



N95, face shield, contact gown, gloves

Checklist

- Remove any personal items and jewelry and put in secure location, not in pockets.
- 2 If you already have a mask on: **Sanitize** hands. **Remove** mask. **Store** mask. **Sanitize** hands.
- Put on contact gown outside room. Openend faces your back. Tie the back of the gown.
- 4 Put on gloves over the cuffs of the gown.
- 5 **Put on** N95, ensuring proper seal. **Ensure** straps are not crossing.
- 6 Place hands over the front of the N95.
 Breathe an easy deep breath in and out.
 If you feel air escape the edges, refit and repeat.
- 7) Sanitize gloves.
- 8 Put on face shield.
- Sanitize gloves.
- 10 **ENTER room. DO NOT enter** the room if you do not achieve a proper respirator seal.
- **Do not** touch face or re-adjust N95 or face shield inside room.







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Inside room

- 1 Sanitize gloves.
- 2 Cross arms and **grip** gown on shoulders. **Pull** and **break** gown in controlled fashion.
- Roll the gown towards your hands. Remove the gloves with the gown. Dispose of gloves and gown.
- (4) Sanitize hands.
- 5 **Exit** patient room.

Outside room

- 1 Put on new gloves.
- 2 Place wipe on table.
- Remove eye wear and place on wipe. Do not touch face.
- 4 Sanitize gloves.
- Pinch bottom strap and pull far over head. Do not let straps touch your face.
- Pinch top strap and pull far over head. Do not let straps touch your face as you remove the N95.
- 7) **Store** N95.
- 8 Sanitize gloves.
- 9 Put on mask.
- Wipe shield. Sanitize in the following order: back of shield, elastic band, foam band, front of shield.
- Place shield in bag to dry.
- (12) Wipe table.
- (13) Sanitize gloves.

- Remove gloves.
- Wash hands with soap and water or sanitize hands.



