

# **MEETING SESSIONS**

**Moderator, Thomas Jarrett, MD** 

FRIDAY, October 24, 2025

7:45AM WELCOME

#### **PREVENTION**

<mark>8:00</mark>	Healthy Lifestyle Recommendations in 2025 – Matt Topel, MD
8:30	A Comprehensive Look at Hypertension – Steven Rogers, MD

9:00 Lipids: New and Novel Agents – (and when to use them) – Will Maimo, MD

9:30 Panel Discussion

9:45 BREAK

### NON-ATHEROSCLEROTIC HEART DISEASE PART 1

10:15	Hypertrophic Cardiomyopathy – Robbie Williams, MD
10:45	Myocardial Infarction and Non-Obstructive Coronary Disease (MINOCA) – Nida Waheed,
MD	
11:15	Congenital Heart Disease – Christina Thaler, MD
11:45	Panel Discussion

### 12:00 - 1:00pm LUNCH

### **IMAGING**

1:00	Echo Basics – Ankit Bhargava, MD
1:20	Stress Testing – Dimitri Cassimatis, MD
1:40	Valvular Heart Disease – John Lisko, MD
2:00	Cardiac CT: CTA and CAC – Joe Xie, MD
2:20	Panel Discussion

2:45 BREAK

## **VASCULAR DISEASE**

3:15	Abdominal Aortic Aneurysm – Middleton Chang, MD
<mark>3:30</mark>	Carotid Disease – Bina Hansana, PA
3:45	PE Management/Intervention – Wissam Jaber, MD
4.00	Venous Disease – Alexander Vakili MD

4:15 4:30	Peripheral Artery Disease Treatment – Charles Bailey, MD Panel Discussion	
4:45	Adjourn	
SATURDAY, OC	TOBER 25, 2025	
EKGS		
8:00am 8:20 8:40 9:00 9:20	EKGs: Common Arrhythmias You Should Know – Devinder Singh Dhinds, MD Atrial Fibrillation Update – Miguel Leal, MD EKG Arrhythmia Pearls (Inpatient) – Neal Bhatia, MD Wearable Devices – Faisal Merchant, MD Panel Discussion	
9:45	BREAK	
HEART FAILURE		
10:15 10:45 11:15 11:45	HFrEF/HFpEF Guideline Highlights – Nilay Sutaria, MD Inpatient Management of ADHF – Anne Van Beuningen, MD Pulmonary Hypertension – Mahmoud Abdou, MD Panel Discussion	
12:00 – 1:00pm LUNCH		
NON-ATHEROSCLEROTIC HEART DISEASE PART 2		
1:00 1:20 1:40 2:00 2:20	Sports Cardiology Guideline Update – Jonathan Kim, MD Cardio-Rheumatology – Athan Tiliakos, MD Obstructive Sleep Apnea – Barry Fields, MD Amyloid Cardiomyopathy – Kunal Bhatt, MD Panel Discussion	
2:45	BREAK	
CORONARY DISEASE		
3:15 3:35 3:55 4:15 4:35	Where Has All the Aspirin Gone? – Nanette Wenger, MD Stable Coronary Disease – Bryan Kindya, MD Acute Coronary Syndrome – Pratik Sandesara, MD Post – ACS Management – Nik Shekiladze, MD Panel Discussion	

4:45

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Program subject to change