Gown + Gloves

1. Sanitize gloves.
2. Cross arms and **grip** gown on shoulders. **Pull and break** gown in controlled fashion.
3. Roll the gown towards your hands. **Remove** the gloves with the gown. **Dispose** of gloves and gown.
4. Sanitize hands.

**Eyes**

5. Do not touch face.
6. Remove face shield by the strap over your head without touching your skin.
7. Sanitize hands.

**EXIT patient room**

**Sanitize hands again.**

**Mask or Respirator**

8. Pinch bottom strap and **pull** far over head. **Do not let** straps touch your face.
9. Pinch top strap and **pull** far over head. **Do not** let straps touch your face as you **remove** the N95.

**Wash**

10. Head immediately to handwashing station.
11. Wash hands with soap and water.

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