**What You Need**

- Gown
- N95 Respirator
- Face shield or goggles
- Gloves

**Gown**

1. **Remove** any personal items and jewelry and put in secure location, not in pockets.
2. **Sanitize** hands.
3. **Put on** contact gown outside room. Open-end faces your back. Tie the back of the gown.

**Respirator + Eyes**

4. **Put on** N95, ensuring proper seal. **Ensure** straps are not crossing.
5. **Place** hands over the front of the N95. **Breathe** an easy deep breath in and out.
   
   If you feel air escape the edges, **refit** and **repeat**.

6. **Put on** face shield.

**Gloves + Entry**

7. **Put on** gloves over the cuffs of the gown.
8. **Sanitize** gloves.
9. **ENTER** room

**DO NOT enter** the room if you do not achieve a proper respirator seal.

**Do not** touch face or re-adjust N95 or face shield inside room.

View the PPE video at med.emory.edu/PPE