**GUN VIOLENCE**

Per the CDC, there are approximately 40,000 firearm related deaths every year in the US, which is 109 people per day.

*Safety Tips:*
- Register guns
- Store gun in a safe
- Limit access to children or those at risk for suicide

**EMORY UPDATES**

SOM Anti-Racism Resource Guide

**BE THE CHANGE**

Department link for Justice

Faculty Staff Assistance Program (404) 727-4328

**INTIMATE PARTNER VIOLENCE**

IPV includes physical and emotional abuse. Per the CDC, approximately 1 in 5 women and 1 in 7 men have experienced severe intimate partner violence in their lifetimes.

*Safety Tips:*
- Support survivors
- Teach healthy relationship behaviors
- Create a supportive workplace culture
- Engage influential peers and empower bystanders

**SUICIDE**

Per the CDC, suicide is a problem throughout the life span. Approximately 48,000 Americans die annually by suicide, which is one death every 11 minutes.

*Safety Tips:*
- Reduce access to firearms
- Improve access to mental health resources and destigmatize mental illness
- Increase housing stability
- Promote peer-to-peer engagement
- Check in with your partner, family and friends

**VIOLENCE PREVENTION**

Happy Wednesday and welcome to the August Wellness Wednesday Newsletter. This monthly newsletter will serve as a guide to self-care, comfort and happiness in this challenging time. Please click the links for resources and information. Also, please submit your concerns and ideas to:
The Wellness Committee

**Gun Violence Prevention Organizations:**
- Everytown for Gun Safety or The Brady Campaign
- Emory: Intimate Partner Violence Working Group
- Atlanta: Partnership Against Domestic Violence
- GA: GA Coalition Against Domestic Violence
- Natl Domestic Violence Hotline 800-799-SAFE (7233)

**Suicide and Mental Health Organizations:**
- CDC suicide prevention guide
- Suicide Prevention Hotline
- National Alliance on Mental Illness

**KUDOS!!!**

“I would like to submit kudos to Megan McCool-Myers for checking on me throughout this tough year, engaging me in projects that she thinks I would like to be involved in, and helping me push my research ideas forward. Thank you!!”

Submit kudos to members of the GYN/Ob Department here
FRONTLINE MOMENTS

Can’t MASK our love!

By Victoria Jhang