

EMORY DEPARTMENT OF PSYCHIATRY AND BEHAVIORAL SCIENCES KUDOS  
APRIL 2020

**REMEMBER**

**Please send me your accomplishments and personal updates for the May 2020 Kudos**

**SAVE THE DATES**

**LEADERSHIP CONSULTATIONS**

The next leadership consultation will be held at a time TBD when the shelter-in-place recommendations are over. These peer consultations are valuable to any faculty member in a leadership role or aspiring to such roles.

**FACULTY DEVELOPMENT SEMINARS**

Below is the information on the faculty development seminars for 2020. We are sending all the information in advance in hopes that people can clear their schedules.

- June 10, 2020 ROOM TBD AND ZOOM - Harmful Supervision – Nadine Kaslow, Rachel Ammirati, Nori Lim, Andrea Crowell
- September 30, 2020 EP12 first floor training room – Erotic Transference – Stefanie Speanburg, Lauren Schmidt, Patrick Amar, Negar Fani
- December 9, 2020 EP12 first floor training room – How to Get Promoted: Service Portfolio – Nadine Kaslow, Andrew Furman, Marianne Celano

**WRITING GROUPS: UPCOMING**

The Writing Group is the 1<sup>st</sup> Wednesday of every month from 8:00-9:00am at EP12 in Room 554 (unless noted otherwise). The next meeting is Wednesday May 6, 2020 and will be on Zoom - <https://zoom.us/j/6213030759>

**CE WORKSHOP SCHEDULE**

The next Grady Psychology Division CE Workshop is scheduled for Friday June 12, 2020, 9:00 – 12:00 at Grady Faculty Office Building and/or Zoom. The title of this workshop is “Buzz!: Inside the Minds of Thrill-Seekers, Daredevils, and Adrenaline Junkies” and the presenter is Kenneth Carter, PhD, ABPP. The CE workshop is based on his recent book, which was highlighted on the Emory homepage - <https://news.emory.edu/features/2019/10/esc-thrills-and-chills/index.html>

The Future of Work in Mental Health: Confronting Technophobia to Enhance the Well-Being of Patients and Clinicians, scheduled for April 10, 2020, to be presented by Andrew M. Sherrill, PhD and Christopher Wiese, PhD will be rescheduled.

**DIVERSITY AND INCLUSION SUBCOMMITTEE**

Bill of Rights for People of Mixed Heritage  
by Maria P. P. Root, PhD

<https://www.apa.org/pubs/videos/4310742-rights.pdf>

I HAVE THE RIGHT...

Not to justify my existence in this world.

Not to keep the races separate within me.

Not to justify my ethnic legitimacy.

Not to be responsible for people's discomfort with my physical or ethnic ambiguity.

I HAVE THE RIGHT...

To identify myself differently than strangers expect me to identify.

To identify myself differently than how my parents identify me.

To identify myself differently than my brothers and sisters.

To identify myself differently in different situations.

I HAVE THE RIGHT...

To create a vocabulary to communicate about being multiracial or multiethnic.

To change my identity over my lifetime—and more than once.

To have loyalties and identification with more than one group of people.

To freely choose whom I befriend and love.

### **SPOTLIGHTS**

#### **FACULTY SPOTLIGHT: Michael (Mike) Martin, PhD**

Michael (Mike) Martin, PhD is the Psychology Executive at the VA. His duties include hiring, assisting with credentialing, peer review (OPPE/FPPE) and coordinating all other discipline-specific professional activities for all psychologists at the VA. He is also heavily involved in the Psychology Training Program at the VA, providing clinical supervision and serving on the Training Committees for both the internship and the postdoc programs. Michael also works with the leadership team of the Mental Health Service Line on projects and day-to-day management of the service line. He is the primary contact for psychologists on Emory faculty at the VA and serves on the Emory Faculty Recruitment Committee. He maintains a clinical caseload of therapy patients as well.

Outside of Emory, Mike is involved with the VA Section of Division 18 (Psychologists in Public Service) of the American Psychological Association and with the Association of VA Psychologist Leaders. He recently served for two years as the Chair of the annual VA Psychology Leadership Conference. He is also a member of the Georgia Psychological Association.

Mike is passionate about the field of psychology and loves interacting with over 100 psychologists at the VA. He is also passionate about serving Veterans and enjoys working on policy and performance improvement projects that help make work smoother for others. When folks ask Mike what he loves about working at the VA, he always says besides serving Veterans, he enjoys working with so many talented colleagues from different professions. The ability to consult and connect can rarely be found in other settings. He also loves he can do clinical work, training and some research in one position.

Key highlights of Mike's career trajectory include serving as the first Director of the Primary Care/Mental Health Integration program at the VA at a time when those programs were brand new nationwide and he very much enjoyed that work. He has also served as Director of Psychology Training at the VA and as a Clinical Director for General Mental Health. Prior to working at the VA, Mike was a neuropsychologist in the Stroke and Brain Injury Rehab Program at the Roosevelt Institute in Warm Springs, Georgia for six years (which seems like a lifetime ago career-wise). He also worked in community mental health in Alabama, serving as director of a psychiatric crisis unit.

Mike's job has always been his career goal and his plan is to continue doing it, while always looking for ways to continue to seek out training and growth. He hopes to continue to foster the great relationship between the VA and Emory.

Outside of work, Mike enjoys the outdoors, including camping and hiking with his family and running. He also homebrews beer and is a member of a local homebrew club.

#### **STAFF SPOTLIGHT: Sandra Saltibus**

Sandra Saltibus is currently one of the coordinators for the Psychiatry Residency after joining the team in December 2016. A few of her responsibilities include assisting with annual recruitment activities, maintaining academic records of trainees in accordance ACGME guidelines, and working closely with the offices of GME and ISSS for trainee onboarding.

Sandra has a varied background, having worked in the diverse sectors of advertising, government, publishing, finance, and healthcare. Prior to starting at Emory in June 2014, Sandra worked at Bank of America Merrill Lynch for 11 years. Her last role was Sales Analyst, Assistant Vice President, in Commercial Card, managing the Request for Proposal process for commercial, purchase, travel and corporate card programs. More recently and prior to joining the Psychiatry Residency Education team, Sandra worked as a Program Coordinator in the Department of Neurology, supporting Neuroendovascular Service and Grady's Marcus Stroke & Neuroscience Center.

At Emory, Sandra is a member of the Diversity and Inclusion, and Refugee Project Subcommittees. Sandra genuinely cares about supporting people in having a voice and finding ways to assimilate without alienating authentic expressions of themselves or their culture. The most fulfilling aspect of her role is sharing ideas to considerately incorporate aspects of diversity and seeing them come to fruition.

Outside Emory, Sandra is mother to a 21-year-old son, a sister to 3 siblings, and an aunt to 2 nieces and 3 nephews. She started a small business in December 2016, helping women with tightly textured hair enjoy the freedom of wearing their natural hair without camouflaging or chemically altering their natural texture. She enjoys watching her clients' self-esteem blossom with their thriving hair due to implementing affirming and healthier ways to care for their hair.

Sandra has alternated between a vegan and pescavegan lifestyle for 3 years. She enjoys long walks along the Chattahoochee River and horseback riding, as well as writing, meditating, yoga and exercise at home, volunteering, taking online courses, and reading. Originally from NYC with roots in the Caribbean, Sandra travels to visit loved ones there and in other places when she can. While Sandra looks forward to reaching the milestone of 50 years young in October, she recognizes this is not something she can take for granted during the current COVID-19 global pandemic. It is her sincere hope that the disproportionate number of African American deaths during the COVID-19 healthcare crisis will spawn awareness and change to longstanding widespread systemic disparities.

Her future plans include learning and growth, volunteering, rediscovering old hobbies like photography, spending more time with family and friends, and continuing to enjoying life.

### **TRAINEE SPOTLIGHT: Jesse Fredeen, MD**

Jesse Fredeen, MD is co-chief resident at Grady (coordinating/reviewing admissions to Grady inpatient psychiatry, resident education, Grady resident schedules, etc). He also works in the Grady transgender clinic and Project ARROW clinic at 10PP and moonlights in the Grady PES and for the consultation-liaison service. In the current COVID-19 chaos, he helps coordinate staffing at various essential Grady psychiatry sites. This summer, Jesse will start in a psychiatry position in the VA emergency room.

Working with the interns has been the highlight of Jesse's year because of the fantastic intern class and because he really enjoys teaching. He came into residency thinking he wanted to pursue medical or residency education as a career, and have gradually realized that he would rather do full-time, high-acuity clinical work in a position that works with residents on a regular basis. Putting together a series of high-yield, clinically-focused lectures for the interns this year has been extremely rewarding.

Jesse is a 35-year-old just about to finish his professional training. Getting a job this summer has been the key highlight so far. Matching to Emory's residency program was high up there as well. He met the main goal, which was finding high-acuity clinical work connected to a residency program. The other big goals for the next year or two are buying a house and starting a family...so he is sure it will be a restful, peaceful couple of years.

Jesse is married to a wonderful woman completing her pediatrics residency at Morehouse this year. They have two terrible, very large dogs they spoil horribly. He spends a lot of time cooking, baking bread and playing any board/card game he can...the more complicated the better. He used to do some freelance medical sports writing, but has not done much during residency and hopes to return to that part-time.

## **FACULTY KUDOS**

### **Major Leadership Appointments, Activities and Achievements**

Sheila Rauch has been elected as the first vice chair of the Warrior Care Network executive steering committee.

### **Research**

Dennis E, Disner S, Fani N, Salminen L, Logue M, Clarke-Rubright E, Haswell C, Jovanovic J, Stevens J, van Rooij S, Morey R. (advanced publication online). Altered white matter microstructural organization in post-traumatic stress disorder across 3,047 adults: Results from the PGC-ENIGMA PTSD Consortium. *Molecular Psychiatry*. doi: 10.1038/s41380-019-0631-x

Fani N, Jain J, Hudak L, Rothbaum BO, Ressler KJ, Michopoulos V. (advanced publication online). Post-trauma anhedonia is associated with increased substance use in a recently-traumatized population. *Psychiatry Research*. doi: 10.1016/j.psychres.2020.112777

Geng F, Jiang, F, Rakofsky J, Liu T, Liu Y, Liu H, Tang YL. (2020). Psychiatric Inpatient Beds For Youths In China: Data From A Nation-Wide Survey. *BMC Psychiatry*. doi: 10.21203/Rs.3.Rs-17329

Gilliams EA, Ammirati RA, Nguyen MLT, Shahane AA, Farber, EW, & Marconi VC. (2020). Increased retention in care after a palliative care referral among people living with HIV. *Journal of Acquired Immune Deficiency Syndromes*, 84, 78-84.

Godfrey JR, Pincus M, Perez Diaz M, Feczko E, Earl E, Fair D, Sanchez MM, Wilson ME, Michopoulos V. (in press). Obesogenic diet-associated C-reactive protein predicts reduced central dopamine and corticostriatal functional connectivity in female rhesus monkeys. *Brain, Behavior and Immunity*.

Hermida AP, Tang YL, Glass O, Janjua AU, McDonald WM. (2020). Efficacy and Safety of ECT for Behavioral and Psychological Symptoms of Dementia (BPSD): A Retrospective Chart Review. *American Journal of Geriatric Psychiatry*, 28, 157-163. doi: 10.1016/j.jagp.2019.09.008

Kim J, Jung Y, Barcus R, Bachevalier J, Sanchez MM, Nader MA, Whitlow CT (in press). Rhesus Macaque Brain Developmental Trajectory: A Longitudinal Analysis using Tensor-Based Structural Morphometry and Diffusion Tensor Imaging. *Cerebral Cortex*.

Morland LA, Mackintosh M, Glassman LH, Wells SY, Thorp SR, Rauch SAM, Cunningham PB, Tuerk PW, Grubbs KM, Golshan S, Sohn MJ, Acierno R (2019). Home-based delivery of variable length prolonged exposure therapy: A comparison of clinical efficacy between service modalities. *Depression & Anxiety*. doi: 10.1002/da.22979

Reding KM, Fu C, Styner MM, Wilson ME, Toufexis D, Sanchez MM. (advanced publication online, 2020). Social subordination alters estradiol-induced changes in cortico-limbic brain volumes in adult female rhesus

monkeys. *Psychoneuroendocrinology*, 114:104592. doi: 10.1016/j.psyneuen.2020.104592

Reding KM, Grayson DS, Miranda-Dominguez O, Ray S, Wilson ME, Toufexis D, Fair DA, Sanchez MM. (advanced publication online, 17 December). Effects of social subordination and estradiol on resting-state amygdala functional connectivity in adult female rhesus monkeys. *Journal of Neuroendocrinology*. doi: 10.1111/jne.12822

Sun S, & Farber EW. (2020). An Intersectionality-Informed Psychotherapy Approach to Reduce HIV Stigma. *Psychotherapy*, 57, 23-28. doi: 10.1037/pst0000265

Van Rooij SJH, Smith RD, Stenson AF, Ely TD, Yang X, Tottenham N, Stevens JS, Jovanovic T (2020). Increased activation of the fear neurocircuitry in children exposed to violence. *Anxiety and Depression*. doi: 10.1002/da.22994

Wen YJ, Hou WP, Zheng W, Zhao XX, Wang XQ, Bo QJ, Pao C, Tang YL, Tan T, Li XB, Wang CY. (advanced publication online, 20 April). The neglect of left-behind children in China: A meta-analysis. *Trauma, Violence, and Abuse*, 20, 1524838020916837. doi: 10.1177/1524838020916837

### **Honors, Awards, Rankings**

Congratulations to the following faculty for being honored during Doctor's Day 2020:

- Rachel Ammirati
- Adriana Hermida
- Rachel Hershenberg
- Kallio Hunnicutt-Ferguson
- Erica Lee
- Nori Lim
- Allison LoPilato
- Kalpana Prasad
- Katie Ragsdale
- Yilang Tang
- Monica Ward
- Laura Watkins

Robert Cotes was named the American Psychiatric Association's SMI Adviser.

Negar Fani's undergraduate student Jahnvi Jain just successfully defended her honors thesis, "Effects of a Breath Focused Mindfulness Meditation Intervention on Dissociation and Heart Rate Variability in Patients with PTSD and Dissociative Symptoms"

Dorian Lamis, PhD, is a Co-PI on a CDC/IPRCE Funded Pilot Grant Award entitled "Leveraging Physical and Online Digital Infrastructures to Infer College Students' Social Isolation and its Relationship to Risk of Suicide."

Jennifer Steiner is now a GPA fellow.

## **Presentations**

Marianne Celano participated in a panel discussion sponsored by Emory School of Medicine's Office of Faculty Academic Advancement, Leadership and Inclusion titled Working and Caregiving from Home during COVID-19.

Nadine Kaslow presented to the School of Medicine and School of Nursing on Resilience, Post-traumatic Growth, and Meaning-Making and participated in the Science of Grief webinar.

Dorian Lamis, Rachel Ammirati, Justin Palanci, and Monica Agoston were panelists for an IPRICE sponsored panel entitled the Impact of COVID-19 on the Provision of Behavioral Health Services.

Yilang Tang was invited to give a presentation at the Annual Meeting of the Korean Medical Association of Georgia. The presentation was titled "Substance use Disorders: Focus on Alcohol, Tobacco and Opioids."

Rachel Waford presented at Emory Global Health Institute's Global Health Forum titled Preserving Mental Health During the Global Coronavirus Pandemic.

## **Emory in the Media**

Wendy Baer (1) Psychology Today – [All You Really Need to Know, You Learned in Kindergarten](#)

Wendy Jacobson (1) Newsweek.com – [Why Georgia Governor Brian Kemp loves playing dumb - opinion](#)

Nadine Kaslow (1) Washington Times – [Mental Health Experts Fear Coronavirus Anxiety May Increase Suicide Risk](#). (2) Ottawa Citizen – [Trudeau Government is Neglecting the Mental Health Challenges of COVID-19](#). (3) WSB-TV – [Local Psychologist Offers Insight About Stress During COVID-19 Pandemic](#). (4) AJC – [Coronavirus Anxiety and Sadness: Tips for Coping](#). (5) US News - [For Hospital Chaplains, Coronavirus Has Shifted Spiritual Care](#). (6) The Guardian – [Surge in US Gun Sales and Online Searches Raises Fears of Rise in Suicides](#). (7) AJC – [As Pandemic Restricts Hospital Visits, Many Face Illness Alone](#).

Melvin Pagan-Gonzalez (1) Psychology Today – [Sounding the Alarm](#).

Drew Teer and Margaret Martinez (1) Psychology Today – [Bringing Home Baby](#).

## **ADJUNCT FACULTY KUDOS**

None reported

## **TRAINEE KUDOS**

Diversity Bite Sized Teaching:

- Presenter #1: Jennifer Grant, MD
  - Title: Racial Disparities in Schizophrenia Diagnosis
  - Coach: Ann Schwartz, MD
- Presenter #2: Benson Ku, MD
  - Title: Psychological Impacts of Residential Mobility
  - Coach: Nadine Kaslow, PhD
- Presenter #3: Carolina Medeiros, MD
  - Title: The Impact of Racial/Ethnic Matching on Therapeutic Alliance
  - Coach: Nadine Kaslow, PhD

You may view remotely using this link: <https://zoom.us/j/886537402>

Four residents gave presentations for the Capstone Psychiatry Specialty Day:

- Joseph Vinson – “Essential texts and resources”
- Haley Mayenkar, Sora Park, and Philip Bowers – “Reflections on Intern Year”
- Sarah Debrey – “Risk Assessment”

Christina Clarke, PhD, gave an oral presentation titled "Early Identification and Referral of Youth in Georgia" at the American Association of Suicidology conference.

James Walker published a book titled "[MIND FULL: A Novella about Absurdity, Purpose, and Giant Robots.](#)"

#### **STAFF KUDOS**

None reported

#### **PERSONAL UPDATES**

None reported