff psychiatrist at Student Health Services.

WELLNESS RESOURCES

Resources from Healthy Emory and a link below to the ACPH.

- Benefits: <https://www.hr.emory.edu/eu/benefits/index.html>
- Rewards: <https://www.hr.emory.edu/eu/rewards/index.html>
- Career: <https://www.hr.emory.edu/eu/career/index.html>
- Learning: <https://www.hr.emory.edu/eu/learning/index.html>
- Wellness: <https://www.hr.emory.edu/eu/wellness/index.html>

- Work Life: <https://www.hr.emory.edu/eu/work-life/index.html>
- Employee Assistance: <https://www.fsap.emory.edu> & <https://www.physician-wellbeing-conference.org/>

FACULTY KUDOS

Major Leadership Appointments, Activities and Achievements

None reported

Education

Rachel Ammirati and her colleague Clair Robbins (Triangle Area Psychology Clinic, Durham, NC) are providing ongoing Unified Protocol consultation to the Emory Healthcare Veterans Program.

Research

Bai W, Xi HT, Zhu Q, Ji M, Zhang H, Yang BX, Hong C, Liu R, Zhao YJ, Chen L, Ge ZM, Wang Z, Han L, Chen P, Liu S, Cheung T, Tang YL, Jackson T, An F, Xiang YT. Network analysis of anxiety and depressive symptoms among nursing students during the COVID-19 pandemic. *Journal of Affective Disorders*, 2021, July 22, <https://doi.org/10.1016/j.jad.2021.07.072>

Cai H, Xi HT, An F, Wang Z, Han L, Liu S, Zhu Q, Bai W, Zhao YJ, Chen Li, Ge ZM, Ji M, Zhang H, Yang BX, Chen P, Cheung T, Jackson T, Tang YL, Xiang YT. The association between Internet addiction and anxiety in nursing students: A network Analysis. *Frontier in Psychiatry*, *Front. Psychiatry* 12:723355. doi: 10.3389/fpsy.2021.723355

Factor RS, Arriaga, RI, Morrier, MJ, Mathys, JB, DiRienzo, M, Miller, CA, Southerland, AM, Abowd, GD, Ousley, OY. Development of an interactive tool of early social responsiveness to track autism risk in infants and toddlers. *Developmental Medicine & Child Neurology*. Advanced online publication. <http://doi.org/10.1111/dm.15035>

Fani N, Carter SE, Harnett NG, Ressler KJ, Bradley B. (2021). Racial discrimination and neural response to threat in trauma-exposed Black women. *JAMA Psychiatry*, doi:10.1001/jamapsychiatry.2021.1480.

Mar Sanchez received the NOA for the National Institute of Aging (NIA) R01 for “Early risk factors of accelerated neural aging trajectories and cognitive decline: a nonhuman primate longitudinal model.”

Rauch SAM, Kim HM, Lederman S, Sullivan G, Acierno R, Tuerk PW, Simon NM, Venners MR, Norman SB, Allard CB, Porter KE, Martis B, Bui E, Baker AW; PROGRESS Team. Predictors of Response to Prolonged Exposure, Sertraline, and Their Combination for the Treatment of Military PTSD. *J Clin Psychiatry*. 2021 Jun 15;82(4):20m13752. doi: 10.4088/JCP.20m13752. PMID: 34133087.

Wang J, Jiang F, Zhang Y, Yang Y, Liu Z, Liu T, Liu Y, Tang YL, Liu H, Cotes RO. Off-label use of antipsychotic medications in psychiatric inpatients in China: a national real-world survey. BMC Psychiatry, July 27, 2021, 21:375.

doi: <https://doi.org/10.1186/s12888-021-03374-0>

Honors, Awards, Rankings

Tamara Haynes was selected to the first cohort of Emory's Kern Fellows in Interprofessional Leadership.

Michael Martin was elected president-elect of the Association of VA Psychologist Leaders, serving from 8/2022-8/2023.

Ashley Owen was selected to the first cohort of Emory's Kern Fellows in Interprofessional Leadership.

Barbara Rothbaum received the prestigious Lifetime Achievement Award by the International Society for Traumatic Stress Studies (ISTSS).

Yilang Tang, along with two colleagues in China, serves as guest editor of a special issue for Frontiers in Psychology. The research topic of the special issue is: [Mental Health of Healthcare Professionals](#).

Martha Ward is a recipient of the highly coveted Emory University School of Medicine Dean's Teaching Award for the 2020-21 academic year.

Emory in the Media

Negar Fani (1) Heilio Psychiatry – Racial Discrimination “May Place a Burden” on Certain Brain Regions in Black Women.

ADJUNCT KUDOS

Ayman Fareed & Mohammed Fareed, Implementation of COVID-19 Vaccination in Substance Use Disorder Residential Settings. Letter to the Editor, Addictive Disorders & Their Treatment: [July 28, 2021 -Published Online Ahead of Print.](#)

TRAINEE KUDOS

John Deppe is set to co-present a TD lecture on September 24 with Heather Greenspan to IM PGY-1 residents at EUH main campus.

Ku BS, Pauselli L, Covington MA, Compton MT. Computational linguistic analysis applied to a semantic fluency task: A replication among first-episode psychosis patients with and without derailment and tangentiality. Psychiatry Res. 2021 Jul 10;304:114105. doi: 10.1016/j.psychres.2021.114105. Epub ahead of print. PMID: 34298424.

Charlotte Van Hale co-presented a delirium lecture with Heather Greenspan to IM PGY-1 residents at EUH main campus.

STAFF KUDOS

Kia Carson passed the national RBT certification exam on August 25.

Nicole Gonzalez passed the national Registered Behavior Technician certification exam on July 27.

Veronica Motley is among the faculty presenting at the Licensed Professional Counselors Association (LPCA) Certified Professional Counselor Supervisor (CPCS) Training Summit.