

EMORY DEPARTMENT OF PSYCHIATRY AND BEHAVIORAL SCIENCES KUDOS
JUNE 2021

REMEMBER

Please send me your accomplishments and personal updates for the July 2021 Kudos

SAVE THE DATES

FACULTY DEVELOPMENT SEMINARS

Below is the information on the first faculty development seminar for 2021. We will send out the rest of the information as soon as possible so that people can clear their schedules. All seminars are from 9:00-10:30am and will be virtual this year.

- July 21, 2021 – Culturally Inclusive Teaching: Strategies to Help Learners from all Cultural Backgrounds Thrive - <https://zoom.us/j/6213030759?pwd=dzB1aWU5TFRVbTZwK2JFd3R6WTh2dz09>

WRITING GROUPS: UPCOMING

The Writing Group is the 1st Wednesday of every month from 8:00-9:00am. The next meeting is Wednesday July 7, 2021 and will be on Zoom - <https://zoom.us/j/6213030759?pwd=T0hpY056a0N1RFdvWjFIQ3d4UU1vZz09>

CE WORKSHOP SCHEDULE

None reported

SPOTLIGHTS

FACULTY SPOTLIGHT: Monica Ward, MD

Monica Ward is an assistant professor in psychiatry and behavioral sciences and medical director for inpatient behavioral health unit at Grady. She works with, supervises and teaches interns and students rotating through inpatient psychiatry at Grady. She also works multiple weekends throughout the year on 13a.

Outside of Emory, Monica's roles and responsibilities involve her home life and trying to care for her three small, yet active dogs, Muffie, Larrie and Tucker. She probably should have stopped at two dogs, but Tucker was so cute she couldn't help it. They are all rescues and relatively poorly behaved but that is probably her fault.

Monica most enjoys the interdisciplinary approach to treating patients on the inpatient unit and, above that, working with interns and students. She likes this because she likes how everyone contributes to helping the patients improve and helping the patients move on from the inpatient setting. The reason Monica enjoys working with the interns and medical students is because they are so new and generally have so many interests and questions within the field of psychiatry. It is so interesting to work with them as

interns and then to run into them later on in their residency to see how they have progressed. She also really enjoys getting to work closely with the chief residents at Grady for the same reason (because she was able to work with them as interns and then gets to see how much they have grown and progressed over their four years). Aside from the interdisciplinary approach and working with interns, medical students and chief residents, Monica also really enjoys working with the patient population on the inpatient unit as it is always challenging and always unique. She feels that sometimes we are really able to make a difference in patient's lives.

To date, Monica's biggest career trajectory highlight is transitioning from chief resident to inpatient attending and then becoming the medical director of the inpatient unit.

Future goals for Monica include continuing to improve her work as a clinician and educator, while working to improve the quality of the inpatient unit at Grady.

As mentioned above, dogs are Monica's biggest interest outside of the workplace. She really enjoys working out and has a peloton bike she tries to use twice-a-day. Additionally, her family (whom mostly all live in Tampa) are very important to her. Most of Monica's vacations are spent with her family (mom, dad, sister, brother-in-law and three nieces). Luckily, they also have a cabin in Blue Ridge so sometimes she does not have to travel as far to spend time with them.

ADJUNCT FACULTY SPOTLIGHT: Noelle Santorelli, PhD

Noelle Santorelli is a licensed psychologist and owner of a private practice where she works with individuals across the lifespan and is the co-founder of Daily DBT and Avant Training. After receiving her undergraduate degree from Gettysburg College, Noelle went on to obtain her PhD in Clinical Psychology from Georgia State University. She completed her doctoral internship and postdoctoral residency at Grady Hospital and Children's Healthcare of Atlanta through Emory University School of Medicine Department of Psychiatry and Behavioral Sciences. Currently Noelle owns her own private practice where she works with individuals across the lifespan and is co-founder of two additional businesses. Daily DBT (www.dailydbtatl.com) is a boutique therapy practice focused on delivering DBT-based skills groups. Daily DBT offers over skills groups for individuals from middle school through adulthood. Avant Training (www.avant-training.com) is a company that was designed to help psychotherapists obtain their continuing education credits and additional learning experiences while networking and connecting with other psychologists in a comfortable and elevated atmosphere.

Noelle's areas of specialization include family of origin difficulties, attachment-related trauma, parentified children, college-aged individuals, failure to launch, anxiety, depression, personality disorders, parent-child relations and Dialectical Behavioral Therapy.

Noelle has been volunteering for the Department of Psychiatry and Behavioral Sciences since 2011. She supervises the DBT skills training groups offered through the Grady

Nia project and psychiatry residents leading DBT skills training groups through the Outpatient Psychotherapy Training Program. She enjoys being connected to developing clinicians as she is able to keep her skills fresh through teaching and help influence and guide young clinicians as they navigate their own growth as clinicians. Noelle will forever be grateful for the learning, experiences and friendships she gained through her time training in the Department of Psychiatry and Behavioral Sciences and is honored to pay it forward by remaining engaged with her Emory colleagues and trainees.

When Noelle isn't working she is busy juggling her family life with her husband and three active sons and five cats, keeping in touch with her New York roots, volunteering for animal rescue agencies, staying on top of her book club assignments, traveling, exercising and spending time with friends and family (preferably near a body of water, pools included!).

STAFF SPOTLIGHT: Michele Miles

Michele Lyn Miles is the Research and Program Manager for the Fuqua Center for Late-Life Depression. In her administrative role, she supports the Fuqua Center and Neuromodulation faculty and staff. She is also a business manager and an administrative assistant to Dr. McDonald, and monitors expenses for discretionary and contract projects, process contracts, and responsible for provider schedules.

Michele is grateful to work in an academic and clinical setting where research informs clinical practice. She loves coordinating the monthly ECT Mini-Fellowship (on site and currently virtual) where she interacts with psychiatrists nationally and internationally who participate in the course. Exceptional faculty make the course a success, and Michele organizes the logistics to support that. She also loves she gets to interact and strengthen relationships made throughout Emory at the Office of Continuing Medical Education, RAS teams, Brain Health Center and Wesley Woods.

While Michele was in graduate school for Social Work, she was hired as an operations manager and fell in love with the organizing and problem-solving that support behavioral health services. She was on the cutting edge in managed care in the early 90's in California, managing intake and providing utilization review at psychiatric hospitals. In 2013, she attained certification as an Administrative Professional with a subspecialty in Office Management. She is also involved in continuing education with the International Association of Administrative Professionals which helps her continually hone her skills.

Goals for Michele in the future include hoping to expand her role as a business manager at Emory.

Interests and involvements outside of the workplace for Michele include her husband, two rescued Cocker Spaniels and two community cats. She also practices Iyengar Yoga, and pre-pandemic was part of a yoga community at Decatur Healing Arts where she also volunteered. Michele loves spending time in nature, hiking, birding and photography.

TRAINEE SPOTLIGHT: Gaby Ritfeld, MD, PhD

Gaby Ritfeld is currently a Child and Adolescent Psychiatry (CAP) Fellow at Emory. As a fellow, she has the opportunity to work in diverse settings. In addition to her clinics at Emory, she has a community clinic at Chris 180, a college clinic at GSU and an autism clinic at Marcus. Furthermore, she has an NIH/NIAAA Diversity Supplement Grant and an AACAP Pilot Research Award for Early Career Faculty and Child and Adolescent Psychiatry Fellows to study the effects of prenatal alcohol exposure on offspring of individuals affected by prenatal alcohol exposure, under mentorship of Dr. Coles and Dr. Kable. Gaby also serves as the Education and Research Chief of the CAP fellowship program. She has greatly enjoyed the combination of clinical work, research and education the fellowship allows for.

Gaby was born in Suriname, and raised in the Netherlands, and she completed her MD/PhD Program at Leiden University in the Netherlands. Her PhD work focused on neuroprotective strategies after spinal cord injury, using Mesenchymal Stem Cell transplantation in a rat model system, and was conducted in laboratories at the Johns Hopkins University and the University of Pittsburgh. After completion of her program, she initially returned to the Netherlands to start a residency in neurology. Her heart, however, was in child psychiatry, and after two years of neurology residency she decided to move back to the United States to pursue her passion. Gaby worked as a research postdoc for two years at the University of Pittsburgh and the University of Miami, before starting her Psychiatry Residency at Emory. During residency, she was in the Emory Psychiatry Research Track, served as Education Chair and represented Emory at APA's MindGames.

Gaby feels incredibly fortunate to have a career in which she can serve children and their families in varied settings. She is particularly interested in transgenerational transmission of adversity and love the challenges of breaking cycles of adversity, helping parents overcome barriers for optimal parenting and supporting children in their emotional growth. She has a special interest in psychoanalytically informed psychotherapy and found the classes she took at the Emory University Psychoanalytic Institute and her time in individual supervision especially enriching.

Outside of work, Gaby loves traveling to new places, playing badminton and piano and spending time with family and friends. After fellowship, she will start working at Phoenix Children's Hospital/Barrow Neurological Institute, dividing her time between clinical time spent in C/L and outpatient and research time, including continuing her current research with Emory.

PROGRAM

The Wounded Warrior Project board voted to approve three proposals that involve Emory Healthcare Veterans Program including:

- making the SUD (substance abuse disorder) pilot a permanent track for veterans
- adding and studying rTMS for veterans prior to PE
- machine learning data analysis

FACULTY COMINGS AND GOINGS

Diversity and Inclusion Subcommittee (DISC) and Racial, Ethnic, and Cultural Minority Faculty (RECM) Subcommittee

RECM and DISC are co-sponsoring a workshop entitled "Culturally-informed Supervision: How to Counter Pathologizing Cultural Norms" to be held Wednesday August 25, 2021 from 9:00-10:30am.

FACULTY KUDOS

Major Leadership Appointments, Activities and Achievements

None reported

Education

Jordan Cattie received the department's Outpatient Psychotherapy Training Supervisor award.

Boadie Dunlop received the department's PGY3 Faculty Teaching Award.

Ashley Fournier-Goodnight received the Children's Healthcare of Atlanta Excellence in Psychology Teaching Award.

Toby Goldsmith received the department's Medical Student Teaching Award.

Chanda Graves received the Dr. Carol L. Webb Award for Excellence in Psychology Teaching at Grady Health System.

Dawn Ilardi received the Dr. Anthony Stringer Award for Excellence in Neuropsychology Teaching.

Challyn Malone received the department's PGY1 Faculty Teaching Award.

David Novosad received the department's PGY2 Faculty Teaching Award.

Lauren Schmidt received the department's Outpatient Psychotherapy Training Program Supervisor award.

Naadira Upshaw received the Keith A. Wood, PhD, ABPP, Diversity, Equity and Inclusion Award in Psychology.

DeJuan White received the department's Miles K. Crowder, MD, Excellence in Teaching Award, as well as the PGY4 Faculty Teaching Award.

Research

Crow TM, Levy KN, Bradley B, Fan, N, & Powers A. (2021). The roles of attachment and emotion dysregulation in the association between childhood maltreatment and PTSD in an inner-city sample. *Child Abuse & Neglect*, 118, 105139. <https://doi.org/10/gkcsbr>

Durand D, Calfagno TM, Wong A Newport DJ, Nemeroff CB, Dunlop BW, Harvey PD. Effects of Vortioxetine Versus Placebo on Cognition and Functional Capacity in Adults With Posttraumatic Stress Disorder, *Journal of Clinical Psychopharmacology*: June 19, 2021 - Volume Publish Ahead of Print - Issue - doi: 10.1097/JCP.0000000000001414

Fani N, Stenson A, van Rooj SJH, La Barrie D, Jovanovic T. (2021). White matter microstructure in trauma-exposed children: Associations with pubertal stage. *Developmental Science*, May 13. doi: 10.1111/desc.13120.

Forrest L, Elman NS, Bodner KE, & Kaslow NJ. (2021). Trainee confidentiality: Confusion, complexities, consequences, and possibilities. *Training and Education in Professional Psychology*. doi: 10.1037/tep0000364

Kaddurah-Daouk R, Mahmoudiandehkordi S, Ahmed A, Bhattacharyya S, Han X, Baillie R, Arnold M, Skime MK, St. John-Williams L, Moseley M, Thompson J, Riva Posse P, Craighead W, McDonald W, Krishnan R, Rush A, Frye MA, Dunlop B, Weinshilboum R. Alterations in acylcarnitines, amines, and lipids inform about mechanism of action of Citalopram/Escitalopram in major depression. *Transl Psychiatry*. 2021 Mar 2:11(1):153

Kaslow NJ, Dunn SE, Bonsall JM, Mekonnen E, Newsome J, Pendley AM, Wierson M, & Schwartz AC. (2021). A roadmap for patient- and family- centered care during the pandemic. *Couple and Family Psychology: Research and Practice*. doi: [10.1037/cfp0000176](https://doi.org/10.1037/cfp0000176)

Khan H, Zhang S, Gutowski E, Jessani SN, & Kaslow NJ. (2021). Does social support moderate between depression and suicidal ideation in low-income African Americans? *American Journal of Orthopsychiatry*. doi: [10.1037/ort0000561](https://doi.org/10.1037/ort0000561)

Liu D, Wu Y, Jiang F, Liu Y, Tang YL. The Prevalence and Associated Factors of Short Sleep Duration Among Nurses in Tertiary Public Hospitals in China: Findings from a National Survey. *Risk Management and Healthcare Policy*, 2021, 14: 2547–2552, DOI <https://doi.org/10.2147/RMHP.S315262>

McKenna BG, Mekawi Y, Katrinli S, Carter S, Stevens JS, Powers A, Smith A, & Michopoulos V. (2021). When anger remains unspoken: Anger and accelerated epigenetic aging among stress-exposed Black Americans. *Psychosomatic Medicine*.

Packard G, Eason K, McKoy K, Mekawi Y, Maples-Keller J, Powers A, Bradley B, & Carter S. (2021). Intersections of systemic harm: The relationship between interpersonal violence and institutional racism on PTSD and depression symptoms among Black women. *Behavior Therapist*.

Rauch SAM, Kim HM, Lederman S, Sullivan G, Acierno R, Tuerk PW, Simon NM, Venners MR, Norman SB, Allard CB, Porter KE, Martis B, Bui E, Baker AW. (2021). Predictors of Response to Prolonged Exposure, Sertraline, and Their Combination for the Treatment of Military PTSD. *The Journal of Clinical Psychiatry*.

Sanchez C, Grzenda A, Varias A, Widge AS, Carpenter LL, McDonald WM, Nemeroff CB, Kalin NH, Martin G, Tohen M, Filippou-Frye M, Ramsey D, Linos E, Mangurian C, Rodriguez CI. Social media recruitment for mental health research: a systematic review. *Comprehensive Psych*. 2020 Aug 12; 103:152197. doi. 10.1016/j.comppsy.2020.152197. (online ahead of print).

Schwab PP, Dhingra A, Chapman C, Tan A, Janjua AU, Job G, McDonald WM, Riva Posse P, Hershenberg R, Hermida AP. Ultra-brief right unilateral Electroconvulsive therapy for the treatment of Late-Life depression. *J Affect Disord*. 2021. <https://doi.org/10.1016/j.jad.2021.04.028> (online ahead of print)

van Rooij SJH, Sippel LM, McDonald WM, Holtzheimer PE. Defining focal brain stimulation targets for PTSD using neuroimaging. *Depress Anxiety*. 2021 Apr;1-18

Ying YB, Jia LN, Wang ZY, Jiang W, Zhang Jun, Wang H, Sun JX, Yang NQ, Wang RW, Ren YP, Gao F, Ma X, Tang YL, McDonald WM. Electroconvulsive therapy was associated with lower readmission rates in patients with schizophrenia based on machine learning and propensity score matching. *Brain Stimulation*, 2021, May 24, <https://doi.org/10.1016/j.brs.2021.05.010>

Yuliang HB, Kung S, Ozerdem A, Vande Voort J, Singh B, McDonald WM, Riva Posse P, Frye MA. Hypomania associated with high dose Ketamine treatment. *Bipolar Disord*. 2021 Feb 15. doi: 10.1111/bdi.13059. (online ahead of print).

Honors, Awards, Rankings

Clinical Distinctions – As noted in the May Kudos, this is the inaugural year for the School of Medicine’s Clinical Distinctions Program, which recognizes clinical faculty for their outstanding patient-centered contributions. Last month we recognized members of our department who were granted the senior physician/psychologist and distinguished physician/psychologist distinction. This month we are recognizing the following faculty members who have been granted the master physician/psychologist distinction:

- Anjan Bhattacharyya
- Eugene (Gene) Farber
- Andrew Furman
- Nadine Kaslow
- Keith A. Wood
- Jennifer Wooten

Jordan Cattie received the Richard Morrell Community Service Award.

Sarah Cook in collaboration with colleagues from the department (Nadine Kaslow, Shujing Zhang), other Emory School of Medicine departments, Morehouse School of Medicine, and Georgia Institute of Technology, received a Healthcare Innovation in Practice/Georgia CTSA Seed grant award entitled Psychological Effects of Long COVID on Healthcare Workers.

Sobha Fritz was featured in the Office of Faculty Academic Advancement, Leadership and Inclusion's [Asian American Pacific Islander Heritage Month celebratory initiative](#) to acknowledge the diversity of our community and promote sharing, awareness and learning.

Tamara Haynes won the Clinical Quality Poster Category for "Outcomes of a Med-Psych Co-Management Clinic in an Urban Academic Safety-Net Primary Care Center" at the Emory Department of Medicine's Health Equity Day.

Mike Martin was awarded a 2021 Presidential Citation from the American Psychological Association.

Presentations

Jordan Cattie and Rebecca Schneider presented at the Southeast Regional OCD Conference on the topic "Advanced Therapist Training: Getting Unstuck."

Negar Fani was the keynote speaker for the Georgia State University Neuroscience Program Annual Brains & Behavior Retreat, "Diverse Manifestations of Posttraumatic Stress Disorder: Biomarkers and Targets for Intervention" virtual meeting.

Erica Lee and Negar Fani were speakers for the Careers in Psychology Emory Pipeline Collaborative (EPiC) Program Summer Session (virtual).

Schneider, R. L. & Arch, J. J. (2021, June). *Utilizing values to enhance an exposure intervention for social anxiety in college students*. Paper presented at the 19th Annual World Conference of the Association for Contextual Behavioral Science. Virtual conference.

Ashley Smith spoke to the orthopaedic residents on "stress management and mental health" during their scheduled Friday morning lectures.

Emory in the Media

Nadine Kaslow (1) CNN – [First Came COVID, then long-haul symptoms. And now they're battling the guilt of having survived it all.](#)

Michael Treadway (1) Futurity – [Depressed Brains Don't Have the Regular Response to Stress.](#)

TRAINEE KUDOS

Psychology Interns – Future Plans

- Sam Crowley – Postdoctoral Fellowship in Adult/Geriatric Neuropsychology, VA Ann Arbor Healthcare System, Michigan Medicine, VA Ann Arbor Healthcare System Clinical Neuropsychology Consortium
- Stephanie Freitag – Postdoctoral Residency in Health Service Psychology, Emory University Department of Psychiatry and Behavioral Sciences
- Leslie Gaynor – Postdoctoral Fellowship, Memory and Aging Center Weill Institute for Neurosciences, University of California, San Francisco
- Ellen Gutowski – Assistant Professor of Counseling and Clinical Psychology, Department of Applied Psychology and Human Development, Ontario Institute for Studies in Education, University of Toronto
- Lisa Mash – Postdoctoral Fellowship in Pediatric Neuropsychology, Texas Children’s Hospital, Baylor College of Medicine
- Emily Riggall – Postdoctoral Fellowship in Pediatric Neuropsychology, Kennedy Krieger Institute, Johns Hopkins University School of Medicine
- Scot Seitz – Postdoctoral Residency in Health Service Psychology, Emory University Department of Psychiatry and Behavioral Sciences
- Shujing Zhang – Postdoctoral Residency in Health Service Psychology, Emory University Department of Psychiatry and Behavioral Sciences

Postdoctoral Residents – Future Plans

- Cache Archer – Second Year Health Service Psychology Postdoctoral Resident, Emory University Department of Psychiatry and Behavioral Sciences
- Carla Ammons – Second Year Neuropsychology Fellow, Children’s Healthcare of Atlanta
- Summer Bottini – Research Fellowship, May Institute
- Christina Clarke – Assistant Professor, Emory University School of Medicine Department of Psychiatry and Behavioral Sciences
- Liz Greenfield – Clinical Psychologist
- Katie Hale – Consulting, Private Practice
- Kristin Hathaway – Psychologist Children’s Healthcare of Atlanta Multidisciplinary Feeding Program
- Beth Hunt – Psychologist, Kennedy Krieger Institute Center for Autism and Related Disorders
- Humama Khan – TBD
- Alison Manikowski – Clinical Psychologist/Pediatric Consultation, Wakemed
- Molly McLaren – Clinical Neuropsychologist, Louisville CO
- Sabrina Na – Assistant Professor, Emory University Department of Rehabilitation Medicine Neuropsychology Division
- Brittany Penson – TBD
- Kirsten Railey – Private Practice, Powers Ferry Psychological Associates
- Megan Schmidt – Clinical Psychologist, Powers Ferry Psychological Associates
- Mallory Schneider-Hughes – Pediatric Psychologist, Children’s Healthcare of Atlanta at Hughes Spaulding
- Zvi Shapiro – TBD
- Hannah Simon – TBD

- Katie Slusher – Clinical Psychologist, Soublis Psychological Associates
- Olivia Subramani – Forensic Psychologist
- Joel Thomas – Visiting Assistant Professor of Psychology, Agnes Scott College, Practicing Clinical Psychology
- Ali Volpacchio – Private Practice, San Diego CA
- Erika Wesonga – Pediatric Neuropsychologist Kennedy Krieger Institute

Kathryn Bertacchi received the department's Resident Recognition Award.

Phillip Bowers received the department's Medical Student Teaching Award.

Justin Ellis received the department's Resident Research Award.

Benson Ku was unanimously approved by the Wellborn Fellowship Committee for his project to investigate the relationship between neighborhood residential instability and conversion to psychosis among youth at clinical high risk for psychosis.

Michael Lucido received the department's Resident Research Award.

Kate Measom was named a Distinguished Resident by the Emory House Staff Organization. She was also unanimously approved by the Wellborn Fellowship Committee for her project An Ongoing Collaboration between Emory University and Georgia: Providing Psychiatric Services and Education at the National Center for Tuberculosis and Lung Diseases and the Tbilisi State University and Medical School in Tbilisi, Georgia.

Mekawi Y, Guelfo A, Karimzadeh L, Powers A, Fani N. (2021). How does the Posttraumatic Avoidance Behaviour Questionnaire perform in a sample of trauma-exposed African-American women? A validation study. *Journal of Traumatic Stress*, doi: 10.1002/jts.22649

Adam Rudolph received the department's Resident Recognition Award.

Ashley Subler received the department's PRITE Award, as well as the Resident Recognition Award.

David Thylur received the department's Wellborn Fellowship Scholar.

Charlotte Van Hale was unanimously approved by the Wellborn Fellowship Committee for her project to become certified through the Institute for Functional Medicine.

Jack VanBeezooyen received the department's Resident Recognition Award.

Tyler Vanderhoof was named a Distinguished Resident by the Emory House Staff Organization.

STAFF KUDOS

The Your Fantastic Mind team of Jaye Watson, Kenny Hamilton, Jennifer Johnson and Douglas Blair won six Emmy awards from the National Academy of Television Arts & Sciences Southeast Chapter. One of the Emmys was in the category of Health/Medical – Long Form Content titled [Saving a Life from Depression](#) that featured Patricio Riva Posse.