Student Health

The health and well-being of Emory students is a top priority and essential to student success. While we encourage self-care, health promotion and prevention, medical students are not exempt from having physical and/or mental illness.

All students are expected to take responsibility for maintaining personal wellness by utilizing the multiple resources at Emory outlined below and notifying the dean's office when personal health becomes a concern.

Emory University Student Health Services and Counseling and Psychological Services (CAPS) supports and empowers each student to embrace and prioritize their physical, mental, and social health, and overall well-being to complement their academic mission and achieve lifelong success. Through evidence-based, exemplary care, we are committed to providing innovative, compassionate services to our diverse student body. For our community, we serve as public health stewards to ensure appropriate support and resources during times of need. Emory University Student Health Services is very proud to be fully accredited by the Accreditation Association for Ambulatory Healthcare, Inc. (AAAHC). The Emory Counseling and Psychological Services' (CAPS) Psychologist Training Program is fully accredited by the American Psychological Association (APA).

Student Health Services (SHS)

Emory University Student Health Services (EUSHS) is located in the 1525 Clifton Road Building on the Emory Campus and provides comprehensive outpatient medical care for enrolled students. Services available are outpatient primary medical care, physical examinations, confidential HIV testing, STI testing, contraception, IUD insertion and colposcopy, psychiatry, PrEP, transgender care, preventive medicine, sports medicine, allergy injections, immunizations, PPD tuberculin skin tests, referrals to specialists, health education, international travel information and immunizations, nutrition counseling, and alcohol, tobacco, and substance abuse counseling.

An after-hours medical call center is available for telephone consultation with provider backup when the office is closed and can be contacted by calling 404-727-7551, option 0.

Professional fees for primary care visits to EUSHS during regular hours are mostly covered by Emory tuition. Other services, such as laboratory tests, x-rays, immunizations, and allergy injections are not covered by tuition and must be paid for by the student or their insurance. Charges incurred at EUSHS are covered 100% by the Aetna Student Health Insurance Policy. EUSHS is a member of over 43 national PPO networks, including most major insurance carriers. EUSHS will provide the necessary paperwork to submit for reimbursement. Most other insurance carriers will be billed directly. Students will be responsible for any outstanding charges that are not covered by insurance. Payment options are available by calling the front office at 404-727-7551 and discussing with the billing office.

The EUSH "Patient Portal" is a 24-hour Internet communication tool for Emory students. By using this system, Emory students are able to communicate online with EUSHS in a private, confidential, and secure manner that meets federal HIPAA/FERPA privacy standards. Your Patient Portal can be used to schedule appointments, request prescription refills, view recent billing statements and request medical records releases.

Appointments

EUSHS operates on an APPOINTMENT ONLY system, including same day/urgent care appointments. Appointments are scheduled by calling 404-727-7551 (press 1) during office hours, or you can schedule your own appointment through the on-line appointment system (Student Patient Portal). You will be scheduled as follows:

For routine care, appointments are scheduled up to two weeks in advance.

For urgent conditions, an appointment or urgent consultation can be arranged for the same day.

For most acute, but not urgent needs, you may get an appointment in 24-48 hours. The only patient visits that will be handled on a work-in basis will be urgent care. EUSHS will continue to provide, via our HIPAA-compliant Zoom telehealth platform, options for psychiatry and primary care for those students in Georgia. In addition, TimelyCare which is a third-party telehealth company is also available to supplement access to care, especially for those who are not currently in Georgia or during after-hours and weekends.

If you cannot keep your appointment, please call, and cancel at least two (2) hours before the scheduled appointment time or 24 hours in advance before specialty clinics. Charges do apply for not showing up (No Show) for a scheduled appointment.

- Emory University Student Health Services: 404-727-7551 Sharon Rabinovitz, MD, Executive Director
- <u>Student Health Immunization Nurse</u>: Send a message on the patient portal to "Immunization Compliance" or email to <u>immunizations-shs@emory.edu</u>.

Student Counseling and Psychological Services (CAPS)

The Emory University Student Counseling & Psychological Services (CAPS) is located in the 1462 Clifton Road Building, Suite 235. CAPS provides free, confidential individual, group, and couples counseling for enrolled undergraduate, graduate, and professional students at Emory University. CAPS staff also provides consultations to students, faculty, or staff who are concerned about an Emory student. In addition, CAPS provides outreach and educational workshops on a variety of topics. Telehealth mental health visits are available for those living in Georgia as an option for care.

Services are provided by competent, caring psychologists, social workers, and psychology and social work trainees. Services at CAPS are covered by the Health and Wellness Fee. CAPS also provides referrals to other agencies on campus, low-cost services in the community, or private practitioners in the community when necessary and/or requested.

An Emory student interested in arranging an appointment can call (404) 727-7450 or come to CAPS between 8:30 am and 5:00 pm, Monday through Friday. Same day crisis triage appointments are available between 8:30 am and 3:30 pm. Psychiatric services are available at Student Health Services at 1525 Clifton Road, phone (404) 727-7551.

Telehealth mental health visits through CAPS are available for those living in Georgia as an option for care. Emory University has also contracted with a 3rd party vendor, TimelyCare, to provide 24/7 mental health support. This support includes scheduled

counseling visits (12/year) and 24/7 access to emotional support with their TalkNow program. TalkNow is also available to international students. CAPS also offers consultation, support/discussion groups (e.g., international support group, Black graduate student support), and various types of helpful workshops (e.g., stress & mindfulness programming) via a HIPAA-compliant Zoom platform that are available to all students, regardless of where they are located.

Dr. Shujing Zhang is an Emory Counseling and Psychological Services (CAPS) psychologist embedded in the School of Medicine. Dr. Zhang provides mental health services and support to students in individual and group spaces. Dr. Zhang is a licensed psychologist with rich experience offering counseling services to medical students, medicine residents, allied health students, and medical providers with diverse backgrounds.

Learn more information about <u>CAPS services</u>.

Other after hours' resources include:

- TimelyCare's TalkNow services: https://timelycare.com/emory
- Crisis Text Line free, 24/7, confidential text message service for those in crisis – text HOME to 741741 or text STEVE to 741741 (to reach a person of color) <u>crisistextline.org</u>
- National Suicide Prevention Lifeline: 9-8-8 (formerly 1-800-273-TALK [8255])
- Transgender Crisis Hotline: (877) 656-8860
- LGBTQ+ Hotline: (866) 488-7386
- Graduate Student Helpline: (800) 472-3457
- Veterans Helpline: (800) 838-2838
- SAMHSA Disaster Distress Helpline: (800) 985-5990
- Georgia Crisis& Access Line (GCAL) at 1-800-715-4225, available 24/7

In case of an emergency the Police should be called by dialing 911.

The Office of Respect

The Office of Respect, located at 630 Means Drive in the Alumni Memorial University Center (AMUC) suite 110, provides **confidential** support for Emory students who have or are experiencing interpersonal harm (including, but not limited to, sexual assault, dating/relationship violence, sexual harassment, and stalking) as well as their allies. The Office of Respect provides 24/7 crisis response, advocacy (accommodations assistance, accompaniment to medical assistance, police, Title IX, etc.), and confidential counseling (individual and group). The Office of Respect partners with campus and community resources to provide violence prevention initiatives/ intervention education and aides in campus policy development that supports survivors and dismantles oppressive systems.

Staff are available as resources for information and support for students to be empowered to make informed choices about available options as they begin their healing processes. Respect staff do not tell students what they should do or must do, but rather are present to help ensure that students understand what they can do, prioritizing safety concerns. Staff support each student through an individualized services approach and healing path that fits best for them at that time. Visit respect.emory.edu for additional information.

The survivor lounge located at **630 Means Drive AMUC Suite 110** is available with resources M-F 9-5pm and after hours as needed.

24/7 Crisis support is available through the Respect Line at 470-270-5360

To make a consultation or counseling appointment with a counselor/advocate, call 470-270-5360 or email respect@emory.edu

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