

## PROFESSIONAL DEVELOPMENT UPDATES

### **REMEMBER**

- **Please send me your accomplishments for the September 2018 Professional Development Update**
- **We are now seeking personal, as well as professional updates – See personal updates in this Kudos.**

### **LEADERSHIP WORKSHOPS**

The next leadership consultation will be held on Wednesday October 24, 2018 from 9-10:30am.

### **FACULTY DEVELOPMENT SEMINARS**

The next faculty development seminar will be held Wednesday October 3, 2018 from 9:00-10:30am. Nadine Kaslow, Bill McDonald, and Mar Sanchez will talk about best practices in trainee assessment.

### **WRITING GROUPS: UPCOMING**

The next writing group to be held at EP12 will be on Wednesday October 3, 2018 from 8-9am at EP 12 in Room 525.

### **THANK YOU TO FACULTY WHO ARE LEAVING**

Mark Wilson received a BS in Psychology from Arizona State University in 1973 and a PhD in Biological Psychology from the University of Georgia in 1979. He received postdoctoral training in endocrinology (biochemistry) in the Emory University School of Medicine from 1979-1981. He began his NIH-supported research career at the Yerkes NPRC during his graduate training at UGA which continued for the next 40+ years. His research focused broadly on behavioral neuroendocrinology using rhesus monkey models with an emphasis on how social context mechanistically alters a number of health outcomes. Dr. Wilson had many active collaborations with colleagues at Emory and other institutions. He also mentored countless graduate students through the Graduate Program in Neuroscience. In retirement, Mark and his wife plan to spend even more time “playing in the dirt” at their home in Walton County GA and navigating the trails and streams of western North Carolina.

### **DIVERSITY CORNER**

**International Day of the World’s Indigenous People (Erica Lee, PhD, Assistant Professor, Grady).** August 9<sup>th</sup> is the United Nations’ (UN) International Day of the World’s Indigenous People. It is a day of observance that celebrates indigenous people stemming from the first UN Working Group on Indigenous People meeting in Geneva in 1982. The UN General Assembly decided that August 9<sup>th</sup> would be the annual day of commemoration on December 23<sup>rd</sup>, 1994. Indigenous People have historically been among the most vulnerable groups globally. They have fought to protect their unique social, political, economic, and cultural distinction from the majority populations in which they live. On September 13<sup>th</sup>, 2007, the General Assembly

adopted the United Nations Declaration on the Rights of Indigenous Peoples encompassing global standards for the dignity, survival and well-being of indigenous people. Honoring the rich cultures of the approximately 370 million indigenous people living in 90 countries on this day is demonstrated through art, education, public forums, and etc.

**Eid Al-Adha (Ishrat Khan, MD, Assistant Professor, Atlanta VAMC)** Eid Al-Adha is one of the two major festivals celebrated by Muslims around the world to commemorate the commitment and obedience of Prophet Abraham (may peace be upon him) to the will of one God. It is a three-days celebration that starts on the 10<sup>th</sup> of Dhul-Hijjah, the twelfth and final month in the Islamic Lunar calendar. Eid Al-Adha celebration coincides with the end of Hajj period, which is one of the five pillars of Islam for Muslims who are physically and financially capable of performing pilgrimage to the Holy city of Makkah in Saudi Arabia where Ka'bah is located. According to Muslim belief, Ka'bah is the house of God, originally built by Prophet Abraham and his son prophet Ismael (May peace be upon them) at the command of God. The rites of Hajj, which are mostly enactment of struggles of the Prophet Abraham's family, are performed from the 8<sup>th</sup> to the 12<sup>th</sup> of Dhul-Hijjah. One of the reasons Muslims celebrate Eid Al-Adha is to thank God for sending a lamb to Prophet Abraham to slaughter instead of his son. It is strongly recommended in Islam that every Muslim man, woman and child participate in this joyous occasion by going to Eid prayers which is performed in congregation, listen to the sermon after prayers which is mostly a reminder of one's responsibilities to God, other Muslims, and fellow human beings. After the Eid Sermon, Muslims greet each other, give gifts to the youngsters, visit each other at their homes, or participate in other family and Eid related community festivities. Those who have financial means, offer the sacrifice of an animal to God such as a lamb, sheep, goat etc. the meat is divided into three equal portions, one is kept for oneself, second is given to family and friends and third is given to people in need. Some people donate money to charities to make sacrifice on their behalf which is then given to poor and people in need. The two Muslim celebrations, Eid Al-Adha and Eid Al-Fitr are official holidays in Muslim countries. They are not federal public holidays in the United States but the US government has issued postage stamps since 2001 to commemorate Eid al-Fitr and Eid al-Adha to highlight religious inclusivity and acknowledge the business, educational and social contributions of American Muslims. New York City Mayor Bill de Blasio made Eid al-Adha and Eid al-Fitr official days off for the city's 1 million school children in "a change that respect the diversity of our city" in 2016.

### **WELLNESS CORNER**

Here are the monthly tips/information from the department's Wellness Committee:

Healthy Emory is trying to help people sleep longer and better:

<http://www.hr.emory.edu/eu/docs/sleep-guide.pdf>

Here is a vegetable lasagna recipe:

<https://cookingmatters.org/recipes/vegetable-lasagna>

Sign up for the ATL Heart Walk and the Winship 5K:

[http://www2.heart.org/site/TR?company\\_id=149381&fr\\_id=3675&pg=company](http://www2.heart.org/site/TR?company_id=149381&fr_id=3675&pg=company)

<https://winshipcancer.emory.edu/support-winship/winship-5k/index.html?nd=887>

## **FACULTY KUDOS**

### **Major Leadership Appointments, Activities and Achievements**

Bekh Bradley was appointed to the American Psychological Association's Working Group to Develop a Professional Practice Guideline on "Key Considerations in the Treatment of PTSD/Trauma."

Marianne Celano was invited to serve on the School of Medicine Appointments and Promotions Committee.

Negar Fani was appointed as Associate Editor for the journal *PLOS One*.

Andrew Furman was invited to co-Chair the Emory School of Medicine Faculty Committee on Appointments and Promotions.

Nadine Kaslow assumed the role of President of the American Psychological Association's Division of Psychologists in Public Service (Division 18).

### **Education**

Jordan Cattie has prepared a whitepaper for the Jed Foundation and Steve Fund for the [Equity in Mental Health Framework](#).

Lawrence Scahill's book Parent Training for Autism Spectrum Disorder has been released for purchase on [Amazon](#).

Schwartz AC, Frank A, Welsh JW, Blankenship K, DeJong SM. Addictions Training in General Adult Psychiatry Training Programs: Current Gaps and Barriers. *Acad Psychiatry*.2018. (Epub ahead of print) PMID:30073538.

Welsh JW, Schwartz AC, Dejong SM. Addictions Training in Child and Adolescent Psychiatry Fellowships. *Acad Psychiatry*.2018. (Epub ahead of print) PMID: 30066242.

### **Research**

Allbaugh, L. J., Mack, S. A., Culmone, H. D., Hosey, A. M., Dunn, S. E., & Kaslow, N. J. (2018). Relational factors critical in the link between childhood emotional abuse and suicidal ideation. *Psychological Services, 15*(3), 298-304. doi:10.1037/ser0000214

Doran, J. M., Galloway, M. P., Ponce, A. N., & Kaslow, N. J. (2018). Leadership mentoring: An exploratory study of early career psychologist leaders. *Mentoring & Tutoring: Partnership in Learning, 26*, 165-182. doi: 10.1080/13611267.2018.1471339

Fani, Negar; King, Tricia Z.; Powers, Abigail; Hardy, Raven A.; Siegle, Greg J.; Blair, Robert J.; Surapaneni, Sindhuja; van Rooij, Sanne; Ressler, Kerry J.; Jovanovic, Tanja;

Bradley, Bekh. Cognitive and neural facets of dissociation in a traumatized population. *Emotion*. doi: 10.1037/emo0000466

Kovacs-Balint, Z., Feczko, E., Pincus, M., J., Howell, B., Morin E., Earl, E., Li, L., Steele, J., Styner, M., Bachevalier, J., Fair, D., Sanchez, M.M. Early developmental trajectories of functional connectivity along the visual pathways in rhesus monkeys. *Cerebral Cortex*. In Press.

Lamis, D. A., Hirsch, J. K., Pugh, K. C., Topciu, R., Nsamenang, S. A., Goodman, A., & Duberstein, P.R. (2018, advanced online publication). Perceived cognitive deficits and depressive symptoms in patients with multiple sclerosis: Mediating roles of perceived stress and sleep quality. *Multiple Sclerosis and Related Disorders*. doi:10.1016/j.msard.2018.07.019

Loparo, D., Florez, I. A., Valentine, N., & Lamis, D. A. (2018, advanced online publication). Associations of suicide prevention trainings with practices and confidence among clinicians at community mental health centers. *Suicide and Life-Threatening Behavior*. doi: 10.1111/sltb.12498

Zhang S\*, Jiang X\*, Zhang W\*, Zhang T, Cheng H, Zhao Y, Lv Y, Li L, Li Z, Guo L, BR Howell, Sanchez MM\*, Hu X\*, Liu T\*. (in press) Joint Representation of Connectome-scale Structural and Functional Profiles for Identification of Consistent Cortical landmarks in Macaque Brain. *Brain Mapping and Behavior*. [\*:Equal first or senior author contribution].

### **Honors, Awards, Rankings**

Negar Fani was awarded a Travel Award by the American College of Neuropsychopharmacology.

Dorian Lamis received a 2018 Young Investigator NARSAD Grant from the Brain & Behavior Research Foundation for his study examining the roles of childhood abuse and epigenetic factors in suicidal behaviors among low income African American men and women diagnosed with bipolar disorder.

Abigail Lott received a K-23 Award for her project titled "Primary-Care Based Mindfulness Intervention for Chronically Traumatized Individuals."

William McDonald was awarded the American Association for Geriatric Psychiatry's 2018 Educator of the Year.

Vasiliki Michopoulos received an R01 from NIMH to study the effects of pregnancy on posttraumatic symptoms and fear physiology in traumatized African American women. Co-Investigators include: Drs. Tanja Jovanovic, Abby Lott, Alicia Smith, and Andrea Joyner.

Zhexing Wen received an R01 grant from NINDS as a Multi-PI for the project entitled “Chaperone-Mediated Autophagy and Synaptic Dysfunction in Parkinson’s Disease.” He is also serving as a co-investigator on a newly funded R21 grant by the NINDS entitled “Towards a Better Understanding of the Regulation of the SCN1A sodium channel.”

### **Quality and Safety Initiatives and Capital Campaign Initiatives**

None reported

### **Community Benefit Programs and Activities**

The Refugee Project group of the Diversity and Inclusion Subcommittee (DISC) completed a week-long mental health awareness and education series for refugee children in the Summer Camp program at the Clarkston Community Center (CCC). Two separate sessions were held each day for middle and high-school students, spanning July 16 through 20, 2018 at the CCC. Topics of interest were identified in collaboration with CCC program staff and children in the After-School Program of the past academic year, and covered the following: emotional well-being, bullying, healthy relationships, values, coping with stress, and acculturation. The sessions were implemented successfully and included interactive dynamics and activities oriented to improve the well-being and emotional awareness of the students. At the end of the sessions, students expressed enjoying the presentations and being more knowledgeable about emotions, stress, and coping strategies. The Refugee Project group was grateful for this opportunity and for being able to establish meaningful connections with the CCC. The DISC hopes to continue with this partnership and conduct the mental health awareness and education series annually.

Telsie Davis will be presenting a workshop titled “Do No more Harm: Common Ethical Considerations in Trauma Treatment” at the 2018 Athens Area Psychological Association on Friday, October 19.

### **Facilities**

None reported

### **Emory in the Media**

Nadine Kaslow (1) – [CBS46: Artificial Intelligence Used to Ward off School Attacks](#) (2) – [Dance Spirit: When and How to Speak Up for Yourself in the Studio](#)

Catherine Rice (1) – [GPB Radio News: Autism Diagnosis a Long Wait for Georgia Families](#)

Barbara Rothbaum (1) – [New York Times: With Short, Intense Sessions, Some Patients Finish Therapy in Just Weeks](#)

### **Other Accomplishments**

Rachel Ammirati presented at the 2018 APA Convention with a talk titled “Cognitive Bias Consultation: Using Science to Improve Patient Engagement in Medical Care.”

Eugene Farber, Chanda Graves and Rachel Ammirati participated in a symposium at the 2018 APA Convention titled “How HIV Services Models Can Inform Psychologist’s Roles in Integrated Health Care Settings.” Eugene was a discussant and Chanda and Rachel served as participants.

Farber, E. W. (2018, August). A public health approach to HIV prevention for transgender persons of color in the United States. Chair of symposium presented at the annual convention of the American Psychological Association, San Francisco, CA

Farber, E. W. (2018, August). How HIV service models can inform psychologist roles in integrated care settings. Discussant of symposium presented at the annual convention of the American Psychological Association, San Francisco, CA

Florez, I. A., Watson, N., Nguyen, J., Evans, A., & Kaslow, N. In K. Mason (Chair) (August, 2018). *Spirituality as a protective factor for suicidal African American women*. Symposium conducted at the American Psychological Association Annual Convention, San Francisco, CA.

Chanda Graves presented at the 2018 APA Convention with a talk titled “Lessons Learned: HIV Lessons for Health Service Psychology with Youth and Families.” Chanda also was awarded the Health Psychology Outstanding Poster Award for the presentation titled “Improving Psychological and Clinical Outcomes in HIV-Positive Youth in Atlanta, GA.”

Noriel Lim chaired three sessions at the 2018 APA Convention: “Secrets of a YouTube Psychologist: Giving Away Psychology in the Digital Age,” “Treatment of PTSD: From Pharmacotherapy to Psychotherapy to Virtual Reality” and “Finding the Meaningful Life in a Polarized World.” Noriel also presented at the convention with a talk titled “Convention Survival Techniques: Getting the Most about of APA Conventions” and co-hosted the Science at Sunset Inter-Divisional Poster Competition.

Sheila Rauch presented at the 2018 APA Convention with a talk titled “Treatment of Difficult PTSD Cases with Prolonged Exposure Therapy.”

Karen Rommelfanger has been elected to the board of the International Neuroethics Society, appointed to the Advisory Committee to the Director for review of BRAIN 2025 and selected to join the Global Futures Council on Neurotechnology for the World Economic Forum.

Barbara Rothbaum gave an address at the 2018 APA Convention titled “Treatment of PTSD: From Pharmacotherapy to Virtual Reality.”

Saw, A. & Lim, N. E. Getting a Postdoc/Going on the Job Market. Invited Session. Asian American Psychological Association, San Francisco, CA, August 2018.

Tejani, M. N., Farber, E. W., Pace, T., Mehta, C., Harrison, T., Negi, L., & Marconi, V. C. (2018, August). Cognitively-based compassion training to enhance psychological well-being in persons living with HIV. Poster presented at the annual convention of the American Psychological Association, San Francisco, CA

### **ADJUNCT FACULTY**

None noted

### **TRAINEE KUDOS**

Elon Richman received a 2018 Resident Travel Award from the American Academy of Addiction Psychiatry.

Sanne van Rooij received a 2018 NARSAD Young Investigator Grant from the Brain & Behavior Research Foundation.

### **STAFF KUDOS**

None reported

### **PERSONAL UPDATES**

Erin and Eddie Jones welcomed a daughter, Evelyn Navy Davis, on August 2 at 2:46 pm. Evelyn was born 7lbs, 1oz and 20 inches long.