

1302. Psychological Impacts of COVID-19 and Pandemic-Era Care Considerations

Presented by:

Michelle Haddad, PhD

2 Continuing Competency Hours

Presented live and recorded:

**Tuesday, December 7, 2021
6pm-8pm**

Via ZOOM

Course Description

The ongoing COVID-19 pandemic continues to have a significant impact on every aspect of our lives, including clinical care, teaching, mentorship, and self-care. This course will review common psychological reactions to COVID-19 and the pandemic on patients/care partners, students/colleagues, and in ourselves. Strategies will be provided for identifying when distress exceeds a normative reaction to extraordinary times and when intervention is warranted. Coping strategies will be provided for participants to better care for themselves, their students, and their patients/care partners. Additional resources for coping and intervention will also be provided. This course will consist of both lecture and brief discussion.

Objectives

- 1) Identify psychological reactions to COVID-19 in patients, care partners, and students/colleagues
- 2) Recognize psychological and behavioral impacts of COVID-19 in yourself and your work
- 3) Evaluate and intervene appropriately when pandemic-related distress is significant
- 4) Recommend appropriate additional resources for coping with pandemic-related distress

Instructor Biographies

Michelle Haddad, PhD, is an assistant professor in the Emory Department of Rehabilitation Medicine and the director of the Inpatient Neuropsychology program at Emory Rehabilitation Hospital. Clinically, she specializes in providing cognitive assessment and brief adjustment-focused psychotherapy to facilitate patient engagement in comprehensive rehabilitation. A stroke researcher by background, she turned her focus to COVID-19 in spring 2020 and opened a specialty clinic providing neuropsychological services to patients with long COVID and post-acute sequelae of the disease. She also teaches in the Emory DPT program and supervises clinical trainees on the inpatient unit.

Course Links

Registration & Pretest:

<https://form.jotform.com/EmoryDPT/1302-neuro-REC-psych-COVID-pre>

PLEASE NOTE: As with all of our Continuing Education offerings, we are in compliance with Georgia requirements, and are able to offer CEU's for Physical Therapists in Georgia.

For all other professionals and/or out of state PTs, the course information and objectives will be provided, along with a certificate of attendance, documenting course hours for you to submit to your appropriate state credentialing authority. We cannot guarantee any other professional state licensing board will reciprocate and allow credits to be claimed.